

The Current - Monty Middle Newsletter

Edition # 7 Monday, March 2nd, 2026

Weekly Schedule of Events				
Monday	Tuesday	Wednesday	Thursday	Friday
Before School				
Advanced Concert Band: @ 7:45am	Beginner Concert Band: @ 7:45am	Advanced Concert Band: @ 7:45am	Beginner Concert Band: @ 7:45am	Student government meeting 830am-9:30am
Lunch				
Intramurals Chess Club GSA Club Library Open	Open Gym Games Club Library Open	Intramurals Games Club Library Open	Open Gym Library Open	Intramurals Library Open
After School				
Grade 8 Boys BB practice 3-415pm (Finals this week) Dungeons and Dragons 310pm	Wrestling Practice 3:15-4:15	Gr 8 BB Game Day Harry Potter club	District Wrestling Meet on March 5 th at Banting Middle	

March Monthly Calendar				
Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4 Adv 9-11 and 12-14 walking fieldtrip Adv 15 Skating Cross Catchment notifications	5 District Wrestling meet at Banting Middle School	6 Immunizations
9	10	11 Term 2 Report Cards Go Live Adv 12 Field Trip Charles Best Play	12 Birthday Club for March Birthdays 240pm Pi Contest See article	13 School Public Speaking Contests (LFI and English) Cross Catchment appeals close
16 SPRING BREAK	18 SPRING BREAK	19 SPRING BREAK	20 SPRING BREAK	21 SPRING BREAK
23 SPRING BREAK	25 SPRING BREAK	26 SPRING BREAK	27 SPRING BREAK	28 SPRING BREAK

**Mrs. Husband's For Your Consideration-
Standing With Families Affected by Global Unrest**



I want to take a moment to acknowledge the deep concerns and stress that many families in our community may be experiencing due to the current events unfolding in Iran and across parts of the Middle East. We know that for some, these events are not distant headlines but personal and painful realities affecting loved ones, friends, or cultural communities.

These conflicts join a growing list of global crises that have touched many of our families over the past few years. We recognize that some students may be carrying emotional stress linked to situations in countries experiencing war or unrest.

Whether these impacts are direct or indirect, they can influence a young person's sense of safety, focus, and wellbeing.

Please know that our school is committed to supporting every student through challenging times. If you notice that your child is showing signs of worry, sadness, or distress related to global events—or if they simply seem unlike themselves—we encourage you to reach out to us. Our counsellor and staff are here to help, and we want to work with you to ensure your child feels supported both at home and at school.

We've also included a collection of resources at the end of this article, that you may find helpful when supporting children through uncertain times or stressful news. These tools can provide guidance on age-appropriate conversations, emotional regulation, and ways to maintain a sense of stability during difficult moments.

Our thoughts are with all families who are navigating concern for loved ones abroad or coping with the emotional impact of ongoing conflicts. Thank you for continuing to partner with us in caring for our students and our community.

Montgomery Staff

1. [How to Talk to Kids About Violence, Crime, and War](#): Common Sense Media gathers tips and conversation starters to help you talk to kids of different ages about the toughest topics.
2. [Resilience in a time of war: Tips for parents and teachers of elementary school children](#): This article from the American Psychological Association can help adults guide their young children beyond fear and to resilience.
3. [Resilience in a time of war: Tips for parents and teachers of middle school children](#): The American Psychological Association breaks out tips and strategies for parents and teachers of middle school-aged children.

Volunteer and Donation Opportunities

Event	Date	Needs	Contact
Track and Field Timers or helpers for running or field events.	Once or twice a week after school	April/ May	sgronnemose@sd43.bc.ca

SCHOOL NEWS

Sports Update- Basketball

A massive thank you to all the coaches who made the Basketball and Wrestling Season possible. This past week and next week, teams are competing in district playoffs/meets. A huge congratulations to our Grade 7 Girls' Basketball team who won the District Championship with the help of Mrs. Sievers. We wish all players well as they head into their final competitions. Go Monty!

Grade 6 Basketball Playday

The grade 6 basketball teams have been working hard at practice during the lunch hours and had an exciting final day of play on Thursday, Feb 26th. Thank you to coach Turner, Porco and Riccardi for supporting the nearly 60 players.

WRESTLING

A big shout out to Mrs. Perry for her leadership as our school coach and her work as a district coordinator for SD43 wrestling. Thanks to her fundraising efforts (and truck), Monty was recently able to purchase new wrestling mats. We have a very enthusiastic group of wrestlers who will be completing in the district meet on Thursday, March 5th at Banting. Go luck to the team.

