

The Current - Monty Middle Newsletter

Volume # 5 September 30th 2013

CALENDAR OF EVENTS:

Monday,	Sept. 30 th	Registration for South Coquitlam Community Hub After School Programs Begins – Program Brochure sent home today Field Trip: Team Quadra travels to the Aquarium Yearbook sales available online on the Monty homepage Athletics: 7:30 – 8:30 – Gr. 7 Girls Vball Practice 3:15 – 4:15 – Gr. 8 Girls Vball Practice and Girls Field Hockey @ Maillard 3:50 – 4:50 – Swimming @ Eagle Ridge Pool 4:15 – 5:15 - Gr. 7 Boys Vball Practice
Tuesday,	Oct. 1 st	Gr. 6 Immunization Catch - Up Day Athletics: 7:30 – 8:30 – Gr. 8 Boys Vball Practice 3:30 – 4:30 – Gr. 7 Boys and Girls Game Day Home and Away
Wednesday,	Oct. 2 nd	Field Trip: Team Sicily to Cliffhanger facility @ 11:30 Athletics: 7:30 – 8:30 – Gr. 8 Boys Vball Practice 3:30 – 4:30 – Gr. 8 Girls and Boys Game Day Home and Away 3:15 – 4:15 – Girls Field Hockey Practice @ Maillard 3:50 – 4:50 – Swimming @ Eagle Ridge Pool
Thursday,	Oct. 3 rd	Safety: Whole school practice for a Lockdown Drill @ 2:00 Athletics: 7:30 – 8:30 – Gr. 7 Girls Vball Practice 3:15 – 4:15 – Gr. 6 Boys and Girls Vball Practice 3:30 – 4:30 – X- Country Running Meet Days
Friday,	Oct. 4 th	Field Trip: Team Hokkaido to Zone Bowling @ 11:30 Admin Assembly: Gr. 8's meet with Admin Team @ 1:15 Athletics: 7:30 – 8:30 – Gr. 8 Girls Vball Practice Lunch – Gr. 6 Girls and Boys Vball Practice 3:15 – 4:15 – Gr. 7 Boys Vball Practice 3:30 – 4:30 – Girls Field Hockey Game Day @ Maillard Away District Swim Meet @ Coquitlam Aquatic Centre – 3:00 -7:00
Monday,	Oct. 7 th	Provincial Walk to School Week Registration for South Coquitlam Community Hub After School Programs continues until Thurs. Oct. 10th
Next Week: Mon. Oct. 7 th – Fri Oct. 4 th Prov. Walk to School Week; Tues. Oct.8th @ 3:15 Gr. 6 Go Girls Program Session # 1 with Big Sisters Org.; Fri. Oct 11 th Gr. 7's meet with Admin Team @ 1:15 Two Weeks: Mon. Oct. 14 th Thanksgiving Holiday; Tues. Oct. 15 th Individual Photo Retake Day; Wed. Oct. 16 th Oct. Pac Mtg. @ 7:00; Thurs. Oct. 17 th Monty Dog Show @ 3:30- 5:00 in gym; Fri. Oct. 18 th Me to We Day at Rogers Arena for lucky members		

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McFaul's Chat and Chew: Growing Up Loud

Our students today live in a world foreign to many of us as we reflect back upon our Gr. 6/7//8 experiences. Many students today have access to Smartphones and have lived in a world whereby instant messaging truly does need to be in an instant and not any longer or else impatience grows. We as adults and parents have moved through the growing pains of technology with dial up internet access and its associated sounds. We lived through Napster and peer to peer downloading before there was any social networking structures like Facebook, Instagram, Twitter or Snapchat among others proliferating the social media scene. This rapid growth in social networking and online downloading has been termed “Growing Up Loud” on social media by a U.B.C. professor named Alfred Hermida. For much of this generation the youthful teen’s real time information and social interaction is a byte-sized affair in a digital and largely online world, where living out loud in present tense is what constitutes living. Passing thoughts, activities and even meaningful expressions are performed in 140 characters or less, on mobile phone text messages or Twitter. Friends click “like” to show support for their friend’s new haircut or to acknowledge the meal that they selected at a restaurant and they took a picture to show their friends. This world of living out loud has changed our views of privacy and friendship. Privacy is now a profile setting on their social media accounts. As a 53 year old dinosaur, my true friends number as a handful whereas, this teen generation view their friends in the thousands. Hence the dilemma is presented, because how can we truly count as friends people that we have not spent time with in a one-to one conversation, how can we think that we can share private photos called “selfies” with someone who has not shared in my emotional highs and lows of talking about who I think is meaningful to me, how can we call one person a friend one minute and then in one second tag a “like” onto someone else’s disrespectful comment about that same person for all to see. This presents a challenge for all of our community to help the old and the new build connections to each other that allows all to learn how to live out loud by sharing their experiences and knowledge. By allowing all to unpack the social norms behind the messages and discuss the meanings of loyalty, kindness, modesty, respect, tolerance, self-discipline, compassion, courage, detachment, forgiveness, generosity and honesty. These are the words that need to be taught louder than the internet memes and text messaging idioms that propagate our kid’s language. Why, because the previous list of words are the keys to defining a person and we all want to be described out loud in a positive and purposeful manner. Help your kids with their Smartphone etiquette, help them determine how loud they live their lives because remember you are the one who pays the phone bill.

