

The Current - Monty Middle Newsletter

Volume # 13 November 25th 2013

CALENDAR OF EVENTS:

Monday,	Nov. 25 th	Kids Christmas Market Donations Accepted at Main Office Xmas Hamper Collection: SHARE 12 Days of Xmas – Collecting Food Stuff Items for the Food Bank Project Angel – Toy Gift Donation Field Trip: Team Sicily – Catching Fire Movie Community HUB Programs: Science Alive @ 3:10 - 4:10
Tuesday,	Nov. 26 th	Kids Christmas Market Donations Accepted at Main Office Xmas Hamper Collection: SHARE 12 Days of Xmas – Collecting personal hygiene/ beauty products Project Angel – Toy Gift Donation Go Girls Session # 8 with Big Sisters at 3:15 Community HUB Programs: Fitness Yoga for Young Ladies
Wednesday,	Nov. 27 th	Kids Christmas Market Donations Accepted at Main Office Xmas Hamper Collection: SHARE 12 Days of Xmas – Collecting dimes for SHARE Project Angel – Toy Gift Donation Clubs: Me to We Leadership Team Mtg. @ 12:30 rm. 229 Community HUB Programs: Learning Guitar @ 3:10 -4:10
Thursday,	Nov.28 th	Kids Christmas Market Donations Accepted at Main Office Xmas Hamper Collection: SHARE 12 Days of Xmas – Collecting Basics for Babies – any baby supplies Project Angel – Toy Gift Donation Admin Assembly: Team Hokkaido @ 1:15
Friday,	Nov. 29 th	Deadline for Monty Spirit Wear Orders – see notes below Blue and White Friday with Kids Christmas Market Sales – bring your Loonies and Toonies to go shopping Xmas Hamper Collection: SHARE 12 Days of Xmas – Collecting new pairs of socks for donation Project Angel – Toy Gift Donation Community Circles: @ 11:40 – school wide
Monday,	Dec. 2 nd	Xmas Hamper Collection: SHARE 12 Days of Xmas – Collecting pairs of gloves for donation Project Angel – Toy Gift Donation Student Government: Mtg. @ 2:00 in Band Rm. Community HUB Programs: Science Alive @ 3:10 - 4:10
Next Week: Thurs. Dec. 5 th Team Skye Admin Assembly@ 1:15 in Gym; Fri. Dec. 6 th Montessori Program Commitment Letter goes home		
Two Weeks: Tues. Dec. 10 th Team Skye Field Trip to Britannia Mines; Thurs. Dec. 12 th Christmas Winter Concert Rehearsal @ 1:30 and Evening Performance @ 7:00; Fri. Dec. 13 th Me to We Entrepreneurial Fair		

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➤ Yearbook Info

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- PAC Mtg. Info and Thrifty Cards

Community News:

- Coquitlam Continuing Education
- Speed Sport Stacking
- Place Maillardville Programs

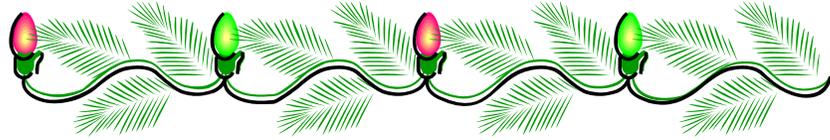
McFaul's Chat and Chew: A Blue and White Friday

