



# MOODY MATTERS NEWSLETTER

February 2, 2024



Dear EMMSOTA Community,

Our New Vice Principal is now at EMMSOTA!

We are excited and pleased to welcome Mr. Michael Bird to the EMMSOTA community! Mr. Bird has been in various schools throughout the district, and most recently, Como Lake Middle School.

We wish Ms. Goodridge all our VERY best wishes as she moves to Cape Horn as principal and we extend a warm EMMSOTA welcome to Mr. Bird.

Best regards,

Mrs. Banks

**\*\* Please note: New and changed items are in Red \*\***

**You can find past copies of the Moody Matters Newsletter on our school website under About > Newsletters**

## The Next Two Weeks At A Glance

Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9
<ul style="list-style-type: none"> <li>Term 3 Explorations Start</li> </ul>		<ul style="list-style-type: none"> <li>Hot Lunch – A&amp;W (must be pre-ordered online)</li> <li>CANCELLED - Ski &amp; Snowboard Club trip to Mt Seymour</li> <li>Gr 8 Boys Basketball at Moody vs Eagle Mountain</li> </ul>	<ul style="list-style-type: none"> <li>Div 8 &amp; 9 Field Trip to Grouse Mountain</li> </ul>	<ul style="list-style-type: none"> <li>Cross Catchment application process begins</li> </ul>

Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16
<ul style="list-style-type: none"> <li>PAC meeting at 6:30 pm via TEAMS</li> </ul>	<ul style="list-style-type: none"> <li>Water Pod trip to Mt Seymour</li> </ul>	<ul style="list-style-type: none"> <li>Valentine's Day</li> <li>Fruit &amp; Veggie Day</li> <li>Ski &amp; Snowboard Club trip to Mt Seymour</li> <li>Cross Catchment application process ends</li> <li>Gr 8 Boys Basketball at Moody vs Hillcrest</li> </ul>	<ul style="list-style-type: none"> <li>Wrestling Meet at Eagle Mountain</li> </ul>	

**PLEASE NOTE:** The Important Dates 2023-2024 calendar that was included in our September 8<sup>th</sup> newsletter has had some changes. Please always refer to the calendar on our Moody Middle website or the newest version of Moody Matters for updated information.

Please check our website regularly for daily and current announcements, important dates, school sports and clubs, teacher email addresses and other important information. The website address is:

<https://www.sd43.bc.ca/school/moody/Pages/default.aspx#/=>

## **2024 CROSS CATCHMENT BEGINS FRIDAY FEBRUARY 9<sup>th</sup>**

It is that time of year when families may be thinking about Programs of Choice and/or applying for cross catchment. Information regarding the various K-12 opportunities throughout the district can be found by clicking on the links below. Deadlines arrive quickly; please make sure to be aware of all upcoming deadlines regarding these programs.

**Cross-Catchment:** [CROSS CATCHMENT - School District No. 43 \(Coquitlam\) \(sd43.bc.ca\)](https://www.sd43.bc.ca/cross-catchment)

### **Parents should:**

- ensure that any changes to student data, especially address changes, are in the current school's student record system.
- ensure they have the correct information to be listed as their child's "catchment" school by utilizing the school district school locator using their current address, which should be the address on file with the student's current school
- ensure they have their child's personal education number (PEN) which is required on both the Programs of Choice and the Cross Catchment applications. The PEN number can be located on their child's report card or by accessing their MyEd parent portal.

## Book of the Year 2024

Once again Moody Middle School is taking part in the SD43 Middle School Book of the Year Contest. Some fantastic titles have been chosen for our finalists.



Students must read at least 3 of the books to qualify to vote for Book of the Year. There will be prize draws throughout the contest and the more books you read, the more chances there are to win! Drop by the Library Learning Commons for all the contest details and to check out these amazing books!

## VISIT FROM THE MAPLE MAN

On Tuesday, January 9<sup>th</sup>, Earth Pod's late French immersion students were treated to a visit from René Turmel, a.k.a. The Maple Man!

He is the owner and operator of a maple tree farm in Quebec, and he presented an informative and vibrant show. We learned about different methods of tapping maple trees, collecting the sap, and boiling it down in order to make delicious syrup.

Besides being a man of syrup, he's also a musician! René brought his accordion and enough wooden "musical spoons" for our whole pod to play an Acadian tune! It was joyfully noisy and fun.

To end our visit, he brought syrup from his farm and ladled it out onto crushed ice, then rolled it quickly onto a wooden popsicle stick to create "la tire" (la teer). It was cold, sweet, and gooey good.