SKI AND SNOWBOARD

A huge shoutout to Mrs. Diep, Mrs Beauregard and Mrs. Best for organizing our annual ski and snowboard club trips! Thank you also to M. Blizzard and Mrs. Lewellyn (formerly Aida) for their help with supervision along with several parent volunteers.

After spring break the badminton, rugby, and track and field teams will get underway. All players are welcome, and no experience is needed. Sign up is happening during the next two weeks on the sports board.



Public Speaking



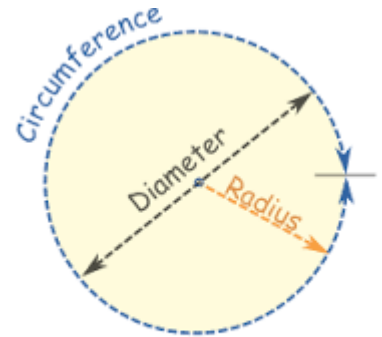
Students are currently completing their class speech finals to select team finalists in preparation for the school finals. Each year we see the hard work and preparation that every student puts into getting ready to present their speech.

For some students (and adults) speaking in front of a group of people is a nerve wracking task. Please encourage your child to practise in front of a mirror, to follow the assignment criteria and to practice deep breathing to help them remain calm. A huge congratulations to all our Montgomery students for participating in our public speaking. Speaking in front of a group is an important life skill that we use at weddings, funerals, throughout high school, post secondary schooling and in many jobs.



Monty Pi Contest

On Wednesday, March 11th all students are invited to compete in our annual Pi Contest. The contest is held at lunch in Mr. Turner's Room # 110. This is a worldwide phenomenon in which people memorize as many digits of Pi as possible and then compete against others to win. Monty winners have their name engraved on a trophy and win a PIE to eat.



$$\frac{\text{Circumference}}{\text{Diameter}} = \pi = 3.14159\dots$$

School Yearbooks

The much-anticipated Monty yearbook is currently being created! This is a piece of history that students cherish and look back at for many years to come. It is a way to remember the many fond memories and experiences of middle school.

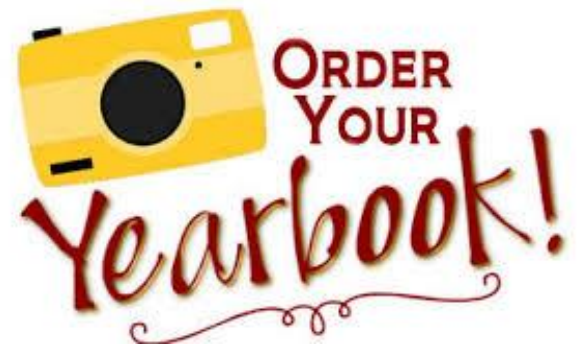
Unfortunately, once we have placed the order with Lifetouch, we are not able to add students/ families. If you are interested in ordering a copy, please use the link below to order:

<https://ybpay.lifetouch.ca/>

\$35 for a soft cover

\$45 for a hard cover

Yearbooks orders are only available through the Lifetouch website. Yearbook ID 13454526. Deadline to place an order is Wednesday, May 13th, 2026. If you have any questions, please contact 084-headsecretary@sd43.bc.ca.



Library Learning Commons:

Spring (or almost spring) is the perfect time for a reset—clearing out closets, shelves, and those piles of “maybe-one-day” items. If you discover gently used books that no longer spark joy at home, we’d *love* to give them a second life in our Library Learning Commons! 😊

We are especially in need of **graphic novels** and **popular middle school favourites** such as *Diary of a Wimpy Kid*, *Hunger Games*, *Percy Jackson*, *Harry Potter*, *Babysitters Club*, and similar high circulation titles. These well-loved books tend to wear out quickly because our students can’t get enough of them!

If you have books to donate, please drop them off at the office during school hours. Not sure if your titles are a good fit? Feel free to reach out anytime!

Thank you for helping us keep great books in students’ hands!

tcoupland@sd43.bc.ca

Monty Teacher Librarian

Thank you from MANGO!

A massive thank you to the Allondale Animal Hospital for their sponsorship and support of our school PADS dog, Mango. PADS stands for Pacific Assistance Dog Society which is an organization that trains service animals for both individual support and accredited facility dogs. Mango is a facility dog as he is trained to work in a large group setting and support students in need. His incredibly calm and friendly manner makes him a welcome connection for countless students every day.



