

Moody Matters

École Moody Middle School of the Arts  E-Bulletin - 25 January 2018

ÉMMSOTA Website

2017-2018 ÉCOLE MOODY MIDDLE SCHOOL CALENDAR

JANUARY

| | |
|----------|--|
| | Tuesdays & Thursdays – Twinderella (Spring Musical) rehearsals 3-4:30pm |
| | Fridays – Friends of Simon tutoring - 3-4:30pm |
| 18-Feb 8 | Thursdays - Ski & Snowboard Club (returning to Moody @ 9:15pm – <i>please do not block Bus parking area in front of school</i>) |
| 25 | LFI Online registration closes @ 4pm |
| 26 | Grade 8 Secondary Catchment School Tours |
| 26 | Sr. Band to PMSS for rehearsal – 8:30-11am |
| 26 | Pink shirt orders due to office or teacher |
| 29 | School based ProD – no classes for students |

FEBRUARY

| | |
|-------|---|
| | Tuesdays & Thursdays – Twinderella (Spring Musical) rehearsals 3-4:30pm |
| 1 | EAL students field trip to Pinetree Secondary |
| 5 | PMSS Info night for Grade 8 parents – 7pm |
| 7 | PMSS Counsellors @ Moody for Gr 8 presentation – 1:15 |
| 8 | Cross Catchment opens @ 9am – paper and online |
| 8 | PAC Treat Day |
| 9 | Schools not in session |
| 12 | BC Family Day – Schools not in session |
| 12-16 | RAC (Real acts of caring) week |
| 15 | Cross catchment closes @ 4:30pm |
| 19 | PAC Meeting – 6:30 in Library |
| 20 | PMSS Future Gr 9 IB registration night |
| 23 | District Pro D Day – Schools not in session |
| 27 | Sr. Band playing at PMSS Spring Concert (7pm) |
| 28 | Pink Shirt Day (Anti-Bullying Day) |

For a complete school calendar, please check [View All Events](#) on the school webpage

Hot Lunch Ordering is Now Open

For full details about our new PAC hot lunch program please follow this link to our PAC website: [PAC Hot Lunch program](#)

To order Hot Lunch, parents please use the link below to register an account (new users) or Login (returning users).

<https://munchalunch.com/schools/moodymiddleschool>



Grade 8 Students: Moving to Secondary School

Tomorrow, (Jan 26) all Grade 8 students will be participating in the secondary school tours in preparation for Grade 9.

Students touring PMSS will have bus transportation provided to and from the tour; they may be dismissed directly from the school with a note from a parent (please provide note to our office in the morning, before departure from Moody)

Students touring Charles Best and Heritage Woods will have bus transportation provided **to** the tour only, and must plan their return with parents. For those living close by, direct dismissal is possible, with a parent note (please provide note to our office in the morning, before departure from Moody)

Students touring Gleneagle, Pinetree, or Centennial will require parent, or public transportation to and from the high school.

We will have an early lunch break at 11:00 in order to eat something prior to the tour; many schools will provide a light lunch but it may not be enough for some students.

Students are to go to their catchment school tour unless other arrangements have been made with Ms. Armstrong. marmstrong@sd43.bc.ca

You can keep up to date on Moving to Secondary school on our EMMSOTA website under Publications in the folder called [Moving to Secondary School](#)

New School Construction



It's almost time! Yes even clocks are now installed. Beautiful woodwork in the multipurpose room shown here. We are still awaiting a move in date.

Ask Me About . . . ?

This is a weekly feature to help promote conversations at home between parents/guardians and their child. Our EMMSOTA learners are becoming experts about their own learning needs, styles and accomplishments. In order for each student to make progress with this understanding, we need our students to talk about their learning with others each day. Here is this week's question to ask your child: **Tell me about what kind of feedback helps you learn best?**

MOODY ATHLETICS

Winter sports at Moody Middle are now under way. Thank you to the many students who have signed up and are currently improving their skills and fitness. Each sport requires dedication to attending practice



regularly, for all students to try their best, and for each student athlete to demonstrate good team spirit as they represent our school.

- **Ski and Snowboard club's** second mountain trip is today and the club will continue until our final session on Feb 8.
- Wrestling practice now switches to Tuesday and Thursday after school. Wrestlers who are involved with the school theatre production must attend one wrestling practice per week. Mini meet dates will be posted soon.
- Basketball players of all grades have 2 opportunities to practice their skills. Tuesday at lunch will be for beginning level basketball players. Wednesday after school will be for advanced level basketball players. If enough players sign up, game dates will be scheduled.
- Soccer lunch time intramural will begin in early February.

