



MOODY MATTERS NEWSLETTER

March 1, 2024

**** Please note: New and changed items are in Red ****

You can find past copies of the Moody Matters Newsletter on our school website under About > Newsletters

The Next Two Weeks At A Glance

Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8
<ul style="list-style-type: none"> Grade 8 boys basketball B playoffs this week – date(s) and location(s) to be advised 		<ul style="list-style-type: none"> Hot Lunch – Red Robin (must be pre-ordered online) CANCELLED – Earth Pod Field Trip to Mt Seymour 	<ul style="list-style-type: none"> Indigenous Leadership meeting Wrestling District Meet (at Banting) CANCELLED - Ski & Snowboard Club trip to Mt Seymour 	
Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15
	<ul style="list-style-type: none"> Wind Pod Swimming Field Trip Grade 8 boys basketball A Quarter Finals 	<ul style="list-style-type: none"> Hot Lunch – Subway (must be pre-ordered online) Grade 8 boys basketball A Quarter Finals 	<ul style="list-style-type: none"> CANCELLED - Ski & Snowboard Club trip to Mt Seymour Grade 8 boys basketball A Quarter Finals 	<ul style="list-style-type: none"> Last day of classes until Tuesday April 2 Term 2 Learning Updates published

PLEASE NOTE: The Important Dates 2023-2024 calendar that was included in our September 8th newsletter has had some changes. Please always refer to the calendar on our Moody Middle website or the newest version of Moody Matters for updated information.

Please check our website regularly for daily and current announcements, important dates, school sports and clubs, teacher email addresses and other important information. Click the link below:

<https://www.sd43.bc.ca/school/moody/Pages/default.aspx#/=>

COLD AND FLU SEASON

When a student expresses to their teacher or the office that they are feeling unwell, the school may call home and ask that the student be picked up to go home. We do this in attempts to keep all students and staff healthy. Please continue to monitor how your child is feeling on a daily basis.

A reminder to our EMMSOTA families that as a general rule of thumb, to help lessen the spread of infection, if a student feels unwell, please have them remain at home until they are feeling better (without the use of over the counter medications such as Child's Tylenol). If they display flu or cold symptoms such as: fever/diarrhea/vomiting/sore throat/headache, they should stay home from school for 24 hours after the last occurrence. Thank you for helping to keep our school healthy!

DIVERSITY OF NORTH WIND

As the theme for the 2023-2024 school year is "Diversity", the students from Divisions 4 & 5 have taken the time to find out the diversity of our own classes using a HUGE visual. Calling ourselves "The North Wind" – because we are in Wind Pod and our classes are on the North side of the building – we took the time to make self-portraits of ourselves, and then link those to where in the world we identify being from. This was a challenge for some of our students as there are some who feel strong familial ties to multiple places, so deciding where their one string would be tied to was tricky. However, once the students decided and the strings started to form a web that literally spanned all over the world, the purpose of the activity really shone through. While there is always talk about the diversity of our country, our province and even in our city, the map highlighting the various places in the world we are all from allowed the students – and staff – to take a step back and appreciate the literal diversity *right in our own class*. The diversity of our class is only a portion of the map's use; the students have all taken time to admire the world map and are beginning to understand geography more as an unexpected bonus! As well, this term we are focusing on "Ancient Civilizations" and will be adding various points on the map to help anchor the variety of ancient civilizations to their currently located counterparts. This project of creating a tangible visual took weeks to construct due to its size, but the intrigue and appreciation by The North Wind made it all worthwhile.



Book of the Year 2024

Once again Moody Middle School is taking part in the SD43 Middle School Book of the Year Contest. Some fantastic titles have been chosen for our finalists.



Students must read at least 3 of the books to qualify to vote for Book of the Year. There will be prize draws throughout the contest and the more books you read, the more chances there are to win! Drop by the Library Learning Commons for all the contest details and to check out these amazing books!

BABYSITTING COURSE BEING OFFERED AT EMMSOTA

**FRIDAY APRIL 19th, 2024 (Pro-D Day)
FOR STUDENTS AGED 11 – 15 years**

This course offers basic first aid and caregiving skills for youth 11-15 years old. Participants learn how to provide care to children in a variety of age groups, and how to prevent and respond to emergencies. The course also offers youth the skills to promote themselves as babysitters to prospective families.