*Merci à l'homme d'érable!*





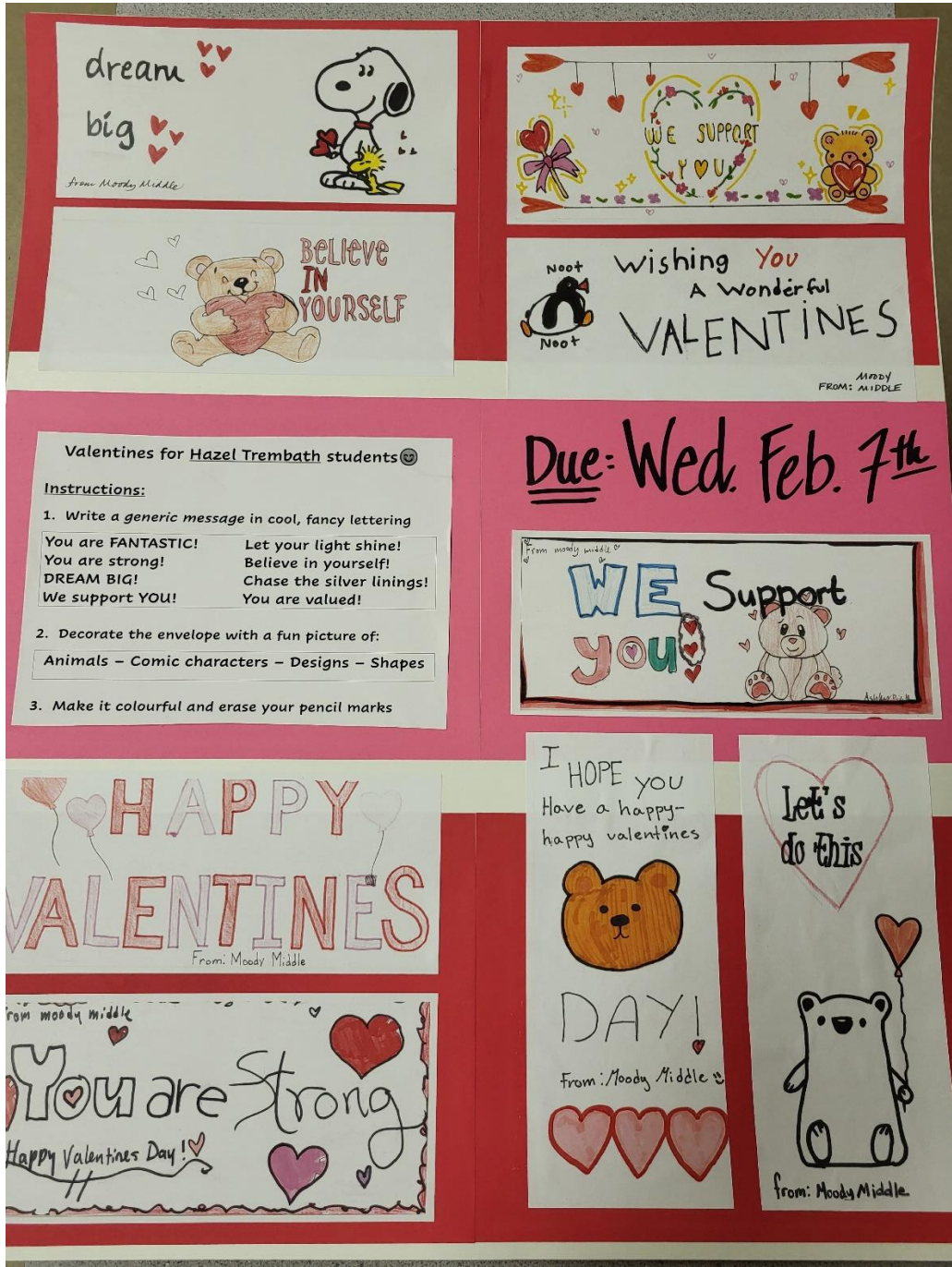


**RANDOM ACTS OF CARING – Bringing a little HOPE to Hazel Trembath!**

**Led by Moody SLC (student leadership council) & Leadership BRICK**

All Moody students are busy making Valentine envelopes for Hazel Trembath School!  
They will be filled with **wrapped candies** purchased by Leadership fundraising events.

**Thank you to our students, staff, and community for supporting this initiative** ♡





## SKI & SNOWBOARD UPDATE

The EMMSOTA Ski and Snowboard Club is underway with the long-awaited first day at Mount Seymour on Wednesday January 24th. The weather was extremely wet but it didn't dampen everyone's enthusiasm (much) and side-slipping, snow-plowing, carving, parallel-turning good time was had by all. Everyone cross your fingers for snow (or at least less rain) for future visits!

