

Moody Matters



École Moody Middle School of the Arts

e.Bulletin – 29.November.2019

[ÉMMSOTA Website](#)

moodymiddlesecretary@sd43.bc.ca

www.Moody Middle website calendar

Please see our Bell Schedule at the end of this newsletter to confirm our daily schedule

| WEEKLY EVENTS | | END DATE |
|------------------------------|---|---------------|
| Mon / Wed @ 07:50 | Senior Band Practice | June |
| Mon @ lunch | Art Club with Mr. Walker | June |
| Mondays 3-3:45 | Tutoring with PMSS Students | June |
| Mondays 3:00-4:00 | Chess Club (Youth Lounge) (not 1 st Mondays) | June |
| Tues/Thurs @ 07:50 | Junior Band Practice | June |
| Wed 3:10-4:25 (Home Ec Room) | Port Moody After school programs - Meals Around the World | Oct 23-Dec 4 |
| Thursday 3:10-4:25 (MPR) | Port Moody After school programs - Games Zone | Oct 24-Dec 12 |
| Fridays 3:10-4:25 | Port Moody After school programs - Arts & Exploration | Nov 1-Dec 13 |
| Friday @ 07:50 | Choir practice | June |
| Friday 3-5pm | Friends of Simon tutoring | June |

| | |
|-----------------|--|
| NOVEMBER | |
| 25-29 | Scholastic Book Fair in the Library |
| DECEMBER | |
| 2 | PAC meeting – Library |
| 3-4& 10th | Immunizations – Grade 6 |
| 3 | Earth Pod field trip to French Film festival |
| 4 | SLC Monthly Meeting @ EMMSOTA |
| 3-18 | We Leadership 12 days of giving for SHARE food bank |
| 3 | Earth Pod to French Film Festival @ Silver City |
| 6 | PAC Treat Day -TCBY (yogurt)-ORDER BY NOV 30 |
| 11 | PAC Hot Lunch–Sushi & Booster Juice-ORDER BY DEC 7 |
| 12 | Winter Concert (concession & raffle tickets available) |
| 13 | Drama BRICK Production |
| 16-20 | Music in the foyer |
| 17 | Choir @ CP Holiday Train |
| 17 | Jr. Band – Hot Chocolate morning |
| 18 | Sr. Band – Hot Chocolate morning |
| 18 | PMSS Music department performance @ Moody |
| 18 | Skating Field Trip – WIND pod |
| 19 | Skating Field Trip – FIRE pod |

| | |
|----|---|
| 20 | Pancake Breakfast for Students and families |
| 20 | Choir – Hot Chocolate morning |
| 20 | Spirit Assembly & Movie in the gym |
| 20 | Last day before Winter vacation |

Greetings EMMSOTA Community,

It was so nice to see parents and family members join us this past week for our Student Parent Teacher Conferences. Our well over 90 % participation rate over three days was a true testament to our commitment to assessment and learning. Parents were engaged as their children walked them through portfolios of learning and then had time to sit with teachers and plan collaborative goals and discuss both academic and social emotional learning strategies that support continuous growth throughout the year. As busy a time of year this is for students and staff the three-way conferences are a very important part of how we demonstrate and communicate student learning.

It was nice for Ms. Jung and I to spend some time with all our students across multiple days last week for some active team time in the gym and two special presentations from *Out in Schools* on Tuesday and Jesse Miller on Wednesday. We were reminded what it means to be tolerant and respectful of differences, while valuing all peoples right to identify how they wish to identify. We thank Avery and Miranda from *Out In Schools* for sharing their message with us. Jesse Miller reinforced his message that as pervasive and amazing as technology is, we need to continue to manage and regulate its use. He spoke of opportunity and connectedness, while reminding students that sleep and exercise were even more important in establishing balance that leads to success in life. We are hoping to bring Jesse back in the new year for a parent presentation, stay tuned.

As we head into December and begin looking forward to our winter break please take time to plan and consider others in your race to get everything done. Take time to just be calm, quiet and shut out the “commercial holiday” noise. It is important we do not let the busyness of the season overwhelm us. It is even more important we appreciate each other in spirit of kindness, peace and good will, not just for the winter holiday season, but for the year and beyond. We are looking forward to a wonderful December ahead.

