

The Current - Monty Middle Newsletter

Edition #3 Tuesday, November 4th, 2025

Weekly Schedule of Events

Monday	Tuesday	Wednesday	Thursday	Friday
Before School				
Advanced Concert Band: @ 7:45am Café Monte Open every day 8am	Beginner Concert Band: @ 7:45am	Advanced Concert Band: @ 7:45am	Beginner Concert Band: @ 7:45am	Student Government Meeting 8:30-9:30am
Lunch				
GSA Club			Chess Club	
After School				
D&D Club		Harry Potter Club 3pm		

November Month At A Glance

Monday	Tuesday	Wednesday	Thursday	Friday
3 Howling for Hunger Ends Monty Hoodies & Sweatpants for Sale	4 Gr 6 Volleyball Wrap Up	5 Ski & Snowboard Club Registration Closes	6	7 Hot Lunch (Subway)
10 Remembrance Day Service Ski & Snowboard Item Live on SCO - accepted students	11 Remembrance Day (No School)	12	13	14
17 Monty Hoodies & Sweatpants Sales End	18	19 PAC Meeting 7pm	20	21
24	25	26	27	28 Career Fair Birthday Club 2:40pm
1 (Dec)	2 Order deadline for Dec 12 Treat Day (cookie)	3	4	5 Monty's Winter Market

Volunteer Opportunities

Event	Date	Needs	Contact
Winter Market This event generates funds to purchase hampers for families in our community	One or more Thursdays in November as available	- Parents to collect and organize donations - Parent to set up the market - Parents to “sell” goods for \$1-5 and collect money	Danielle Nicholson montymiddlepac@protonmail.com
Lunch program support	One or more mornings per week	Volunteer once weekly before school to support our youth worker who prepares lunches for students in need. Your child can come early too and have breakfast in Café Monte	Kate Shorthouse kshorthouse@sd43.bc.ca

For Your Consideration- Let's talk about drugs.

Popular culture which includes online content, music, movies, and old-fashioned TV is filled with drug references and the promotion or normalization of vaping, drugs and alcohol. As your child matures, they will hear conversations in and around their schools, the community and perhaps peer group about the use of vapes, drugs and alcohol. Talking with your child regularly helps to ensure they know that they have a trusted adult to talk with and this helps to delay or prevent experimentation.

Healthy decision making requires that we talk about our values, understand the impact of unhealthy decisions, and make a commitment and plan to make healthy decisions. Families don't have to be experts and know all the answers. We do have to be willing to listen to childrens' questions and opinions without judgment, (easier said than done) and ask questions to understand, provide factual information and share our own values and expectations.

The graph on this page is from the McCreary Centre Society report, Blunt Talk (see the second link).

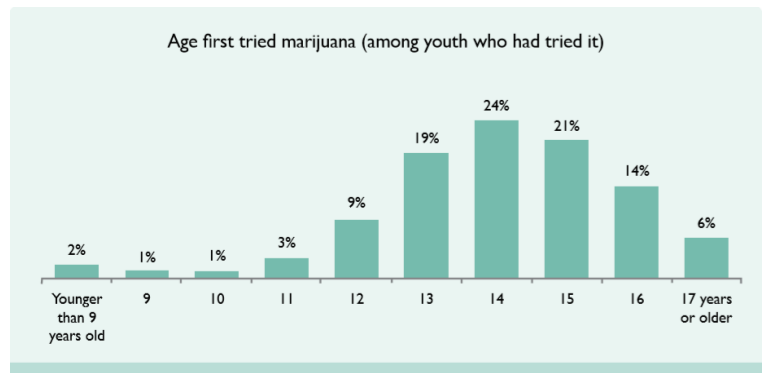
Below is a list of links for your reference to help you with your conversations with your child;

Cannabis Talk Kit (2015 the section on Cannabis and the law is outdated, the rest is very helpful)

<https://www.drugfreekidscanada.org/wp-content/uploads/2017/06/34-17-1850-Cannabis-Talk-Kit-EN-10.pdf>

