Phone: 604-939-7367 Web: www.montymiddle.ca

Principal: Mrs. Sarah Husband Vice-Principal: Mr. Rob Heinrichs

The Current - Monty Middle Newsletter

Edition #3 Monday, November 2nd, 2023

Weekly Schedule of Events						
Monday	Tuesday	Wednesday	Thursday	Friday		
Before School						
Advanced Concert Band: @ 7:50am	Beginner Concert Band: @ 7:50am Gr.8 Boys volleyball practice 745am	Advanced Concert Band: @ 7:50am	Beginner Concert Band: @ 7:50am	Student Government Meeting 8:30-9:30am		
		Lunch				
Intramurals Chess Club Gr. 7 Boys Volleyball	Grade 6 volleyball practice lunch	Intramurals Library Open	Grade 6 volleyball practice lunch	Intramurals		
OI. I Doys Volleyball		After School				
Gr.8 Girls/ Boys volleyball practice 3:10pm	Gr 7 VB Final Nov 7 and Nov 14th Library open 3pm	Gr 8 VB Game Day Harry Potter Club	Gr 7 Girls Volleyball Practice	Gr.7 Boys' volleyball practice 3:10pm Nov 3 and Nov 10		
	Novem	ber Month At A	A Glance	<u> </u>		
Monday	Tuesday	Wednesday	Thursday	Friday		
	31 Halloween Fun	1 School based professional day Monty Wear on sale	2 X mas market donations	3 Photo Retakes Monty Spirit wear		
6	7	8	9 Remembrance Day Ceremony X mas market donations Gr. 6 Volleyball Playday 3-5pm Pinetree Secondary	10 Remembrance Day District Wide School Closure Day No School		
13 Remembrance Day Stat Holiday No school	14 Hot lunch orders due	15 Me N Eds Pizza Fundraiser Night 20% to Monty. Be sure to say Monty	16 X mas market donations	17 Monty Spirit wear		
20 Gr 6 Immunizations	21 PAC meeting 7pm	22	23 X mas market donations	24 Little Caesars PAC hot lunch Monty Spirit Wear Moustache Day		
27	28	29	30 X mas market donations Gr. 6 and 7 Catch up Immunizations	1		

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Volunteer Opportunities

Event	Date	Needs	Contact
X- mas market This event generates funds to purchase hampers for families in our community	One or more Thursdays in November as available	 Parents to collect and organize donations Parent to set up the market Parents to "sell" goods for \$1-5 and collect money 	Danielle Nicholson montymiddlepac@protonmail.com
Chess Club	Wed or Thursdays at lunch (we have Monday covered)	 Volunteer once weekly no chess knowledge is needed. Hand out chess sets and collect them. Have fun with the kids 	Sarah Husband shusband@sd43.bc.ca

Mrs. Husband's for Your Consideration- Let's talk about drugs.



Popular culture which includes online content, music, movies, and old-fashioned TV is filled with drug references and the promotion or normalization of vaping, drugs and alcohol. As your child matures, they will hear conversations in and around their schools, the community and perhaps peer group about the use of vapes, drugs and alcohol. Talking with your child regularly helps to ensure they know that they have a trusted adult to talk with and this helps to delay or prevent experimentation.

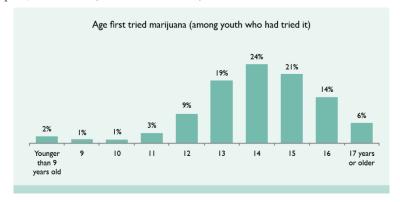
Healthy decision making requires that we talk about our values, understand the impact of unhealthy decisions, and make a commitment and plan to make healthy decisions. Families don't have to be experts and know all the answers. We do have to be willing to listen to children's questions and opinions without judgement, (easier said than done) and ask questions to understand, provide factual information and share our own values and expectations.

The graph on this page is from the McCreary Centre Society report, Blunt Talk (see the second link).

Below is a list of links for your reference to help you with your conversations with your child:

Cannabis Talk Kit (2015 the section on Cannabis and the law is outdated, the rest is very helpful) https://www.drugfreekidscanada.org/wp-content/uploads/2017/06/34-17-1850-Cannabis-Talk-Kit-EN-10.pdf

Blunt Talk: Harms Associated with Early and Frequent Marijuana Use Among BC Youth http://www.mcs.bc.ca/pdf/blunt_talk.pdf



Talking to Your Teen About Vaping a Tip Sheet for Parents

https://www.canada.ca/en/services/health/publications/healthy-living/talking-teen-vaping-tip-sheet-parents.html

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School News

We Scare Hunger Food Drive- Howling for Hunger

Monty's Howling for Hunger



Howling for Hunger is a food drive initiative in support of SHARE Food Bank, supporting those experiencing food insecurity in our community.