Thank you as always for sharing your children with us every day.

Cheers, A Bientot

Mark Clay
Principal

Vice Principal update

Thank you, Mr. Ramos!

Special thanks to Mrs. Reichert for her leadership supporting Mr. Ramos, student teacher from SFU. He completed his short and long practica here beginning January 2019. His last day working with students was today and the farewells were bittersweet! We wish Mr. Ramos all the best as he begins his career as a teacher and hopefully as a music teacher sooner rather than later!

Scholastic Book Fair

This year's Scholastic Book Fair has been successfully led for the first time, by our teacher librarian, **Ms. Leonard**. She set a target of \$2500 and we surpassed the goal in support of student literacy for all levels of readers and learners! Stay tuned for the next edition of the Moody Matters as we highlight all the helpers (parents, teachers and students) who made this event possible!

Jesse Miller Returns

Jesse Miller of *@MediatedReality* is no stranger to EMMSOTA. He was last here a few years ago and spoke with our grade 8 students. We invited him back recently to speak to our students about the value of digital literacy and being mindful digital citizens. This is especially important when thinking about the value of sleep and what impacts a good nights' sleep for so many of our students. Gaming is a reality for so many of our students. How much is your technology and social media identity worth to you and what are you doing to manage it respectfully, responsibly and for the long term?

Assistant Superintendent Reno Ciolfi visits!

Our Assistant Superintendent, Reno Ciolfi, visited earlier this week. He spent some time with the leaders in our school, Mr. Clay, Ms. Jung and some of our staff members he visited while on a visit through some classes and the new wing of our school. He extended a warm thank you to our staff for the dedication we put forward to learn and grow with our students on a daily basis. EMMSOTA is definitely an amazing place to be!

Music Concerts in December

Our Winter Music Concerts are on December 12th at 7 pm and in the afternoon on the same day, likely at 1 pm. Please join us as we celebrate the hard work of our music students working with Mrs. Reichert and Mr. Ramos.

In the community, our Moody Middle Choir will celebrate the season with some festive music. See you at the Holiday Train on December 17th from 4:30-6:30 pm by the Port Moody Rec Center! This is always a heartwarming event so see you there!

Kathryn Jung
Vice Principal

Winter Weather Ahead!

Schools are not routinely closed due to snow or other inclement weather conditions. All schools in School District 43 (Coquitlam) will remain OPEN, if possible, during winter weather, including snowfall.

However, on occasion, a district-wide or partial-district closure is required due to extreme weather. Partial-district closures affecting individual schools may occur due to the very different geography within our school district. If there is a partial-district closure affected schools will be identified.

The decision on schools remaining open or needing to be closed, because of extreme weather, occurs **before 6:30 a.m.** so that families can plan and make alternate arrangements.

While the District tries to make the best decision with the information available, the weather does change quickly. Therefore, when schools remain open, decisions to stay at home during challenging weather conditions should be made by each family.

Any district-wide or partial-district closure will be decided and communicated by 6:30 a.m. via the School District 43 website www.sd43.bc.ca and CKNW AM 980 radio, CKWX 1130 radio and CBC (690) radio.

Extreme weather can also impact transit. Transit schedules may face significant changes or cancellations due to the weather conditions. Parents seeking information on transit schedules need to consult the Translink website: <http://www.translink.ca/>

We encourage families to continuously check the School District 43 website for updates and changes: www.sd43.bc.ca

Learn more about SD43's process for emergency and inclement weather status updates at:
<http://www.sd43.bc.ca/NewsEvents/Pages/EmergencyInformation.aspx>

Cornerstones of ÉMMSOTA

Last month we featured Mr. Clay, Principal of ÉMMSOTA with the hope that getting to know him better would inspire conversations with him in and around our community. This week, we are pleased to introduce our Earth Pod Team Leader, M. Pillsbury, French Immersion teacher of grade 6 students!

