

# Moody Matters



École Moody Middle School of the Arts

## e-Bulletin – 3-May-2019

ÉMMSOTA Website

moodymiddlesecretary@sd43.bc.ca

[www.Moody Middle website calendar](http://www.Moody Middle website calendar)

WEEKLY EVENTS	
Mon / Wed @ 07:40	Senior Band Practice
Monday @ lunch	Track & Field
Mondays 12:02-1:10	Jazz Band
Mon / Tues @ lunch	Art Club with Mr. Walker (Art Room)
Mondays 2:55-3:55	Chess Club (Youth Lounge) (not 1 <sup>st</sup> Mondays)
Mondays 2:45-3:45	PMSS Tutoring for Moody Middle students
Mondays 3-4:15	Wrestling Club (starts Apr 29 <sup>th</sup> )
Tuesday @ lunch	Rugby practice
Tuesday 3-4:00	Gr 7 Badminton
Tuesday 3-4:15	Soccer Club
Tuesday 3-4:15 (Library Learning Commons)	Port Moody After school programs - Creative Writing
Tues/Thurs @ 07:40	Junior Band Practice
Tues/Thurs 3-4:15	Spring Musical practice
Wednesday 7:45-8:25	Rugby practice
Wednesday lunch	Gr 6 Badminton
Wednesday 2:50-3:50	Gr 8 Badminton
Wednesday 3-4:15	Track & Field
Wed 3-4:00 (MPR)	Port Moody After school programs - Games Zone
Thursdays @ lunch	Rugby practice
Thursdays @ lunch	Improv Club
Thursday 3-4:15 (Home Ec room)	Port Moody After school programs - Cooking Club
Thursday 3-4:00	Gr 7 Badminton
Thursday 3-4:15	Basketball club (All grades, boys & girls)
Thursday 3:00-4:14	Soccer Club
Friday @ 07:40	Choir practice
Friday 2:50-3:50	Gr 8 Badminton
Friday 3-5pm	Friends of Simon tutoring

MAY	
3	Field trip - Friends of Simon (FOS) @ SFU (No after school FOS)
4	Order Cut-off for Hot Lunch on May 8
6	<b>PAC Meeting (AGM / PAC elections for next year) 6:30 Library Learning Commons</b>
7	Strong Start Closed today
7	UBC Museum of Anthropology – Fire Pod
8	Field trip – Cinderella @ Heritage Woods (Int'l students)
8	SLC Meeting @ Scott Creek Middle School
8	PAC Hot Lunch – White Spot

10	Track Meet/District finals @ Coquitlam Town Center
10	District Beginner Band Day (Jr. Band) @ Moody
15	Field trip – Water Pod - Noon’s Creek Hatchery
17	“Formal Day” – in support of BC Children’s Hospital
17	Morning gathering – WE Leadership unveil BELIEVE projects
20	<b>Victoria Day (Schools not in session)</b>
20	Order Cut-off for Hot Lunch on May 24
21-25	Odyssey of the Mind World Tournament
23	Spring Play STAGE SET-UP & Rehearsal
24	Spring Play TECH SET-UP
25	Spring Play FULL DAY Rehearsal
25	PAC Hot Lunch – Year end BBQ
27-28	SLC Retreat – details TBA
28	Spring Play – Elementary School Performance @ 09:30
29-30	Spring Play – Evening Performances @ 7:00pm
<b>JUNE</b>	
1	Order Cut-off for Hot Lunch on June 5
3	<b>Pro D (School-based Pro D – EMMSOTA not in session)</b>
4	Strong Start Closed today
5	PAC Hot Lunch – Pizza
6	Grade 6 for a morning (new students visiting)
7	Grade 6 Immunization catch-up
10	PAC Meeting (year-end meeting)
13	Grade 6 Immunization (#2 catch-up date)
13	Year-end Concert (rehearsal @1pm and concert @ 7pm)
18	Celebration of Learning (Mythology) – Open House
19	Field trip (Gr 6 & 7) Playland
19	Field trip (Gr 8) Zone Bowling & Cineplex Coquitlam
25	Year-end recognition assembly & Gr 8 Leaving Ceremony/Luncheon & Dance
26	Year-end School field trip to Sasamat/White Pine beach
27	Last day for students – 09:00 Report Card pick-up
28	Administration Day – schools not in session

**Stay tuned!**

Our daily announcements are posted on our website at [moodymiddle.ca](http://moodymiddle.ca) for parents to refer to. You’ll even find important dates running as a banner across the top of our webpage!