Culture Beat: Events and Activities.

Spirit Week Review – This past week we had many students dressed in spirit wear from pajama day costumes to twin look-a-likes and to your favourite sports hero or life champion. We had kids bobbing for Oreo cookies in bowls of milk, propelling sunflower seeds with their powerful lungs and shooting hoops in the most awkward backward style. All of these were in the name of community spirit and our kids displayed great energy, enthusiasm and purposefulness in their actions and dress up wear. We would like to thank Mr. Nordby, our

Intramural Coordinator, and his team of Sport Council volunteers for their creative support and gift of time during our lunch hours in setting up these activities.

Athletic Schedules – We have the Fall Sports schedule of practices and games listed in our above weekly calendar. Each athlete will be bringing home a specific schedule for their age and sport group.

We always need drivers so if you have submitted your ICBC driver abstract and your parent volunteer form then we truly appreciate your support and commitment to helping us get our athletes to the venues on time for their games. Coaches will be in contact to ask for your help when rides are needed. These schedules can change quickly due to unforeseen circumstances so please have your child check with their coaches for last minute changes.

Coquitlam South Community Hub After School Programs – We will be sending home today a hard copy of the After School Program. You can also access the registration information through our school website. The courses and registration process will be outlined and you will have the opportunity to register for these programs on line. All of these after school programs are housed at Monty Middle; however, they do not involve District #43 teaching staff as they are community members who are presenting and offering various workshops, clubs and activities for your child to participate in that are meaningful fun and educational. Program Registration begins on Sept. 30th and goes until Oct. 10th.

Programs begin the week of Oct. 15th and go until Dec. 9th which will be the last day of programs.

For more information please contact.

Paul Dondo

Community Hub Coordinator South Coquitlam

Cell: 778.229.9273

pdondo@sd43.bc.ca<<mailto:pdondo@sd43.bc.ca>

Follow the South Coquitlam Hub on Twitter https://twitter.com/S_Cog_Comm_Hub

Go Girls Program with Big Sisters Organization – Once again Monty is offering a very worthy workshop for young girls right in our school for after school sessions through our connection with The Big Sisters of the Lower Mainland. The program is best defined as:

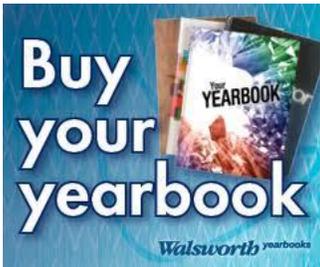
Go Girls! Healthy Bodies, Healthy Minds is a group mentoring program for girls ages 11-14 that focuses on physical activity, balanced eating and self-esteem. The most important goal of the program is to positively shape the lives of girls by helping them build a positive self-image – setting them on a path to reach their full potential.

Go Girls! consists of 8 weekly sessions that are facilitated by volunteer mentors (ages 19-25) and held after school at our partner schools (in Burnaby and Coquitlam). Each two hour session is structured around themes of: physical activity, healthy eating, self-esteem, and communication skills.

For more information please contact our school Youth Worker: Mrs. Tamara Davis @ Ph # 604-939-7367

Email tdavis@sd43.bc.ca or School Counsellor: Ms. Megan Carruthers, @ Ph # 604-939-7367

Email mcarruthers@sd43.bc.ca



The Yearbook Early Bird gets the Best Price & FREE Name Customized on the Cover!