COURSE CONTENT

- How to be responsible and demonstrate leadership
- How to make good decisions and manage difficult behaviours
- Information on children's developmental stages, and specific strategies for each stage
- How to feed, diaper, dress, and play with children and babies
- How to recognize and prevent unsafe situations, make safe choices and promote safe behaviours
- First aid skills
- The business of babysitting

We will need a minimum of 20 students to sign up in order to offer this course, but there will be a maximum of 30 spots available. Registration will be available through SchoolCash Online after spring break. Stay tuned for further updates.

BABYSITTING COURSE



**CANADIAN
RED CROSS**
TRAINING PARTNER

IN SCHOOL

11+
YEARS OLD



COST: \$39

WHAT TO BRING: a sport helmet, an extra long sleeve shirt, pencil, snacks, lunch + water

MARYLENE DESROCHES

CERTIFIED RED CROSS FIRST AID, CPR + YOUTH LEADER INSTRUCTOR | 604. 848. 8423

COURSE CONTENT

- Look after babies, toddlers, preschoolers and school-age children. Care for himself/herself and siblings when home alone.
- Create a safe environment, and deal with phone calls and unexpected visitors.
- React confidently in case of an emergency, such as choking, bleeding, poisoning or burns.
- Cope with common problems, such as tantrums and crying.
- Play games and organize activities to keep kids of all ages entertained.
- Manage a babysitting business. This includes creating a resume and a business card and asking the right questions before accepting a babysitting job.

FIRST AID CONTENT

- Check, Call, Care
- Glove removal
- Recovery position
- Conscious choking (child/baby/alone)
- CPR (baby/child)
- Illness
- Asthma (includes use of inhaler and spacer)
- Anaphylaxis (includes use of EpiPen)
- Poisoning
- Insect stings
- Wound care (i.e. minor cuts and scrapes, splinters, nosebleeds, bumps and bruises)
- Life-threatening bleeding
- Burns
- Broken bones
- Seizures



SCHOOLCASH ONLINE TO-DO

If you have not done so already, please complete the following on SchoolCash Online:

- District School Policies Form 23-24
- Student Activity Fees

The District School Policies covers things like walking field trips and photo permissions so we can include photos of student activities in the Moody Matters newsletter!

Please check your SchoolCash Online account for required fees and forms to be completed and permission forms for upcoming field trips.

To log in, go to this website and click the blue Sign In button: SchoolCashOnline.com: Welcome

If student activity fees present a financial hardship, please contact our principal Mrs. Banks.

PLEASE NOTE – it is best to access SchoolCash Online using a laptop or desktop computer to avoid any errors or issues.

ATHLETICS



Current sports: Wrestling and Basketball

Please check the school website under Programs & Services > Sports/Athletics for practice schedules.

If your child is participating in athletics, please be sure to log into your SchoolCash Online account and complete the "Student Athletic Fees and Registration" item. If you do not complete this item, your student will not be able to participate. If the fees present a hardship for your family, please contact the principal, Mrs. Banks.

GRADE 6 BASKETBALL UPDATE

After two months of preparation, the Moody Middle Grade 6 Basketball Team crushed it at the end of year jamboree! All teams represented Moody well by demonstrating great passion and sportsmanship. They should all be proud of the improvements they made this season and we hope they all come out for grade 7 basketball next year.



GRADE 7 BASKETBALL UPDATE

The Grade 7 Boys Basketball Team played 2 exciting games at the first day of playoffs on Tuesday February 27th. The first game was a come from behind win against Summit. The boys then came up with another WIN against Banting. The boys advanced to the championship game February 28th at Banting after school.

The boys finished their season with a strong effort in the championship game on Wednesday February 28th against Hillcrest. Unfortunately, the Hillcrest team beat our team by a score of 38-34. Our Moody team has much to be proud of. All of your coaches thank you very much for a great season.

GRADE 8 BASKETBALL UPDATE

The Moody Grade 8 Boys Basketball Team will begin their playoffs during the week of March 4. Details on location/date/time to be announced.