**Greetings from the Admin Team**

We are into May, can you believe it? As the days get longer they seem to speed by at a much quicker pace, and we all just try and keep up. There is always much to take in.

In recent weeks student have participated in trips to the Museum of Anthropology out at UBC, enjoying some of the incredible Indigenous art on display. We continue to look for opportunities to integrate our First Peoples Principals of Learning into our regular classroom learning experiences. These field trips often generate interest and inquiry leading to higher levels of engagement. A couple classes recently invited Mr. Carmen McKay, from our Indigenous Education Department into their classrooms to discuss some of the multiple uses of plants, herbs and trees in our environment. All of these connections develop a higher level of understanding for both staff and students. It is exciting to see what teachers and students are doing to learn more about our First Peoples.

EMMSOTA continues to be an active place with our track and field team participating in a mini meet up at Eagle Mountain, getting ready for the big District Track Meet at Town Centre next Friday May 10<sup>th</sup>. Rugby practices continue with jamboree games next week. Badminton continues to prepare for some tournaments and games and our soccer & wrestling clubs carry on after school, keeping our students active and involved.

Our music program is thriving; Ms. Reichert getting set to host the District Beginner Band Day next week as well as prepping for our June concerts. Of course Captain Bree and her lady Pirates are actively singing and dancing and swabbing their way to our May 28-30 Spring Musical. Ms. Magnusson and Ms. Ono are putting the students through their paces and keeping them out of “the Brig”.

Our four student teachers from UBC, Mr. Bailey, Ms. Tsamis, Ms. Bean and Mr. Martin are all well immersed in their teaching practicums, teaching and learning in your children’s’ classrooms. They are developing lessons and relationships as they begin their careers as educators. It is exciting to see the development and support as they hone their craft.

It was great to see so many of our new families this week for our New Student and Family Info Night and Open House. We are very excited to welcome all of you to our school of the arts. Thanks to all those that joined us. We will be including you all in our newsletters and hoping to make new connections in our community with all of you.

And finally, we don’t send the shout out to our front office often enough! Last week was *Administrative Assistant Day* and I just want to express my gratitude to Ms. Taylor-Hill and Ms. De Groot for their tireless support of “All Things Moody”. This place could not run without them and it has been my extreme pleasure getting to know them throughout my first year here. Thanks for all you do Karen and Catherine!

We are looking forward to seeing some of our EMMSOTA parents and family members, new and experienced at our **PAC AGM this Monday May 6<sup>th</sup> at 6:30 PM** in our Library Learning Commons. We appreciate the partnership we have with all of our parents and guardians.

Thank you as always for sharing your children with us every day.

Mark Clay, Principal  
École Moody Middle School of the Arts

Alex Abello, Administrative Assistant

### **Letters and information from SD43**

- **French Immersion Summer Learning – Grades 6/7/8 French Immersion Language Art is available through Continuing Education – please click on this link: [French Immersion Gr 6/7/8 Summer Learning](#)**
- **[Health & Social Implication of Vaping Presentation - Fraser Health & SD43 presentation May 16 & 22 2019](#)**
- **[Fraser Health Measles letter to parents](#)**
- **[SD43 Summer Learning](#)**
- **[Letter regarding vaping and cannabis use by youth or children](#)**
- **[Get the facts on Cannabis](#)**
- **[Talking with your teen about vaping](#)**
- **[Vape info](#)**

- [Superintendent's Letter re Carbon Monoxide Detectors Jan 2019](#)

### **Music Explorations, Band & Choir**

Mrs. Reichert is looking forward to hosting Beginner Band Day here at Moody on Friday, May 10th for our Jr. Band students.

### **WE Leadership Events**

#### **Build a Backpack event: April 1 – May 4, 2019**

The **WE Leadership Brick group** presents our new **BELIEVE initiative** called, the ***Build a Backpack*** event. In this initiative, each class will receive a backpack to fill with items for the homeless. When the backpacks have been filled, they will be donated and delivered to local homeless shelters and other areas in need.

Now here's the big question, why should we donate? Did you know...