Buy your Monty Yearbook *now* and get it for the early bird special **REDUCED PRICE** of **\$42.00!** That's a *hardcover* yearbook stuffed full of 80+, *full colour* pages of fun Monty memories of you and all your friends. And if you buy *now* until **OCTOBER 16**, your name will be custom printed **on the front cover for FREE!**

You can *buy* your yearbook *online* this year! Just go to our Monty Homepage and find the Jostens Yearbook link and follow it to *buy now* to get the *reduced and customized cover*- but only *until October 16, 2013*. You can also **cheque or cash for \$42.00*** to the office to take advantage of this bird special price and customized cover.



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online

You can also add other features to your yearbook this year, either or at the office. The additional cost for each add-on feature is listed below:

- | | |
|---|-----|
| 1) Icons (stamped on front cover- up to 4) | \$4 |
| 2) 8 extra signing pages | \$3 |
| 3) Plastic photo pocket | \$3 |
| 4) Protective cover (note: our book is hardcover) | \$3 |

After October 16, until December 21 the price will go up to \$45.00 (no free customized name on the cover). After December 21, yearbooks can be purchased for the **full price of \$50.00**.

*Buy your yearbook online or cash/cheque and get the **lowest price of \$42.00** and your name custom printed on the cover! But only **until October 16, 2013!***

**Please make cheques payable to Monty Middle. Please account for additional features in the total.*



PAC News and Events: Our Next PAC Mtg. is on Wednesday Oct. 16th @ 7:00 – We would like to thank our PAC President Mrs. Dalene Schulz for continuing on in her volunteer role to help transition our new PAC Executive Members into their new roles for this year. Please check the Monty website under Parents and PAC Info for further ways to get involved and offer your support to our school community.

Community News:

Please see the following list of community events.

HARVEST MOON

An evening hosted by the Aboriginal Education Department – Coquitlam #43. Please bring non perishable food items to benefit

Share Family and Community Services.

Friday, October 18, 2013 Location:

Kwayhquitlum Middle School

Doors open 4:30

Buffet Dinner Cost: Free - 5:00 – 6:30pm

Lisa Shepherd

Metis Jigger – 6:30 – 7:30pm

Audience participation

- *Free child care during evening*
- *Activities/Crafts for children*



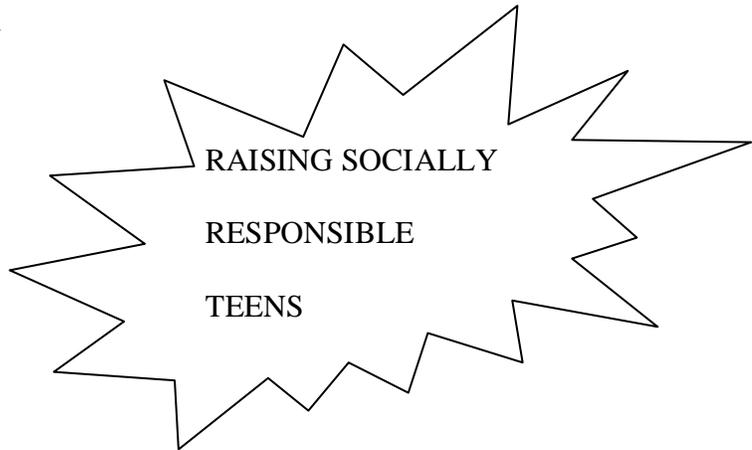
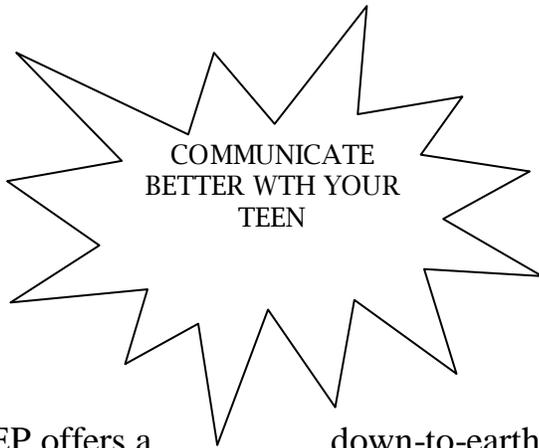
Please RSVP by October 14, 2013 Tel: 604-945-7386 or email Jprince-wright@sd43.bc.ca at the Ab Ed Department



Fine Tune Your Parenting Skills With

STEPS TO EFFECTIVE PARENTING

For Parents of teens... ages 11 - 17



STEP offers a down-to-earth and practical way to meet the challenges of raising teenagers today. It's a group discussion program that paves the way to improved parent-teen relationships; more responsible teenage behaviour in home, school and community; and teenage self-esteem and self-reliance.

