

# The Current - Monty Middle Newsletter

Edition # 7 Monday, March 3rd, 2025

## Weekly Schedule of Events

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Before School</b>				
Advanced Concert Band: @ 7:45am	Beginner Concert Band: @ 7:45am	Advanced Concert Band: @ 7:45am	Beginner Concert Band: @ 7:45am	Student government meeting 830am-9:30am
<b>Lunch</b>				
Intramurals	Gr 6 Basketball practice (Finished after Mar 4 Jamboree)	Intramurals Chess Club	Fashion Club	Intramurals Social Justice Club
<b>After School</b>				
Grade 8 Boys BB practice 3-415pm (Finals this week)	Wrestling Practice 3:15-4:15 Drum Line 3:10pm	Harry Potter club	Wrestling Practice 3:15-4:15 Choir 3:10-4:15pm	

## March Monthly Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
3	4 9:30 am Gr 8 ELL Assessments for High School Gr 6 Basketball Jamboree 3pm	5 Families notified of Cross Catchment Placement Gr 8 BB Playoffs	6 Wrestling Tournament @ Banting Middle 3pm-6pm	7 Student Gov 8:30am Treat Day – Europe Bakery Cascades Entrepreneur Fair
10	11 March Concert 7pm	12 Report Cards Go Live	13 Pi Day Contest	14 Last Day Before Spring Vacation Birthday Club Public Speaking 9am-10:30am
17 Spring Vacation Starts (No School)	18 Spring Vacation	19 Spring Vacation	20 Spring Vacation	21 Spring Vacation
24 Spring Vacation	25 Spring Vacation	26 Spring Vacation	27 Spring Vacation	28 Spring Vacation
31 Schools Re-open after Spring Vacation	1 (April)	2	3	4

## Mrs. Husband's For Your Consideration- School Attendance, The Hard Facts



### Why is school attendance important?

*This article was adapted from information found at [attendanceworks.org](http://attendanceworks.org) and in Sprick, J. and T. Berg. 2019. Teacher's Guide to Tackling Attendance Challenges. ASCD*

Chronic absenteeism (18 or more days absent from school) is a primary cause of low academic achievement, and a powerful predictor of which students may eventually leave school before graduation. It does not matter if absences are excused or unexcused. Missing school for any reason means lost learning.

There are some years that serious health problems or family circumstances arise, and school absences can not be prevented. All schools appreciate families who keep their child home when their child is contagious with flu or a heavy cold. One of my own children missed a lot of school when she suffered a series of serious concussions. Gradually, she got back to daily attendance by initially attending part time each day. Being at school every day even for part of the day is more important than a few days per week. Regardless of our family efforts the absences had an impact on her learning and social connections.

When children miss school or regularly arrive late, they miss out on fundamental reading and math skills, and each successive year of chronic absenteeism means the risks of reduced learning is compound. Affected students also lose the chance to build a habit of good attendance that will carry them into work, college and careers.

Poor attendance can influence whether children read proficiently by the end of third grade or will fall behind. Who can read at grade level by the end of third grade? 64% of students who had good attendance at kindergarten and first grade, versus 17% of students who were chronically absent in kindergarten and first grade.

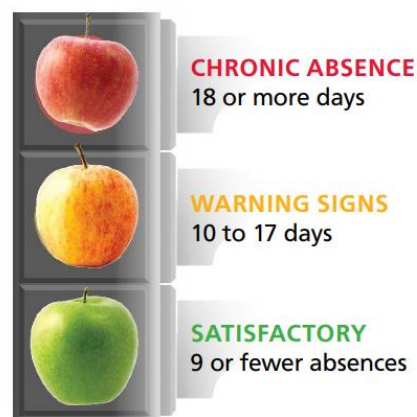
As students progress through school, those who are chronically absent have consistently lower grades and test scores. By 6th grade, chronic absence becomes a leading indicator of whether a student will drop out of high school and be left without the academic credentials and skills needed to move on to post-secondary education and compete in a 21st century workforce.

Students who are regularly absent have a hard time forming and maintaining peer connections. Students simply move on and choose to work with classmates who are there. While they are absent or late groups are made for projects and when they return, they feel behind.