Across the continent this coming Friday shoppers will besiege their local mall in a frenzied chaos looking for deals on items that they probably do not need but they have been channeled into thinking that the best deals on earth will happen on Black Friday. We at Monty have taken a different course of direction with the idea that through donations of one person's stuff another will benefit and the end result of the sale exchange provides money to support our local SHARE Society charity. Our Blue and White Friday is not anything like Black Friday, on the contrary, ours is based on the premise that one person's junk could be another person's treasure, thus recycling, repurposing and reinvigorating our community economy by supporting families in need in the Tri-City area. Your donations will be purchased and will have high value to another person. As an example, last year I purchased several colourful and audacious sets of cufflinks for our previous vice-principal Mr. Pearse, who had a penchant for wearing shirts with French style cuffs, I gave him my little gift and he has proudly worn his new jewelry with pride as a gift from Monty Middle. You too can benefit from this sharing mindset by simply encouraging your family to donate worthy items that you are ready to part with and that someone else will find pure pleasure in owning. We will have our students participate in their own mini-shopping experience with items costing as little as a Loonie and nothing more than five dollars. By helping us you will inevitably be helping your larger community. If you know of a family that is in our community that you feel could benefit from a helping hand then please contact me to pass along the name of that family or your family that our resources go to help during the upcoming holiday season. All inquiries are confidential yet greatly valued, as it is sometimes difficult for each and every one of us to ask for hand-up and not a hand-out while times in our personal and professional world prove to be a challenge. Please email me at: rmcfaul@sd43.bc.ca

Team Sicily News

Even though we do not have a science lab, I enjoy the hands-on experiments that we have been doing in our labs on fluids. We have also been testing the flow rate of fluids and the density and viscosity of these same fluids. Some liquids we have been working and experimenting with are... olive oil, balsamic vinegar, water, milk, and butter milk. One of my favorite experiments we have done so far was when we had to record the flow rate of the fluid. We have also been working with some cool equipment too. Most of the equipment we have been using are beakers, O-rings, O-ring stands, and measuring scales. My favorite piece of equipment was the scale because to get the right answer you need to be very precise on your measurements. Our class is also allowed to use technology like cellphones, iPods etc... to further our learning on fluids and its different characteristics. For just a basic classroom I think we are doing a very good job on imitating a real science lab. Our classroom has many things that a science lab has like... the things I listed above.

Submitted and Written by: Owen M.



IT'S ALMOST TIME.....

The 2013 MONTY CHRISTMAS MARKET will be happening on Friday, November 29th. Today we start with our donation collection and will continue collecting all week, right up to the morning of the market. We would appreciate having the bulk of the donations in by Thursday so we can have the sorting and pricing done ahead of time.

Thank you to everyone who has already contacted me to let me know they can help out with the Market. If you're interested in volunteering on Thursday or Friday between 9AM and 3PM we could still have a job for you. Please contact EVELYN at mikeeve@shaw.ca if you are able to volunteer.

PLEASE REMEMBER that students should bring small change, loonies and toonies on the day of the market. Our most expensive items are only \$5 with the majority of items costing a dollar or two. Sending a shopping bag (paper/plastic/cloth) would be very helpful in carrying their purchases both while shopping and getting them safely home.

MONEY RAISED at the Market will support others in our community who might not be opening a Christmas gift or planning a Christmas dinner without our help. Gifts and groceries will be donated to the Share program and many families will benefit from your generosity. Toques, gloves and socks will be gift wrapped and donated to the homeless shelter so those on the streets will also feel a little warmer; we will be making a difference in others' lives.

Shopping will happen throughout the day on Friday, gifts will be wrapped and ready for giving. Parents and siblings not attending the school are invited to shop at the end of the day. Students may also revisit the market at this time.

Full information on the Kid's Christmas Market has been sent home via email and is available on the school website

Thank you,
Evelyn Chursinoff
Kid's Christmas Market Coordinator

Culture Beat: Events and Activities.

Monty's 12 Days of Christmas Donations

This year instead of food hamper donations we have decided to have Monty's version of "The 12 Days of Christmas." Each advisory is responsible to have students sign-up to bring the following items to be donated to SHARE. These are only guidelines and a way to provide focus to our donations. If your child is able to sign up for a donation of one or two of these specific items then we will have a great positive impact upon making the holiday season more festive and meaningful to someone in our own community. Your donations truly do make a difference.