Blunt Talk: Harms Associated with Early and Frequent Marijuana Use Among BC Youth

http://www.mcs.bc.ca/pdf/blunt_talk.pdf



Talking to Your Teen About Vaping a Tip Sheet for Parents

<https://www.canada.ca/en/services/health/publications/healthy-living/talking-teen-vaping-tip-sheet-parents.html>

School News

Remembrance Day Service – Invitation to Submit Information

We are currently in the process of planning our Remembrance Day Service that will take place on the morning of Monday, November 10th. One of the things we will be incorporating into our service is a slide show that recognizes the contributions of men and women who are affiliated with our school community (either to students who attend or to staff members who work at Monty) to be shown at our Remembrance Day service on November 10th. This is a wonderful way to personalize the significance of Remembrance Day to youth who ordinarily have some difficulty relating to its significance.

We are hoping to receive information from Monty families regarding family members who have served their countries in various capacities in the past. This is the information we are hoping to receive from families:

- Full name of individual who served (ex. Gordon Smith)
- Connection to Monty (ex. Great Grandfather of “Monty student’s name”)
- Title / rank in Organization (ex. Captain, Canadian Armed Forces)
- If deployed, where and when (ex. England and France, during WWII)
- Anything else you wish to share.
- If possible, a photo of the individual ... but if nothing is available, that is fine as well.

We need to receive this information by Thursday, November 6th to have enough time to incorporate it into the slide show presentation. Sooner than this would be terrific! The best way to share this information is to email Acting Principal Kate Shorthouse at kshorthouse@sd43.bc.ca. Electronic versions of photographs are fine, or hard copies in an envelope with your child’s name on the back of the photograph. These hard copies will be scanned by me and then returned to your child in the envelope.

Thank you very much for your consideration.



We Scare Hunger Food Drive- Howling for Hunger Nov 3rd Last Day to Donate!



Howling for Hunger is a food drive initiative in support of SHARE Food Bank, supporting those experiencing food insecurity in our community.

Direct cash donations are very welcome, as they allow the food bank to buy fresh, nutritious food that cannot be collected in a physical food drive. [Click here](#) to donate money through School Cash Online. Or you can donate directly to our Howling for Hunger donation page at

<https://bcvfd.foodbank.bc.ca/fundraiser/montgomerymiddle>.

Non-perishables will be collected at school and online donations will be available until Monday, Nov 3rd. We know that many families in our community rely on the food bank to help manage the cost of living. Thank you for supporting Howling for Hunger if you can!



Need Support ?

If your family is struggling with food security, please let us know. All students have access to breakfast every morning in the cafeteria. We can also provide a lunch to any student who needs one, please email Carolyn Cai our youth worker at ccai@sd43.bc.ca or Kate Shorthouse, Principal at kshorthouse@sd43.bc.ca for more information.

MONTY Wear On Sale Until



“Monty Wear” which include hoodies/sweatpants is live on School Cash Online as of Nov 3rd and will be open until end of day Nov 17th. We expect to receive the products before Winter Break in case you are purchasing this item as a gift.

[Click here](#) for the link to School Cash Online to place an order if you are interested. Thank you to Mrs. Perry for her hard work making these items available.

PAC sponsored Winter/ Christmas Market Friday, Dec 5th

The Christmas Market is of important Monty tradition that generates funds to support the purchase hampers for families in need in our community. Families donate gently used household items or new items beginning this week. These items are organized by a team of parent volunteers so students can purchase affordable items (all less than \$5) as gifts for their family members/ friends. Gifts are wrapped by students from Continuing Education.

On **Thursdays** in November, please send donated new or very gently used household items including x mas wrap or ribbon with your child beginning November 10th. Students should drop donated items to the office. **Soaps, perfumes, and other consumable items need to be new.**



This PAC sponsored event needs the support of parents to help organize items for sale and sell items during the market. To ensure that this event can proceed we need the support of our parent community, everyone is welcome. Please contact Danielle Nicholson at montymiddlepac@protonmail.com if you have questions or can help on one or more days. Thank you to Danielle for her leadership😊