Floor Hockey Classic this week

Tradition and a positive school culture that brings staff and students together. The staff prevailed to keep their undefeated streak alive.

PINK SHIRT DAY

Pink Shirt (Anti-Bullying) Day is Feb 28. We encourage students, staff and families to wear pink that day to show your support of Anti-Bullying! Any pink shirt works, but we also have SD43 shirts available to order.

Shirts are \$10 each – order forms are available in the office and must be turned in by NOON on Friday Jan 26. Our SD43 T-Shirts this year state 'Its Cool to be Kind' and come in Pink with black writing, or Black with pink writing.



STUDENT LEARNING SURVEY (Grade 7 Parents Only)

This month, we are starting the BC Ministry of Education Learning Survey (formerly known as the Satisfaction Survey). It is for our grade 7 students, their parents, and all school staff. It is unique in its scope, size and usefulness to schools and gathers information from parents, teachers and students on topics related to school environment, safety, and achievement. The Information is used for planning in individual schools and provides a district and provincial perspective. We

encourage parents to participate in this survey, as the results are important in identifying current strengths, as well as determining where the school needs to focus on improvements.

This year the survey can again be completed electronically using any computer with an Internet connection. To access the e-survey we would appreciate Gr. 7 parents clicking on the link below. To log in to the survey select District: 43 Coquitlam and then select Moody Middle as the school. **(Please scroll down to PARENTS Direct Access — bypass the area that asks for a logon number)** http://www.bced.gov.bc.ca/sat_survey/access.htm

You can also find a link to the learning survey on our website [Moody Middle School](#) under Quick Links. The survey should be completed this month. For more information, please contact Ms Jung at kjung@sd43.bc.ca. Thank you!

Yearbook 2017-18 – Still yearbooks available

We are well underway with the production on our new year book for 2017/2018. The yearbook can now be ordered for \$45. You can pay with cash or cheque or school cash online.

DRESS FOR THE WEATHER

Winter is here! Please ensure you send your children to school equipped for the outdoors. Outdoor recreation periods are often an important part of a student's physical activity and social time. Consequently, they may spend nut break, lunch or PE outside in all types of weather. Please send your children to school equipped with raincoats, hats and even extra shoes on rainy days, and warm hats, mitts, snow boots, warm coats as the weather gets colder. Students who are dry and warm are more likely to be comfortable and in the green zone, ready to learn.

Student Lunch Reminder

Students need to make sure they pack cutlery for their lunches as we do not supply forks/spoons at school.

Grade 6 Stay Active Program

Can be accessed on the SD43 public website on the following page:
<http://www.sd43.bc.ca/Pages/publications.aspx>

PAC NEWS

HOT LUNCH ORDERS DUE FRIDAY!

Click on the Munch-a-Lunch link on the ÉMMSOTA web-site to create your account and complete your order.

Website info: [Hot Lunch Program](#)

HOT LUNCH PROGRAM NEEDS YOU! Parent volunteers are needed to help with classroom distribution on Hot Lunch Days on **Fridays, February 2nd & 16th and March 2nd & 16th, 2018**. A Co-Chair for this program is also needed. If you are available to volunteer please contact Kara Crawford at kara_crawford@telus.net with your availability. The time commitment is about 1 hour from 11:30 to 12:30 on the Hot Lunch Days.

*If your child is away from school on a Hot Lunch Day, the lunch previously ordered will be available for pick-up in their classroom during lunch block. There will be no cancellations or refunds.

EMMSOTA PAC Facebook Page:

“Like” our page to receive updates on events, meetings and fundraising initiatives: <https://www.facebook.com/EMMSOTAPAC/>



PAC - Moody Middle/Thrifty Foods Fundraising Program:

- Do you occasionally shop at Thrifty’s? Please order a **Thrifty’s card** to help the PAC raise funds for fieldtrips. *See the attached order form on the last page of this edition of Moody Matters.*
- If you have any questions, please contact Heather Skipworth via email at skippys@shaw.ca or phone 604-461-6570. Order forms can be found at the following link: <..\PAC\2016-17\Moody Middle and Thrifty Foods Fundraising Program 2017-18.pdf>

Community News - [Publications - Community News](#)

- The City of Port Moody is offering a number of exciting programs, training and events for youth this winter. See our website for further information. [Moody Community Info](#)
- Place des Arts is offering some fun and exciting Spring Break programs – please see our website for information. [Place des Arts Spring Break Camps](#)

Making your summer plans yet?

