

The Current - Monty Middle Newsletter

Edition #2 Wednesday, October 1st, 2025

Weekly Schedule of Events

Monday	Tuesday	Wednesday	Thursday	Friday
Before School				
Advanced Concert Band: @ 7:45am Café Monte Open every day 8am	Beginner Concert Band: @ 7:45am	Advanced Concert Band: @ 7:45am Gr 7 Boys VB 7:45am-8:30am	Beginner Concert Band: @ 7:45am Gr 8 Girls/Boys VB 7:30am-8:30am	
Lunch				
	Gr 6 Co-Ed VB (Group A)		Gr 6 Co-Ed VB (Group B)	
After School				
Gr 8 Girls/Boys VB 3:15pm-4:15pm	Gr 7 Boys/Girls VB Games	Gr 8 Boys/Girls VB Games Harry Potter Club 3pm	Gr 7 Girls VB 3:15pm-4:30pm	

October Month At A Glance

Monday	Tuesday	Wednesday	Thursday	Friday
29 (Sept) Truth & Reconciliation Day Assembly	30 (Sept) No School National Truth Reconciliation	1(Oct)	2	3 Hot Lunch (Noodlebox)
6	7	8	9	10 District Swim Meet 11am-3pm
13 Thanksgiving (no school)	14	15	16	17
20 Book Fair Howling for Hunger Start Date	21 Book Fair	22 Book Fair Early Dismissal 12:40 3-way Conferences	23 Early Dismissal 12:40 3-way Conferences	24 Provincial Pro-D Day (no school) Babysitting Course for registered students
27	28 Order deadline for Nov 7 Hot Lunch (Subway)	29	30 Photo Retake Day – Fall Individuals Birthday Club 2:40pm	31 Halloween Fun in the afternoon

Volunteer Opportunities

Event	Date	Needs	Contact
Breakfast/ Lunch program	One day per week	Help with making lunches 8am-8:40am for students who need food support	Carolyn Cai ccai@sd43.bc.ca
X- mas/ winter market	Dec 5th	<ul style="list-style-type: none"> Collect and organize donations Set up the market OR "Sell" goods for \$1-5 <i>This event generates funds to purchase hampers for families in our community.</i>	Danielle Nicholson
Chess Club We would like to offer this club a second day each week	Once per week at lunch	<ul style="list-style-type: none"> Volunteer once weekly no chess knowledge is needed. Hand out chess sets and collect them. 	Kate Shorthouse kshorthouse@sd43.bc.ca

For Your Consideration- Three Way Conferences



This month our staff will be inviting all families to participate in a Three-Way Conference. The three-way conference is our formal interim report process for term. Each year, families participate in this important opportunity to communicate student learning and to ensure your child has a positive start to the year. Please mark your calendars for this date.

Three-way conferences are a conversation between the student, their parents/guardian and their teacher. This gives students an opportunity to share their growth as a learner and set goals. Students accept accountability and responsibility for their progress and achievement and demonstrate a growing understanding of their development as independent learners. Students, parents/guardians and the teacher - sit together and talk about the student's learning, with the student taking an equal role and together identifying supports that may be needed.

The conference is a 15-minute meeting with your child and their advisory teacher. It is an opportunity to:

- reflect on progress.
- celebrate successes.
- ask questions.
- set a goal(s) for the school year.

Also, please note that students will have early dismissal on both days at 12:40pm for teachers and staff to prepare for the conferences starting at 1:00pm. There are no other early dismissal days during the school year.

Wed, Oct 22nd Early dismissal 12:40pm

Conferences 1pm-4:45pm

Thurs, Oct 23rd Early dismissal 12:40pm

Conferences 1pm-6:45pm

A separate detailed notice will be emailed to families with online booking information, bookings will open on Friday, October 10th.

School News

Online Sept Forms and Payments



School District 43 Coquitlam

Student Activity Fee \$37.00 was due in Sept (includes the student planner, school shirt and locker rental). Contact kshorthouse@sd43.bc.ca if your family needs assistance.

Athletic Fee \$20.00 one-time fee for students who play on any school team. This is a one-time fee that will cover all teams and all seasons throughout the year. Students will also have a paper Permission form to complete which acknowledges their commitment to the Middle School's Athletic code of conduct.

