

Moody Matters



École Moody Middle School of the Arts

e-Bulletin – 3-May-2021

[ÉMMSOTA Website](#)

moodymiddlesecretary@sd43.bc.ca

[www.Moody Middle website calendar](#)

MAY	
3-9	Mental Health Week
6	Artist in Residence partnership with Sara Graham "The Colours of ÉMMSOTA"
10	PAC Meeting (ZOOM) 6:30 P.M.-8:00 P.M.
12	Fruit and Veggie Day
21	Formal Day in lieu of Jeans Day (in support of BC Children's Hospital)
21-31	Virtual Scholastic Book Fair (hosted by Karen Leonard, our librarian)
24	Victoria Day- schools not in session

Greetings ÉMMSOTA Community

So wonderful to see over 100 of our new families and students on our EMMSOTA Open House Town Hall Zoom call last night. There was plenty of excitement in the chat and on-line as we introduced our school to many of the new students who will be joining us in September. We are optimistic that the real "Middle School" experience will return for September, so we got some expert advice from some of our current students on how to thrive at EMMSOTA. A very big thank you to Matthias Korpus, Ryan and Emma Wong, Jazzy Utomo, Ella Hurley and Isabella Payares Aguirre, for joining our Zoom call last night and sharing some of their stories of "All Things Moody". Thank you also to our EMMOSTA PAC Co-Chair, Kerry LeCorre for jumping in to represent the PAC and recruit some new membership!

I feel the momentum building to the finish line, with still so much more to do before the end of June. Please read through some of the exciting learning activities going on around the school as we race to the end. I had the pleasure of joining a group today as we foraged for plants to make ink with our Artist in residence Sara Graham. I was truly amazing to see how engaged the students were and their interest levels determining what colours and pigment could be found in the forest and shrubbery around our school. Check out more about Sara in the articles below.

It is going to be a busy final few weeks of the school year, most likely filled with kindness, creativity inquiry and plenty of outdoor learning. Thank you as always for sharing your children with us every day.

Cheers / À Bientôt,

Mark Clay
Principal

Kathryn Jung
Vice Principal



Introducing our Artist-In-Residence:

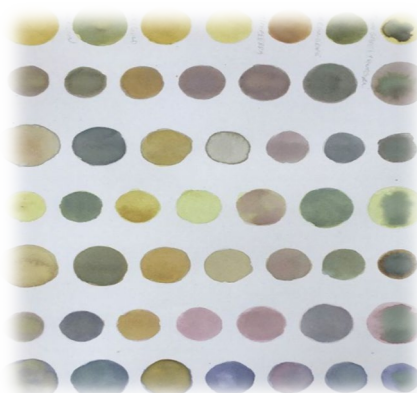
Behind the scenes over the past several months, the *Arts Integration Committee* headed by **Ms. Magnusson** along with **Mr. Walker, Mme Grayston, Mr. Zimmer, Ms. Walling, Mr. Clay, Ms. Jung** and more recently, **Ms. Kayley**, have been working hard to find just the right Artist-in-Residence to help us delve deeply with us into our school-wide theme of Innovation and the Environment. We are pleased to announce that **Ms. Sara Graham** will work with each student and staff on an innovative foray into ink-making process titled, *The Colours of ÉMMSOTA*. Ms. Sara is an esteemed artist who brings with her a wealth of experience, education, knowledge and passion for art and ink-making both as parent of our community as well as the current Artist-in-Residence for the city of Port Moody! We are so fortunate to have her expertise inform this year's art installation. Over the course of the next few months, Ms. Sara will work with each class and our staff to inspire us all to observe and think about our environment through a different lens. She will be taking students outside on our school grounds for the initial stages of this project which will culminate in something unique to be shared as an art installation in mid to late June. Stay tuned for more details and photos on this project with each edition of the *Moody Matters*. Students will be expected to dress appropriately for this activity which teachers will remind students about in class! We will be capturing photos of this project throughout, to share with our school community as per parental permissions provided at the beginning of this school year.