Last year there were over 2,000 homeless people in Vancouver and this number continues to go up! Sadly, many of these people are teens and young adults. What is even more shocking, is that 700 of these people didn't even have a shelter to go to. Many are living on the streets, have little or no food, and no hope for the future! Can you imagine how cold and upsetting their lives must be?

So, join us in this initiative and please donate...

Together we CAN make a difference...Sometimes all it takes is one generous helping hand, to save a life!

Here are some items that you could bring in to donate...

***toothbrushes, toothpaste, hairbrushes, soap, shampoo, socks, mittens, toque, small towels, small blankets, non-perishable snacks, decks of cards, flashlight, hand sanitizer, water bottle, thermos, writing supplies, toilet paper***

We would like to encourage you to participate by offering a prize to the **TOP DONATING CLASS!**

There's MORE! Don't stop at just filling your backpack! All items will be counted and the class who donates the most will receive an ***Ice Cream Party*** served by our WE Leadership BRICK Group!

**Let's GET DOING:** WE need your help Moody, let's work together to help the homeless!

*Thank you!*

***WE Leadership BRICK & Ms. Egelstad***

### **Yearbooks – last call! We're almost sold out – \$45 on SchoolCashOnline**

Yearbooks are almost sold out! Act quickly if your family would like to purchase one. Purchase available via School Cash Online for the regular price of \$45.00, or speak to Ms. Walling ([hwalling@sd43.bc.ca](mailto:hwalling@sd43.bc.ca)) if you need to pay by cash or cheque. Thanks!

## Moody Athletics

### Moody Spring Sports

Our Spring Sports team are well underway and getting their practices in before our first district events starting the week of April 23-26. If your child hasn't signed up yet, it is not too late. Please have your child see the appropriate coach below. All our sport teams are offered to all grades, boys and girls. This includes Rugby. To join a team, students need to fill out a team permission form for each team they are playing. Also, students need to pay the annual athletic fee of \$15. If you have already paid the sport fee this year, you do not have to pay again. Practice times are on the school website currently and may be updated as the season progresses.

### Spring Coaches

Track & Field – Mr. Pillsbury, Ms. Linde, Mr. Chambers, Ms. Fitzgerald, Mr. Abello

Rugby (mouth guard required) – Mr. Clay, Mr. Budai

Badminton Gr. 8 – Christine McLellan

Badminton Gr. 7 – Mr. Walker

Badminton Gr. 6 – Ms. Leonard, Mr. Pillsbury

Wrestling Club – Mme. Grayston, Ryan K., Dylan K.

Basketball Club – Mr. Abello, Highschool student coaches: Evan W., Vincent, Jiwoo

Soccer Club – Ms. Kozuki, Ms. Tsamis

Mr. A. Abello, Athletics Director

## Library Learning Commons:



### EMMSOTA's Book of the Year Contest

The contest is now over, and voting is starting next week. Stay tuned!

<https://www.sd43.bc.ca/LibraryServices/Pages/BookoftheYear.aspx>

### Bookmark Contest Winners

It was a tough choice, but after much deliberation a panel of judges has picked 6 winning bookmark designs. Congratulations to: Nicholas/Div 7, Neveah/Div 5, Victoria & Ida/Div 10, Gianna/Div 2, Michael/Div 4, Leah/Div 9. Would all the winners please see Ms. Leonard at nutrition break today in the Library.

Ms. K. Leonard, Teacher-Librarian

## **Counsellor's Corner**

Adolescence is often a period of emotional ups-and downs, behaviour and attitude changes, and making new friends as our kids grow from pre-teens into their twenties. We are always seeking ways to better understand how the teen brain develops, what are the changes that occur, and how parents can support healthy brain development and physical growth in kids. For more information, please see the poster for 'FamilySmart – The Adolescent Brain', to be held May 16th.

- [FamilySmart 'The Adolescent Brain' presentation May 16 2019](#)
- [Health & Social Implication of Vaping Presentation - Fraser Health & SD43 presentation May 16 & 22 2019](#)

In case you would like to register your child for Summer Learning, please be aware that registration is currently open. Courses are free of charge and they will fill up quickly, so you might want to register as soon as possible. Students must be able to attend the full 3 weeks and not miss classes for holidays.

Please see the link below for more information.