STUDENT ABSENCES / LATES / EARLY DISMISSALS

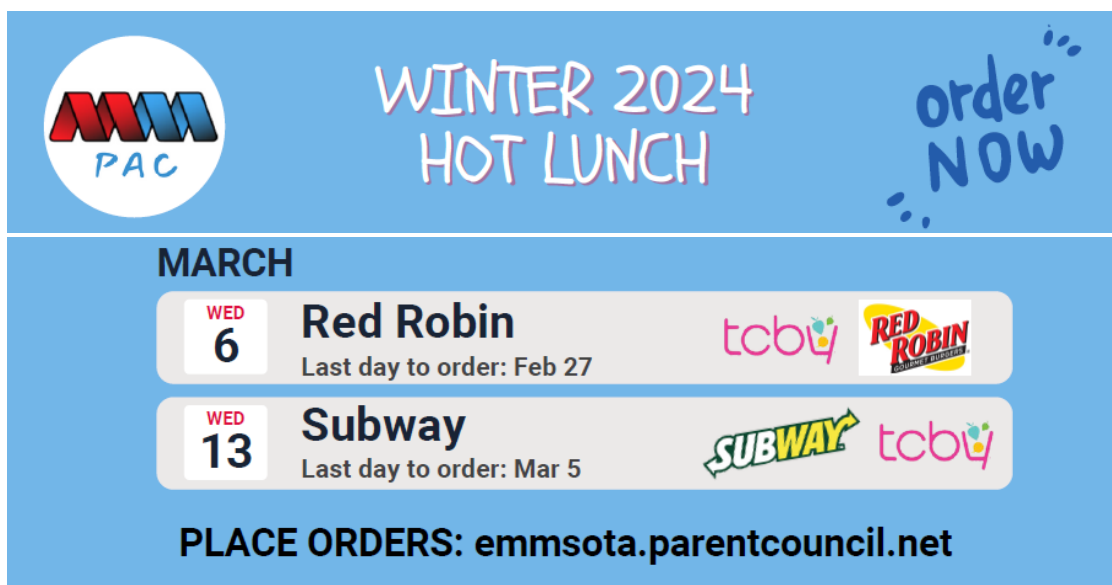
If your student is going to be absent, please complete the 'Absence/Late/Early Dismissal' online form available on Moody Middle's website home page under 'Quick Links' or call the office at 604-461-7384. **If submitting an online form for an early dismissal, please remember to include the time that the student will be leaving.** Please remind your students that when they are feeling ill or want to go home, they should go to the office to have staff call home for parent permission to leave. Students should not be calling or texting parents directly as the office staff must speak with a parent or caregiver.

PHONES AT SCHOOL

Cell phones are important tools of communication. They are not, however, necessary for the day-to-day happenings at school. To help minimize distractions during learning and school time, EMMSOTA school policy asks students to leave their phones safely tucked in their lockers during school hours. This includes the morning nutrition break and lunch.

EMMSOTA PAC

WINTER 2024 HOT LUNCH DATES!



The poster features the EMMSOTA PAC logo on the left, which consists of three stylized 'M' letters in red and blue above the text 'PAC'. The main title 'WINTER 2024 HOT LUNCH' is written in a large, pink, hand-drawn font in the center. To the right, the words 'order NOW' are written in a blue, hand-drawn font with small circles around the letters. Below the title, the word 'MARCH' is written in bold black capital letters. Two rows of lunch information are presented in white rounded rectangles. The first row is for Wednesday, March 6, featuring 'Red Robin' in bold black text, with 'Last day to order: Feb 27' below it, and logos for 'tcb4' and 'RED ROBIN' to the right. The second row is for Wednesday, March 13, featuring 'Subway' in bold black text, with 'Last day to order: Mar 5' below it, and logos for 'SUBWAY' and 'tcb4' to the right. At the bottom, the text 'PLACE ORDERS: emmsota.parentcouncil.net' is written in bold black capital letters.

WINTER 2024 HOT LUNCH

order NOW

MARCH

WED 6 Red Robin
Last day to order: Feb 27

WED 13 Subway
Last day to order: Mar 5

PLACE ORDERS: emmsota.parentcouncil.net

The next EMMSOTA PAC Meeting will be held on Monday April 15th, 2024 at 6:30 pm in the school library.