Ms. Sara Graham's Bio:

Sara Graham is an artist based in Port Moody, BC, Canada whose primary concerns are with the issues and ideas of the contemporary city. One of her central engagements in her practice is in the mapping of place and how the city and landscape interconnect with our everyday lives. She has been a practicing artist for twenty-three years and exhibited her work across North America. Sara was recently announced as

the artist who will create a large-scale public artwork at the new Gordie Howe International Bridge in Ontario. The artwork will be incorporated into the façade of the Energy Complex Building at the Canadian Port of Entry. Sara is currently the Resident Artist for the City of Port Moody, where she has developed and led community engaged artworks.

For more information, please visit: <https://www.instagram.com/citimovement>



BC Children's Hospital Foundation

May 1 – 31, 2021

Formal Day – May 21 (Friday)

This May, Moody Middle is helping kids at BC Children's Hospital get out of their hospital gowns and back into their jeans. Last year, more than 96,000 patients visited BC Children's Hospital – that's almost one student in every classroom. With your support, we can challenge this status quo and help safeguard the health of kids in our province.

Plus, your donation will be generously matched by **Odlum Brown***, so don't miss this chance to double your impact and help support us by making a secure online donation to our fundraising page.

The link to our fundraising page is:

<https://secured.bcchf.ca/registant/TeamFundraisingPage.aspx?teamID=941272&langPref=en-CA>

Thank you for your support!

*** Gifts will be matched from May 1-31, up to a cumulative total of \$30,000.**

Moody Students are invited to dress in **Formal Wear** on **Friday, May 21** in support of this great cause and to spread awareness.



Scholastic Virtual Book Fair

**Our Virtual
Book Fair
is coming!
Save the date!**

May 21st – 31st

Virtual Book Fairs

Dear families,

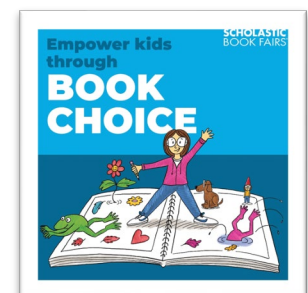
Our school is hosting a **Scholastic Virtual Book Fair** from **May 21st - 31st!**

*The **Virtual Book Fair** is a fantastic way to continue to give our students access to the books they want to read. We're excited that you will be able to shop together, selecting the books that inspire your readers, from the comfort of home.*

*All purchases benefit our school and earn **Rewards** that can be redeemed for books and Education*

Resources for our school's classrooms and library.

Watch for news leading up to our **Scholastic Virtual Book Fair!**



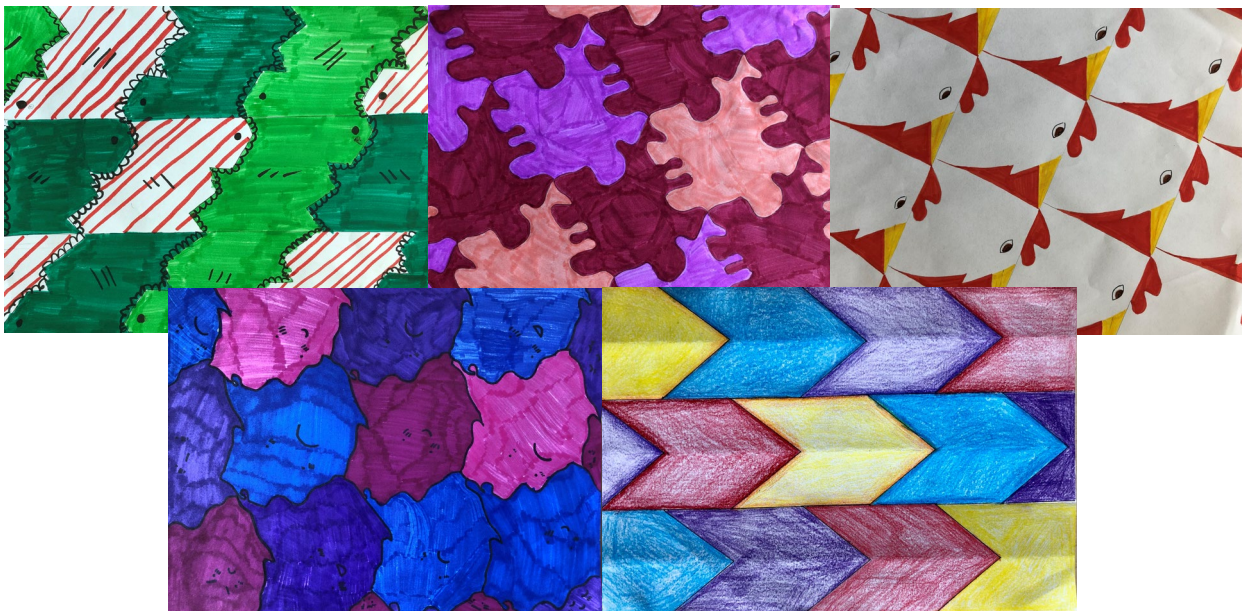
BraggARTs corner:

Building Solar Ovens!

Division 13 were putting their design skills into action this past week designing and then building solar ovens out of recycled boxes. We have been learning about the structure of the atmosphere and how humans are changing the proportion of greenhouse gases in the troposphere. One of our STEM activities was to design and build a solar oven that will show an increase of 15°C in 10 min. Even on a cloudy day most students saw this increase. We then added a bit of numeracy into this activity by graphing our data using Microsoft's excel. Next week we will learn how we can help with climate change!



Division 4 Ms. Stibbs and Div.4 along with Mr. Walker recently joined forces to bring the world of art and the world of mathematics together in a brilliant flourish of colours, symmetry and design. As you can see from these stunning examples, there is no shortage of creative talent at EMSOTA these days. The future does indeed look bright and colourful!



English Public Speaking/Spoken Word Finals (Repeat):

We are pleased to present this year's English Public Speaking Finalists from Fire, Wind and Water Pods. Students have been working hard to develop their own voices through the power of their own spoken word. Finding the right topic, conveying a clean message and polishing off a presentation that accounts for some nerves is hard work! Without a doubt, students all found ways to shine and achieved their goals of writing and performing their own spoken words in a way that was significant to them. In a few weeks, the French language *Concours d'art oratoire* will take place. *Bon chance!* We are sure that supporting their peers today as audience members was inspiring!

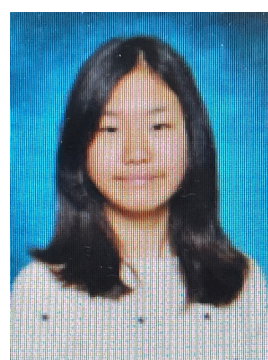
ENGLISH POD FINALISTS:



(L-R)

Martin Zou Water Pod Grade 6/Div. 13
Victoria Atienza Fire Pod Grade 6/Div. 9
Valentina Doostdar Wind Pod Grade 6/Div. 5

Banning Plastic Bags
How to Be a Good Friend
Why We Should Choose Electric Cars



(L-R)

Kelsey Dedes Wind Pod Grade 7/Div. 4
Samuel Elgstrand Water Pod Grade 7/Div. 16
Emilie Shin Fire Pod Grade 7/Div. 9
Matilda Shoichet-Stoll Wind Pod Grade 7/Div. 6

Face Mask Pollution
Representation in Comic Books and Films
The Importance of Electricity
Sexism and Homophobia



Lilly and Fernando; Veronika's slam poetry entry is shared below.

Lilly Choi	Water Pod	Grade 8/Div. 15	The Negative Impact of Cell Phones
Fernando Estrada Orrante	Wind Pod	Grade 8/Div. 7	European Football vs. South American Football
Veronika Palkoci	Fire Pod	Grade 8/Div. 11	Slam Poetry: Flawless Cherry Blossom Tree



Emcees from Div. 9: **Alyssa Ahn (top right), Emma Durmishaj (left), and Lyla Frith**

Special thanks to our Judges: **Mr. Abdulla Ms. Leonard, Ms. Reichert, Mr. Clay and Ms. Jung**

District Public Speaking/Spoken Word Finalists:

Our school Judges had a difficult time deliberating from the group of passionate speakers (Pod finalists) shown above however, they did choose 3 finalists, one from each grade: **Martin Zou, Emilie Shin, and Veronika Palkoci**. These three students represented ÉMMSOTA at the District Public Speaking Spoken Word Finals on the 21st! All Finals were held virtually as per our new normal. We wished our students every success and were proud of their achievements because they represented us so well! Our finalists will receive medals for their academic excellence! They will learn this in their PODS, soon (because it is still a surprise for them)!