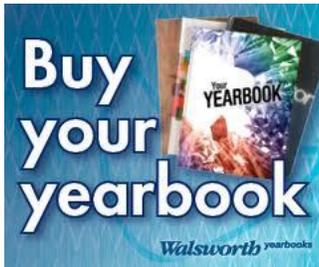
Date	Item
Day 12 – Monday Nov. 25	Food for the food bank
Day 11 – Tuesday Nov. 26	New personal hygiene items/beauty products
Day 10 – Wednesday Nov. 27	Dimes
Day 9 – Thursday Nov. 28	Basics for babies
Day 8 – Friday Nov. 29	New pairs of socks
Day 7 – Monday Dec. 2	Pairs of gloves
Day 6 – Tuesday Dec. 3	Hats/toques
Day 5 – Wednesday Dec. 4	Boots/shoes/slippers
Day 4 – Thursday Dec. 5	Sweaters
Day 3 and 2 – Friday Dec. 6	Jackets and blankets or pair of PJ's
Day 1 – Nov. 25 – Dec. 6	Project Angel Toys

Ski and Snowboard Club Info - If you are looking to have your child participate in a safe and secure winter outdoor experience then you would want to sign up for our Ski and Snowboard Club. Starting on Thursday Jan. 9th and going for 4 weeks our club members will leave the school before 3:00 and return around 9:00ish whereby they will have participated in lessons, learned about mountain safety and had individual free time to practice their skills in a supervised environment. We still have room available so if you are thinking about a possible holiday gift idea then this could be the exact item you are looking for as it adds to your child's recreational and social repertoire of skills. For more information please contact Mrs. Sheila Hutchinson for cost and details at: shutchinson@sd43.bc.ca

Monty School Spirit Wear – After many years with our old logo we have designed a new logo incorporating our same name and our shark, but now we have updated and stylized our font and shark design. We look bolder, brighter and braver as our new Monty Mariners School Spirit Wear is available for you to view on our website

<https://montymiddleomgspirtwrnov2013.itemorder.com/sale>

You can select from t-shirts, hoodys, athletic pants and shorts with prices ranging from \$16.00 for a short sleeve t-shirt to \$41.00 for a hoody. This is a perfect time to be thinking about a stocking stuffer or clothing items for the Monty student in your family. Our sales window closes on Nov. 29th so be quick to order.



The Yearbook

Monty Yearbook is on sale at a new price that increases as the time gets closer to final sales. The new current **PRICE** is up to **\$45.00 until Dec. 21st!** After this date of Dec. the final price goes to \$50.00. So **ACT NOW** so you can get a **hardcover** yearbook stuffed full of 80+, **full colour** pages of fun Monty memories of you and all your friends.

You can **buy** your yearbook **online** this year! Just go to our Monty Homepage and find the Jostens Yearbook link and follow it to **buy now**. You can also bring a **cheque or cash for \$45.00*** to the **office**.

You can also add other features to your yearbook this year, either online or at the office. The additional cost for each add-on feature is listed below:

- | | |
|---|-----|
| 1) Icons (stamped on front cover- up to 4) | \$4 |
| 2) 8 extra signing pages | \$3 |
| 3) Plastic photo pocket | \$3 |
| 4) Protective cover (note: our book is hardcover) | \$3 |

After December 21, yearbooks can be purchased for the **full price** of **\$50.00**.

**Please make cheques payable to Monty Middle. Please account for additional features in the total.*



PAC News and Events: Our Next PAC Mtg. is on Wed. Jan. 15th @ 7:00

A Call for Parent Volunteers – Being a member of any community means that one must give of their time and effort to extend themselves beyond their normal work/professional responsibilities. We have a small group of dedicated people who generously give their time to making our school run and function as best as they can support. If you were able to dedicate some additional time by attending meeting or taking on a leadership role on a PAC related event you would see how the time you give is paid back with great returns from the good you do in helping our students and our teachers work in a better environment. We have parents who fund raise, some who manage the financial records, others who communicate the discussions of communal decisions, others who attend meetings at school and district levels, some who purchase emergency safety equipment, others package up/ unpack boxes for delivery and still we need many more volunteer parents to make a difference through their gift of time and commitment. Please consider attending the next meeting in January to get involved in your school.