Future meeting dates:

Monday May 13 at 6:30 (in person in EMMSOTA school library) – AGM

Monday June 10 at 6:30 (in person in EMMSOTA school library) – final meeting of the year

The Parent Council Site is the EMMSOTA PAC's Communication platform. This is the parent hub for information regarding fundraising, school updates, hot lunch ordering and more. You will also find information for our PAC meetings like agendas and meeting minutes. It's a one-stop shop for all things PAC. On-line Registration is currently open and hot lunch ordering has begun for the school year.

To register for the PAC website, visit the Moody Middle website, click on the PARENTS link and then the PAC link – full instructions are available there.

If you have any questions about the Parent Council site, please email us at emmsotahotlunch@gmail.com

Questions about the PAC? Our email is emmsotapac@gmail.com

And please join our Facebook page: <https://www.facebook.com/EMMSOTAPAC>

"Like" our page to receive updates on events, meetings and fundraising initiatives.



**2023/2024 PAC
Year-Round Fundraisers**



COBS Bread - Suter Brook Village

When you visit COBS Bread in Suter Brook Village, please mention **Moody Middle** when you make a purchase, and COBS will donate 5% back to our PAC.



Return-It Express
(104 - 2560 Barnet Hwy, Coquitlam)
Or at any Return-It Express Kiosk

No sorting required, and **ALL** money from your returnables comes back to Moody Middle PAC! Bag your returns in see-through plastic bags and drop off at the address above or **ANY** Encore Return-It Express location. Enter the school's phone number —(604) 461-7384— at the Express kiosk, print out the label(s) and place one on each bag you return.



Port Moody Liquor Store (2929 St. John's Street (near 7-11)).
Mention "**Moody Middle**" when you make a purchase at Port Moody Liquor Store or online (put 'Moody Middle' in the "notes" when checking out), and 5% will come back to the PAC.



Purchase **Tru Earth** laundry products through our PAC online store and 20% of your purchase comes back to the PAC. Keep watch on our PAC Facebook page and Parent Portal for sales throughout the year.
tru-earth.sjv.io/MoodyMiddle

If you have any questions, please email us at
emmsotapac@gmail.com

Join us on the Parent Portal - PAC's Communication Hub and where to order Hot Lunch:
<http://emmsota.parentcouncil.net/>
To create a new account: Click "register". School Code: EMMSOTA1

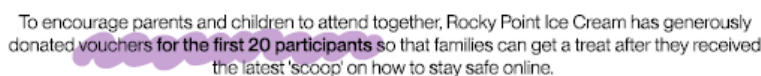
Request to join our PAC's Facebook Page so you can stay updated all year round!

Moody Middle PAC Facebook page:
<https://www.facebook.com/EMMSOTAPAC>

Thank you!

SAFER SPACE WORKSHOP

This presentation is appropriate for youth grades 4 and up, as well as all parents and caregivers who wish to attend. Please RSVP to victimservices@portmoodypolice.com or call our office at 604.937.1313 if you plan to attend. Rocky Point Ice Cream has generously donated vouchers for the first 20 participants to enjoy a treat after receiving the latest 'scoop' on how to stay safe online.





Youth Club

The City of Port Moody's **Community Services** and **School District 43** are excited to team up to offer great programs! Meet new friends, stay active and have fun.

**Moody
Middle**

Register
online
Tuesday,
Feb 27
8am

For youth in grades 6-8

Art and Mindfulness

You will explore methods of self-care like creative arts, meditation, nature and activities in the outdoors.

39108 Tue, Apr 9-Jun 4 3:10-4:25pm

Food Lab

You will gain basic kitchen skills and enjoy yummy food while exploring how science and cooking are intertwined.

39109 Thu, Apr 11-Jun 6 3:10-4:25pm

Visit portmoody.ca/signmeup to register.



portmoody.ca | 604.469.4556

PORT MOODY
CITY OF THE ARTS

FREE INFORMATION SESSIONS: HOW TO CO-EXIST SAFELY WITH COYOTES

Sign up to attend a free information session to learn how to co-exist safely with urban coyotes.