[Coquitlam Summer Learning](#)

As always, if you would like to discuss your child's progress, please contact me at [marmstrong@sd43.bc.ca](mailto:marmstrong@sd43.bc.ca)

REMINDER: We do not provide plastic cutlery to students. Please ensure that your student brings their own fork/spoon/knife for their lunch or nutbreak snack.

**FREE – City of Port Moody Youth Week (May 1-4) activities – more info on our website**

- [City of Port Moody FREE Youth week activities](#)

## **COMMUNITY LISTINGS**

Please see our Moody Middle website for many different community opportunities!

Examples include:

- [Central School Craft Fair May 3 2019](#)
- [FamilySmart 'The Adolescent Brain' presentation May 16 2019](#)
- [Port Moody afterschool Youth Clubs @ Moody Middle \(Spring 2019\)](#)
- [City of Port Moody FREE Youth week activities](#)
- [Parenting After Trauma Poster May13 2019](#)
- [Tri-Cities Got Talent registration info for June 29 audition](#)
- [Port Moody Farmers Markets kids club \(ages 5-12\)](#)
- [SD43 Friends & Family courses - discount code included!](#)
- [Port Moody Aquarians swim club - general info](#)
- [Wheelchair Sports with Lacrosse - open to all participants](#)

## ÉMMSOTA PAC

**PAC Meeting Dates** for the remainder of the school year are **May 6 & June 10**. All parents and guardians are welcome!

- **PAC Elections on Monday, May 6, 2019** – The Annual General Meeting will be in the school library starting at 6:30. Officers are to be elected and planning for 2019/20 school year begins. If you are unable to attend but interested in a position, please contact Kara Crawford [kara\\_crawford@telus.net](mailto:kara_crawford@telus.net) so your name can be put forward at the AGM. All positions are currently available, namely: President, Vice-President (or Co-Chairs), Treasurer (or Co-Treasurers), Secretary, DPAC Representative, Fundraising Chair, Hot Lunch Coordinator, Volunteer Coordinator.
- **Final PAC meeting on Monday, June 10, 2019** at 6:30 in school library – Draft PAC budget for the 2019/20 school year will be tabled for discussion.

**Grade 8 Leaving:** Planning is under and we need your help. We will be looking for donations of cash (recommended \$10 a student), your time and desserts. More details to follow shortly.

**Please visit [munchalunch.com](http://munchalunch.com) to place your hot lunch orders for Term 3!**

- Wednesday May 8 (White Spot) - order cut-off is Saturday May 4 (@11:59pm)
- Friday May 24 (End of Year BBQ) - order cut-off is Monday, May 20
- Wednesday June 5 (Fresh Slice Pizza) - order cut-off is Saturday June 1



### HOT LUNCH RETURNS!

April 10 - Subway (last orders Sat, April 6)  
April 24 - Sushi / Crazy Bread / Booster Juice  
May 8 - White Spot  
May 25 - Year End BBQ  
June 5 - Pizza  
Order one, more or all on Munch a Lunch: <https://munchalunch.com/login.aspx>



Spring Fundraising Products:



- **'Growing Smiles' Plant Sale! *\*There are still 6 hanging baskets available for purchase for \$30 each.*** Orders will be delivered and available for **pick up in time for Mother's Day between 3-6 p.m. on May 8<sup>th</sup>, 2019.**

\*Please contact Samantha Kuypers [skuypers@shaw.ca](mailto:skuypers@shaw.ca) to place an order for one of the final baskets!

- **Spring Play May 29 & 30, 2019 and PAC Participation**
  - PAC will be offering a nightly 50/50 draw AND a concession stand from 6:30 p.m. onwards
  - If you are available to volunteer, please contact Heather at [skippys@shaw.ca](mailto:skippys@shaw.ca)
- Do you occasionally shop at Thrifty's? Please order a **Thrifty's card** to help the PAC raise funds for fieldtrips. If you need a card, please contact Heather at [skippys@shaw.ca](mailto:skippys@shaw.ca)

## PAC Water Bottle Fundraiser

The ÉMMSOTA PAC water bottle fundraiser continues, and orders will be delivered free of charge to the school every 3<sup>rd</sup> Thursday of the month.

PUT THE FUN  
IN YOUR  
FUNDRAISER.