Thrifty's Smile Card Fundraising - Montgomery PAC has received approval for this year's Smile Card Fund Raising. All pre-existing cards are ready to load for this school year. 5% of \$\$ loaded at any Thrifty Foods will be paid to Montgomery Middle PAC.

Cards can be obtained by e-mailing Elaine at equereng@hotmail.com. Ordered cards will be left at the office for pick-up.

Community News:

Please see the following list of community events.



COQUITLAM
CONTINUING Education

Learn in the Tri-Cities

Face-to-face

www.ce43.com



Study English. FREE learning opportunities!
Join our Foundations English classes for adults which focus on basic reading, writing, speaking and listening skills.

REGISTRATION AT MONTGOMERY ADULT LEARNING CENTRE
Thursdays ONLY until December 19. 4:00 - 7:00 PM
Thursdays January 9 - ongoing. 4:00 - 7:00 PM

PLEASE BRING:
1 Proof of Canadian Status **2** Photo ID **3** Two proofs of BC residency

MONTGOMERY ADULT LEARNING CENTRE
380 Montgomery Street, Coquitlam
British Columbia, V3K 5G2

FOR MORE INFORMATION CALL OR VISIT
604.936.4261 | www.ce43.com



SCHOOL DISTRICT 43
Coquitlam
Learning for a Lifetime

Place Maillardville Programs

Upcoming Events at Place des Arts 1120 Brunette Avenue, Coquitlam

Family Day at PdA: A Canada Culture Days Event

Sunday, November 24, 1:30 – 3:30PM Admission: By donation

Gather up the family and tour Place des Arts annual *Positively Petite* miniature exhibition, . . . *still life in Vancouver* . . . photography by Marina Crawford and *Botticelli Remix/Voyage Allégorique*, works in oil on wood by Danaca Ackerson. Then participate in a variety of all-ages, drop-in style workshops. The Van Goh Café will be open serving light snacks and beverages. Admission by donation; Reserve your spot online [here](#) or by calling 604.664.1636 before Tuesday, November 12.

Don't be intimidated by art, get engaged in it!

Activities:

- Lantern Making: Make a beautiful lantern to bring to our *Lantern Affair* Multicultural Celebration of Light on December 7;
- All Things Petite: Take inspirations from the *Positively Petite* miniature exhibition and make a teeny tiny clay owl;
- Artist talk and tour: Hear Marina Crawford describe her artist process and inspiration.

A Lantern Affair Celebration of Light

Saturday, December 7, 4:30- 7:30pm

1120 Brunette Ave., Coquitlam | 604.664.1636 | www.placedesarts.ca

Come celebrate light at this dark time of year at Carré Heritage Square's *A Lantern Affair*. Place des Arts' new Theatre Company ushers in the warmth of light in a multi-cultural lantern ceremony featuring special guest actor Simon Webb. A host of fun arts and heritage activities, live music and song and a festive market brighten up this community event. Free Admission | All Ages

Art Activities

Lantern Making; Mini Clay Owls; Diwali Lights Greeting Cards; Mosaic Christmas Trees

Heritage Activities

Museum Tours; Heritage Baking; Hot Apple Cider; Gingerbread Decorating; Storytelling

Entertainment

Lantern Ceremony; Live Music & Song; Storytime with Father Christmas

Festive Market

Holiday Bake Sale; PdA Pottery Department Sale; Christmas Boutique; Positively Petite Miniature Exhibition; Free Tim Horton's Donuts & Coffee

Upcoming Art Workshops at Place des Arts

Claymation Filmmaking (11-17 years)