Mango comes to work and lives with Mrs. Husband and is her responsibility in terms of all care and costs, however he is still officially the property of PADS. The generous food support by Allondale Animal Hospital benefits Mango and all the kids (and staff) who enjoy his daily presence at Montgomery. Thank you, Allondale Animal Hospital.

Ravine Closure due to dangerous conditions.

The City of Coquitlam has installed a barricade and temporarily closed access to the trail/ ravine through Booth Creek and Laurentian Crescent. The conditions on the trail and in the ravine have become dangerous due to the heavy rain that fell several weeks ago. There is significant erosion on the trail and ravine such that several trees are at risk of toppling, resulting in the area being deemed too unsafe to be accessed.

Several of our students use the trail through the ravine to get to and from school. For now, during the temporary closure of the trail and ravine, please ensure your children take an alternate route. Please also feel free to reach out to the City of Coquitlam regarding the importance of this access point.



Summer Learning – NEW for 2026

SD43 Summer Learning registration will be using a LOTTERY system to ensure fair access to all students.

Important Dates:

Elementary/Middle

Lottery Registration	April 2-8, 2026
Lottery Draw	April 16, 2026

Secondary – Skill Building and High School Credit

Lottery Registration	April 28-May 4, 2026
Lottery Draw	May 8, 2026

Monty Spring Afterschool Programs

The following afterschool programs will be available this Spring at Montgomery Middle. Registration information will follow shortly in a separate email, once available.

Drawing & Painting

Wednesdays starting at 3:05pm-4:05pm from April 8-May 27th
Art Room

Cooking

Fridays starting at 3:10pm-4:20pm from April 10th-June 7th
Home Ec Room, No class on April 24th

PAC News and Events

The purpose of the PAC is to promote the education and welfare of students in the school, be the collective voice of parents, encourage parent involvement in the school, and to advise and assist the administration and staff in matters pertaining to the school and students. We encourage all parents and caregivers to be engaged with their child(ren)'s school and joining PAC meetings is one way to get connected. All parents and caregivers are automatically PAC members.

This year, we will continue to raise funds to support our students and school. In addition to helping with planned team trips to Grouse Mountain, the PAC will support the purchase of technology for the STEAM program and sporting equipment for every class to use at break times, contribute to the Grade 8 leaving ceremonies, fund special presentations to students, and give each classroom a small discretionary fund to buy supplies needed for the year.

We are collecting donations to the PAC through School Cash Online. When logged in, under the tab for your child at Monty, you will see "PAC Donation 2025-2026 - 2025/2026". All money raised will go towards purchasing supplies for use in our children's classrooms. We appreciate any support you are willing to provide.

2025-2026 Executive

President – Danielle Nicholson

Secretary – Jen Bradley

Co-Treasurer – Kristine Kirk

Co-Treasurer – Lily Gu

DPAC representative – Chris Hilliker

Members at Large – Valorie Salimpoor,

Devon Steeves (Hot Lunch Coordinator), Kathy Lee, Zeyad Saleem, Brendan Reid, Hannah Chow

Meeting Dates for 2025-2026 (there are no meetings in December, March and June)

Wednesday Apr 22 7pm

Wednesday May 20 7pm - AGM

Support the Montgomery PAC with Return-It Express

Did you know that there's a faster, easier way to recycle your refundable beverage containers – without sorting or waiting in line?

[Return-It Express](#) lets you drop off your containers in minutes. Here's how:

- 1) If you don't already have a free Return-It Express account, scan the box with your phone or click the link get the app and sign-up.
- 2) Bag your unsorted empty beverage containers in see through bags.
(Up to 90-litres)
- 3) Bring up to 6 bags at a time to any Return-It Express depot.
All the local depots offer Express, I checked!
- 4) Walk in with your bags. At the kiosk, type in your phone #, peel and stick the printed labels to your bags
- 5) Drop the bags in the Express bin and walk away.

You get the full refund value, just like manual sorting, and less...sticky hands.

So...how do I support the Montgomery PAC?

You can donate your refund to help fund school equipment, programs, and field trips from within your Return-It Express account.

Option 1)

In your Return-It Express account use “Set Automatic Donation” to send all future refunds directly to the **Montgomery Middle PAC**.

Option 2)

Prefer to decide each time? That’s ok! You can choose to donate your refund when you redeem it.