STAINLESS STEEL WATER BOTTLES

designed by  
First Nations Artists

**kinder**  
BOOKS

Contact Anna if you have any questions:  
604.616.2633  
info@kinderbooks.ca

**SUPPORT YOUR SCHOOL!**

HOW IT WORKS

- 1 Go to: [kinderbooks.ca/fundraising](http://kinderbooks.ca/fundraising)
- 2 Find your School
- 3 Purchase water bottles
- 4 Pick up at school

**View the bottles and  
Order ONLINE @**

<https://kinderbooks.ca/pages/moodymiddle>

**\*Please see the end of our newsletter for the full PAC Water Bottle Fundraiser letter to parents**

### **PAC Donations:**

The Moody Middle PAC has decided to have a “by donation” fundraising initiative along with ongoing fundraising efforts throughout this school year.

We are asking parents for either a one-time donation, participation in fundraising events, or both throughout the 2018-2019 school year. Funds accumulated will be used to purchase “Wish List’ items that staff and parents at Moody Middle decide will enrich our children’s school experience.

### **Here are some of the items funded by PAC dollars in recent years:**

- *Social media awareness presentations for students and parents*
- *fieldtrip transportation costs*
- *spirit wear t-shirts for all students*
- *digital camera equipment*
- *Cultural performances*
- *Grade 8 leaving celebration*

We encourage you to use SchoolCashOnline to make your payment – click on the following link (<http://www.sd43.bc.ca/school/moody/WebPages/Online%20Payments.aspx>).



You may also fill out the form below and return it along with your payment to the office. Please make all cheques payable to Moody Middle School.

**Please click on the following link for the full PAC Donation letter:**

<https://www.sd43.bc.ca/school/moody/Parents/PAC/PAC%20News/Moody%20Middle%20Donation%20Letter%20Sep%202018.pdf>

**ÉMMSOTA PAC Facebook Page:**

“Like” our page to receive updates on events, meetings and fundraising initiatives: <https://www.facebook.com/ÉMMSOTAPAC/>



# Water Bottle Fundraiser



Dear Parents and Caregivers,

The PAC of École Moody Middle Moody has partnered with Kinder Books, a Port Moody business, for our Water Bottle Fundraiser. **We are raising funds for the school with 20% of all sales going directly to the school PAC.**

Kinder Books is proud that the water bottle supplier has strong ties to the local Native Americans and First Nations communities. This includes their work with organizations that support Indigenous education, women in transition, child welfare programs and elders and long time collaborations with First Nation artists residing in British Columbia.

These high quality stainless steel water bottles keep beverages hot for 12 hours and cold for 24 hours. They make unique gifts and range in price between \$18 to \$32 plus tax.

## Order online

- Go to <https://kinderbooks.ca/pages/moodymiddle>
- Order your water bottles
- Please enter student name, division/pod of your child at check out time into the merchant notes.

## Order Pickup

Orders will be delivered free of charge to the school every 3<sup>rd</sup> Thursday of the month. Earlier pickups may be possible on request.

**Deadline for orders for Valentine's Day is Tuesday, February 5, 2019.**

Thank you for supporting our school!

**For further information contact [orders@kinderbooks.ca](mailto:orders@kinderbooks.ca)**

**604-616-2653 [www.kinderbooks.ca](http://www.kinderbooks.ca)**

## PAC FUNDRAISERS:

Please Help Moody Middle PAC fundraise while doing your shopping!

# THRIFTY FOODS

Eat happy



### Thrifty Foods

Thrifty Foods will donate 5% of the dollars you load on your pre-assigned Smile card to Moody Middle's PAC to help fund fieldtrips. Please contact Heather Skipworth via email at [skippys@shaw.ca](mailto:skippys@shaw.ca) or phone 604-461-6570 for more information.



### Cobs Bakery – Suter Brook Village

When shopping at COBS Bread - Suter Brook Village location mention Moody Middle and COBS will donate 5% back to PAC initiatives for our school.



PORT MOODY  
**LIQUOR STORE**  
AT THE CORNER OF ST. JOHNS & WILLIAMS ST.

### Port Moody Liquor Store

– Corner of St. Johns & Williams Street  
Before making a purchase mention Moody Middle School and 4% from your purchase will be donated back to PAC.