### What can you do to help?

1. Have a regular bedtime.
2. Keep all technology out of the bedroom.
3. If possible, have a backup plan to get to school if something comes up. Call a family member, a neighbour or another parent or teach (and practice) your child to take the bus.
4. Schedule medical and dental appointments outside of school hours.
5. Plan family holidays during school breaks.
6. Be a good model by going to work regularly and on time.
7. If your child is anxious about going to school, talk with teachers, the school counsellor or administrators.
8. If attendance (including being on time) is a concern, talk about it and set a realistic goal.
9. Connect a weekly attendance goal with a preferred activity on the weekend. When ..... then....

### When Do Absences Become a Problem?



Note: These numbers assume a 180-day school year.



## Keep Your Child On Track in Middle and High School: Pay Attention to Attendance

The cycle of school non-attendance.



### Volunteer and Donation Opportunities

Event	Date	Needs	Contact
Track and Field Timers or helpers for running or field events.	Once or twice a week after school	April/ May	shusband@sd43.bc.ca

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## SCHOOL NEWS

### Sports Update

A massive thank you to all the coaches who made the Basketball and Wrestling Season possible. This week teams are competing in district playoffs/meets. We wish all players well as they head into their final competitions. Go Monty!

After spring break the badminton, rugby, and track and field teams will get underway. All players are welcome, and no experience is needed. Sign up is happening this week on the sport's board.



### Grade 6 Basketball Playday

The grade 6 basketball team has been working hard at practice during the lunch hours and are excited to announce the date of our final Grade 6 Playday.

**Date: Tuesday March 4, 2025**

**Time: 3pm- approx. 6 pm**

**Where: Pinetree Secondary School, 3000 Pinewood Ave, Coquitlam.**

Students will need to go directly to Pinetree Secondary immediately after school. We will have multiple games scheduled throughout the afternoon.

**You are responsible for transporting your child directly to Pinetree Secondary and picking your child up at the end of the tournament. Please make sure you are on site at Pinetree around 530pm for Pick up.**

Parents are welcome to stay and watch. There is a concession on site, students can bring snacks or money to purchase from the concession. (Please note, the line can be LONG).

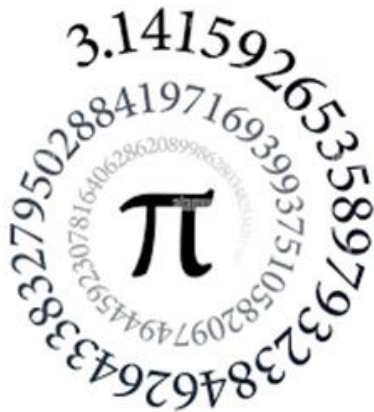
### Public Speaking



Students are currently completing their class speech finals to select team finalists in preparations for the school finals. Each year we see the hard work and preparation that every student puts into getting ready to present their speech.

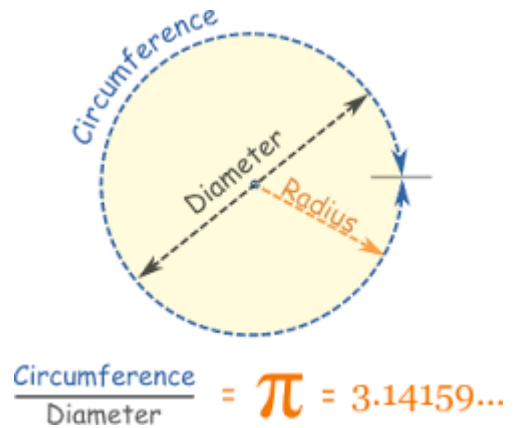
For some students (and adults) speaking in front of a group of people is a nerve racking task. Please encourage your child to practise in front of a mirror, to follow the assignments criteria and to practice deep breathing to help them remain calm. A huge congratulations to all our Montgomery students for participating in our public speaking. Speaking in front of a group is an important life skill that we use at weddings,

funerals, throughout high school and post secondary schooling and in many jobs.



### Monty Pi Contest

On Wednesday, March 13th all students are invited to compete in our annual Pi Contest. The contest is held at lunch in the fitness room. This is a worldwide phenomenon in which people memorize as many digits of Pi as possible and then compete against others to win. Monty winners have their name engraved on a trophy and win a PIE to eat.



### School Yearbooks

Part of keeping things normal this year has been to continue with the creation of our annual Monty yearbook.

