

The Current - Monty Middle Newsletter

April 5th, 2023

April Monthly Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
3 Visits to gr 5 classes at Cape Horn, Mundy, RC, Harbour View and RVP to welcome students. TCO ² presentations	4	5	6	7 Good Friday No School
10 Easter Monday No School	11 Warriors Lacrosse Presentation	12	13	14
17	18 Hot lunch orders due for Little Caesars PAC Meeting 7:00 Online	19	20	21 District Professional Day No School
24 Terry Fox Week	25 Terry Fox Week	26 Terry Fox Week	27 Terry Fox Week	28 Terry Fox Run Little Caesars Hot Lunch for those who have ordered
1	2	3	4	5

Please see our school calendar on our website: www.montymiddle.ca

Inside this Issue:

Husband's- For Your Consideration:

- Change and support
- Parent Resources

School News:

- Yearbook sales
- Monty Speech Finalists
- Class placements for 23/24
- Moving ?
- Sports schedule
- Pi winner

District News

- Summer school
- Noon Hours positions
- DWUL courses

PAC News:

- Mtg. Tues. April 18th @ 7:00pm Online
- Upcoming May AGM
- PAC Treat day and hot lunch

Mrs. Husband's For Your Consideration- Supporting others



It has been wonderful to return to a more normal middle school experience. I want to acknowledge that the ongoing war in Ukraine and conflict in many other parts of the world. These challenges have created unimaginable stress for some families in our community. Please let us know if your family is impacted so we can better support your family and your child.

Additionally, families are continuing to struggle to meet the challenge of inflation and the additional financial pressures it creates. Please be reminded that we can assist families who are experiencing challenges with food security. Please contact our youth worker Carolyn Cai at ccai@sd43.bc.ca so that we can help your child or family.


The emotional well-being you and of your family is what matters most. "Parent Resources" includes some resources to help you. While we worry about our children, we also need to take care of ourselves and model our own self-care to effectively support our kids.

"The Happiness Lab", by Dr. Laurie Santos through Yale University is available online or through Pod Cast. Episodes are about 30 minutes in length. The Happiness Lab is an evidence-based series designed to share simple strategies to increase our happiness/ well-being. I have found it to be excellent and easily accessible.

Parent Resources



Take Care of Yourself

 **Parents take better care of their child when they take care of themselves too.**

The Happiness Lab

You might think more money, a better job, or Instagram-worthy vacations would make you happy. You're dead wrong. In "The Happiness Lab" podcast, Yale professor Dr Laurie Santos will take you through the latest scientific research and share some surprising and inspiring stories that will forever alter the way you think about happiness. She's changed the lives of thousands of people through her class "Psychology and the Good Life," and she'll change yours, too.



[Click here](#) for the link or google the Happiness Lab

The Best Strategies for Parents to Boost Their Mental Health

<https://www.healthline.com/health/parenting/ways-parents-can-care-for-their-mental-health>

School News

Class Building 2023-24

Now is the time of year when we are completing our staffing and begin our student grade configurations for next year. This is a long and detailed process involving many aspects of each child's learning profile and their social relationships with peers and staff.

We take into accounts all the perspectives of the professionals that we know have relationships with your children and then we place together a plan that we feel best fits the learning environment for them and one that we can provide with our staffing arrangements.

The principal has the responsibility for the final placement of each student. The development of class lists is given a great deal of time, careful thought and understanding with the knowledge teachers have of each student and what will be in the child's best interest. Our decisions are also governed by a collective agreement and the outcome of the Supreme Court of Canada Ruling that limits class size and provides strict requirements about class composition. These requirements are complex and not flexible and are in place to ensure the best possible learning environment for all children.

Factors Considered for each class are as follows.