Volleyball

This is a busy time as grade 7 and 8 volleyball teams wrap up their seasons with final league games and district tournaments. The grade 7 teams have their playoffs on Nov 4th (B Team) and 18th (A Team) to wrap up their season. Congratulations to all the grade 6 players who participated in volleyball this season. The wrap up party for Grade 6's is on Nov 4th. The grade 8 teams have their playoffs on Nov 12th (B team) and Nov 19th (A team). Please visit the website for a schedule. Practice dates and times will vary now. Please have your child check with their coach for when their team is practicing. Volleyball is possible thanks to the following staff:

Grade 6	Ms. Martini, Mme. Riccardi, Ms. Best, Ms. Beauregard, M. Baldonado
Grade 7 Girls	Ms. Sievers/Ms. Gurney
Grade 7 Boys	Mr. Sitter
Grade 8 Girls	Mr. Welch
Grade 8 Boys	M. Hashmi/ Ms. Tuan



Please encourage your child to take a moment to show their appreciation to their coach for their gift of time by saying a simple thank you.

Swimming

The Monty swim team recently competed at the district swim championships! Congratulations to all swimmers for their fantastic effort this season!

Top Results Were:

Boys Medley Relay (Owen, Jacob, Krishna, Ethan) – 4th Place
Jacob – 5th Place (50 Breast)
Owen – 8th Place (50 Fly), 9th Place (50 Free)

Thank you, Mr. Turner, for coaching another great swim season!!

Cross Country Team

Thanks to Mr. Christianson, Monty was able to participate in x-country. Congrats to all the students who came out rain or shine to compete in mini meets and the district finals and to the Gr. 7 Girls Team District Champions – Charley, Riley, and Ashtyn!

Other congratulations to our Individual Top Tens!

Ashtyn L. – 2nd Place
Charley K. – 3rd Place
Liam L. – 5th Place
Riley K. – 5th Place
Evee L. – 7th Place



Ski and Snowboard Club

We are excited to start taking applications for Monty's Ski and Snowboard Club for the 2025-2026 now until Nov 5th! This year, we will have space for 100 students. All applicants who apply before the Nov 5th at 3pm, will be entered into a lottery draw. Successful applicants will be emailed a link to pay the fee on School Cash Online. All other applicants will be wait-listed.

The dates for the club are Thursdays, January 15, 22, 29, and February 5, leaving from the school at 3:00pm and returning to the school by 8:30pm. **A detailed email with costs and more information has been emailed on October 23rd to all families along with a link to apply to the club.** Please do not email questions until you have read the October 23rd email.



A huge thank you to Ms. Beauregard and Mrs. Diep for their leadership. There is a considerable amount of work on behalf of the volunteer staff to make this wonderful opportunity available for students.

We rely on families who have their name drawn to complete all required forms accurately and make payments by the deadlines set.

Registration is not confirmed until all forms have been completed and returned to the school and Mount Seymour. Participation is a privilege not a right. Students who are participating must continue to demonstrate responsible behavior and citizenship.

MONTGOMERY SKI & SNOWBOARD CLUB

Application forms are now open

Deadline to apply is November 5

Visits to Mt. Seymour January 15, 22, 29
and Feb 5

100 students to be drawn by lottery



Book Clubs

This Month's Family Order Due Date: November 28, 2025

Hey there, families!

Ready to discover the characters and stories your kids love? With expertly curated selections, plus the chance for our class to earn rewards with every order, Scholastic Book Clubs is here for your family to boost your kid's reading joy and create moments of quality time you can share together!

SHOP DIGITAL FLYERS

scholastic.ca/bc/digiflyers

Help your child discover the pure joy of reading when you use my Class Code:

RC154230

Every order benefits our classroom, helping me earn FREE books and resources that every child can enjoy.

This month, I'm recommending these books!

Dog Man: Big Jim Believes by Dav Pilkey

War Games: A Novel of 1936 Berlin by Alan Gatz

Snoop by Gordan Korman

Diary of a Wimpy Kid: Party Pooper by Jeff Kinney

The Baby-Sitters Club Graphic Novel #18 by Ann M Martin

Thanks for your support!