Think ... *Summer Learning!*

Elementary: July 10-27 9am-12pm
K to 1 Transition, Fine Arts, French Immersion, Integrated Studies, Montessori, Math, Reading & Writing, Coding (Info Tech), Science - Outdoor Focus

Middle: July 10-27 8:45am-11:45am
Art, Band, Creative Writing, Drama, Home Ec/Culinary, Integrated Studies, Language Arts, Mathematics, Montessori, PE/Leadership, Coding (Info Tech), Science Grade 6/7 (Ecology/ Outdoor Focus), Tech Ed

Secondary Skill Building & Remedial: July 10-27 8:30-11:30am & 12:00-3:00pm
English, English for School Success, Math, Music, Science, Fitness, Tech Ed

Advanced (High School) Credit: Face-to-face & Online blended (Fast Track):
July 4 - August 10 8:00-11:30am & 12:00-3:30pm
Gr 10, 11, and 12 courses in English, Mathematics & Sciences. Canadian Studies 10, Career Life Education (Planning), Fitness & Conditioning 11/12, PE 10/11, Social Studies 10/11, Composition 11 & Communications 12

See our website for full info: www.summerlearningcoquitlam.ca

- ⇒ Tuition is free for BC residents (International fees apply otherwise)
- ⇒ 13 school locations throughout the Tri Cities
- ⇒ Registration opens in late April, create/update your account today

**SHARE
FAMILY & COMMUNITY SERVICES**

**SUBSTANCE USE SERVICES
EDUCATION SERIES - Winter 2018
A Free Group - Open to the Public**

SHARE Substance Use Services invites you to attend any or all of our Education Series. The program is open to everyone in the community. It offers important information for those who are struggling with substance misuse or are concerned about their use. It will also help those people affected by others' substance use. There is no cost for the group. Topics will vary from week to week as outlined below. The format consists of slide show presentation, video and discussion.

- Jan 26, 2018 - Use, misuse, abuse. Gain a better understanding of substance use.
- Feb. 1, 2018 - Medical aspects and effects of substance use: What happens to the body and mind under the influence.
- Feb. 8, 2018 - Substance Affected: How others' misuse of substances can affect us and how to support them.
- Feb. 15, 2018 - Alcohol: How dependence develops; intoxicated driving; and effects during pregnancy.
- Feb. 22, 2018 - Marijuana: A second-class addict?
- March 1, 2018 - Opioids: Fentanyl, heroin & other commonly used depressants - addiction, safety and recovery.
- March 8, 2018 - Stimulants: Cocaine, crystal meth & others - short term recovery and long term recovery.
- March 15, 2018 - Trauma & substance use: The relationship between trauma and substance use.
- March 22, 2018 - Anger: Understanding anger and learning how to respond to it more effectively.
- March 29, 2018 - Stress: Learning how to cope without using substances.
- April 5, 2018 - Relapse Prevention: The psychological, emotional and physical aspects of relapse and how to respond.
- April 12, 2018 - Mental illness: depression, anxiety and addiction. Understanding the links between mental illness and substance use.

When: Thursdays: 6:30 pm – 8:00pm
Where: 2nd Floor - 2615 Clarke Street, Port Moody
 For more information, please call 604-936-3900



©2018 - Education Services Unit, Winter 2018 Series

[SD43 Summer Learning](#)

Follow us on Twitter

Twitter name – @43moody

. . . school news, breaking stories, reminders, links, accomplishments, educational dialogue and another means of communication!



CstRob ([@CstRobD](#))

[1/18/18, 5:40 PM](#)

Looking forward to this event. Parents of [@sd43bc](#) please make sure to register. [@CityofPoMo](#)
[@cityofcoquitlam](#) [@PortMoodyPD](#) [@TriCityNews](#) [@ChiefFleugel](#) [twitter.com/dpac43/status/...](#)

[Download](#) the Twitter app



[School Website](#)
[PAC Website](#)
[District Website](#)



EMMSOTA / Moody Middle & Thrifty Foods Fundraising Program

The Moody Middle PAC is raising funds school field trips and to help offset these costs we have partnered with Thrifty Foods to take part in their Smile Card Program.

What is a Smile Card?

A Smile Card is just like a gift card with the added bonus of having 5% of the amount loaded onto the Smile Card donated back to Moody Middle. Smile Cards are available by ordering via the form below, once you receive the card you load it with any dollar amount you choose BEFORE you shop at Thrifty Foods. The card is reloadable so when funds are running low on the card just reload it and continue shopping, it's that easy!!

If you have any questions please email skippys@shaw.ca

2018 Smile Card Order Form

of Cards requested: _____

Contact Name & Email associated with the card (for tracking and contact purposes):

Name: _____ Email: _____

Student's Name: _____ Grade: _____ Teacher: _____

PAC / Office Use Only

Card #'s: _____