- Academic achievement (a mix of academic ability is placed in all classes).
- Learning styles
- A balance of social emotional needs
- A balance of gender
- Instructional groupings
- Social groupings that support a learning focus
- Class composition (the number and type of identified learning needs in each class)
- Class size
- Recommendations of teachers and school-based team
- Recommendations of parents for children who need specific supports
- Teaching styles

Parent input is also considered provided that it is received by email to the Principal, Mrs. Sarah Husband before April 28th, 2023 and is based on educational needs.

The focus of parent letters must be about you own children and their needs and should be based on sound educational reasons. Requests must be related to your child's specific learning needs and style rather than teacher placement. Due to many placement factors and contractual class size and composition, we may not be able to accommodate all requests. Requests for peer placement or suggestions regarding the placement of other children should respectfully be avoided. While we guarantee that all parent input will be given careful consideration, we cannot promise that all requests will be met.

School News

WEEKLY SPORTS SCHEDULE
TRACK AND FIELD STARTS APRIL 11th

Time	Monday	Tuesday	Wed	Thurs	Friday
7:45	Javelin/ Discus/ Shot Put	Running	Running	Javelin/ Discus/ Shot Put	
Lunch	Badminton Team	Open Gym G8	Gr 6 Badminton Team Practice	Open Gym Gr 7	Open Gym G6
	Long Jump	High Jump Practice Gr 6	Long Jump	High Jump Practice Gr 7/8	
After School 3pm	Rugby Practice all teams	Rugby Practice April 11 th (all) Rugby Girls Games begin April 18	Rugby April 5 th and 12 th only G7/8 Badminton Team Practice	Rugby Gr 8 Boys Games Begin Apr 20th	Rugby Gr 6/7 Boys Games Begin Apr 28

Parent volunteers are needed to help with running events. We have a teacher coach but need two-three other adults to record times and help with set up. Without volunteers running will be limited to medium and long distance events.

Permission forms and meetings have been held. Permission forms are still available at the office and students can speak directly with the coach in charge. Please visit the school website for updates or changes to schedules.

Sport/ event	Coaches
Rugby	Scott Turner sturner@sd43.bc.ca
High Jump	Stacey Rubinic srubinic@sd43.bc.ca
Throwing events	Michael Piper mpiper@sd43.bc.ca (Javeline, Discus and shot put)
400 meters	Veronika Kuba vkuba@sd43.bc.ca (parent volunteers needed to add events)
Long Jump	Chris Blizzard cblizzard@sd43.bc.ca
Badminton	Ryan Millar rmillar@sd43.bc.ca and Claire Huang chuang@sd43.bc.ca

Mountain Biking to be announced at a later date.

School News

Public Speaking Finalists

It takes courage and a lot of effort to write an effective speech on a topic of interest and to present it before a group of peers. A huge congratulations to all of the students who participated in the class, team and English and French school finals.

Before spring break we held team finals in person and the school finals virtually over four days. Finalists had both strong writing and a confident delivery and were able to hold their audience. LFI student did this in an additional language, wow! Well done everyone. Thank you to Griffin and Nikhil for your work as emcees at the school English public speaking contest.



Ecole Monty English Team Speech Finalists 2023

Red Team	Name	
6	Makenna Newman	District Finalist
7	Taylor Strain	
8	Karlie Olver	District Finalist

Purple Team	Name	
6	Aria Aminpour	
7	Cristian Baldonero	
8	Lauren Trites	

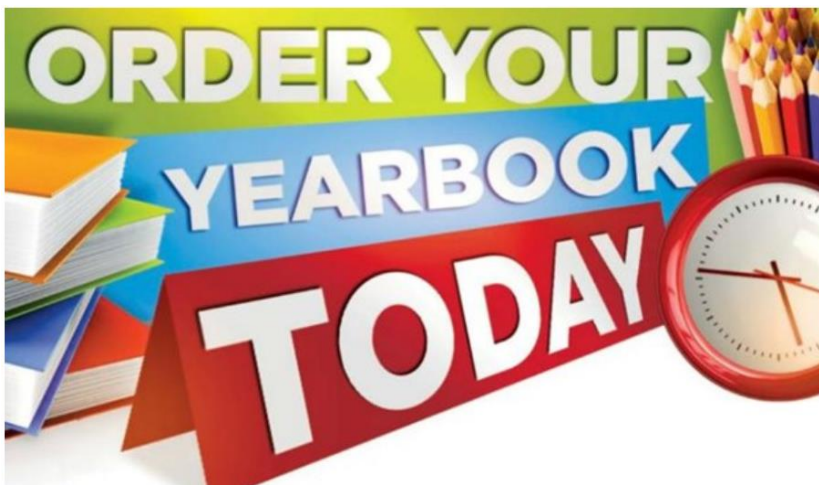
Green Team	Name	
6	Jainaba Puye	
7	Elaine Hsu	District Finalist
8	Kallee Lennstrom	