Your classroom teacher,

Ms. Coupland

Bring Your Own Learning Device expectations: Gr 7/8 classes LFI and Montessori Gr 6

- Please discuss with your child the expectation that their laptop be charged overnight and brought to school each day.
- Devices are to be used exclusively for school assignments when directed and supervised by a teacher. No gaming, communicating with others on non-SD43 platforms such as Discord, or free-time use is permitted at school.
- If your child is having trouble resisting the temptation of non-school uses at their fingertips, we recommend helping your child set up a school-specific login profile
<https://www.pcmag.com/how-to/how-and-why-to-create-a-separate-windows-account-just-for-school>

PAC News and Events

Welcome to November. Thank you to the 58 families that filled out our form about future fundraising efforts, and to the handful who have agreed to help with adding in hot lunches. We really appreciate you taking time to connect with our PAC. We will be discussing potential fundraising options at our November meeting, and hope you can join us.

For 2025-26, PAC meetings will be on Wednesday nights at 7pm in the Monty Middle Library.

The purpose of the PAC is to promote the education and welfare of students in the school, be the collective voice of parents, encourage parent involvement in the school, and to advise and assist the administration and staff in matters pertaining to the school and students. We encourage all parents and caregivers to be engaged with their child(ren)'s school and joining PAC meetings is one way to get connected. All parents and caregivers are automatically PAC members.

This year, we will continue to raise funds to support our students and school. In addition to helping with the planned team trips to Grouse Mountain, the PAC will support the purchase of technology for the STEAM program and sporting equipment for every class to use at break times, contribute to the Grade 8 leaving ceremonies, provide entertainment to students, and give each classroom a small discretionary fund to buy supplies needed for the year.

Looking Ahead

Cookies from Europe Bakery - Friday December 12, order by Tuesday December 2

Christmas Market - Friday December 5, with preparations beginning Nov 10

Multicultural Lunch - Friday February 20, more info to follow

Staff Appreciation Day - late May, date TBD

We are now preparing for this year's Christmas Market. An annual tradition, our Christmas Market is a one-day event, held this year on Friday December 5. For the whole day, the multipurpose room is converted to a shop where students can buy donated items, priced from 25¢ to \$5. This is a great way for kids to purchase Christmas gifts for family and friends! As of Monday November 10 we will be accepting donations of gently used (or new) items to be sold at the Market; donations can be dropped off at the school office. We are in need of volunteers to help sort items before the market, set up the Market on Thursday December 4, and to run/re-stock tables on December 5. Part or full day help is okay, we're just happy to have you! If you are interested in helping with the Christmas market, please fill out this form before Friday November 21: <https://forms.gle/1s2Edyov7UGMaFTs5>

2025-2026 Executive

President – Danielle Nicholson

Secretary – Jen Bradley

Co-Treasurer – Kristine Kirk

Co-Treasurer – Lily Gu

DPAC representative – Chris Hilliker

Members at Large – Valorie Salimpoor, Devon Steeves (Hot Lunch Coordinator), Kathy Lee, Zeyad Saleem, Brendan Reid, Hannah Chow

Meeting Dates for 2025-2026 (there are no meetings in December, March and June)

Wednesday Nov 19 7pm

Wednesday Jan 21 7pm

Wednesday Feb 18 7pm

Wednesday Apr 22 7pm

Wednesday May 20 7pm - AGM

Support the Montgomery PAC with Return-It Express

Did you know that there's a faster, easier way to recycle your refundable beverage containers – without sorting or waiting in line?

[Return-It Express](#) lets you drop off your containers in minutes. Here's how:

- 1) If you don't already have a free Return-It Express account, scan the box with your phone or click the link get the app and sign-up.
- 2) Bag your unsorted empty beverage containers in see through bags. (Up to 90-litres)
- 3) Bring up to 6 bags at a time to any Return-It Express depot. All the local depots offer Express, I checked!
- 4) Walk in with your bags. At the kiosk, type in your phone #, peel and stick the printed labels to your bags
- 5) Drop the bags in the Express bin and walk away.

You get the full refund value, just like manual sorting, and less...sticky hands.