This is a piece of history that students cherish and look back for many years to come. It is a way to remember the many fond memories and experiences of middle school.

Unfortunately, once we have placed the order, we are not able to add students/ families.

Use the link to order <https://ybpay.lifetouch.ca/>

\$35 for a soft cover

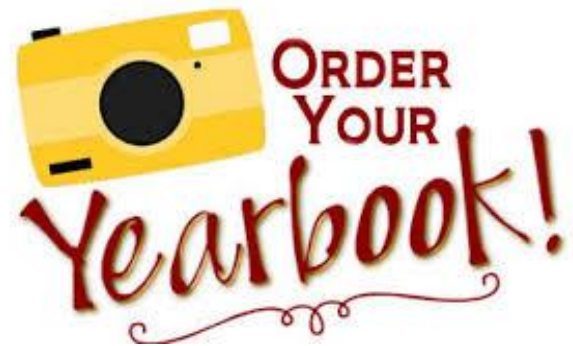
\$45 for a hard cover

Yearbooks orders are only available through the Lifetouch website.

Yearbook ID 13454525

**Deadline to place an order is Thursday, May 15<sup>th</sup>, 2025**

If you have any questions, please contact Ms. Malach at the office.



### Thank you!

A massive thank you to the Allondale Animal Hospital for their sponsorship and support of our school PADS dog, Mango. PADS stands for Pacific Assistance Dog Society which is an organization that trains service animals for both individual support and accredited facility dogs. Mango is a facility dog as he is trained to work in a large group setting and support students in need. His incredibly calm and friendly manner makes him a welcome connection for countless students every day.

Mango comes to work and lives with Mrs. Husband and is her responsibility in terms of all care and costs, however he is still officially the property of PADS. The generous food support by Allondale Animal Hospital benefits Mango and all the kids (and staff) who benefit from his daily presence at Montgomery. Thank you, Allondale Animal Hospital.



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## Monty Spring Afterschool Programs

The following afterschool programs will be available this Spring at Montgomery Middle. Registration information will follow shortly in a separate email, once available.

### **Robotics Engineer 1**

Tuesdays starting at 3:05pm-4:20pm from April 15<sup>th</sup>-June 3<sup>rd</sup>  
STEAM Room

### **Drawing & Painting**

Thursdays starting at 3:05pm-4:05pm from April 10-May29<sup>th</sup>  
Art Room

### **Cooking**

Fridays starting at 3:10pm-4:20pm from April 11<sup>th</sup>-June 13<sup>th</sup>  
Home Ec Room

\*\*For families who need financial assistance, please contact our youth worker, Ms. Cai ([ccai@sd43.bc.ca](mailto:ccai@sd43.bc.ca)) or our Principal, Mrs. Husband ([shusband@sd43.bc.ca](mailto:shusband@sd43.bc.ca)).



## PAC News and Events

Hello again from your PAC! We would love to see more of you involved in planning fun events and activities for our kids! We hold meetings once a month and we plan to host meetings in person at Montgomery Middle. Meetings include reports from our District PAC representative and our treasurer, and a special photo presentation from one of our Administrators!

The purpose of the PAC is to promote the education and welfare of students in the school, be the collective voice of parents/guardians, encourage parent/guardian involvement in the school, and to advise and assist the administration and staff in matters pertaining to the school and students. A reminder that all parents/guardians are automatically part of the PAC if they have a child enrolled at Montgomery Middle.

There are two PAC meetings left for the 2025-2026 school year - April 23 and May 21. My 21 will be our annual AGM, where we elect our executive members for the next school year. We are always looking for parents/guardians to volunteer for our executive positions and are especially looking for a Co-Treasurer (see next line).

The PAC is looking for a Co-Treasurer for the 2025-2026 school year. We are looking for a treasurer who can commit to three or more years at Montgomery. As a treasurer, the time commitment varies, however, it is no more than 1-2 hours per week. Please contact Kristine Kirk with any questions. Email:

[kristinekirk.montypac@hotmail.com](mailto:kristinekirk.montypac@hotmail.com)

### **Ordering for Spring hot lunches and treat days will be open soon.**

For March 7's treat day, we are looking for a few extra parents to help with sorting orders before they are delivered to classrooms. If you can take an hour or two out of your morning to help, please email [montymiddlepac@proton.me](mailto:montymiddlepac@proton.me) to get connected with our small team of volunteers.