Martin Zou	Water Pod	Grade 6/Div. 13	Banning Plastic Bags
Emilie Shin	Fire Pod	Grade 7/Div. 9	The Importance of Electricity
Veronika Palkoci	Fire Pod	Grade 8/Div. 11	Slam Poetry: Flawless Cherry Blossom Tree



Wondering what Slam Poetry is?

Think of reading a poem with performance in mind as well as audience engagement and a specific voice, tone or mood to convey meaning and significance. Veronika did just that and much more! She has kindly shared her poem with us below

An original Slam Poetry piece by Veronika Palkoci, Division 9, Grade 8.

Flawless Cherry Blossom Tree

Everything
Everything has a beginning
Even a flawless cherry blossom tree
Has a story worth reciting

Plop.
That's all it takes
All
It
Takes
One little action accompanied by a little
sound
The sound of a seed dropped into the
prominent lifeline.
The start of everything

Like a hug
The roots expand
Explore
A child
Emerging
Breaching
All known elements
Expanding horizons
Plunging freely into oblivion
Fighting fear
The seed growing limbs
Realizing the utopia of the underground
Swallowed and engulfed
By the sheer pride and grandness
Of it all

Years later,
The trunk
Refurbishing itself,
Adapting to its
Need for space
In more ways than one
A typical teenager now
Awaiting its next chapter but
Alas, continuously growing.

The branches sprout
Widen
Rise
Developing
As every precious
Previous molecule before has
And too, they hug

But this time air
And this time
Like
A lovingly reassuring grandma
Reaching out for an embrace
You give in
Collapsing into the warmth and kindness,
Cherishing the wondrous moment
Remembered always
By a mark in your mind
Your memory.
But
For a tree
A mark remains
Adding to its height
And
Enlarging the figure
Physically representing.
Its emotion:
Lines
Each struggle:
A fork
And each
Merry sentiment:
Bends
And twists
And turns
And-
It is ready.

Life
It enlightens and enhances
But mostly
It visually appeals
The bold lush pink
Of the cherry blossom tree
Captivates
Compels
Demands
Attention
Beautiful and pure
Each petal able to stand alone
But no, miraculously, they collaborate-

Everything
Everything has a beginning
Even a flawless cherry blossom tree
Has a story worth reciting.



COVID-19 HEALTH AND SAFETY REMINDERS.

We continue to follow strict health and safety protocols within our schools. These include but are not limited to: actively completing our Daily Health Checks each morning before arriving to school, frequent hand washing/sanitizing, physical distancing as much as we can, inside and outside of the building, and mask wearing. Since we have returned to school after spring break, new measures have been put in place especially with respect to wearing a mask.

All students, staff and visitors are to wear a mask at all times at school when in the building except when eating in our desks. **Outside, you will see the same measures in place** especially when students are playing in close proximity to one another (less than 2m) and when not involved in high intensity sports which have been greatly reduced or eliminated. Please support our health and safety practices with reminders to your children regarding the above on a regular basis. We have been promoting the fact that we can show kindness and respect towards others by adhering to all of these important basic safety measures especially when COVID numbers have been high in our local communities.

Please find attached (at the bottom of this newsletter) the Updated Daily Health Check that has been renewed as of February 19, 2021. **Please use it to review with your child their health prior to arriving for learning each day.**

We encourage parents and visitors to refrain from coming into the school unless absolutely necessary. Thank you for calling the office upon arrival to give us an opportunity to support you without a need for you to enter our school building. We may be reached at 604 461 7384.

