

Dear Parents/Guardians of our Wrestling Team

Thank you for your support in getting your kids to practice and picking them up. We have been practicing since the beginning of December and currently some new participants have joined our team from Maillard Middle. I want to thank Coach Amin for joining us and giving excellent lessons and guidance. He is a national champion from Iran who has immigrated to Canada.

We will be having 4 major events that require **early dismissal**:

Thursday, January 22, 2026. **Terry Fox High School for the Turn 'Em Tournament**

This will be an introductory tournament starting from ground position for 2-minute matches. Students are expected to get there by 3 pm for the weight line. Please do not be late as it is very difficult to add them to a group after the fact. It should end by around 5:30.

Thursday, February 5th, 2026. **Eagle Mountain Middle School**

This will be a regular take down tournament from standing position. Grade 6/7 boys will wrestle for 2-minute matches while the Grade 8 boys are 3-minute matches. All girls will be 2-minute matches. Parking is horrendous so please come by 3pm sharp.

Thursday, Feb. 19, 2026. **Montgomery will be hosting this tournament**

This will be a regular tournament. If your child is skiing or snowboard, and they have never wrestled before, he/she must wrestle in this tournament to be eligible for the district tournament.

Thursday, March 5, 2026. **District Tournament at Banting Middle School**

District Tournament is set up with a bracket system in which students will wrestle in a specific weight category. They will continue to move in the bracket until they lose. If they do lose a match, do not leave until they have checked with me that eliminates them for certain.

Wrestlers must come prepared with PE strip, hair ties, no jewelry, and their own water bottle. Please make sure shoelaces are tied and soles are clean.

All students must check in with me before they leave each venue. This is important as I take attendance.

Good luck and have fun!

Mrs. Paige Perry (pperry@sd43.bc.ca)