*Please read this important information regarding all hot lunch/treat day orders:*

- 1. All orders need to be made and paid for online (sorry, no cash orders).*
- 2. Sorry, no refunds can be given for student absences.*
- 3. You can order and pay for multiple lunches/ treat days at a time. By ordering and paying at the same time, it reduces the credit card fees for the PAC.*
- 4. If your child is away or on a field trip, their order will be saved until the end of the day, so someone may pick it up. We are unable to save food beyond that due to Food Safe Regulations.*

### **Ongoing PAC**

***Important note: For 2024-25, PAC meetings will be on Wednesday nights.***

We are once again accepting donations to the PAC through Montgomery Middle. If you wish to make a donation straight to the PAC, you can log in to School Cash Online and find it under your child's name. Thank you to the many families that have already donated this year. We are using this money to help buy technology and sports equipment for our kids.

PAC has set up an account with Return-It Express. Put all your empty pops, juice, alcohol and milk containers in a see-through plastic recycling bag and take it to any Return-It Location. Once there, go to the Express label printer, put in the school's phone number (604-939-7367), and print a label. Put the label on your bag, drop the bag off, and our account will get credited with the deposit returns.

#### **2024-2025 Executive**

President: Danielle Nicholson

Treasurer: Kristine Kirk

Secretary: Jennifer Jensen

Members At Large: Francisca Madariaga

DPAC Representative: Helena Wang

#### **Meeting Dates for 2024-2025 (no meetings in, Mar and June)**

Wednesday Apr 23 7pm

Wednesday May 21 7pm - AGM

# KidSport

So ALL Kids Can Play!

**Saturday  
March 8  
10am–1pm**

## USED EQUIPMENT SALE



**RIVERSIDE SECONDARY** Admission by  
**2215 REEVE STREET** donation or non-perishable  
**PORT COQUITLAM** item to the **SHARE Food Bank**

### SAVE on your family's sports equipment!

The KidSport Used Equipment Sale has everything from bikes and hockey gear to fitness equipment, wetsuits, and more!

equipment for **ALL** kids and adults!

Outfit a child for lacrosse or hockey, including helmet, stick, and/or skates for approximately \$100!

### GIVE back! Donate your gently used\* equipment

From *February 22 – March 7*, donate your used equipment at the following locations:

- Port Moody Recreation Complex (main lobby)
- Poirier Sport & Leisure Complex (main lobby)
- Port Coquitlam Community Centre (lower arena lobby) [www.kidsporttricity.ca](http://www.kidsporttricity.ca)

**\*gently used**  
equipment is:

- less than 6 years old
- in good condition
- wearable for league sports





# COQUITLAM Summer LEARNING 2025



## ELEMENTARY

July 8 – July 25, 9:00am - 12:00pm

8 LOCATIONS

Courses: K to 1 transition, English for Beginners, Visual & Performing Arts, French Immersion, Integrated Studies, Math, Reading & Writing, Coding (Info tech), Outdoor Science, STEAM, and more!

Free to all BC residents, SD43 Residency requirements apply.

04  
MAR

Registration  
6:00am

Registration  
6:00am

07  
MAR

## MIDDLE

July 8 – July 25, 8:45am - 11:45am

3 LOCATIONS

Courses: Band, Guitar, Creative Writing, Drama/Improv, English for Beginners, Guitar, Home Ec/Culinary, Integrated Studies, English and French Immersion Language Arts, Mathematics, PE/Leadership, Coding (Info Tech), Outdoor Science, STEAM, Tech Ed, Visual & Performing Arts, and more!

Free to all BC residents, SD43 Residency requirements apply.

## SECONDARY SKILL BUILDING

July 8 – July 25, 8:30am - 11:30am OR 12:00 - 3:00pm

2 LOCATIONS

Courses: English, English for Beginners, IB Math & Science, Jazz & Concert Band, Science, Home Ec, Sewing, 2D Animation, Metal and Wood Tech Ed, Math, Coding (Info Tech), Skills for Success. These non-credit courses may be taken to review previously covered course content OR preview a course. Academic Completion 9/10 for Science and Math is only available by school referral.