School Forms District policies, emergency release (paper copy) should all now be completed. Call the school if you need assistance. **Verification forms will be made available on the parent portal shortly. You will receive an email when they are posted**

School forms and expenses including fieldtrips, fees and school events are made through an online payment system that will allow you to view and pay your child's student fees safely and conveniently. This system is used until your child completes Gr 12 and is automatically updated when they move to another school.

All families need to be registered, if you don't have an online account, please get one now! Here's how to get started:

1. Go to <https://sd43.schoolcashonline.com>
2. Click on "Get Started Today"
3. Create your account
 - o Make sure to OPT IN to receive e-mail notifications for updated school information

School Routines

Before school

Students are expected to wait outside until the welcoming bell. Students who arrive early are welcome to come to Café Monte through the courtyard beginning at 8am. Students who miss breakfast can get something to eat until 8:35am. **Once students are inside the school, they are expected to put their phones and devices away.**

Lunch

Students have between 12:40- 12:48pm to eat their lunch in their classroom. At 12:48pm students can go outside or to the cafeteria or participate in any practices or clubs that are available that day. If students need a few more minutes to eat their lunch, they are given that time. By 12:55pm classroom doors are locked, and students are expected to be out of the classroom unless they are with a teacher. The cafeteria is supervised and has many puzzles and games for kids to enjoy.

Food security is an increasing challenge for many families. Families who would like assistance with providing lunch can contact our youth worker Carolyn Cai at ccai@sd43.bc.ca for help.

School Phone

Students have access to the school phone at the office to call home if needed. During class time teacher permission is needed. At nut break, lunch, or after school students can just come up to the office. Please ask your child to leave a message if they call home so that you know who called from the school.



School Drop Off/ Pick Up and Student Safety

Help us keep your children safe, please read the parking signs. There is not stopping in these areas



Student Pick Up/ Drop Off

There is no parking on the south side of Edgewood Ave. Please arrive after 3:10pm so that your child is ready for pick up in the cul de sac.

Parking Lots

The lots are not for drop off or pick up unless a parent is entering the school

Please remember to abide by the speed and parking signs on Edgewood and Kugler Avenues. As indicated clearly on the signs on Edgewood, there is no parking on the south side of Edgewood or in the cul-de-sac. Parking in the cul-de-sac is not permitted because parked cars prevent the cul-de-sac from being used by others to turn around. If it is your wish to pick your child up near the cul-de-sac, please plan on arriving at 3:10 or a little after so that your child is there waiting for you. It is important that drivers respect neighbours' property and avoid parking in a manner that blocks driveways.

The school parking lots are not for drop off or pick up unless a parent is entering the school.

Please also be mindful that, with inclement weather, driving conditions are that much more challenging. On November 2nd, our clocks will go back an hour as well, resulting in it getting darker earlier. Thank you for paying close attention to your speed in and around Monty at drop off and pick up time. We want everyone to be safe! Thanks very much for your attention to these guidelines.



On Monday, September 29th, Ecole Montgomery Middle held our 9th National Day for Truth and Reconciliation Assembly, (formally Orange Shirt Day). Thank you to the many students who wore something orange in colour. Our student drumming troupe, led by Ms. Diep, opened and closed our National Day for Truth and Reconciliation assembly, and they did so wonderfully. The entire program provided all who were in attendance with many opportunities to reflect on the history of our Indigenous Peoples, and the importance of spending time on September 30th considering what we can all do through the “94 Calls to Action” to support the Reconciliation process.

During the assembly each advisory had a student representative present one of the “94 Calls to Action” that resonated with the class. These were printed on miniature orange shirt cut outs and attached to a poster, symbolizing Monty’s commitment to the Reconciliation process.

Thank you, Families!

We have had a wonderful week last week of September with Sports Day on Tuesday, September 23rd. The students enjoyed numerous activities throughout the school. Team Atlas was also away at camp for two nights in September with volunteers making the difference.. During the Atlas camp and sports day students were keen, engaged, and respectful. All staff and lots of parents commented on what great kids we have at Monty.

*Thank
you!*

On Wednesday, September 24th, families participated in our first PAC meeting of the school year and made plans to support many wonderful activities. We are excited for the year ahead!