Direct cash donations are very welcome, as they allow the food bank to buy fresh, nutritious food that cannot be collected in a physical food drive. Click here to donate directly to the Food Bank.

Non-perishables will be collected at school and online donations will be available until Tuesday, Nov. 7th. We know that many families in own community rely on the food back to help manage the cost of living. Thank you for supporting Howling for Hunger if you are able to!

Need Support?

If your family is struggling with food security, please let us know. All students have access to breakfast every morning in the cafeteria. We can also provide a lunch to any students who needs one. Please email Carolyn Cai our youth worker at ccai@sd43.bc.ca or Sarah Husband, Principal at shusband@sd43.bc.ca for more information.

MONTY Wear on Sale

"Monty Wear" which includes hoodies/sweatpants will go live on School Cash Online Nov 1st and be open until Nov 15th. We expect to receive the products before Winter Break in case you are purchasing this item as a gift.

Click here for the link to School Cash Online to place an order if you are interested. Thank you to Mrs. Perry for her work to make these items available.

PAC sponsored Christmas Market Dec 8th

The Christmas Market is an important Monty tradition that generates funds to support the purchase hampers for families in need in our community. Families donate gently used household items or new items beginning this week. These items are organized by a team of parent volunteers so students can purchase affordable items (all less than \$5) as gifts for their family members/ friends. Gifts are wrapped by students from Continuing Education.

On **Thursdays** in November, please send donated, new, or very gently used household items including x-mas wrap or ribbon with your child beginning November 2nd. Students should drop donated items to the office. **Soaps, perfumes, and other consumable items need to be new**.



This PAC sponsored event needs the support of parents to help organize items for sale and sell items during the market. To ensure that this event can proceed we need the support of our parent community, everyone is welcome. Please contact Danielle Nicholson at montymiddlepac@protonmail.com if you have questions or can help on one or more days. Thank you to Danielle for her leadership©

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November 1st Professional Development Day

The Nov 1st school based Pro D is one of two professional development days that can be placed in the calendar by the school. The Nov 1st date means that we will NOT have a school based pro d on January 29^{th.} In addition to the profound impact Halloween has on students learning and self regulation, we were unable to secure the facilitator we needed in January. We recognize the challenge of so many holidays, and professional development days clustered together. We intend to move our school-based day back to January in 2024.

School Drop Off/ Pick Up and Student Safety...... Help us keep your children safe.

The return to a common school start and ending time has highlighted the number of families that are attempting to drop off and pick up in the cul-de-sac and lower parking loop. This has created considerable congestion, frustration for our neighbours who can not access their home, some vehicle damage and is a very poor use of staff supervision.

Families are asked to:

- pick up and drop off students away from the school on neighbouring streets such as Montgomery St.
- arrive early or late (3:10pm or later).
- have students who live within 15-minutes from the school, walk to school rather than get a ride.

In the event of snow, we close the west end of Edgewood & Kugler to school traffic to ensure everyone's safety.

Volleyball

This is a busy time as grade 7 and 8 volleyball teams wrap up their seasons with final league games and district tournaments. The grade 7 teams had their playoffs on Nov 7th and 14th to wrap up their season. Congratulations to the over 60 grade 6 players who participated in volleyball this season. Final league games and the district playoff tournament happen next week for grade 8 players. Please visit the website for a schedule. Volleyball is possible thanks to the following staff:

Grade 6 Mme. Riccardi, Mr. Prestia and Mr. Piper

Grade 7 Girls Mr. Sitter/ Ms. Kuba

Grade 7 Boys Mrs. Husband/ Mrs. Sievers

Grade 8 Girls Mr. Welch

Grade 8 Boys Mrs. Tuan/ M. Hashmi

Please encourage your child to take a moment to show their appreciation to their coach for their gift of time by saying a simple thank you.

Swimming

Merci to Mr. Turner for sponsoring the Monty Swim Team. Congratulations to all the competitive swimmers for their dedication and enthusiasm.

Cross Country Team

Thanks to Mr. Christianson, Monty was able to participate in x country. Congrats to the 15 students who came out rain or shine to compete in mini meets and the district finals.

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Ski and Snowboard Club

We are excited to start taking applications for Monty's Ski and Snowboard Club for the 2023-2024 season beginning on Nov 2nd! This year, we will have space for 90 students (70 skiers and 20 snowboarders). All applicants who apply before Nov 10th at 3pm, will be entered into a lottery draw. Successful applicants will be emailed on Nov 15th a link to School Cash Online to pay for bus rentals. On Nov 23rd successful applicants that have paid bus fees will be sent a link to register and pay directly with Mt. Seymour. All other applicants will be wait-listed.

