The Current - Monty Middle Newsletter

Volume # 21 January 27th, 2014

CALENDAR OF EVENTS:

Monday,	Jan. 27 th	Term 3 Explorations Begin		
Worlday,	0dii. 27	School Planning Council (SPC) Mtg.: @ 9:15 in Seminar Rm.		
		Explorations: Term 3 Begins		
		Field Trip: Team Quadra walking to Skating @ 9:00 – 11:30		
		Athletics:		
		Gr. 7 Girls Bball Practice @ 7:30		
		Gr. 8 Girls Bball Practice @ 3:15 – 4:15		
		Wrestling Practice @ 3:15 – 4:15		
		Gr. 7 Boys Bball Practice @ 4:15 – 5:15		
Tuesday,	Jan. 28 th	Athletics:		
, ,		Gr. 8 Boys Bball Practice @ 7:30		
		Gr. 6 Boys & Girls Bball Practice @ 12:30 – 1:00 Lunch		
		Gr. 7 Boys and Girls District Bball Game Day – Girls @ Hillcrest		
		Boys @ Home		
Wednesday,	Jan. 29 th	Clubs: Me to We Leadership Team Mtg. @ 12:30		
		Athletics:		
		Gr. 8 Boys Bball Practice @ 7:30		
		Gr. 7 Girls Bball Practice @ 4:15 – 5:15		
		Gr. 8 Boys and Girls District Bball Game Day		
Thursday, Jan. 30 th		Transitions: Gr. 8 Centennial Bound Students teacher		
		recommended writing Gr. 9 Accelerated Math Exam @ 9:00 in		
		Rm. 205		
		Homework Club: ABEd Program @ 3:05 in Drama Rm.		
		Athletics:		
		Gr. 7 Boys Bball Practice @ 3:15 – 4:15		
		Wrestling Practice @ 3:15 – 4:15		
		District Wrestling Meets @ 3:30 – 4:30		
		Ski and Snowboard Session # 3 – weather dependent please		
	ot.	check the website for updates.		
Friday,	Jan. 31 st	Assembly: Gr 6 Admin Team Mtg. @ 1:15		
		Athletics:		
		Gr. 8 Girls Bball Practice @ 7:30		
	rd	Gr. 6 Boys & Girls Bball Practice @ 3:10 – 4:30		
Monday,	Feb. 3 rd	Student Government: Parliament Mtg. @ 2:00		
		Athletics:		
		Gr. 7 Girls Bball Practice @ 7:30		
		Gr. 8 Girls Bball Practice @ 3:15 – 4:15		
		Wrestling Practice @ 3:15 – 4:15		
Next Week Mar. 5	ob old Ctindont C	Gr. 7 Boys Bball Practice @ 4:15 – 5:15 ernment Mtg. @ 2:00: Wed. Feb. 5 th Farly Dismissal – Student Led		

Next Week: Mon. Feb. 3rd Student Government Mtg. @ 2:00; Wed. Feb. 5th Early Dismissal – Student Led Conferences beginning @ 2:00/ Wed. Feb 5th Centennial Gr. 8 Parent Night Information @ 7:00; Thurs. Feb. 6th Early Dismissal – Student Led Conferences beginning @ 2:00 Fri. Feb. 7th Admin Team Meets Team Skye Students @ 1:15

Two Weeks: Mon. Feb. 10th BC Family Holiday; Tues. Feb. 11th Team Quadra Field Trip to Centennial Play; Wed. Feb. 12th PAC Mtg. @ 7:00; Thurs. Feb. 13th Last Session for Ski and Snowboard Activity; Fri. Feb. 14th Multicultural Luncheon from 11:30 – 1:10

Montgomery Middle 1900 Edgewood Ave. Coquitlam, B.C. V3K 2Y1 Phone: 604-939-7367 Fax: 604-939-7930 Web: www.montymiddle.ca

Principal: Mr. Rob McFaul Vice-Principal: Ms. Dawn Holden

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McFaul's Chat and Chew: A Pro D Day Review

What happens for teachers on a Professional Development Day at school with no students around? There are great misconceptions that abound; in some minds that we sit inside and mark all day or that we do our own thing with no connection to one another or our school goals. Both are wild and untrue so let me help break the Pro D Day mystery down for you.