### SCHOOLCASH ONLINE TO-DO

If you have not done so already, please complete the following on SchoolCash Online:

- District School Policies Form 23-24
- Student Activity Fees

The District School Policies covers things like walking field trips and photo permissions so we can include photos of student activities in the Moody Matters newsletter!

Please check your SchoolCash Online account for required fees and forms to be completed and permission forms for upcoming field trips.

To log in, go to this website and click the blue Sign In button: [SchoolCashOnline.com: Welcome](http://SchoolCashOnline.com: Welcome)

If a student activity fees present a financial hardship, please contact our principal Mrs. Banks.

PLEASE NOTE – it is best to access SchoolCash Online using a laptop or desktop computer to avoid any errors or issues.

### ATHLETICS

Current sports: Wrestling and Basketball



Please check the school website under Programs & Services > Sports/Athletics for practice schedules.

If your child is participating in athletics, please be sure to log into your SchoolCash Online account and complete the "Student Athletic Fees and Registration" item. If you do not complete this item, your student will not be able to participate. If the fees present a hardship for your family, please contact the principal, Mrs. Banks.

### STUDENT ABSENCES / LATES / EARLY DISMISSALS

If your student is going to be absent, please complete the 'Absence/Late/Early Dismissal' online form available on Moody Middle's website home page under 'Quick Links' or call the office at 604-461-7384. **If submitting an online form for an early dismissal, please remember to include the time that the student will be leaving.** Please remind your students that when they are feeling ill or want to go home, they should go to the office to have staff call home for parent permission to leave. Students should not be calling or texting parents directly as the office staff must speak with a parent or caregiver.

## PHONES AT SCHOOL

Cell phones are important tools of communication. They are not, however, necessary for the day-to-day happenings at school. To help minimize distractions during learning and school time, EMMSOTA school policy asks students to leave their phones safely tucked in their lockers during school hours. This includes the morning nutrition break and lunch.

## EMMSOTA PAC

### WINTER 2024 HOT LUNCH DATES!



The image is a promotional graphic for the EMMSOTA PAC Winter 2024 Hot Lunch program. It features a blue background with the EMMSOTA PAC logo in the top left corner. The title "WINTER 2024 HOT LUNCH" is written in a white, hand-drawn font, and "order NOW" is written in a blue, hand-drawn font in the top right. The schedule is organized by month: January, February, and March. Each month lists specific dates (marked as "WED") and the restaurant partners. Logos for the restaurants and the tcbv logo are included for each entry. At the bottom, the text "PLACE ORDERS: emmsota.parentcouncil.net" is displayed.

Month	Date	Restaurant	Last day to order
JANUARY	WED 10	Dominos Pizza	Jan 2
	WED 24	Subway	Jan 16
FEBRUARY	WED 7	A&W	Jan 30
	WED 21	Chopped Leaf	Feb 13
MARCH	WED 6	Red Robin	Feb 27
	WED 13	Subway	Mar 5

PLACE ORDERS: [emmsota.parentcouncil.net](http://emmsota.parentcouncil.net)

The next EMMSOTA PAC Meeting will be held on Monday February 12<sup>th</sup>, 2024 at 6:30 pm via TEAMS. TEAMS link will be provided prior to the meeting.

#### Future meeting dates:

Monday April 15 at 6:30 (in person in EMMSOTA school library)

Monday May 13 at 6:30 (in person in EMMSOTA school library) – AGM

Monday June 10 at 6:30 (in person in EMMSOTA school library) – final meeting of the year

The Parent Council Site is the EMMSOTA PAC's Communication platform. This is the parent hub for information regarding fundraising, school updates, hot lunch ordering and more. You will also find information for our PAC meetings like agendas and meeting minutes. It's a one-stop shop for all things PAC. On-line Registration is currently open and hot lunch ordering has begun for the school year.

To register for the PAC website, visit the Moody Middle website, click on the PARENTS link and then the PAC link – full instructions are available there.

If you have any questions about the Parent Council site, please email us at [emmsotahotlunch@gmail.com](mailto:emmsotahotlunch@gmail.com)  
Questions about the PAC? Our email is [emmsotapac@gmail.com](mailto:emmsotapac@gmail.com)  
And please join our Facebook page: <https://www.facebook.com/EMMSOTAPAC>  
"Like" our page to receive updates on events, meetings and fundraising initiatives.



