

The Current - Monty Middle Newsletter

Edition #3 Friday, November 1st, 2024

Weekly Schedule of Events

Monday	Tuesday	Wednesday	Thursday	Friday
Before School				
Advanced Concert Band: @ 7:50am	Beginner Concert Band: @ 7:50am	Advanced Concert Band: @ 7:50am	Beginner Concert Band: @ 7:50am	Student Government Meeting 8:30-9:30am begins Nov 8th
Lunch				
Intramurals Library Open		Intramurals Library Open Chess Club		Intramurals
After School				
		Harry Potter Club		

November Month At A Glance

Monday	Tuesday	Wednesday	Thursday	Friday
		30	31 Halloween Fun	1 Photo Retakes PJ Day Gr 6 Volleyball Jambouree
4	5	6 Monty Wear Sale Ends	7 Remembrance Day Ceremony X mas market donations	8 First Student Government Meeting
11 Remembrance Day Holiday No school	12 Hot lunch orders due Find My Fit Gr 7 VB Playoffs	13 Gr 8 VB Playoffs (B Team)	14 X mas market donations	15
18 TC02 Presentation	19 TC02 Presentation Gr 7 VB Playoffs	20 PAC meeting 7pm Gr 8 VB Playoffs (A Team)	21 X mas market donations Gr 8 VB Playoffs (A Team)	22 PAC Hot Lunch TC02 Presentation
25	26	27	28 X mas market donations Gr 6 Immunizations	29 Birthday Club

Volunteer Opportunities

Event	Date	Needs	Contact
x- mas market This event generates funds to purchase hampers for families in our community	One or more Thursdays in November as available	<ul style="list-style-type: none"> Parents to collect and organize donations Parent to set up the market Parents to “sell” goods for \$1-5 and collect money 	Danielle Nicholson montymiddlepac@protonmail.com
Lunch program support	One or more morning per week	<ul style="list-style-type: none"> Volunteer once weekly before school to support our youth worker who prepares lunches for students in need. Your child can come early too and have breakfast in Café Monte 	Sarah Husband shusband@sd43.bc.ca

Mrs. Husband’s For Your Consideration- Let’s talk about drugs.



Popular culture which includes online content, music, movies, and old-fashioned TV is filled with drug references and the promotion or normalization of vaping, drugs and alcohol. As your child matures, they will hear conversations in and around their schools, the community and perhaps peer group about the use of vapes, drugs and alcohol. Talking with your child regularly helps to ensure they know that they have a trusted adult to talk with and this helps to delay or prevent experimentation.

Healthy decision making requires that we talk about our values, understand the impact of unhealthy decisions, and make a commitment and plan to make healthy decisions. Families don’t have to be experts and know all the answers. We do have to be willing to listen to childrens’ questions and opinions without judgement, (easier said than done) and ask questions to understand, provide factual information and share our own values and expectations.

The graph on this page is from the McCreary Centre Society report, Blunt Talk (see the second link).

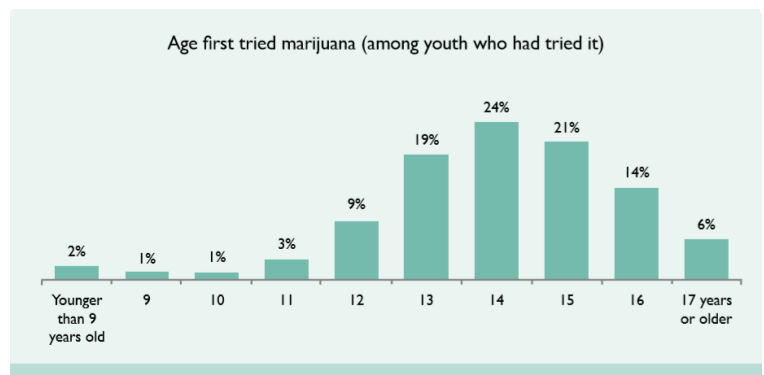
Below is a list of links for your reference to help you with your conversations with your child;

Cannabis Talk Kit (2015 the section on Cannabis and the law is outdated, the rest is very helpful)
<https://www.drugfreekidscanada.org/wp-content/uploads/2017/06/34-17-1850-Cannabis-Talk-Kit-EN-10.pdf>

Blunt Talk: Harms Associated with Early and Frequent Marijuana Use Among BC Youth
http://www.mcs.bc.ca/pdf/blunt_talk.pdf

Talking to Your Teen About Vaping a Tip Sheet for Parents

<https://www.canada.ca/en/services/health/publications/healthy-living/talking-teen-vaping-tip-sheet-parents.html>



School News

We Scare Hunger Food Drive- Howling for Hunger



Howling for Hunger is a food drive initiative in support of SHARE Food Bank, supporting those experiencing food insecurity in our community.