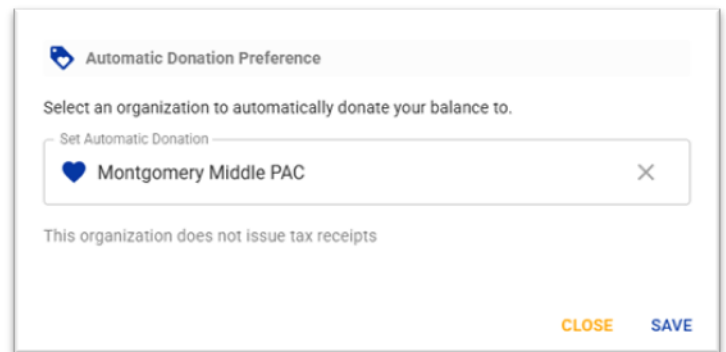
Get the app & sign up at
<https://app.return-it.ca/register>

So...how do I support the Montgomery PAC?

You can donate your refund to help fund school equipment, programs, and field trips from within your Return-It Express account.

Option 1)

In your Return-It Express account use “**Set Automatic Donation**” to send all future refunds directly to the **Montgomery Middle PAC**.



Option 2)

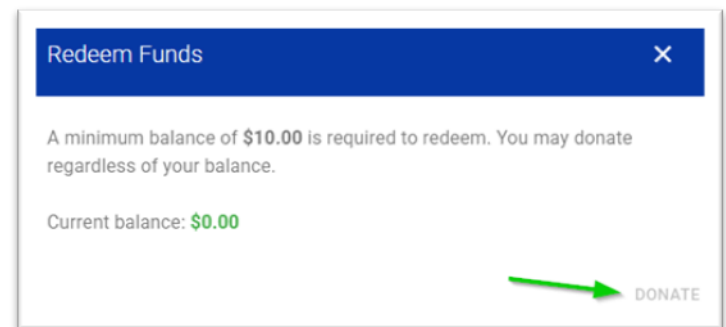
Prefer to decide each time? That's ok! You can choose to donate your refund when you redeem it.

Thank you for your support.

Brendan Reid

Montgomery PAC

Member-at-large



DISTRICT NEWS

Winter Weather and School Closures

Schools are not usually closed because of snow or other weather conditions. All schools in the Coquitlam School District will remain open, if possible, during winter weather, including snowfall.

Our schools are in very different climate zones from one another and there may be the need for **some** schools to be closed within SD43 while others remain open. If there is a partial closure of schools within the school district, these individual schools will be named. Full or partial school closures do not happen often.

Extreme weather can also change the transit bussing. Bus schedules may have changes or cancellations due to the weather conditions. Parents looking for information on public bus schedules need to consult the Translink website: <http://www.translink.ca/>

Coquitlam School District school closures will be decided by 6:30 a.m. or earlier and will be announced on:

1. School District 43 website www.sd43.bc.ca and school website

2. Radio

CKNW	980am radio
CKWX	1130am radio
CBC	690am radio



Please do not call the school.



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- ✓ Beginner to Intermediate
- ✓ Club Teams | ALL AGES
- ✓ House Teams | 10U – 14U
- ✓ Winter Programs

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+ WINTER PROGRAMS
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SD43Education
FOUNDATION



SD43 Education Foundation Online Auction LIVE November 8 - 25, 2025

Make a Difference in Your Community

The SD43 Education Foundation Online Auction raises funds to support students and programs across Coquitlam, Port Coquitlam, Port Moody, Anmore, and Belcarra.

Last year, the following schools benefitted from sharing **\$51,120** in grants:

Birchland Elementary
Centennial Secondary
Hampton Park Elementary
Kilmer Elementary
Mundy Road Elementary
Port Moody Secondary

Cape Horn Elementary
Como Lake Middle
Heritage Woods Secondary
Meadowbrook Elementary
Parkland Elementary
RC Macdonald Elementary
CABE Secondary

Castle Park Elementary
Gleneagle Secondary
Inquiry Hub
Montgomery Middle
Pinetree Secondary
Suwa'ikh School

Amazing Items and Experiences

Bid on vacations, hotel stays, dining experiences, local gift certificates, hockey and sports tickets, golf packages, technology, and more exciting items for everyone.

Visit, Bid and Share: www.32auctions.com/SD43foundation