M. Scott Pillsbury was born in Richmond, BC. He is currently teaching students in the French Immersion program at the grade 6 level. As a man of many talents including baking, M. Pillsbury's first break was from his summer orchestra conductor, Mr. Williams, who hired him on as a sound technician – what a blast he had learning on the job! M. Pillsbury remembers being in grade 6 because he participated in an exchange trip to Quebec where he met his exchange partner, Stefan, with whom he kept in contact for many years! People M. Pillsbury cannot live without are definitely his family!

Here are some more interesting facts you likely did not know!

Favourite animal: the wolf

Favourite book: *The Blade Itself* by Joe Abercrombie

Favourite author: Guy Gavriel Kay or Joe Abercrombie

Favourite food: Japanese except uni (sea urchin)

Favourite pastime: a sport called Ultimate, but he has switched to cross fit to give his body a break!

Loves coffee and his family!

Best advice: *Leave everything better than you found it.* (This is a Scouting belief when you visit a camp-site but he believes it can be applied to life in general.)



M. Pillsbury with his beautiful daughter who is not a fan of pirates!



Ski & Snowboard Club

Our Ski & Snowboard Club is now full, with a waitlist! Please remember to make payments by the due dates – December 1st and December 18th. If you have changed your mind or are unable to attend S&S Club for some reason, please let the organizers know as soon as possible, as we would like to give students on the waitlist a chance to attend.

Mme LeBlanc aleblanc@sd43.bc.ca



Counsellor's Corner

Tutoring help is here!! Tutoring & homework help, led by PMSS students started on Monday, November 18th. They will be in the library every Monday, except for staff meeting days (first Monday of the month), from 3:00-3:45.

Face to Face Connections:

In this digital age, when we all need to seek out more face to face connections, we continue to wonder about the impact of technology on relationships. There is more and more scientific evidence that points to why putting our phones down can be such an important, impactful decision.

Have a read...

Why Parents Really Need to Put Down Their Phones. Parents on devices distress children and reduce their resilience.

<https://www.psychologytoday.com/ca/blog/going-beyond-intelligence/201711/why-parents-really-need-put-down-their-phones>

If you would like to discuss this, or anything else related to the mental health and wellness of your child, you can contact me at marmstrong@sd43.bc.ca

WIND POD

In honour of this month's Fibonacci Day on November 23 (11/23), Wind Pod has been working with Fibonacci's sequence.

Q: Who was Fibonacci?

A: The mathematician who identified the sequence of numbers where each number is the sum of the two preceding ones: 0,1,1,2,3,5,8,13 and so on. The sequence is also known as 'nature's code'.

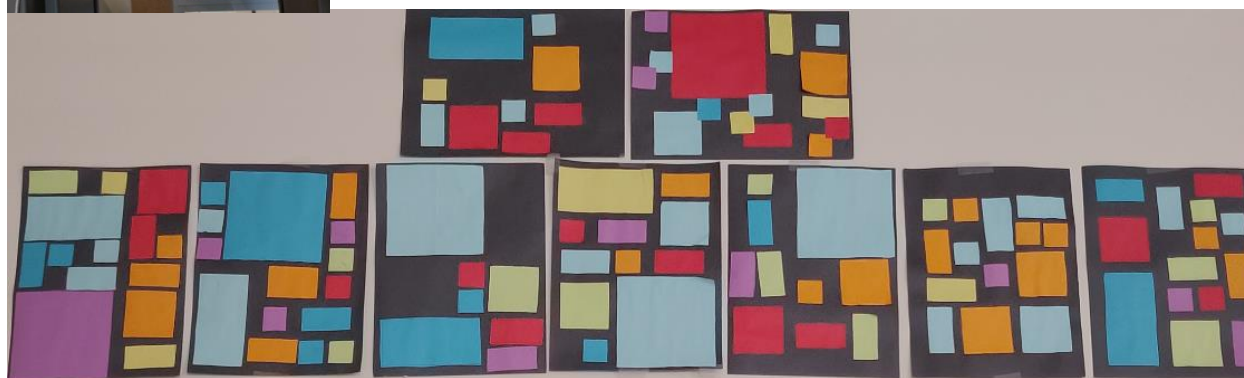


Our first team project was to use the sequence with rectangles to replicate a spiral on graph paper.