We organize our days throughout the year to be balanced for families and proactive and reflective for our school focus and planning of events. So far this year we have had our September session which is proactively laying out our school vision and aligning our goals with classroom practice. The October one is deemed to be a Provincial focus day; whereby, staff had a wide range of activities to personally explore by attending major conferences with folks from other school districts or work in partnerships with staff from in district schools. This past Friday our staff continued their in depth exploration and learning journey on our Social Emotional Learning (S.E.L.) Goal, in which we have done many activities and put into practice many strategies but all needed to be connected under a larger umbrella of building school culture and guiding student climate.

We had an instructor from the John Humphrey Centre for Peace and Human Rights lead us through several activities that challenged us to connect our work in Rights Respecting School activities, our work in the five competencies of our S.E.L. Goal and cross connections to Ecological Systems Theory. For a short 6 minute video on Ecological Systems Theory check out the following link: html#lesson

The focus was on understanding how the interactions with ourselves, each other and the environment make us behave differently when we compare our behavior in the presence of our family and our behavior when we are in school or at work. We also worked with 5 visiting teachers from the Edmonton School District as they too were on a similar journey with their school focus on understanding the rights and responsibilities of all people in their working environment through real life experiences. The group work was rich in dialogue, messy with creative ideas and connections on chart paper, thought provoking on our different methodologies and full of flavor from the diverse cultural differences in our communities and educational structures.

Our afternoon was concentrated on deepening our understanding and commitment to learning more about supporting our work in our Community Circles groups. We worked with a district staff member from our Aboriginal Education Department who challenged us to see the wider perspectives and the extended cultural connections of how circles are used in a broader context throughout many world cultures and family structures. He created a model and conversation that challenged us to explore our individual work in our circles and shared the ideas of celebration, honour, respect and developing the strength in each student to share their story. We discussed the use of circles for learning about our differences and similarities along with restorative practices that we all can do to ensure that behavioural errors are illuminated and respectful interactions are restored.

Our student government representatives also had a chance to participate on Thursday with our instructors and visiting educators from Alberta as they worked through brainstorming , sharing sessions and action planning initiatives to help them feel more connected to and understanding of the complexities of our SEL Goal and our work in Community Circles. Our Alberta visitors were very impressed with our students determined work efforts, the quality of their insights into our school culture and their honesty in expressing their concerns and wishes for change.

The opportunity to have educators come to observe, dialogue and reflect upon our work and discuss challenges common to our school environments is a very productive use of time and resources as we analyze our work, our achievements and our journey so far with an inwards and outwards critical eye of review.

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Culture Beat: Events and Activities.

Community Change Session #1 – To help ensure an articulated connection the Monty Staff will be hosting a parent education session **on Monday Feb. 17**th @ **7:00** to discuss and engage conversation on our Social Emotional Learning Goal and our work with our Community Circles Groups. This is a great opportunity to delve into the purpose of our goal focus and to explore the successes and challenges that our school faces with school culture and school climate as it relates to school safety and staff student relationships.

We encourage you to seriously consider your gift of time on this evening as we can only improve our school through the open and honest dialogue that can be provided by you. Our students are faced with a growing disconnect between the significant adults in their world and the mass hype around use of technology for communication purposes. We need to explore how the child, the school and the home can enhance and strengthen the face to face communication skills needed for better understanding of their feelings, their emotions and their academic pursuits. Please mark your calendars and come join us for an evening of social emotional learning for all.

Gr. 8 Articulation to Secondary School – Thanks to all of our students and parents who helped ensure that our Gr. 8 students attended their Catchment School Tour last Friday. Those students who are planning to submit Cross Catchment Applications will have further opportunities to contact their school once they are accepted by that school. Further transition supports and articulations can and will take place for all students once the Cross Catchment Application process is completed and numbers are finalized.

Most of our students know exactly what school they will be attending and they will over the next few weeks begin course selection information sessions with counsellors from the nearby feeder highs schools. For those students that are attending other district high schools we will be supporting them with the course selection documentation and helping them review their course options as they will not have one to one time with the counselling team from the many secondary schools.

Please note some of the key dates below:

COURSE SELECTION & PROGRAMMING

Charles Best - Counsellors Presentation – Tues Jan 14th - Course selection forms due to Ms. Carruthers by Tues. January 28th

Centennial - Counsellors presented last Wednesday and course selections forms went home for parental discussion and will be due back to Ms. Carruthers by - Wed. February 12th

Port Moody Secondary - Counsellors come in to discuss course selection – Thurs. February 13th @ 1:10pm and PMSS course selection forms are due Ms. Carruthers by – Thurs. February 27th

X- Catchment/ Boundary Information — Please see the embedded link below to learn more about the dates and schedule for Cross Catchment Applications.