Coquitlam and Port Moody are collaborating with the Stanley Park Ecology Society for the second year to provide information on common misconceptions about urban coyotes, as well as tips to help keep your family and pets safe.

Register to attend one of two free information sessions

Coyote breeding season is underway now through April, which means they will be more active as they secure and protect territory. Residents may hear coyotes howling and yipping more often as they communicate with each other and establish their territories and may even come across coyotes while the animals are active and seeking mates.

Minimizing conflicts between coyotes, humans, and pets is important in protecting the safety of our community, and our urban wildlife. Coyotes have a vital role to play in the urban ecosystem as they help control the population of rodents and other wildlife.

Presented by Dezirae Barreto from the Stanley Park Ecology Society, each one-hour session will provide information about coyote breeding season, common misconceptions about urban coyotes, what to do if you encounter a coyote, and ways to manage attractants. All ages are welcome to attend.

Port Moody

Register at portmoody.ca/SignMeUp or call 604-469-4556.

- **Date:** Friday, February 23, 2024
- **Time:** 7-8pm
- **Location:** Glenayre Community Centre, 492 Glencoe Drive
- **Course ID#:** 00039004

Coquitlam

Details at coquitlam.ca/UrbanWildlife and register by email at: UrbanWildlife@coquitlam.ca.

- **Date:** Saturday, March 16
- **Time:** 1-2pm
- **Location:** Room 2/3 at Poirier Sport & Leisure Complex, 633 Poirier Street

About the Stanley Park Ecology Society

[Stanley Park Ecology Society](#) – a registered charity since 1988 – began as the Stanley Park Zoological Society. Following the closure of the Park's petting zoo in 1995, the society revised its name but continued with its aims of education, conservation, and outreach programs.

MORESPORTS BC SPRING BREAK CAMPS AT SD43 SCHOOLS

**Spring Camp Registration is open at all three locations!
Everyone is Welcome!**

March 18 to 22 Only
9:00 am to 2:45 pm daily
snacks and lunch included
Registration questions EMAIL
Registration@DWUL.io

Here are the links to register:

Community Schools Powered by Moresports:

Miller Park Elementary (K – Gr 6)

<https://www.karelo.com/register.php?BID=558&BT=10&Ev=21714>

Registration Questions: nnurani@sd43.bc.ca

Community Schools Powered by Moresports:

Pitt River Community Middle (K – Gr 7)

<https://www.karelo.com/register.php?BID=536&BT=10&PrivEv=21710>

Registration Questions: jpakulak@sd43.bc.ca

Hillcrest Elementary (K – Gr 7)

This camp is full

If your students are interested in volunteering with Moresports BC please see the link below.

Moresports BC Youth Leadership (Gr 8 - 12) a Volunteer Mentor Program

Sign up here:

<https://forms.gle/2kAsn1LLBT6CDu967>

GRADE 6 STAY ACTIVE PASS

The Grade 6 Stay Active! Pass provides 12 free admissions to either drop-in swimming, skating and gymnasium-based activities in the cities of Coquitlam, Port Moody and Port Coquitlam. These passes are valid Sept. 5, 2023 – Sept. 2, 2024 for the 2023/24 school year.



For Coquitlam residents, read more: <https://ow.ly/IMPi50PWBCZ>

Apply for Grade 6 Passes online here (for Coquitlam residents only): <https://ow.ly/4eIF50PU1tz>

For Port Moody residents, read more: <https://ow.ly/1ICx50PU2ef>

For Port Coquitlam residents, read more: <https://ow.ly/JUtE50PU2eA>

NOTE – You can get the Moody Middle registration letter from the Moody Middle office.



Parent Information Sessions



Time to Talk About Middle School – March 5th

School District 43 invites parents and caregivers of elementary school students with developmental delays, disabilities, and diverse learning needs to an information session discussing the differences between Elementary and Middle School. We will focus on the transition process, Middle School culture and routines, structures to support student success, and the benefits of meaningful collaboration to develop the student's program.

When: 7:00pm - 9:00pm (doors open at 6:30pm)

**Location: Education Learning Center - Room B103/B104
1080 Winslow Avenue, Coquitlam**

Questions? Please contact Colleen Lambert at colambert@sd43.bc.ca

Please note, registration is required. Click [HERE](#) to register