Place: Pinetree Secondary School

Time: 7p.m. – 9p.m.

Dates: Thurs. Oct. 17, 24, 31, Nov. 7, 14, 21, 28 and Dec. 5, 2013

[this is an eight week program]

Facilitated by: Marilyn Abram Itinerant Youth Worker

To register: E-mail: mabram@sd43.bc.ca [preferred]

Phone: 604-230-1563

Register by October 7th, 2013

The only cost is \$20.00 for the parent workbook!

Welcome To Coquitlam Open House

Join us for our third Welcome to Coquitlam Open House hosted by the City of Coquitlam.

This event will give residents information about programs and services provided by the City; including recreation and volunteer opportunities, as well as local government job information.

Find out your responsibilities as a home owner or resident of Coquitlam, meet our Council members, ask questions and learn how local government works.

Date: October 2, 2013

Time: 2:00 p.m. – 8:30 p.m.

Location: Coquitlam City Hall, 3000 Guildford Way, Coquitlam

<http://www.coquitlam.ca/city-hall/city-government/new-residents.aspx>

KIDS & TEENS COMEDY IMPROV - Fall 2013

Wednesdays, October 9th - December 11th, 2013

At Second Storey Theatre (201-2550 Shaughnessy Street, PoCo)

*The Kids & Teen Comedy Improv Classes are challenging and fun for students of all experience levels. Learn how to react quickly on your feet and learn what it takes to be a comedy improv performer. Students get to learn new and classic improv games and how to create characters, environments and stories on the spot. Build confidence, trust and listening skills in a safe and supportive environment. All classes end with a final performance for friends and family.
Program Director/Instructor: Jennifer Pielak (jenniferpielak@gmail.com)*

Register now online at: www.SSTimprov.com

KIDS CLASS (8-12 years)

Wednesdays, Oct. 9-Dec. 11, 4-5:30pm | \$110 (10 classes)

“Try It Out” Kids Class

Wed, October 9th, 4-5:30pm

Cost: \$12

TEENS CLASS (13-16 years)

Wednesdays, Oct. 9-Dec. 11, 5:45-7:15pm | \$110 (10 classes)

“Try It Out” Teens Class

Wed, October 9th, 5:45-7:15pm

Cost: \$12



Fall 2013
REGISTER NOW
at

www.SSTimprov.com

COMEDY IMPROV CLASSES

The Kids & Teen Comedy Improv Classes are challenging and fun for students of all experience levels. Expand your creativity, quick thinking and comedic timing. Learn new and classic improv games, create memorable characters, tell jokes and stories on the spot, and learn how to collaborate with a group of silly people in improvised scenes. Build confidence, trust and listening skills in a safe and supportive environment. All classes end with a final performance for friends and family.

KIDS Wednesdays, 4-5:30pm
Oct. 9th-Dec. 11th
Cost: \$110 (10 Classes)

TEENS Wednesdays, 5:45-7:15pm
Oct. 9th-Dec. 11th
Cost: \$110 (10 Classes)



Curious?

Take a "Try It Out" Class on Oct. 9th for \$12.
Grab a spot online at www.SSTimprov.com.



Jennifer Pielak
Program Director & Instructor

Jennifer Pielak has her BA in Psychology and Philosophy from UBC and has trained as an improviser, actor and singer in Vancouver and Chicago. She also regularly performs comedy and musical improv as part of the main stage cast at Second Storey Theatre, at the Vancouver TheatreSports Rookie League, and with groups Off Key and The Fictionals Comedy Co. She recently co-wrote, starred and produced *Connected: The Musical* at Pacific Theatre. She is excited to be a part of the Vancouver web-series scene and can be spotted in *The Henry Beck Chronicles*, *Clients From Hell* and *The Actress Diaries*. In addition to performing live and working in the TV & Film industry, she regularly directs and coaches comedy and musical improv to people of all ages. She has been teaching for 8 years and loves to share her knowledge and passion for the performing arts!



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Principal: Mr. Rob McFaul Vice-Principal: Ms. Dawn Holden