## 2023/2024 PAC Year-Round Fundraisers



### COBS Bread - Suter Brook Village

When you visit COBS Bread in Suter Brook Village, please mention Moody Middle when you make a purchase, and COBS will donate 5% back to our PAC.



### Return-It Express

(104 - 2560 Barnet Hwy, Coquitlam)  
Or at any Return-it Express Kiosk

No sorting required, and ALL money from your returnables comes back to Moody Middle PAC! Bag your returns in see-through plastic bags and drop off at the address above or ANY Encore Return-It Express location. Enter the school's phone number —(604) 461-7384— at the Express kiosk, print out the label(s) and place one on each bag you return.



**Port Moody Liquor Store** (2929 St. John's Street (near 7-11).

Mention "Moody Middle" when you make a purchase at Port Moody Liquor Store or online (put 'Moody Middle' in the "notes" when checking out), and 5% will come back to the PAC.



Purchase **Tru Earth** laundry products through our PAC online store and 20% of your purchase comes back to the PAC. Keep watch on our PAC Facebook page and Parent Portal for sales throughout the year.  
[tru-earth.sjv.io/MoodyMiddle](http://tru-earth.sjv.io/MoodyMiddle)

If you have any questions, please email us at  
[emmsotapac@gmail.com](mailto:emmsotapac@gmail.com)

Join us on the Parent Portal - PAC's Communication Hub and where to order Hot Lunch:

<http://emmsota.parentcouncil.net/>

To create a new account: Click "register". School Code: EMMSOTA1

Request to join our PAC's Facebook Page so you can stay updated all year round!

Moody Middle PAC Facebook page:  
<https://www.facebook.com/EMMSOTAPAC>

*Thank you!*



# COMMUNITY INFORMATION

## SD43 Family and Community Learning Series 2024

Join our **FREE** comprehensive learning series dedicated to enriching student well-being and safety in today's ever-changing world. This initiative, hosted by **SD43's Student Wellness and Safety Team**, offers insightful discussions on the latest trends and essential topics in child and youth development.

**Registration information for each session** will be sent via email closer to each date. Sessions will be a mix of in-person, hybrid or virtual events.

Session 1a – **Viewing of Screenagers: Growing Up in the Digital Age** (available from January 18 – 31, 2024)

Session 1b – **Panel Discussion – Staying Safer Online** (Thurs. January 25, 2024 – virtual presentation)  
**To register for Session 1a and Session 1b, [click here](#).**

After you have submitted this form, you will be emailed instructions on how to get the documentary link for viewing and a **JOIN LINK** for the panel discussion.

Contact [familylearningseries@sd43.bc.ca](mailto:familylearningseries@sd43.bc.ca) for more information.

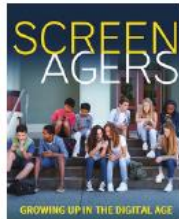
School District No. 43 (Coquitlam) proudly presents

## SD43 FAMILY AND COMMUNITY LEARNING SERIES 2024

Join our two-part Learning Series featuring an exclusive preview of "Screenagers: Growing Up in the Digital Age". Pre-registration is required. Topics include:

- Responsible Digital Device Use
- Understanding Privacy Settings
- Effective Screen Time Management
- Keeping Up with Digital Trends
- Navigating Online Safety
- Identifying Red Flags, and Much More.

**Part I: "Screenagers: Growing Up in the Digital Age" Preview**  
Link to watch Screenagers documentary will be available for viewing from January 18 - 31.



"Screenagers: Growing Up in the Digital Age" is a video documentary that delves into the profound effects of extensive screen time on children's development. The filmmaker investigates the conflicts arising in homes and schools due to screen engagement, focusing on social media, video games, academics, and internet addiction.

[Click here to view trailer.](#)

**Part II: Panel Discussion of "Screenagers: Growing Up in the Digital Age"**  
January 25 | 6:30 pm - 8:00 pm



**Carol Todd**  
SD43 Coordinator for  
Digital Literacy/  
Citizenship



**Shaunna Martin**  
SD43 Coordinator for  
Well-being & Positive  
Mental Health



**Zach Hamed**  
Cybersecurity  
Training Consultant



**Sgt Kerry Shima**  
Alberta ICE  
Acting Officer in  
Charge

**Pre-registration is required to access the viewing link and live discussion.**



Learn more and register at:  
[www.sd43.bc.ca/familyseries](http://www.sd43.bc.ca/familyseries)





# What's Happening

## Aide Aux Devoirs Homework Club

Ages 10-13yrs

**Tuesdays 3:30-5:00pm**

**Maillardville Community Centre  
1200 Cartier Avenue, Coquitlam**

Join us for a French-led homework club for students in FSL, late immersion, or French immersion programs at school. Participants will start by burning some energy in the gym, followed by a snack and then get the opportunity to receive help with their homework. Any time that is left will be spent playing French language games.