Free to all BC residents, SD43 Residency requirements apply.

07  
MAR

Registration  
6:00am

Registration  
6:00am

06  
MAY

## SECONDARY FULL CREDIT

July 2 – August 7 (6 weeks)  
8:00am – 11:30am OR 12:00pm – 3:30pm

2 LOCATIONS

Face-to-Face or Online Blended Fast Track

Courses: Life Science 11, Anatomy & Physiology 12; Career Life Education 10; Chemistry 11,12; EAL 10,11; English 10,11,12; English First Peoples 11,12; Mathematics 10,11,12; Physics 11,12; PHE 10; Socials 10,11, Science 10.

Free to all BC residents, SD43 Residency requirements apply.



[www.sd43SummerLearning.ca](http://www.sd43SummerLearning.ca)/Phone 604-936-4261

# MINNEKHADA MIDDLE SCHOOL

## SPRING BREAK 2025 PROGRAMS

Registration Starts: January 27th, 2025 at 8am

Program Dates: March 17-21 & Mar 24-28, 2025

<https://www.karelo.com/register.php?>

BID=549&BT=10&PrivEv=22302

### Week 1 Options:

#### KIDS KITCHEN

Kids Kitchen helps middle school students learn how to make healthier choices for everyday meals. The goal is to show how simple swaps and creative cooking can lead to delicious, nutritious dishes. Students will explore how to use natural ingredients with healthier options while still making meals fun and tasty. Empower students to make healthy food choices, encourage creativity in the kitchen. promote teamwork and collaboration in cooking activities and foster an understanding of the importance of nutrition for overall health and well-being.



Dates	Grades	Time	# of Days	Price	Room:
Mar 17-21	Gr 6-8	9am-12	5 days	\$155	Healthy Living

#### BASKETBALL

Get ready to elevate your game at our RIZE basketball camp! Whether you're a seasoned player or just starting out, our camp offers a dynamic environment that will focus on developing fundamental basketball skills such as dribbling, shooting, passing and footwork through various drills and exercises. We are dedicated to improving not only your child's basketball skills but also instilling important values such as discipline, teamwork and sportsmanship which is vital in unleashing the true potential of a student athlete. Our camp encourages participants to set goals and work towards achieving them, promoting a growth mindset and a drive for continuous improvement. From dynamic skill building drills to exciting scrimmages, join us for a day of hoops, fun, and growth. Players will be split up according to age group and skill level. With expert coaching and a supportive environment, our camp equips players with the tools they need to succeed at all levels. RIZE to your potential!



Dates	Grades	Time	# of Days	Price	Room:
Mar 17-21	Gr 6-8	12-3pm	5 days	\$205	Gym

If you have any questions please contact:  
James Park Community School | Fall 2022  
Silvia Jorge, Community Development Facilitator  
📞 604-209-1424  
✉ [sjorge@sd43.bc.ca](mailto:sjorge@sd43.bc.ca)





## Week 2 Options:

### STELLAR PLAY PRESENTS: SURVIVAL CAMP

Put your survival skills to the test! Campers will learn about the 10 essentials, navigation with a compass and GPS, shelter building, knot tying, and survival strategies. Campers will spend the week in the forest becoming confident adventurers, finishing the week with the "Race to Survive Challenge" where Campers will put their survival skills to the test!



Dates	Grades	Time	# of Days	Price	Room:
Mar 24-28	Gr 6-8	9am-12	5 days	\$140	Gym/Outside

### CODING: MICROBITS

Get started on the elements of software and hardware programming. The mini computer-chip can be programmed to perform a number of fun tasks. We'll learn about the fundamentals of programming using block coding formats and build out our micro:bit car with extensions and wires. No experience necessary. Devices are used minimally for coding, optional to bring a computer/iPad device. Micro:bit wires and the motor extension are included.



Dates	Grades	Time	# of Days	Price	Room:
Mar 24-28	Gr 6-8	12-3pm	5 days	\$195	MPR

### CULTURAL COOKING

Flavors of the world is an engaging, hands-on cooking program designed for middle school students to explore and expand their knowledge of different foods, ingredients, and cultural spices from around the globe. Through interactive cooking lessons, students will discover the history, significance, and unique flavors behind various traditional dishes, broadening their culinary horizons and fostering an appreciation for diversity in food.