### Return-It Express - 2560 Barnet Hwy, Coquitlam

No sorting required and proceeds from your returned bottles & cans come back to Moody Middle's PAC. Bag returns in clear plastic bags and drop off at any Encorp Return-It Express location. Enter the school's phone # 604-461-7384 at the Express kiosk and print out labels for your returns.



[moodymiddlesecretary@sd43.bc.ca](mailto:moodymiddlesecretary@sd43.bc.ca)

[School Website](#)  
[PAC Website](#)  
[District Website](#)

*Moody Middle communicates with families via email, including sending newsletters, field trip notices and payment notices. If you do NOT wish to receive email from Moody Middle, please reply to this email with 'UNSUBSCRIBE' in the subject line.*

## Making your summer plans yet?

### Think ... **Summer Learning!**



**Elementary:** July 9-26 9am-12pm

K to 1 Transition, Fine Arts, French Immersion, Integrated Studies, Montessori, Math, Reading & Writing, Coding (Info Tech), Science - Outdoor Focus: *Aspenwood, Bramblewood, Coquitlam River, Glen, Kilmer, Miller Park, Pinetree Way, Porter, Smiling Creek (New!).* **Registration starts April 26/19**

**Middle:** July 9-26 8:45am-11:45am

Art, Band, Creative Writing, Drama, Guitar, Home Ec/Culinary, Integrated Studies, Language Arts, Mathematics, Montessori, PE/Leadership, Coding (Info Tech), Science Grade 6/7 (Ecology/Outdoor Focus), Tech Ed: *Hillcrest, Kway, Scott Creek.* **Registration starts April 30/19**

**Secondary Skill Building:** July 9-26 8:30-11:30am & 12:00-3:00pm

English, English for School Success, Math, Band, Science, Fitness, Tech Ed, PE/Leadership: *Centennial, Gleneagle.* **Registration starts April 30/19**

**Secondary Remedial:** July 9-26 8:30-11:30am & 12:00-3:00pm

Grade 9/10 Math, English, Social Studies, Science. *Centennial.* **(Registration is by referral only, see your school counsellor for details).**

**Advanced (High School) Credit: Face-to-face & Online blended (Fast Track):**

July 3 - August 9 8:00-11:30am & 12:00-3:30pm

Gr 10, 11, and 12 courses in English, Mathematics & Sciences. EAL 10 & 11 courses, Career Life Education (Planning), Fitness & Conditioning 11/12, PE 10/11, Social Studies 10/11 *Centennial, Gleneagle.* **Registration starts May 3/19**

See our website for full info: [www.summerlearningcoquitlam.ca](http://www.summerlearningcoquitlam.ca)

- ⇒ **This summer all courses will align with the new BC revised curriculum**
- ⇒ **Tuition is free for BC residents (International fees apply otherwise)**
- ⇒ **All courses taught by BC Certified teachers**
- ⇒ **14 school locations throughout the Tri Cities. *New site this year: Smiling Creek Elementary***
- ⇒ **Opportunities for high school students to volunteer**



# ‘intheknow’

information + support

## “The Adolescent Brain: Some Key Things to Think About When It Comes to Understanding Young People”

### Join us for a Video Presentation

Adolescence is often a period of emotional ups-and-downs, behaviour and attitude changes, and making new friends as our kids grow from pre-teens into their twenties. This presentation focuses on understanding how the teen brain develops, changes that occur, and how parents can support healthy brain development and physical growth in kids.

### Topic Presenters:

**Dr. Stan Kutcher, Professor, Department of Psychiatry, Dalhousie University**

**Thursday, May 16<sup>th</sup>, 2019**  
**6:30pm – 8:30pm**

**Room 136 Coquitlam Public Library, City Centre Branch**  
**1169 Pinetree Way, Coquitlam**  
**(free parking on second floor of parkade)**

### FREE OF CHARGE

Please RSVP by email: [marlisse.mcrobie@familysmart.ca](mailto:marlisse.mcrobie@familysmart.ca)



‘intheknow’ provides expert speakers on topics important to families and/or to those working to support the mental health of children and youth.

Viewing is available:

Online at:  
[www.familysmart.ca/in-the-know](http://www.familysmart.ca/in-the-know)

In person at community sites:  
[www.familysmart.ca/events/](http://www.familysmart.ca/events/)

The in person viewing also provides an opportunity for supported conversations.