Christmas Market/ Winter Market

The Annual Monty Christmas Market generates funds to purchase hampers for families in need in our community. Families donate new items or almost new household items. These items are organized by a team of parent volunteers and students purchase affordable items in the beginning of December as gifts for their family members/ friends. The gifts are wrapped as a part of the market.

This PAC sponsored event needs the support of parents to help organize items for sale and sell items during the market. Please start to save

household items for your child to donate, we will be collecting donations in late October and again in November. Please contact Danielle Nicholson if you can help.

Howling for Hunger Food Drive



Cascades is sponsoring a food drive for Halloween. Please donate either non-perishable food items or money to help us achieve our school goal of \$500 and 500lbs of food to support the Share Food Bank.

The SHARE Food Bank distributes 5000 pounds of food to a minimum of 375 families every week, 37 percent of which are children. The Food Bank provides bi-weekly food and emergency hampers for Tri-Cities' individuals and families in need. Thank you for doing what you are able, we understand that some families within our community depend on Share and other food banks to help manage.

Here is the link to donate directly to the food bank: <https://bcvfd.foodbank.bc.ca/fundraiser/montgomerymiddle>.

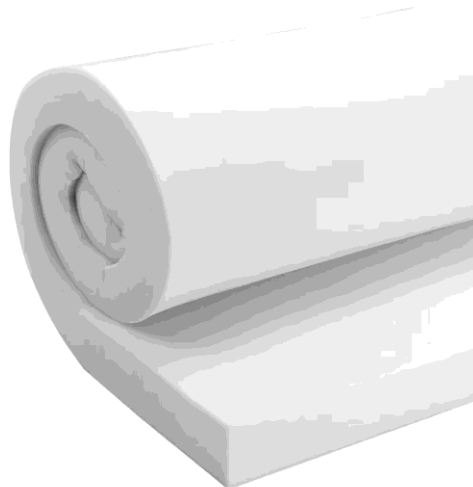
We will also accept donations through School Cash Online.

Call for Donations – PAC

The PAC is wishing to support the school's plan to have each Team attend a full-day field trip up to Grouse Mountain, where students will engage in several educational and hands-on activities that align perfectly with Monty's Indigenous goal of "Know This Place". This will include time in the beautiful Longhouse where students will be treated to story-telling, traditional singing and drumming and an Indigenous Art activity. There will be land-based learning experiences offered to students as well. The PAC would like to use whatever donations are received to help offset / decrease the transportation costs associated with the field trip. Thank you very much for your consideration.

STEAM is Seeking Donations!

STEAM is seeking donations! In particular, if you have any LEGO blocks, craft supplies (ribbon, yarn, thread, beads etc.) or foam, we would love to help you clear your home and repurpose things you no longer need. If you are unsure if what you have could be used by us, please reach out to Ms. Lee (janlee@sd43.bc.ca) or see her in the STEAM room (room 196). Thank you





Dear Families:

I'm excited to announce that our school will be hosting a Scholastic Book Fair, which will take place from October 20-23 at the Library Learning Commons.

For students, it's one of the most anticipated events of the school year—but we need volunteers to make it happen. We hope that you can offer your time and talents to help students experience Bookjoy firsthand! And every purchase at the Fair directly benefits our school. So, it's a win-win!

If you're available to lend a hand at this upcoming event, please contact me and share which Fair activities interest you most. Opportunities to assist include:

- Setting up the Fair • Helping shoppers at the Fair • Checkout • Packing up the Fair •

Please note that you will need to have your Volunteer forms and Record Check completed at the office to volunteer.

I look forward to hearing from you.

Gratefully,

Taryn Coupland

Book Fair Host

tcoupland@sd43.bc.ca



School Vaccination Information for Parents

Getting vaccinated on schedule is the best way to protect yourself from many dangerous diseases. Public health regularly checks immunization records for students in Grades 6-12 to help make sure they are up to date on vaccines.

We offer all routine vaccines needed for students in Grades 6-12 when students are in school.

Families can check their child's immunization records online to see if they need any vaccines by logging into immunizationconsent.gov.bc.ca/s/ then looking at "Immunization forecast".