Dates	Grades	Time	# of Days	Price	Room:
Mar 24-28	Gr 6-8	12-3pm	5 days	\$155	Healthy Living

### MULTISPORTS

Join us for a variety of different sports such as basketball, soccer and more! Wear comfortable clothing (no jeans), running shoes and don't forget your water bottle.



Dates	Grades	Time	# of Days	Price	Room:
Mar 24-28	Gr 6-8	12-3pm	5 days	\$100	GYM



**Keep an eye on all Community programs offered at Minnekhada Middle School on our sd43 website! Follow the QR code below**



**Registration:**

Our Community School After School Programs Registration is online and will accept payment using Visa; MasterCard or Interac/Debit from most major banks. You will require an email address in order to receive your confirmation number and to be able print out a receipt for your payment.

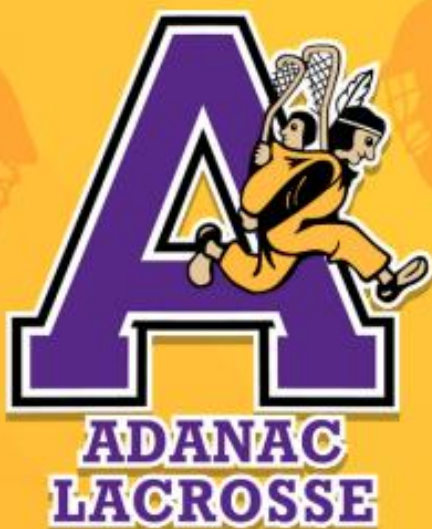
To access the registration website please visit the Minnekhada School website or click on the direct link here:

**[CLICK HERE FOR LINK TO REGISTRATION PAGE](#)**

Any questions, please email Silvia Jorge at [sjorge@sd43.bc.ca](mailto:sjorge@sd43.bc.ca)

Refund/Cancellation Policy: Refunds will only be available, for any reason, within the registration period. No refunds will be issued after the program starts date.





## JOIN COQUITLAM MINOR ADANACS BOX LACROSSE!

### WHAT IS BOX LACROSSE?

Box lacrosse is a **fast-paced, exciting indoor team sport** played in an arena with **six players per team** on the floor at a time. It combines the **speed of hockey**, and the **strategy of basketball**, making it an exhilarating and dynamic game!

The **Coquitlam Minor Adanacs** are a celebrated lacrosse club with a **rich history** in the community, dedicated to fostering skill development, teamwork, and a love for the game in **boys and girls of all ages and skill levels**.



**FUN & EXCITING:** Fast-paced gameplay keeps players engaged.

**SKILL DEVELOPMENT:** Improve coordination, teamwork, & strategic thinking.

**COMMUNITY & CAMRADARIE:** Become part of a supportive lacrosse family.

**GREAT OPPORTUNITIES:** Compete in tournaments and develop towards higher levels of play.

### PROGRAM OVERVIEW

The Coquitlam Minor Adanacs offers programs for **boys and girls from ages 5-16**. Whether your child is new to lacrosse or has experience, we have a program for everyone!

### AGE GROUPS FOR 2025 SEASON:

**U7 (Mini-Tyke):** Born in 2019 or 2020

**U9 (Tyke):** Born in 2017 or 2018

**U11 (Novice):** Born in 2015 or 2016

**U13 (Peewee):** Born in 2013 or 2014

**U15 (Bantam):** Born in 2011 or 2012

**U17 (Midget):** Born in 2009 or 2010

**VISIT:** [www.coquitlamlacrosse.com](http://www.coquitlamlacrosse.com)

**EMAIL:** [registrar@coquitlamlacrosse.com](mailto:registrar@coquitlamlacrosse.com)



# #ONETEAMONEDREAM



**REGISTRATION  
IS NOW OPEN!**

Give your child the opportunity to learn, play, and grow in a fun and competitive environment. **REGISTER TODAY!**

-  **Season Starts:** April 2025
-  **Register:** [www.coquitlamlacrosse.com](http://www.coquitlamlacrosse.com)
-  **Email:** [registrar@coquitlamlacrosse.com](mailto:registrar@coquitlamlacrosse.com)
-  **Follow Us:** @CoquitlamAdanacs