From there, students used the spiral design to personalize a pennant.

Next, students used the golden rectangle in the style of Mondrian art.



MOODY ATHLETICS

Winter sports sign up is concluding. If your child is interested in wrestling or playing basketball, it is not too late. Please have your child see Mr. Abello for a permission form and join the practices listed below. Winter sports begin in December and continue after the winter break into late February.

| TEAM | COACH(ES) | PRACTICE/GAME TIME |
|---------------------------------------|--|---|
| Wrestling – B & G, All grades | Mr. Abello, Mr T. Kimoto, Mr. R. Kimoto. | Practice: Tues and Thur (3:00 – 4:15pm) @ MPR Meets: Begin Feb 2020, Dates TBA |
| Bball Gr. 6 – Boys & Girls | Mr. Chambers, Ms. Linde, Mr. Zimmer | Practice: Tues and Thur (12:15 – 12:45) @ Gym Year End Jamboree: Date TBA |
| Bball 7/8 Girls | Mr. Clay, Mr. Budai, Mr. Lee | Practice: Thursdays (3:00 – 4:15pm) @ Gym Gr. 7 Games: Tuesdays, Dates TBA Gr. 8 Games: Wed, Dates TBA |
| Bball 7/8 Boys | Mr. Abello, Mr. Budai, Mr. Huang | Practice: Tues (3:00 – 4:15pm) @ Gym (When games begin, practices will move to Fri) Gr. 7 Games: Tuesdays, Dates TBA Gr. 8 Games: Wed, Dates TBA |
| Ski and Snowboard – B & G, All grades | Mme Leblanc, Ms. Taylor-Hill | Mt. Seymour dates in 2020: Jan 16, 23, 30 Feb 18 |

Athletics Fee:

Moody has a one-time per year Athletic Fee of \$15 – payable through SchoolCashOnline. If your student is participating in any sport now or plans to participate in our clubs or teams throughout the school year, please pay this one-time fee.

Alex Abello, Athletics Director

Vaccination Status Reporting Regulation

Government has approved the Vaccination Status Reporting Regulation requiring parents or guardians to report the vaccination status of their school-age children. This regulation comes into force on July 1 and public health units will begin implementation of the regulation in September of 2019. Read more [here](#).

École Moody Middle School Library and Learning Commons

Our book fair finishes up today – Friday November 29.

Karen Leonard,
Teacher-Librarian

We / Leadership

We had a great trip to Rogers Arena for WE Day and came back with lots of inspiration. Here’s our group having a great time bonding.



Food Food Glorious Food

The 12 Days of Giving contest runs from December 3-18. Please bring non-perishable food items to support SHARE food Christmas hampers.

Christmas Bake Sale

In support of WE Bake for Change (Ethiopia/Education). Our bake sale will take place on Friday Dec 13. All baked donations are welcome. Please help us make a difference.

| |
|------------------|
| December 2 |
| January 13, 2020 |
| February 3 |
| March 2 |
| April 6 |
| May 4 - AGM |
| June 8 |

PAC (Parent Advisory Council) NEWS

PAC Meetings:

Our meetings are held at 6:30 pm in the ÉMMSOTA Library Learning Commons. Please join us!

PURDY'S CHOCOLATE ORDERS – Pick up on December 4th.

HOT LUNCH & VOLUNTEERS

There is just one more Hot Lunch days this term - Sushi/Booster Juice (Wednesday, December 11). Make sure your orders are in at munchalunch.com! Keep an eye on your account for the Term 2 menu, coming soon! Do you have 45 minutes to an hour to help us out at the occasional hot lunch? If so we would love to have your help. Please contact us at emmsotapac@gmail.com and let us know. Not only does the hot lunch provide a welcome relief for parents and treat for kids, but also a fun opportunity for parent volunteers to participate in school day activities.

TCBY FROZEN YOGURT TREAT DAY - NEW!

Friday, December 6 is Treat Day! We are offering 4 flavour choices from TCBY frozen yogurt: Chocolate, Vanilla, Bubble Gum or limited edition Candy Cane! Orders must be placed in your www.munchalunch.com account by Sunday, December 1!