Give consent for the child's vaccines online

This year, students, parents, or caregivers of students in Grades 6-12 have the option to provide consent for vaccines online. **You can fill out consent now or any time before the school clinic.**

To give online consent for immunizations, scan this QR code or go to immunizationconsent.gov.bc.ca/s/.



If vaccines are needed, please see [Vaccines | HealthLink BC](#) for more information on the specific vaccine your child needs.

Parents, students or caregivers who complete the online consent, will receive a letter closer to the time of school immunizations so you are aware of when the school clinic is occurring.

If consent is not completed online, students will receive a letter and paper consent form from the school close to the time of immunization. The letter will let you know when the consent needs to be returned by.

What if the child had vaccines but they are not on their immunization record?

If the child's record is missing vaccines they already had, please do the following:

1. Find the paper record at home, if one was given to you at the time of vaccination.
2. If you do not have records at home, contact the health care provider who gave the vaccines and ask for a copy of the immunization record.
3. Report the immunizations either of these ways:
 - Submit it online by either scanning this QR code or going to FraserHealth.ca/immunizationform.





For more information

- B.C.'s immunization schedule: [Immunizations schedule for children | HealthLink BC](#)
- Fraser Health information and resources on immunizations: FraserHealth.ca/immunize

If you have questions, please call your local public health unit.

Public Health Units					
Abbotsford 604-864-3400	Agassiz 604-793-7160	Burnaby 604-918-7605	Chilliwack 604-702-4900	Cloverdale 604-575-5100	Guildford 604-587-4750
Hope 604-860-7630	Langley 604-539-2900	Maple Ridge 604-476-7000	Mission 604-814-5500	New Westminster 604-777-6740	TriCities (Port Moody) 604-949-7200
Newton 604-592-2000	North Delta 604-507-5400	North Surrey 604-587-7900	South Delta 604-952-3550	White Rock 604-542-4000	

2

www.fraserhealth.ca

This information does not replace advice given to you by a healthcare provider. School Vaccination information for Parents
Sept 2, 2025

Immunizations at Montgomery Middle!

Immunizations will take place at Montgomery Middle on:

Friday, March 6th, 2026

Friday, March 8th, 2026

This year, you can digitally consent to immunizations by scanning the QR code on the previous page or clicking this link: [Immunization Consent](#).

If you have any questions, please contact Fraser Health at 604-949-7251, and one of the nurses will be happy to help you.

Babysitting Course at Montgomery Middle

Montgomery Middle will be hosting a babysitting course taught by Marylene Desroches from Sea to Sky First Aid Training on the Friday, October 24th Pro-D Day. You can register your child through School Cash Online. The course needs a minimum of 20 participants and has a maximum of 30. The cost is \$39 per student. Click [here](#) to register. If you miss this date, there will be another chance later in the school year! See below detailed information:

BABYSITTING COURSE

**CANADIAN
RED CROSS**
TRAINING PARTNER

IN SCHOOL

11+
YEARS OLD



COST: \$39

HOURS: follows regular school schedule

OF STUDENTS: minimum 20, maximum 30

WHAT TO BRING: an extra long sleeve shirt, pencil, snacks, lunch + water

COURSE CONTENT

- Look after babies, toddlers, preschoolers and school-age children. Care for himself/herself and siblings when home alone.
- Create a safe environment, and deal with phone calls and unexpected visitors.
- React confidently in case of an emergency, such as choking, bleeding, poisoning or burns.
- Cope with common problems, such as tantrums and crying.
- Play games and organize activities to keep kids of all ages entertained.
- Manage a babysitting business. This includes creating a resume and a business card and asking the right questions before accepting a babysitting job.

FIRST AID CONTENT

- Check, Call, Care
- Glove removal
- Recovery position
- Conscious choking (child/baby/alone)
- CPR (baby/child)
- Illness
- Asthma (includes use of inhaler and spacer)
- Anaphylaxis (includes use of EpiPen)
- Poisoning
- Insect stings
- Wound care (i.e. minor cuts and scrapes, splinters, nosebleeds, bumps and bruises)
- Life-threatening bleeding
- Burns
- Broken bones
- Seizures

A Message from the Library Learning Commons:

Not sure what to do with all the books your kids no longer read? Feel like you need to donate, but not sure where? The Monty Library Learning Commons would LOVE donations of books that are at the middle school level. Our Graphic novels section is the most popular and hard to fill requests. Please feel free to drop off books at any time to the Office before or after school and I will come pick them up.