Cross Catchment Process

DISTRICT SECONDARY SCHOOLS

Programs of Choice, Advanced Placement (AP) & Other Specialty Courses 2013-2014 are detailed and wide ranging. For more information on all the possible course opportunities for secondary school settings and programs extending into the senior years of Gr. 10/11/12 we encourage all parents to access the following website for further explorations of choices.

http://www.sd43.bc.ca/Programs/Pages/default.aspx

Phone: 604-939-7367 Fax: 604-939-7930 Web: www.montymiddle.ca
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Multicultural Luncheon Friday February 14th – We are setting up plans for our Multicultural Luncheon that will involve all members of our community as we look to celebrate the heritage and ethnic diversity that exists within our own community. Last Friday an email notice was sent home with details about how you can support our Multicultural Luncheon. We will follow up this notice with a form for completion by you indicating what donated food item you would like to contribute and if possible share your gift of time. We are looking for parent volunteers to help on the date of Friday Feb. 14th at 9:00 am to begin our day by helping set up our creative food dispersal process. The key points of the day are:

- 1. Every student will bring and help create a special food item that is significant to their family and their family's heritage cultural background.
- 2. These food items must be pre-cooked and portable, require no refrigeration or heating as space is limited in our school cooking areas. Items must in a state of being ready to serve. Finger foods, dessert in slices, pieces of main course items, everything in small sizes is best.
- 3. All food items and serving trays, serving utensils to be brought in containers marked with student name and or best with disposable containers.
- 4. Small financial contributions of \$5.00 \$10.00 can also work as this will allow us to purchase items from our local restaurants. For some families this might also be a huge time saver.
- 5. Each food item will have an attached card sent home in last week's letter, to be completed by the parent explaining: food item name, key ingredients, possible food allergens salt/ wheat/ dairy/ meat/shellfish, country of origin This information will be displayed in front of the dish and it will help the adults to organize food items in to food safe zones.
- 6. Students will bring with them their own reusable plate, cup, bowl, utensils so we will not add to environmental waste with paper plates and plastic utensils. These items should arrive in a plastic bag and return home to you on a plastic bag to be cleaned and reduce mess in their backpacks.
- 7. Leading up to this event each students will be asked to identify their key countries of their heritage/ ethnic background and they will be provided with a paper template to produce a replica of their own flag or flags representing their family history.
- 8. We need **PARENT VOLUNTEERS** to be available at points in time from the hours of 9:00 1:00. If you can provide the gift of time for an hour within that time frame to help with the initial set up and to support in the final clean up then your time would be greatly appreciated. **We need to rely on the strength of our community to help in this complex but worthy endeavour. If you can volunteer please return the information on the letter form coming home this week stating your times for support or simply just phone 604-939-7367or email: 084-Office@sd43.bc.ca the office to connect and support our luncheon.**

We look forward to a cornucopia of food times to experience and enjoy sharing a meal with our whole community

Student Led Conferences – Each team has two days of Student Led Conferences and for one day each set of teachers will have an extended day in order to accommodate the times of parents. In the next week your child will be bringing home their SLC Time Selection Form please ensure that your child return it to their advisory teacher to secure a pre-scheduled time for your conference. For all students we look forward to seeing you in your conferences sharing and dialoguing with parents about your successes and your challenges as we prepare for the final five months for this year.

Foundation Skills Assessment (FSA) for Gr. 7 Students - We have begun our work with our Gr. 7 students on the Foundational Skills Assessment that will be happening over the next few weeks. One cannot study for these assessments as it is meant to be a current snapshot of what your child is capable of doing in the three domains of reading, writing and numeracy. For more information please see the letter from our Superintendent, Mr. Tom Grant posted on our website under publications. All students are expected to write the FSA, however there are exemptions identified by the Ministry.

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If you have any concerns and questions please feel free to contact your child's classroom teacher, Mr. McFaul or Ms. Holden for further support.

Congratulations to Canadian Open Math Challenge Students – The following students participated in the Sun Life Financial Canadian Open Mathematics Challenge in partnership with the University of British Columbia. Each student received a certificate of participation for their efforts. We would like to thank these students for their work and efforts: Yohan Armstrong, David Bechert, Calvin Choi, Kevin Liang, Scott U, Ryan Yeung and Kevin Zou.