**Don't wait** – sign up today and join the Adanacs Lacrosse family!

## EQUIPMENT CHECKLIST

To participate in box lacrosse, players require the following equipment:

- **Helmet with Face Shield** (both items CSA or NOCSAE approved)
- **Mouth Guard**
- **Shoulder Pads**
- **Elbow Pads**
- **Lacrosse Gloves** (hockey gloves are okay)
- **Athletic Support** (boys must wear a "Jock" with plastic cup and girls must wear a "Jill")
- **Basketball-Type Court Shoes** (a pair reserved for indoor use only recommended)
- **Lacrosse Stick** (minimum of 34" in length)
- TYKE (Ages 7-8, add to list on left)
- **Back/kidney pads**
- **Upper arm pads and slash guards** (optional)
- NOVICE (Ages 9-12, add to list on left)
- **Upper arm pads and slash guards** (mandatory)
- BANTAM & 16U (Ages 13-16, add to list on left)
- **Lacrosse Stick** (Minimum of 40" in length)

### EQUIPMENT SUPPLIED BY THE ASSOCIATION

Game jersey (loaned to players), Game shorts (yours to keep) & Goalie equipment, including stick, (with the exception of: helmet, gloves or mouth guard).

**VISIT:** [www.coquitlamlacrosse.com](http://www.coquitlamlacrosse.com)

**EMAIL:** [registrar@coquitlamlacrosse.com](mailto:registrar@coquitlamlacrosse.com)

A photograph of two children sitting at a table, eating large sandwiches. The child in the foreground is a young boy with brown hair, looking towards the camera while taking a bite. The child in the background is a girl with dark curly hair, also eating. They are both wearing casual clothing. The background is slightly blurred, showing a wooden chair.

## HOT LUNCH PROGRAM

# ATTENTION PARENTS!

For just **\$60 per week**, your child can enjoy a different hot lunch each day during Spring Break.

**Meat & vegetarian options available.**

**For more information or to see the weekly menu, use click the QR code or email us.**



[youthcamps@douglascollege.ca](mailto:youthcamps@douglascollege.ca)





DOUGLAS COLLEGE



# SPRING BREAK CAMPS

Active and educational programs for children & youth 6-14

Choose from writing,  
acting, art, coding &  
computers , basketball,  
outdoor soccer & more!



[youthcamps@douglascollege.ca](mailto:youthcamps@douglascollege.ca)

Programs run from  
**March 17-28**

Use the QR code to register  
on Feb 10 at 12pm





**GIRLS**

**U12-U13**

**APRIL 29TH - MAY 27TH  
(9 SESSIONS)**

**LOCATION:**

**1420 Pinetree Way, Coquitlam BC, V3E 6A3  
(Pinetree Way Elementary School)**

**&**

**1450 Parkway Blvd, Coquitlam BC, V3E 3L2  
(Summit Middle School)**

**FEE: \$285**

**GIRLS**

**U14-U15**

**MAY 12TH - JUNE 12TH  
(9 SESSIONS)**

**LOCATION:**

**1420 Pinetree Way, Coquitlam BC, V3E 6A3  
(Pinetree Way Elementary School)**

**&**

**1450 Parkway Blvd, Coquitlam BC, V3E 3L2  
(Summit Middle School)**

**FEE: \$285**

**FOR MORE INFORMATION PLEASE CONTACT US:**

**E: [raptorsvballclub@gmail.com](mailto:raptorsvballclub@gmail.com) T: 604.961.9425**

**ATTACK!  
DEFEND,  
ATTACK!!**



# ÉCOLE PITT RIVER COMMUNITY SCHOOL

## SPRING BREAK CAMPS 2025

**Registration Dates: Saturday, February 22 at 9:00 am**

**Program Dates: Monday, March 17 – Friday, March 21**

### ART OF SPECIAL EFFECTS MAKEUP for TV/MOVIE & FILM

"Explore and learn through Special Effects Makeup and tools used in the prestigious world of film industry.

Through demonstration and hands-on instruction, students will have the opportunity to learn the technique of creating realistic looking injuries like broken noses/black eye, burns, deep cuts, severed fingers and more such as zombie bites by practicing on themselves and/or classmates".