RISING TEMPERATURES

With the increasing temperatures and the sunnier days, please be sure your child(ren) are dressed appropriately to be outside. Having a hat and sunscreen are important means of keeping safe as we are promoting more outdoor learning as our outdoor learning spaces take shape. Many of our play zones are not shaded and with that comes a need for water. Please send your child to school with a water bottle (or two)! We are trying to limit our belongings to things that one individual is able to care for, refill if necessary, take home and keep clean.

Dress Sense

Please be sure to regularly review our dress expectations with your child and to practice learning when seated in a chair, moving around, reaching up and bending down in the outfits that have been chosen for a day of learning at school. The goal is to choose outfits that are comfortable, respectful and appropriate for learning both indoors and outdoors.

DRESS EXPECTATIONS (from our Student Handbook)

Students are responsible to dress appropriately for our school learning environment. This means that clothing should properly cover the body and not contain suggestive, obscene or otherwise offensive messages. Students who repeatedly ignore this dress expectation will be asked to contact a guardian in support of a solution.

- Tops must be of sufficient size to cover chest, midriff and all underwear.
- Clothing must not be excessively short or tight and must allow for the freedom for students to participate in an active middle school experience so that coverage of the body remains sufficient as noted above.

- Hats, hoods, sunglasses and fashion accessories/articles of clothing that obstruct the face are not permitted to be worn within the building. This permits the school to readily identify strangers and to promote face to face communication.
- Masks (e.g. relating to COVID-19 virus) are currently mandatory as per provincial guidelines and must be worn respectfully and safely with the expectation that it does not impede learning. (updated March 31, 2021)

MYEducation Student and Parent Portal & Report Cards

If you have not yet seen your child's report card, please take a minute to view the ["Getting Started with the Family Portal Brochure"](#) link which takes you to our EMMSOTA web page. In this brochure you will find key information for getting started with your account. Please follow the process to get set up as soon as possible. We have used the MYEd portal for our Term 2 Reports. If you have any questions, please contact the office or email us at 086-office@sd43.bc.ca. Thank you for supporting this initiative.

PAC NEWS

EMMSOTA PAC Meeting May 10th at 6:30 PM. Please join us on ZOOM

Join Zoom Meeting

<https://sd43-bc-ca.zoom.us/j/69066353705?pwd=aGNhRzhERjZQzJyczdPSXhIY25Ndz09>

Meeting ID: 690 6635 3705

Passcode: 029772

OUR NEWEST PAC FUNDRAISER:

Just in time for Earth Day, the EMMSOTA PAC is pleased to announce our ongoing fundraiser with local Port Moody business Tru Earth!

Shop for Tru Earth's eco friendly laundry strips, wool dryer balls, cloth grocery bags, bees wax food wraps, bamboo cutlery and other great products online with free delivery to your home.

20% of sales will come back to EMMSOTA to help purchase school wish list items.

All you have to do is visit and order through our shop at:

<https://fundraising.tru.earth/moodymiddle>

Wishing you an early Happy Earth Day!

Moody Middle / EMMSOTA PAC



FIRST AID HERO FUNDRAISER:

Your PAC is bringing to you two **First Aid Hero courses** that will assist in fundraising for ÉMMSOTA - **Red Cross Babysitting and Stay Safe!** The courses are done online and for each course/ student that signs up, Moody Middle PAC will receive \$8 in return. The links below provide more detailed information or one can visit: www.firstaidhero.com.

When registering, simply use the **PROMO CODE: MOODY**

First Aid Hero babysitting registration: [Babysitting Info and Registration](#)

First Aid Hero Stay Safe registration & information: [Stay Safe Info and Registration](#)

Absences, Lates & Early Dismissals

Parents/guardians are asked to notify the office and the classroom teacher when students will be absent, late or leaving early. To notify the office, please click here: [Absence Report](#) (or find it under QuickLinks on the main page of our Moody Middle website) for all types of absences, including Absent, Late or Early dismissal. This report can be submitted any time prior to the absence, but no later than the start of school on the day of the absence. You may also email the information to: moodymiddlesecretary@sd43.bc.ca or call the office at 604-461-7384.

When picking up a student for early dismissal, please call the office to let us know you have arrived. We will then send the student out to meet you in the parking lot. *Please do not call or text the student directly, as we discourage cell phone use while in school.*

Follow us on Twitter!