Satisfaction Surveys - Each year, the Ministry of Education asks that all grade seven students complete a satisfaction survey. There is also an opportunity for parents to take the 5-10 minutes necessary to complete the online satisfaction survey. While we have plenty of time to complete these surveys (the deadline is March 31st), we will be sending information home to parents in the near future (with individualized passwords – required in order to take part). Completion of this survey is voluntary for parents.

Ski and Snowboard Club Info – We were able to get our first session in last Thursday and the skies were clear and there was enough snow combo ice to accommodate the snowboarders and skiers on the slopes. We keep our fingers crossed for more good luck and some snowfall over the next few days to help build on the base for all of our mountain athletes Please check our website and ask you child to be listening to the daily announcements for any new changes in our weather situation. For more information please contact Mrs. Sheila Hutchinson for cost and details at: shutchinson@sd43.bc.ca

School Closure in the Event of Extreme Weather

in the event of neavy show, ice of extreme temperatures, a decision on school closures will take place as soon
possible after 6:00 a.m. that day.
\square Check the district website at www.sd43.bc.ca beginning shortly after 6:00 a.m.
□ Be sure to hit Refresh when checking back
\Box The district website posting is official – there is no need to call the school or the Board office after viewing
□ Tune in to CKWX 1130 AM, CKNW 980 AM or CBC 690 AM for updates

PAC News and Events: Our Next PAC Mtg. is on Wed. Feb. 12th @ 7:00

Thrifty's Smile Card Fundraising - Montgomery PAC has received approval for this year's Smile Card Fund Raising. All pre-existing cards are ready to load for this school year. 5% of \$\$ loaded at any Thrifty Foods will be paid to Montgomery Middle PAC.

Cards can be obtained by e-mailing Elaine at equereng@hotmail.com. Ordered cards will be left at the office for pick-up.

Community News:

Please see the following list of community events.

Spring Break LegoMation Classic camp.

The date for the camp is March 17-21. You can find all the information concerning the camp on our site: http://mediafinearts.com/legomation_classic.html

We will only be running the one camp at Spring Break, and, with the new Lego Movie coming out, we do expect to sell out quickly. So don't wait too long to register.

We will also be running our full camp program this summer

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Coquitlam Parks and Recreation Programs: Poirier Rec Centre: Art Drawing (11 – 14 Years)

<u>Date:</u> Feb 20 –Mar 13 <u>Time:</u> 6:30-7:30 pm <u>Barcode:</u> 446570 Cost: \$20.80

<u>Description:</u> - Explore the various methods and techniques of drawing using different tools and materials each week. No prior experience needed.

Tennis (10-14 yrs.)

<u>Date:</u> Feb 16 – Mar 09 <u>Time:</u> 1:20 – 2:20 pm <u>Barcode:</u> 447626 Cost: \$20.80

<u>Description:</u> Have a ball learning fundamental tennis skills and develop self-confidence by playing games.

School District No. 43 Safe Schools Task Force
An invitation to the School District Community
Tuesday Feb. 4th from 7-9 pm
Coquitlam Alliance Church, 2601 Spuraway Ave, Coquitlam, B.C.
Parenting our Kids in the 21st Century
Presented by Kevin Cameron

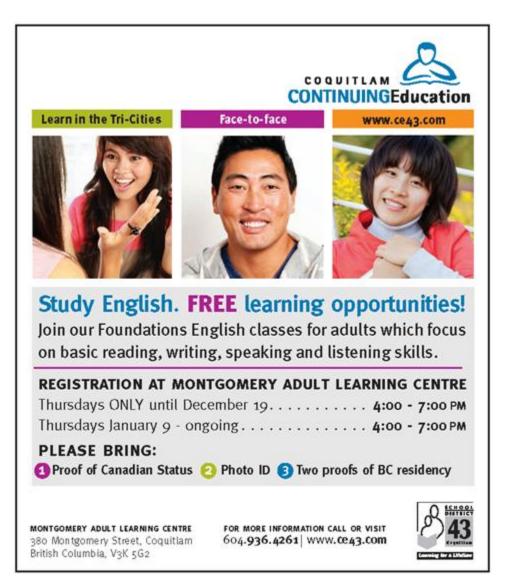
Director: Canadian Center for Threat Assessment and Trauma Response The 2nd of a Three Series Event sponsored by The Ministry of Education, School District No. 43 and the partner groups listed below.