Direct cash donations are very welcome, as they allow the food bank to buy fresh, nutritious food that cannot be collected in a physical food drive. [Click here](#) to donate money through School Cash Online

Non-perishables will be collected at school and online donations will be available until Tuesday, Nov 5th. We know that many families in our community rely on the food bank to help manage the cost of living. Thank you for supporting Howling for Hunger if you can!



Need Support ?

If your family is struggling with food security, please let us know. All students have access to breakfast every morning in the cafeteria. We can also provide a lunch to any student who needs one, please email Carolyn Cai our youth at ccai@sd43.bc.ca or Sarah Husband, Principal at shusband@sd43.bc.ca for more information.

MONTY Wear On Sale Until Nov 6th



“Monty Wear” which include hoodies/sweatpants is live on School Cash Online and will be open until end of day Nov 6th. We expect to receive the products before Winter Break in case you are purchasing this item as a gift.

[Click here](#) for the link to School Cash Online to place an order if you are interested. Thank you to Mrs. Perry for her hard work to make these items available.

PAC sponsored Winter/ Christmas Market Friday Dec 6th

The Christmas Market is an important Monty tradition that generates funds to support the purchase hampers for families in need in our community. Families donate gently used household items or new items beginning this week. These items are organized by a team of parent volunteers so students can purchase affordable items (all less than \$5) as gifts for their family members/ friends. Gifts are wrapped by students from Continuing Education.

On **Thursdays** in November, please send donated new or very gently used household items including x mas wrap or ribbon with your child beginning November 7th. Students should drop donated items to the office. **Soaps, perfumes, and other consumable items need to be new.**



This PAC sponsored event needs the support of parents to help organize items for sale and sell items during the market. To ensure that this event can proceed we need the support of our parent community, everyone is welcome. Please contact Danielle Nicholson at montymiddlepac@protonmail.com if you have questions or can help on one or more days. Thank you to Danielle for her leadership☺

Mango Update

Our PADS dog, Mango has made a big impact on our school community. Students, staff and even some parents have been enjoying the chance to connect with him often. Simply petting an animal releases endorphins in our brain that help us relax and de-stress.



Students have been getting regular updates about Mango through our morning announcements and photos. The students are eager to know about Mango's life away from school. They want to know that he is happy and has time to be a regular dog.

A massive thank you to Allondale Animal Hospital for their generous donation of Royal Canin dog food to support Mango this year!

Volleyball

This is a busy time as grade 7 and 8 volleyball teams wrap up their seasons with final league games and district tournaments. The grade 7 teams have their playoffs on Nov 12th and 19th to wrap up their season.

Congratulations to the over 60 grade 6 players who participated in volleyball this season. The grade 8 teams have their playoffs on Nov 13th (B team) and Nov 20th & 21st (A team). Please visit the website for a schedule.

Practice dates and times will vary now. Please have your child check with their coach for when their team is practicing. Volleyball is possible thanks to the following staff:

Grade 6	Mme. Riccardi, Mrs. Martini, Mr. Prestia and Mrs. Beauregard
Grade 7 Girls	Ms. Gronnemoose/ Mrs. Sievers
Grade 7 Boys	Mr. Sitter
Grade 8 Girls	Mr. Welch/Mrs. Tuan
Grade 8 Boys	Mrs. Best/ M. Hashmi



Please encourage your child to take a moment to show their appreciation to their coach for their gift of time by saying a simple thank you.

Swimming

Merci to Mr. Turner for sponsoring the Monty Swim Team. Congratulations to all the competitive swimmers for their dedication and enthusiasm.