Twitter name – @43moody

. . . school news, breaking stories, reminders, links, accomplishments, educational dialogue and another means of communication!

[Download](#) the Twitter app



Moody Middle communicates with families via email, including sending newsletters, field trip notices and payment notices. If you do NOT wish to receive email from Moody Middle, please reply to this email with 'UNSUBSCRIBE' in the subject line.

moodymiddlesecretary@sd43.bc.ca

[School Website](#)
[PAC Website](#)
[District Website](#)

COMMUNITY INFORMATION:

Please see our website for upcoming community events, sports teams, City of Port Moody programs and more – Check ‘Community News and Information’ on this link:

[Moody Middle Publications](#)

First Aid Hero babysitting registration: [Babysitting Registration](#)

First Aid Hero Stay Safe registration & information: [Stay Safe Registration](#)

[Do What You Love Foundation – Community Programs for Spring 2021](#)

[Community Healthy Living Out of school program opportunities](#)

[Port Moody Arts](#) – Jan-April 2021 programs

Moresports BC Youth Leadership Program

Moresports youth leaders come from diverse backgrounds and/or sport experience, but they all share a passion for working with and helping kids. Mentorship is a win-win and through Moresports, our leaders not only become key role models in their community, they inspire new ones! Join us for Free and Low cost training - then share your new skills and knowledge at our future after school programs & camps (when it is safe to do so)

Sign up here to get started:

<https://forms.gle/MoresportsBCLeader>

Youth Spring 2021 Programs

<https://www.sd43.bc.ca/school/moody/Publications/Community%20News%20and%20Information/Youth%20Spring%202021%20Programs.pdf>

Port Moody Soccer Club Spring brochure

<https://www.sd43.bc.ca/school/moody/Publications/Community%20News%20and%20Information/PortMoodySoccerClub%20Newsflyer%20Spring%202021.pdf>

Female Strong Series

Join us as we discuss the Power of Sports to make a Female Strong

Discover how participation has helped Women reach their goals, learn about their personal strengths and provide them with resilience. Let's gather together and share our stories of strengths and weakness and learn about resilience too~ from one another!

<https://dowhatuluv.ca/program/FemaleStrong>

Come learn from Keani who discovered how participating in afterschool programs with Moresports has led her to a career she is excited about. Hear how Sandra (Tri Cities Local) started her sport as a teen and is now on Team Canada. Discover how sport can build relationships with other team-mates but also for Mom's and Daughters!

[Follow Us](#)





Drop-in Youth Sports

Fridays 5-9pm & Saturdays 4-8pm
at the Recreation Complex

- \$12 for 45-minutes of court time
- Up to 4 players on the court at a time
- You must pre-register for your session
- Registration opens 24 hours in advance
- Register at portmoody.ca/signmeup or 604.469.4556
- For youth in grades 6-12

 @pomoyouth

Special measures will be in place to help prevent the spread of COVID-19, including extra cleaning of indoor areas, limited class sizes, and physical distancing when possible.

portmoody.ca/youth | 604.469.4556

PORT MOODY
CITY OF THE ARTS



Summer Activities for Youth

Registration for camps begins May 4 at
8am portmoody.ca/signmeup

- * Life Skills Prep Camp
- * EPIC Youth Outdoor Camp
- * Registered Drop-in Youth Lounge
(Friday and Saturday nights)
- * Registered Drop-in Youth Sports
(Basketball - Friday and Saturday nights)

For
youth in
grades
6-12

OUT-OF-SCHOOL EDUCATION CONNECTIONS SD43

By Do What U Luv



DO WHAT U LUV
FOUNDATION

DECEMBER 2020 EDITION: CLICK THE LINKS BELOW FOR MORE INFO

FEATURED INFO

Moresports Tri-Cities Hub (WATCH THIS VIDEO)	VIDEO: FREE Silly Christmas Story Time with Santa - Watch Every day until Dec 31st thanks to @scholasticCDA	Support kids & youth to Thrive Online with our Auction & Fundraiser! Click here
Do What U Luv Foundation	Affordable Online Programs for Mental-Health, Social-Emotional Learning, and Extracurricular Activities	Winter Break Programs Registration coming in the week of December 1st
Tri Cities Kids Matter	Community Resource Guide	Community Resources Map