Thank you for your support.
Brendan Reid
Montgomery PAC
Member-at-large

Automatic Donation Preference

Select an organization to automatically donate your balance to.

Set Automatic Donation

♥ Montgomery Middle PAC

This organization does not issue tax receipts

CLOSE **SAVE**

Redeem Funds

A minimum balance of \$10.00 is required to redeem. You may donate regardless of your balance.

Current balance: **\$0.00**

DONATE

COMMUNITY NEWS

WE TEACH KIDS HOW TO DRAW & COLOUR

Drawing
Classes for Kids

YR
The Power of Drawing
Young Rembrandts

JOIN US THIS SPRING AT MONTGOMERY MIDDLE SCHOOL

It's spring time and that can mean only one thing: **SPRINGTIME DRAWING & CARTOONS WITH YOUNG REMBRANDTS!** If your children are baseball fans, they will love our baseball still life lesson. Learning about warm & cool colours will be the focus as our artists draw a detailed exterior of a house. We'll also learn about and draw the legendary Mars Rover. This Spring we take an imaginary trip to Japan and learn about the artistry of the kimono. We are pairing our drawing class with our cartoon program this Spring bringing bright & colourful cartoon characters to life!

DAY OF WEEK
Day: Wednesdays
Time: 3:05 PM - 4:05
Date: April 8 to May 27/2026
Room: The Art Room

TUITION
\$145 for 8 weeks

ENROLLMENT
<https://www.dwul.io/listings>

Scan me or Visit youngrembrandts.com

604.724.7919
www.youngrembrandts.com/lowermainland
ArtsBC@youngrembrandts.com

KidSport

**Saturday
March 7
10am-1pm**

So ALL Kids Can Play!

USED EQUIPMENT SALE

sponsored by:

Saputo

RIVERSIDE SECONDARY

**2251 REEVE STREET
PORT COQUITLAM**

Admission by **donation**
or non-perishable item
to the **SHARE Food Bank**

SAVE on your family's sports equipment!

The KidSport Used Equipment Sale has everything from bikes and hockey gear to fitness equipment, wetsuits, and more!

Open to EVERYONE!

equipment for **ALL** kids and adults!

Outfit a child for lacrosse or hockey, including helmet, stick, and/or skates for approximately \$100!

GIVE back! Donate your gently used* equipment

From *February 21 – March 6*, donate your used equipment at the following locations:

- Port Moody Recreation Complex (main lobby)
 - Poirier Sport & Leisure Complex (main lobby)
 - Port Coquitlam Community Centre (lower arena lobby)
- www.kidsporttricitie.ca

***gently used**
equipment is:

- less than 6 years old
- in good condition
- wearable for league sports



SPRING BREAK Art Journaling 2026

Hey middle schoolers! Join us for guided conversations on real-life topics like self-identity, anxiety, emotions, wellness, social media, unplugging, and connecting with nature — all explored through art, journaling, and supportive discussion.

Through crafting, drawing, writing, and poetry, we create a welcoming space for self-expression, friendship, and connection.



Register Here: <https://bit.ly/AYOSAJSB2026>

When, Where and Who:

Where: The Foundry

400-2755 Lougheed Hwy, POCO

Dates: March 16, 17, 18, 19, 23, 24, 25

Time: 12 pm - 2 pm

Ages: 11-14 (grade 6-8)

ctaaffe@accessyouth.org
604-612-0887





Moresports

GR 8 to 12



Do you like sports, recreation, events or kids?

Want meaningful volunteer opportunities that train you & help build skills for future employment?

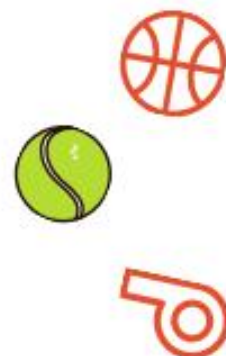


Join the Moresports BC Youth Leadership Team!!

<https://bttr.im/57oho> to sign up



What's in it FOR YOU:
Learn new skills
Get work experience.



Join anytime - each month has different training options. You decide which ones fit into your schedule - but we also have some components on-line for you to complete when you can!



Most Coaching Certificates are FREE to you!

Train to be a Moresports BC Youth Leader and Volunteer to be a "Key Player" to help kids have fun at After School Programs, Summer/Spring Break Camps!

Moresports

Hillcrest Middle
Spring Break Camp
March 16-20



\$268

K-Gr8
Lunch and
Snacks Included



Register at
www.DWUL.io
Search Hillcrest