Cross Country Team

Thanks to Mr. Christianson, Monty was able to participate in x-country. Congrats to the 15 students who came out rain or shine to compete in mini meets and the district finals and to the grade 6 girls who finished in 2nd!



Ski and Snowboard Club

We are excited to start taking applications for Monty's Ski and Snowboard Club for the 2024-2025 now until Nov 11th! This year, we will have space for 100 students. All applicants who apply before the Nov 11th at 3pm, will be entered into a lottery draw. Successful applicants will be emailed a link to pay the fee on School Cash Online. All other applicants will be wait-listed.

The dates for the club are Thursdays, January 30, February 6, 13, and 20 leaving from the school at 3:00pm and returning to the school by 8:30pm. **A detailed email with costs and more information has been emailed on October 28th to all families along with a link to apply to the club.** Please do not email questions until you have read the October 28th email.



A huge thank you to Ms. Beauregard and Mrs. Diep for their leadership. There is a considerable amount of work on behalf of the volunteer staff to make this wonderful opportunity available for students.

We rely on families who have their name drawn to complete all required forms accurately and make payments by the deadlines set.

Registration is not confirmed until all forms have been completed and returned to the school and Mount Seymour. Participation is a

privilege not a right. Students who are participating must continue to demonstrate responsible behavior and citizenship.

Grade 6 Immunizations

All grade 6 students received consent forms on October 28th with a note stating they are due back at the office by Friday, Nov 1st. Please return the signed form as soon as possible in the envelope provided. Envelopes can be returned to the classroom teacher or office. Immunizations will be held on November 28th and Dec 6th.

Bring Your Own Learning Device expectations: Gr 7/8 classes LFI and Montessori Gr 6

- Please discuss with your child the expectation that their laptop be charged overnight and brought to school each day.
- Devices are to be used exclusively for school assignments when directed and supervised by a teacher. No gaming, communicating with others on non-SD43 platforms such as Discord, or free-time use is permitted at school.
- If your child is having trouble resisting the temptation of non-school uses at their fingertips, we recommend helping your child set up a school-specific login profile

<https://www.pcmag.com/how-to/how-and-why-to-create-a-separate-windows-account-just-for-school>

PAC News and Events

Next Meeting: Wednesday, November 20th, 2024 - 7:00pm – In person

President: Danielle Nicholson

Hello again from your PAC! We are working hard to help support our school and students and would love to see you involved.

Important note: For 2024-25, PAC meetings will be on Wednesday nights.

The purpose of the PAC is to promote the education and welfare of students in the school, be the collective voice of parents/guardians, encourage parent/guardian involvement in the school, and to advise and assist the administration and staff in matters pertaining to the school and students. A reminder that all parents/guardians are automatically part of the PAC if they have a child enrolled at Montgomery Middle. We would love to see more of you involved in planning fun events and activities for our kids! We hold meetings once a month and we plan to host most meetings in person at Montgomery Middle. Some meetings may be held online through Microsoft Teams.

For the 2024-25 school year, we will continue to run events including hot lunches, treat days and the Christmas market - all of these are always popular with students. We will be asking for volunteers to help make these treasured events a reality; thank you to those of you who have already offered your help.

We are now preparing for this year's Christmas Market. An annual tradition, our Christmas Market is a one-day event, held this year on Friday December 6. For the whole day, the multipurpose room is converted to a shop where students can buy donated items, priced from 25¢ to \$5. This is a great way for kids to purchase Christmas gifts for family and friends! We are now accepting donations of gently used (or new) items to be sold at the Market; donations can be dropped off at the school office. We are in need of volunteers to help sort items before the market, set up the Market on Thursday December 5, and to run/re-stock tables on December 6. Part or full day help is okay, we're just happy to have you! If you are interested in helping with the Christmas market, please fill out this form before Friday November 22: <https://forms.gle/FeYSjJnwi5nAhrM39>

Our first Me-n-Ed's fundraiser pizza night is Wednesday, November 13. The school will receive 20% of all pizzas sold, and all money raised will go towards this year's Grade 8 leaving ceremonies in June. Call Me-n-Ed's Austin Ave at (604) 931-2468, and mention Montgomery Middle when you place your order. Thanks for all your support and enjoy your pizza!

Ordering for the first session of hot lunch/treat days is open! Order (and volunteer to help!) through [MunchaLunch](#).