***January 16<sup>th</sup> to February 6<sup>th</sup>  
February 13<sup>th</sup> to March 12<sup>th</sup>***

***Register online, by phone or in person.***

***Online: [www.coquitlam.ca/register](http://www.coquitlam.ca/register)***

***Phone: 604-927-4386***

***In person at any City of Coquitlam facility***



SAFER  
SCHOOLS  
TOGETHER



Erase/Safer Schools Together are pleased to announce that they have opened registration for four more 60-minute Social Media Awareness Family sessions through the Ministry of Educations' *erase* strategy in January and February 2024. All sessions are online.

**Family Session: Establishing Safe, Caring & Respectful Digital Communities** – Everyone Welcome!  
Recommended for Parents/Caregivers/Grandparents and youth aged 10 and up to facilitate the conversation of safe and caring use of technology at home and in the community. This session covers all things digital, from how to be a good digital citizen, the criminal consequences of cyberbullying, and how to report and receive support in cases of sexting/sextortion. Some of the most prominent concerns currently surrounding the use of social media platforms, smartphones, and artificial intelligence will be discussed.

**Upcoming Dates:**

- February 7
- February 28

Please click on the link below to register:  
[erase Family Sessions](#)

**GRADE 6 STAY ACTIVE PASS**

The Grade 6 Stay Active! Pass provides 12 free admissions to either drop-in swimming, skating and gymnasium-based activities in the cities of Coquitlam, Port Moody and Port Coquitlam. These passes are valid Sept. 5, 2023 – Sept. 2, 2024 for the 2023/24 school year.



For Coquitlam residents, read more: <https://ow.ly/IMPi50PWBCZ>  
Apply for Grade 6 Passes online here (for Coquitlam residents only): <https://ow.ly/4eIF50PU1tz>  
For Port Moody residents, read more: <https://ow.ly/1ICx50PU2ef>  
For Port Coquitlam residents, read more: <https://ow.ly/JUtE50PU2eA>  
NOTE – You can get the Moody Middle registration letter from the Moody Middle office.





## **Parent Information Sessions**



### **Creating Effective Partnerships – November 7th**

School District 43 in partnership with Kinsight Family & Individual Support Program, invites parents and caregivers of children who have developmental delays, disabilities or diverse learning needs to join us for an information session highlighting the various district supports and services available. Meaningful inclusive practices, programming, collaborative IEP development, and the importance of building an effective partnership between school, and the home team will be reviewed.

### **Planning for the Future – November 16th**

School District 43 invites parents and caregivers of high school students with developmental delays, disabilities, and diverse learning needs to an information session intended to help families think about, and plan for the transition from high school to adult life. This presentation will include a panel of guest speakers representing school district 43 programs, inclusive post-secondary institutes, employment supports, government agencies, and community supports. Entering adulthood is an important milestone, therefore taking action early will help create a smooth and successful transition plan for the future.

### **Transition into Kindergarten – January 11th**

The Learning Services Zone Coordinators and other school personnel from School District # 43 invite parents and caregivers of children with developmental delays, disabilities, and diverse learning needs to an information session to discuss what to expect when your child enters kindergarten. We will also discuss how you can be involved to help make the transition successful for your child as they embark on their educational journey.

### **Stepping Up to Secondary School – February 6th**

School District 43 invites parents and caregivers of middle school students with developmental delays, disabilities, and diverse learning needs to an information session focusing on how Secondary School can provide meaningful educational opportunities that support the student's development, maturity and progress towards future goals. A successful transition to Secondary School means that students have access to classes and school experiences that prepare them for what comes after high school – post-secondary education, employment, and full participation in all aspects of community life.

### **Time to Talk About Middle School – March 5th**

School District 43 invites parents and caregivers of elementary school students with developmental delays, disabilities, and diverse learning needs to an information session discussing the differences between Elementary and Middle School. We will focus on the transition process, Middle School culture and routines, structures to support student success, and the benefits of meaningful collaboration to develop the student's program.

**When: 7:00pm - 9:00pm (doors open at 6:30pm)**  
**Location: Education Learning Center - Room B103/B104**  
**1080 Winslow Avenue, Coquitlam**

Questions? Please contact Colleen Lambert at [colambert@sd43.bc.ca](mailto:colambert@sd43.bc.ca)

Please note, registration is required. Click [HERE](#) to register