Wednesdays, Dec 4 & 11, 3:30-6:00pm • \$47.50

Create your own stop-motion animated film. Plan a story, make a storyboard, design and build your own characters and sets, and then shoot and edit your film, practicing techniques in shot composition, movement and timing. Add voices and music and upload it to YouTube! A digital camera with removable card is recommended for this class. Teacher: Kenten Bowick

Graphic Novel Workshop (11-17 years)

Wednesdays, Dec 4 & 11, 6:15-8:45pm • 44.50

Dive into the world of comic book making. Whether your interest is Japanese manga, humour comics or superheroes, you'll learn to design your own cast of characters, plot and lay out scenes across eye-catching pages and share your story in an inventive and engaging way. Teacher: Kenten Bowick

Felted Christmas Ornaments (8-14 years)

Thursday, Dec 5, 6-9pm • \$30.50

Create beautiful felted ornaments such as bejewelled Christmas Balls or a garland of felted stars. Explore different wet felting techniques and acquire the skills necessary to create finished pieces. Felting is quick, fun and a great way to make gifts. Materials kits provided. Teacher: Catherine Dumaine



Coquitlam Sport Stacking Club National Sports Day Try-It Event



Friday, November 29th

**Event Location: Ranch Park Elementary School
2701 Spuraway ave.
Coquitlam, BC V3C 2C4**

- Ages:** 6-18 years of age. All stackers are invited.
Beginners, with little or no experience, to experienced stackers.
- Events:** Individual, Doubles and Timed 3-6-3 Team Relay
- Event Schedule:** Registration begins at 3:30am
Introduction to the Sport of Speed
Stacking:
Individual, Doubles and Relay 4:00-6:00
Try-It Challenges 6:00-8:00

“Come and Try-It”

What is Sport Stacking?



Sport Stacking is an exciting individual and team sport where participants stack and unstack 12 specially designed plastic cups in pre-determined sequence.

Sport stacking helps students develop bilateral proficiency equal performance on both sides of the body. By increasing bilateral proficiency, a student develops a greater percentage of the right side of the brain, which houses awareness, focus, creativity and rhythm. Stacking helps train the brain for sports and other activities where the use of both hands is important, such as playing a musical instrument or using the computer. Sequencing and patterning are also elements of sport stacking, which can help with reading and math skills.

Sport Stacking is a fitness-based sport that kids from all backgrounds and abilities can do. For the athlete and non-athlete alike, regardless if you are instructing eighth graders or kindergartners, sport stacking can be a great enhancement for your fitness routine. With over 70 fitness based activities, sport stacking helps to motivate kids to be active and fit. Teachers and parents also like sport stacking because it can be done at home.

One of the comments we receive consistently from teachers, parents and school administrators is how sport stacking levels the playing field for their kids. Non-Athletic kids can now compete head to head with their more athletic counterparts. This

significantly raises their self-esteem, motivating them to work harder in PE and be excited to participate. It's a WIN, WIN!

Today schools, teachers and parents are focused more than ever on academic achievement. Sport stacking not only promotes physical fitness, but also academic learning. Students that sport stack on a regular basis have shown increases in test scores and levels of concentration. This is achieved by students using both their right and left sides of their brain. When students sport stack they are crossing the "midline" of their bodies and developing new connections in their brains. These new connections help to spur brain growth which in turn promotes greater academic achievement.

As parents we always want the best for our kids academically and physically?

You want your kids to be active after school, watching less TV or playing fewer video games but funds are tight. How can you bring PE home to your kids? Buying a basketball hoop would be good, but those are expensive and what do your kids do on cold days? Maybe your child doesn't like traditional sports! We understand! Kids of all ages, abilities and personalities love sport stacking because it is fun and challenging. Teachers love sport stacking because it motivates kids to be more active and fit. Parents love sport stacking because it is affordable and you can buy your child something that benefits their body, brain and spirit! Get involved today and make a difference! For more info on Sport Stacking visit <http://www.speedstacks.com/>