Day	Grades	Time	Dates	Price	Room
Monday – Friday	6 – 8	10 – 12 pm	Mar. 17 – Mar. 21	\$126	R Room

### NOOMA: CREATIVE ARTS & CRAFTS

Unleash your creativity in our exciting Arts & Crafts program designed specifically for middle school students! This program is all about experimenting with different materials, learning new techniques, and building confidence through hands-on projects. Each session, students will get the chance to dive into unique, fun activities that allow them to express themselves and develop their artistic skills.



Day	Grades	Time	Dates	Price	Room
Monday – Friday	6 – 8	12 – 2:30 pm	Mar. 17 – Mar. 21	\$130	R Room

If you have any questions contact

Neelofar Nurani

Community Development Facilitator

☎ [778 879 3193](tel:7788793193)

✉ [nnurani@sd43.bc.ca](mailto:nnurani@sd43.bc.ca)



## École Pitt River Community School Spring Break Camp | 2025

### Athletix Soccer Spring Break Camp

Join us for an exciting Athletix Soccer Spring Break Camp at Pitt River Middle School in Port Coquitlam! Designed for middle school students, this dynamic camp focuses on skill development, game strategy, and overall athletic growth in a fun and supportive environment.

#### Camp Highlights:

- ✓ Technical skills training (dribbling, passing, shooting)
- ✓ Small-sided games & tactical drills
- ✓ Fitness & agility exercises
- ✓ Team-building activities
- ✓ Led by experienced coaches



Whether you're a beginner or an experienced player, this camp is the perfect way to stay active, improve your game, and have fun over the break!

Day	Grade	Time	Dates	Price	Room
Monday - Friday	6 - 8	10:00 am - 12:00 pm	March 17 - March 21	\$126	MPR

### How to Register

Our Community School After School Program Registration is online and will accept payment using Visa; MasterCard or Interac/Debit from most major banks. You will require an email address to receive your confirmation number and print out a receipt for your payment.

To access the registration website please visit the École Pitt River School Website or Click on the direct link here:

[CLICK HERE TO REGISTER](#)



Programs could be cancelled due to low registration.  
All registrations are on a first come, first serve basis.



École Pitt River Community School  
Spring Break Camp | 2025

## RIZE: BASKETBALL

Get ready to elevate your game at our RIZE basketball camp! Whether you're a seasoned player or just starting out, our camp offers a dynamic environment that will focus on developing fundamental basketball skills such as dribbling, shooting, passing and footwork through various drills and exercises. We are dedicated to improving not only your child's basketball skills but also instilling important values such as discipline, teamwork and sportsmanship which is vital in unleashing the true potential of a student athlete. Our camp encourages participants to set goals and work towards achieving them, promoting a growth mindset and a drive for continuous improvement. From dynamic skill building drills to exciting scrimmages, join us for a week of hoops, fun, and growth. Players will be split up according to age group and skill level. With expert coaching and a supportive environment, our camp equips players with the tools they need to succeed at all levels. RIZE to your potential!



Day	Group	Time	Dates	Price	Room
Monday - Friday	Girls (Grade 6-8)	10 am - 12 pm	March 17 - March 21	\$126	Gym
Monday - Friday	Boys (Grades 6-8)	12 pm - 2 pm	March 17 - March 21	\$126	Gym

## Self Defense Seminar with Thrive Martial Arts

Thrive Martial Arts Systems is a socially minded organization with the goal of providing safe and accessible self-defence to the community. Specializing in empowerment and confidence building seminars, each session has been crafted with a mix of stand up and ground concepts. Students can expect to learn techniques in a fun and supportive environment lead by instructors with experience in multiple martial arts disciplines.



Day	Grade	Time	Dates	Price	Room
Monday - Friday	6 - 8	12:30 - 2:30 pm	March 17 - March 21	\$126	MPR

**Refund/Cancellation Policy: Full refunds are available until March 10. No refunds will be made after March 10; as supplies will be purchased.**

## École Pitt River Community School Spring Break Camps | 2025



### How to Register

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**CLICK HERE TO REGISTER**



If you are unable to register online contact

**Neelofar Nurani**  
**Community Development Facilitator**  
**[nnurani@sd43.bc.ca](mailto:nnurani@sd43.bc.ca) or 778 879 3193**

**Refund/Cancellation Policy:** Full refunds are available until March 10.  
No refunds will be made after March 10; as supplies will be purchased.