Sincerely,

Ms. Coupland



PAC News and Events

Happy Fall! Thank you to everyone who came to the PAC meeting last week. It was one of the best attended PAC meetings I've seen since taking on the role of President 4 years ago, and it was wonderful to see all of your enthusiasm. I'm excited to see what we can accomplish this year.

For 2025-26, PAC meetings will be on Wednesday nights at 7pm in the Monty Middle Library.

The purpose of the PAC is to promote the education and welfare of students in the school, be the collective voice of parents, encourage parent involvement in the school, and to advise and assist the administration and staff in matters pertaining to the school and students. We encourage all parents and caregivers to be engaged with their child(ren)'s school and joining PAC meetings is one way to get connected. All parents and caregivers are automatically PAC members.

This year, we will continue to raise funds to support our students and school. The BC Gaming Grant will support the purchase of technology for the STEAM program and sporting equipment for every class to use a break times, other fundraising efforts will contribute to the Grade 8 leaving ceremonies, provide entertainment to students, and give each classroom a small discretionary fund to buy supplies needed for the year.

We have a new fundraising goal! The staff at Monty Middle are planning to take all Teams to Grouse Mountain for a First Peoples workshop, and have asked for help with paying for the buses to get our kids there. Please fill out this form to help us figure out the best ways to raise funds:

<https://docs.google.com/forms/d/e/1FAIpQLSdddFZbaAiv7FCRgTelN0oat0zev8o0Xn828ed07aWpfPGyGA/viewform?usp=dialog>

Looking Ahead

Lunch from Subway - Friday November 7, **order by Tuesday October 28**

Cookies from Europe Bakery - Friday December 12, **order by Tuesday December 2**

Christmas Market - Friday December 5, with preparations beginning Nov 17

Multicultural Lunch - Friday 20, more info to follow

Staff Appreciation Day - late May, date TBD

The Christmas Market and Multicultural Lunch are always very popular with students. More information will be provided in the next newsletter, and we will be asking for volunteers to help make these treasured events a reality. Please contact us at montymiddlepac@protonmail.com to get connected.

2025-2026 Executive

President – Danielle Nicholson

Secretary – Jen Bradley

Co-Treasurer – Kristine Kirk

Co-Treasurer – Lily Gu

DPAC representative – Chris Hilliker

Members at Large – Valorie Salimpoor, Devon Steeves (Hot Lunch Coordinator), Kathy Lee, Zeyad Saleem, Brendan Reid, Hannah Chow

Meeting Dates for 2025-2026 (there are no meetings in December, March and June)

Wednesday Oct 15 7pm

Wednesday Nov 19 7pm

Wednesday Jan 21 7pm

Wednesday Feb 18 7pm

Wednesday Apr 22 7pm

Wednesday May 20 7pm - AGM

Support the Montgomery PAC with Return-It Express

Did you know that there's a faster, easier way to recycle your refundable beverage containers – without sorting or waiting in line?

[Return-It Express](#) lets you drop off your containers in minutes. Here's how:

- 1) If you don't already have a free Return-It Express account, scan the box with your phone or click the link get the app and sign-up.
- 2) Bag your unsorted empty beverage containers in see through bags. (Up to 90-litres)
- 3) Bring up to 6 bags at a time to any Return-It Express depot. All the local depots offer Express, I checked!
- 4) Walk in with your bags. At the kiosk, type in your phone #, peel and stick the printed labels to your bags
- 5) Drop the bags in the Express bin and walk away.

You get the full refund value, just like manual sorting, and less...sticky hands.



Get the app & sign up at
<https://app.return-it.ca/register>

So...how do I support the Montgomery PAC?

You can donate your refund to help fund school equipment, programs, and field trips from within your Return-It Express account.

Option 1)

In your Return-It Express account use “**Set Automatic Donation**” to send all future refunds directly to the **Montgomery Middle PAC**.

Option 2)

Prefer to decide each time? That's ok! You can choose to donate your refund when you redeem it.

Thank you for your support.
Brendan Reid
Montgomery PAC
Member-at-large