<i>Lunch/Treat Day:</i>	<i>Order/Pay by 11:59pm on:</i>
Fri, Nov 22 - Noodlebox	Tue Nov 12, 2024
Fri, Dec 13 - Cookie	Tue Dec 3, 2024

Please read this important information regarding all hot lunch/treat day orders:

- 1. We look forward to providing lunch and treat opportunities to students.*
- 2. All orders need to be made and paid for online (sorry, no cash orders).*
- 3. Sorry, no late orders; this allows us to have invoices from vendors and have vendor payments ready on hot lunch/treat day.*
- 4. Sorry, no refunds can be given for student absences.*
- 5. You can order multiple lunches and treat days at a time, as well as pay for all your children's orders in one transaction. By ordering and paying at the same time, it reduces the fees associated with credit cards for PAC.*
- 6. If your child is away or on a field trip, their order will be saved until the end of the day, so someone may pick it up. We are unable to save food beyond that due to Food Safe Regulations.*

Ongoing PAC

We are once again accepting donations to the PAC through Montgomery Middle. If you wish to make a donation straight to the PAC, you can log in to School Cash Online and find it under your child's name. Thank you to the many families that have already donated this year. We are using this money to help buy technology and sports equipment for our kids.

PAC has set up an account with Return-It Express. Put all your empty pop, juice, alcohol and milk containers in a see-through plastic recycling bag, and take it to any Return-It Location. Once there, go to the Express label printer, put in the school's phone number (604-939-7367), and print a label. Put the label on your bag, drop the bag off, and our account will get credited with the deposit returns.

2024-2025 Executive

President: Danielle Nicholson
Treasurer: Kristine Kirk
Secretary: Jennifer Jensen
Members At Large: Francisca Madariaga
DPAC Representative: Helena Wang

Meeting Dates for 2024-2025 (there are no meetings in December, March and June)

Wednesday Sept 18 7pm
Wednesday Oct 16 7pm
Wednesday Nov 20 7pm
Wednesday Jan 22 7pm
Wednesday Feb 19 7pm
Wednesday Apr 23 7pm
Wednesday May 21 7pm - AGM

For more information, email montymiddlepac@proton.me, or check out the PAC section of the school website, where you can find meeting minutes and other information.

SCHOOL DONATIONS BENEFIT ALL KIDS and can be made through Cash Online.

DISTRICT NEWS

Winter Weather and School Closures

Schools are not usually closed because of snow or other weather conditions. All schools in the Coquitlam School District will remain open, if possible, during winter weather, including snowfall.

Our schools are in very different climate zones from one another and there may be the need for **some** schools to be closed within SD43 while others remain open. If there is a partial closure of schools within the school district, these individual schools will be named. Full or partial school closures do not happen often.

Extreme weather can also change the transit bussing. Bus schedules may have changes or cancellations due to the weather conditions. Parents looking for information on public bus schedules need to consult the Translink website: <http://www.translink.ca/>

Coquitlam School District school closures will be decided by 6:30 a.m. or earlier and will be announced on:

1. School District 43 website www.sd43.bc.ca and school website
2. Radio
 - CKNW 980am radio
 - CKWX 1130am radio
 - CBC 690am radio



Please do not call the school.

Charles Best Secondary Winter Market

A promotional poster for a winter market. The background is a soft, blue-toned image of a woman's face in profile, wearing a decorative headpiece with white beads and blue accents. The text is overlaid on the left side of the image.

*Winter is here.
let the shopping begin!*

**Charles Best Secondary
Winter Market**

**Friday November 15, 2024
School Gym 5:30-9:30pm**

2525 Como Lake Avenue, Coquitlam, BC

**Delicious Food, Desserts & Drinks;
plus over 70 Amazing Vendors!!**

Entry By Donation

Proceeds support Charles Best AfterGrad 2025

Inquiry Hub Roadshow



We're the
Dream – Create – Learn
School.

Come to iHub Open 2024

Inquiry Hub Secondary
1432 Brunette Ave, Coquitlam
(Parking access via Schoolhouse St.)

Wednesday Nov. 27th
6:00pm to 8:30pm (show at 6:30)

Inquiryhub.org/open