The dates for the club are Thursdays, February 8, 15, 22, and 29 leaving from the school at 3:00pm and returning to the school by 8:30pm. A detailed email with costs and more information will be emailed on November 2^{nd} to all families along with a link to apply to the club. Please do not email questions until the Nov 2^{nd} email arrives.



A huge thank you to Ms. Beauregard and Mrs. Diep for their leadership. There is a considerable amount of work on behalf of the volunteer staff to make this wonderful opportunity available for students.

We rely on families who have their name drawn to complete all required forms accurately and make payments by the deadlines set.

Registration is <u>not confirmed</u> until all forms have been completed and returned to the school and Mount Seymour. Participation is a

privilege not a right. Students who are participating must continue to demonstrate responsible behavior and citizenship.

Grade 6 Immunizations

All grade 6 students will receive consent forms on Thurs, Nov 2nd. Please return the signed form by Monday, Nov 6th in the envelope provided. Envelopes can be returned to the classroom teacher or office. Immunizations will be held on November 20th and 30th. Grade 7s who have missed immunizations will be sent information as well.

Bring Your Own Learning Device expectations: Gr 7/8 classes LFI and Montessori Gr 6

- Please discuss with your child the expectation that their laptop be charged overnight and brought to school each day.
- Devices are to be used exclusively for school assignments when directed and supervised by a teacher. No gaming, communicating with others on non-SD43 platforms such as Discord, or free-time use is permitted at school.
- If your child is having trouble resisting the temptation of non-school uses at their fingertips, we recommend helping your child set up a school-specific login profile: https://www.pcmag.com/how-to/how-and-why-to-create-a-separate-windows-account-just-for-school

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PAC News and Events

Next Meeting: Tuesday, November 21st, 2023 - 7:00pm – In person

President: Danielle Nicholson

We had an amazing turn-out at our PAC meeting last month. Thank you so much to everyone who attended. We are always looking for more help, so even if you missed this month, you are always welcome to join us at the next meeting. The next meeting will be Tuesday, November 21st at 7pm, in the school library. Come by to help us plan, and to see a report from Mrs. Husband about what our kids have been up to!

Hot lunches are back in full swing. Here are the dates for the next two:

Lunch/Treat Day: Order/Pay by 11:59PM on:

Fri, Nov 24-Little Caesars Tue Nov 14, 2023

Fri, Dec 15-Christmas Cookies Tue Dec 05, 2023

Monty's Christmas Market is in the works again! The Market is an annual event where families donate new or almost new items. These are organized and sold to students for \$1-5 and the money raised is used to purchase hampers for our community. We are looking for at least 15 volunteers to help with the planning, organization and running of this popular event. Any and all help is appreciated! Please send us an email if you can help with any of the following:

- organizing donations (1-1.5 hours, one day per week for November)
- setting up the market (the day before) on Thursday, December 7th
- coordinating volunteers
- helping for all or part of the day on Market Day on Friday, December 8th
- market clean up at 3pm on Friday, December 8th

We will be having a planning meeting on Tuesday November 14 at 7pm.

Pizza night is coming on Wednesday, November 15th. Once per term we organize a pizza fundraiser with Me & Ed's Pizza on Austin Ave - we get 20% of revenue on all pizza ordered on a set day. Just be sure to mention that you are from Monty Middle when ordering.

Ongoing

We will once again be accepting donations to the PAC through Montgomery Middle. If you wish to donate straight to the PAC, you can log in to School Cash Online and find it under your child's name.

PAC has set up an account with Return-It Express. Put all your empty pop, juice, alcohol and milk containers in a see-through plastic recycling bag and take it to any Return-It Location. Once there, go to the Express label printer, put in the school's phone number (604-939-7367), and print a label. Put the label on your bag, drop the bag off, and our account will get credited with the deposit returns.

For more information about how you can help or get connected, email montymiddlepac@proton.me. Or check out the PAC section of the school website, where you can find meeting minutes and other information.

SCHOOL DONATIONS BENEFIT ALL KIDS and can be made through School Cash Online.

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DISTRICT NEWS

Winter Weather and School Closures

Schools are not usually closed because of snow or other weather conditions. All schools in the Coquitlam School District will remain open, if possible, during winter weather, including snowfall.

Our schools are in very different climate zones from one another and there may be the need for **some** schools to be closed within SD43 while others remain open. If there is a partial closure of schools within the school district, these individual schools will be named. Full or partial school closures do not happen often.

Extreme weather can also change the transit bussing. Bus schedules may have changes or cancellations due to the weather conditions. Parents looking for information on public bus schedules need to consult the TransLink website: http://www.translink.ca/

Coquitlam School District school closures will be decided by 6:30 a.m. or earlier and will be announced on:

1. School District 43 website www.sd43.bc.ca and school website

2. Radio

CKNW 980am radio CKWX 1130am radio CBC 690am radio

Please do not call the school.