FOR YOUTH (AGE 0-12+)

Place des Arts	Winter/Spring programs(Jan-Jun) registration - November 30	
Place Maillardville Community Centre	Community Resources & Programs	Email: info@placemaillardville.ca Call: 604-933-6166
Tri Cities Healthy Living Working group	Create Better Healthy Habits Guide	Download the 'Live 5-2-1-0' App
YMCA Child Care Resource Referral (CCRR)	Circle of Friends - Community Program	
S.U.C.C.E.S.S. Family Resources	Family Resources with Language Support Service: Mandarin, Farsi	Email: info@success.bc.ca Call: 604-468-6000
Tri-City Family Place	Community Programs for Age 0-6	
Westcoast Family Centres	Parenting and Outdoor & Virtual Family Resources Programs - Upcoming Events	Community Support

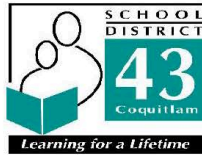
FOR YOUTH & ADULTS

Coquitlam Recreation	Community Resource & Youth Services	
Port Coquitlam Parks & Recreation	Community Resource & Youth Services	
Port Moody Parks and Recreation	Community Resource & Youth Services	
Kinsight	Consulting Service & Programs for Supported Child Development	Email: aduffield@kinsight.org Call: 604-528-3950
Tri-Cities Seniors Planning Network	Senior Support & Resources	Call: 604-949-0599
FamilySmart®	Mental Health - Contact for Young People and Families	
Fraser Health Authority	Local Health & Medical Information	

FOOD BANKS & SECURITY

Hillside Community Church	1393 Austin Ave, Coquitlam
SHARE Family & Community Services	2615 Clarke St, Port Moody
Trinity United Church	2211 Prairie Ave, Port Coquitlam

ANY ISSUES WITH THE LINKS ABOVE - CONTACT: INFO@DOWHATULUV.CA



COVID-19

Daily Health Check – Students (February 16, 2021)

Dear Parents,

All students are required to complete a daily health check prior to attending school.

The Ministry Daily Health Check for students can also be accessed on-line or through the Ministry App. These are listed on the district and school websites under Covid-19 Pandemic Response banner.

If your child has any of the symptoms listed below, follow the instructions.

SYMPTOMS	WHAT TO DO
<ul style="list-style-type: none"> Fever (above 38° C) Chills Cough Loss of sense of smell or taste Difficulty breathing 	1 or more of these symptoms: <ul style="list-style-type: none"> Stay home. Contact health care provider or 8-1-1 about your symptoms and next steps.
<ul style="list-style-type: none"> Sore throat Loss of appetite Headache Body aches Extreme fatigue or tiredness Nausea or vomiting Diarrhea 	If you have 1 symptom : <ul style="list-style-type: none"> Stay home until you feel better. If you have concerns or questions about your health, please contact 8-1-1 at any time. If you have 2 or more of these symptoms : <ul style="list-style-type: none"> Stay home and wait 24 hrs. to see if you feel better. If symptoms don't get better or get worse, get a health assessment; contact a health care provider or 8-1-1 about your symptoms and next steps.
Close Contact If you are a close contact of someone who has COVID-19 and have any of the symptoms listed above. <ul style="list-style-type: none"> Get tested and stay home. You will know this is the case, as you would have been contacted by Public Health. For more information on close contacts, go to http://www.bccdc.ca/covid19closecontacts. If you are unsure, please contact 8-1-1. 	
International Travel Have you returned from travel outside Canada in the last 14 days? <ul style="list-style-type: none"> All students and staff who have travelled outside of Canada are required to self-quarantine for 14 days after arrival under both provincial and federal orders. 	
If your child develops severe symptoms, such as difficulty breathing (eg. struggling to breathe or speaking in single words) or chest pain, call 9-1-1 or go to the nearest Emergency Department.	