HOLIDAY SHOPPING

Remember to visiting the following supporters in the upcoming holiday season: by using your Thrifty's Smile Card or by mentioning that you are supporting Moody Middle to the cashier at Cobs Suter Brook and Port Moody Liquor Store. 4-5% of your purchase will be forwarded to the PAC for school wish list items. Looking for practical, eco-friendly and unique holiday gift ideas? Consider purchasing a water bottles to benefit the PAC <https://kinderbooks.ca/pages/moodymiddle>

PAC Pub Night Fundraiser a Success!

Thanks to all the parents and staff who attended our 2nd annual Pub Night fundraiser at the Burrard Public House this past Friday! Together we raised just over \$3100 towards the school's wish list!

We sincerely appreciate parent's support of the event, donations and volunteer time. We would also like to thank the following local businesses and organizations who's generous support helped us reach our goal. When shopping, please consider returning their generous support:

9 Round Kickboxing, BC Lions, BC Sports Hall of Fame, Beaty Biodiversity Museum, Britania Mine Museum, Capilano Suspension Bridge, City of Port Moody, Climb Base 5, Cobs Bread (Suter Brook), Coquitlam Centre, Doppio Zero Pizza, Electronic Arts, Evelvate Cleaning & Concierge, Evergreen Cultural Centre, Gillnetter Pub, Healing Cedar Wellness, Healing Paws Veterinary Clinic, IGA (Ioco Road), Jungle Jacs, Karlene Karst, Kim Glabus Jeweller, Kinder Books, Make Me Over Salon & Spa, Me & Eds Coquitlam, Museum of Anthropology, Origins Parkour, Paella Guys, Panago Pizza, Parkside Brewery, Pasta Polo & Brick Oven Pizza, Port Moody Flowers, Purdy's Chocolates, Real Canadian Superstore (Westwood), Rocky Point Ice Cream, Romer's Burger Bar, SAHM Salon, Saint St. Grill, Sergio's Pizza, Science Alive & SFU Camps, Shopper Drugmart (St. Johns & Como Lake Village), Skoah, Sports Clips Haircuts, Subway, Sugaring Change, TCBY Yogurt, Tea & Paper Nook, The Golden Boot Restaurant, UBC Botanical Garden, Vancouver Canadians Baseball Westwood Plateau Golf & Country Club, White Spot (Sunwood Square), Yellow Dog Brewing.

Fall Hot Lunch Dates:

- Dec 6 – TCBY (yogurt) treat day. **Order cut off: Nov 30**
- Dec 11 - Sushi & Booster Juice. Order cut off: Dec 7

Hot lunch is ordered ONLINE through Munch a Lunch at www.munchalunch.com.

Are you new to Munch a Lunch? It only takes a minute to register!

<https://munchalunch.com/schools/moodymiddlehighschool/>

PAC FUNDRAISERS:

Re: Fundraising Campaign for EMMSOTA / Moody Middle School Community

The Moody Middle PAC would like to offer a “by donation” fundraising initiative along with ongoing fundraising efforts throughout this school year.

We are asking parents for either a one-time donation, participation in fundraising events, or both throughout the 2019-2020 school year. Funds accumulated will be used to purchase ‘Wish List’ items that staff and parents at Moody Middle decide will enrich our children’s school experience. This year’s PAC budget was discussed at the Monday, October 7, 2019 PAC Meeting.

Here are some of the items funded by PAC dollars in recent years:

- *Social media awareness presentations for students and parents*
- *fieldtrip transportation costs*
- *spirit wear t-shirts for all students*
- *digital camera equipment*
- *Cultural performances*
- *Grade 8 leaving celebration*

Donations may be made through (click on one of the following options):

- SchoolCashOnline system <https://sd43.schoolcashionline.com/>

- or by filling out the [EMMSOTA Donation Request form](#)
*(see the end of our newsletter for a full copy of this form)

Thank you in advance for your support!

Ongoing PAC Fundraisers:

You have multiple ways to shop and help PAC raise funds at the same time!