Peer dynamics, school dynamics, and broader social dynamics can have a tremendous influence on our children and youth and the greatest evolving force of all is the role of technology from texting, social networking (Facebook, Twitter, Instagram, Snapchat) and the Internet in its totality.

The factors that can negatively influence child and adolescent behaviours are far more prevalent now than when most parents were children themselves. The strategies to manage those risk factors have not necessarily changed; we just need to do more of it.

This presentation will look at some of the common and evolving problems faced by children, families and schools in this generation, and strategies used to deal with some of North America's most complex cases from high profile suicides and violent incidents to the quiet personal tragedies known only by those who have endured them.

Please plan to attend at this event at the Coquitlam Alliance Church, 2601 Spuraway Ave, Coquitlam, B.C. Seating is limited to 700.



KidSport Tri-Cities Spring Used Equipment Sale

KidSport Tri-Cities is holding their much anticipated Annual **Spring Used Sporting Goods Sale, Presented by Westminster Savings:**

Saturday, March 8th, from 10am until 1pm Riverside Secondary School, 2215 Reeve Street, Port Coquitlam Admission is by donation or item for the Food Bank

If you or your family is in to sports, we will save you money! A huge variety of High Quality used sporting goods at incredible prices. Everything from bikes and hockey gear to fitness equipment and wetsuits and everything in between. You can outfit a child for hockey (including skates and a helmet) for \$100. Lacrosse (including a stick and helmet) for \$90. Plus, there's no tax. Please note that we only accept cash. All proceeds go to subsidize registration fees for kids from lower income families. YOU DON'T WANT TO MISS THIS SALE!

To make this event a huge success KidSport needs equipment! Families are encouraged to donate and drop off their used sporting goods of any kind from February 26 - March 7 at the following locations:

Port Coquitlam Rec Centre
Port Moody Rec Centre
Poirier Sport and Leisure Complex
Riverside Secondary
Thriftopolis - D-2579 Lougheed Hwy, Port Coquitlam

If you have used equipment taking up space in your garage or basement, this is a great opportunity to free up some space, donate the equipment (including bikes) and make a great contribution to our community. Please remember to also come by the sale for some amazing deals

FOR MORE INFORMATION, CONTACT:

Chris Wilson, KidSport Tri-Cities

Phone: 604-341-0241

Email: cwilson630@gmail.com www.kidsporttricities.ca



TRI-CITY NEWS











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Cardio Kickboxing for Men, Women, and Teens



Brazilian Jiu-jitsu Programs for Kids, Teens, and Adults

www.CoquitlamMartialArts.com





CQMA Full Class Schedule

Effective January 1st, 2014

Monday Tuesday Wednesday Thursday Friday Saturday Sunday

11:00-12:00 Adult Cardio Kickboxing		11:00-12:00 Adult Cardio Kickboxing		11:00-12:00 Adult Cardio Kickboxing		ı
12:30-2:00 Adult MMA Team Training	12:30-2:00 Adult MMA Team Training	12:30-2:00 Adult MMA Team Training	12:30-2:00 Adult MMA Team Training			ı
3:30-4:00 Pre School Age 3-6 Wht+		3:30-4:00 Pre School Age 3-6 Wht+			11:00-12:00 Adult Cardio Kickboxing	i
4:00-5:00 Youth 7-12 Wht-Yel		4:00-5:00 Youth 7-12 Wht-Yel			12:00-1:30 Adult Judo	ı
5:00-6:00 Youth 7-12 Orange+	5:00-6:00 Teen 13-16 BJJ White+	5:00-6:00 Youth 7-12 Orange+	5:00-6:00 Teen 13-16 BJJ White+		1:30-3:00 Adult BJJ Open Roll	ı
6:00-7:00 Adult Cardio Kickboxing	6:00-7:00 Adult Cardio Kickboxing	6:00-7:00 Adult Cardio Kickboxing	6:00-7:00 Adult Cardio Kickboxing	6:00-7:00 Adult Cardio Kickboxing		i
7:00-8:00 Adult Stand up White+	7:00-8:00 Adult BJJ White+	7:00-8:00 Adult Stand up White+	7:00-8:00 Adult BJJ White+	7:00-8:00 Adult Rolling & Sparring		
8:00-9:00 Adult Stand Up Orange+	8:00-9:00 Adult BJJ Blue+	8:00-9:00 Adult Stand Up Orange+	8:00-9:00 Adult BJJ Blue+	8:00-9:00 Adult Rolling & Sparring		



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