[PAC Shopping Fundraisers 2019-20](#)

[NATIVE ART WATER BOTTLES Fundraising program](#) – (click for info and order form)

THRIFTY’S SMILE CARD FUNDRAISER

EMMSOTA's Thrifty Foods Smiles Card fundraiser has been renewed for another year. 5% of the money loaded onto your pre-assigned Thrifty's Smile Card comes back to Moody Middle PAC to support field trips for students. If you are looking to get a card for the 1st time or want additional cards please fill out the attached Thrifty Foods Fundraising document and drop off at the office or email us at:

emmsotaPAC@gmail.com with any questions. [Thrifty's fundraising program - details](#)

EMMSOTA PAC Facebook Page:

"Like" our page to receive updates on events, meetings and fundraising initiatives:

<https://www.facebook.com/EMMSOTAPAC/>



Bell Schedule

Our regular bell schedule is slightly different from last year. Warning bell sounds at 8:35 and classes start at 8:40. Getting to school on time is another key factor in establishing successful learning routines. If your child will be late or absent please contact the school office by phone, 604-461-7384, or email moodymiddlesecretary@sd43.bc.ca

| Monday – Thursday | | Friday | |
|------------------------------------|---------------|------------------------------------|---------------|
| Band 7:50 – 8:35 | | Choir 7:50 – 8:50 | |
| Prime Time | Δ8:35 – 8:40 | Prime Time | Δ9:00 – 9:05 |
| 1 | Δ8:40 – 9:30 | 1 | Δ9:05 – 10:30 |
| 2 | 9:30 – 10:20 | | |
| Nutrition Break 10:20 – 10:30 Δ | | Nutrition Break 10:30 – 10:45 Δ | |
| 3 | 10:35 – 11:25 | 2 | 10:50 – 12:15 |
| 4 | 11:25 – 12:15 | | |
| Lunch 12:15 – 12:50 Δ | | Lunch 12:15 – 1:00 Δ | |
| 5 | Δ12:55- 1:45 | 3 | Δ1:05 – 2:20 |
| 6 | 1:45 – 3:00 | | |
| BRICK (W/F only) | 2:20 – 3:00 | BRICK (W/F only) | 2:20 – 3:00 |

Community Info

[City of Port Moody ‘Get Active Program-for Teens, ABC’ – click here for info](#)



Flying Squad at Community Volunteer Connections

Community Volunteer Connections (CVC) is a non-profit organization whose mission is to bring communities together by promoting and creating meaningful volunteer engagement with other non-profit organizations.

The Flying Squad is a team of volunteers that help at one-off events, by our non-profit members, taking place in the Tri-cities area. High School students are invited to join the Flying Squad Team and give back to the community. Once the students have volunteered at the event, they would log their hours and CVC will keep track of the hours completed for graduation.

See www.volunteerconnections.ca

Follow us on Twitter

Twitter name – @43moody <https://twitter.com/43moody?lang=en>

. . . school news, breaking stories, reminders, links, accomplishments, educational dialogue and another means of communication!

[Download](#) the Twitter app



Moody Middle communicates with families via email, including sending newsletters, field trip notices and payment notices. If you do NOT wish to receive email from Moody Middle, please reply to this email with 'UNSUBSCRIBE' in the subject line.

moodymiddlesecretary@sd43.bc.ca

[School Website](#)
[PAC Website](#)



École Moody Middle School of the Arts - PAC
130 Buller Street, Port Moody, BC V3H 2C6

September, 2019

Dear EMMSOTA / Moody Middle families:

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- *Cultural performances*
- *Grade 8 leaving celebration*

Thank you in advance for your support!

Payment may be made through the SchoolCashOnline system ([PAC Parent Donation Request 2019](#)) or by filling out the form below and returning it along with payment to the office. Please make all cheques payable to Moody Middle School.



Please detach and return to the school.

Name: _____ Division / Teacher: _____

Address: _____

Per Family Donation Amount: \$ _____ _ \$25.00 _ \$50.00 _ \$100.00

Income tax receipts can only be issued for donations of \$25.00 or more and will be issued by the School District 43 Finance Department.