Bleu -LFI	Name	
6	Oliva Liu	
6	Alyssa Nott	District Finalist
6	Ryder Janzen	
6	Angeline Dodd- Reusz	District Finalist

Bleu -LFI	Name	
7	Nathan Zeng	
7	Baran Eghbal Akhlaghi	
7	Srisha Vodnala	District Finalist
7	Emily Shin	District Finalist

Bleu -LFI	Name	
8	Mathew Jung	District Finalist
8	James Zhang	
8	Sofia Melo	
8	Caralyne Deas	

**YEARBOOKS ON SALE ONLY UNTIL May 15th
 DON'T MISS OUT-THE COUNTDOWN IS ON**



Use the link to order ybpay.ca.
 Quick link found on our website.

\$35 for a hardcover
 \$27 for a soft cover

Yearbooks orders are only available through the Lifetouch website.

Yearbook ID 13454523

If you have any questions, please contact Mrs. Lowther at the office.

PAC News and Events

Happy Spring from your Parent Advisory Council! Here's what's happening.

**Next Meeting: Tuesday, April 18th, 2023 - 7:00pm Teams
AGM, Tuesday, May 9th - 7pm in person**

We will hear from our administrators what has been happening at the school, talk about our planning for 23/34 and will be discussing the upcoming Staff Appreciation Day that the PAC organizes every year. Hope to see you there!

This year's Annual General Meeting- Tuesday, May 9th at 7pm at Montgomery Middle.

We will be electing our council members for the next school year. We are in need of a Secretary/ Communications and a DPAC (District PAC) representative. These spots must be filled by parents of students that will be attending Monty in September 2023. If you are interested in either position or would like to know more or ask questions, please contact montymiddlepac@protonmail.com

A Secretary is required for us to operate as a PAC. The PAC allows us to access provincial funding that enables us to help purchase items for the school such as performances and classroom sports equipment. The time commitment is approximately 2 hours per month. Please email us if you are willing to help in this role.

Hot lunch/ treat days for the school year are now available to order. Use munchalunch.com for ordering.

Lunch/Treat Day:	Order/Pay by 11:59PM on:
Friday, Apr 28 - Little Caesars	Tuesday, Apr 18, 2023
Friday, May 26 - Noodlebox	Tuesday, May 16, 2023
Friday, Jun 16 - TCBY Treat	Tuesday, Jun 06, 2023

Please read this important information regarding all hot lunch/treat day orders:

- 1. We look forward to providing lunch and treat opportunities to students.*
- 2. All orders need to be made and paid for online (sorry no cash orders).*
- 3. Late orders are not accepted; this allows us to have vendor payments ready on hot lunch/treat day.*
- 4. Sorry no refunds can be given for any type of student absence. Their order will be saved until 315pm, for pick it up. Due to Food Safe Regulations, food not picked up will not be saved.*
- 5. You can order multiple lunches and treat days at one time, as well as pay for all your children's orders in one transaction, this reduces the fees associated with credit cards for the PAC.*

Our final Me & Ed's Pizza fundraiser for this year is Wednesday May 10. Order pizza from the Me & Ed's on Austin Avenue, mention you are with Montgomery Middle School, and the PAC receives 20% of your order!

We want your beverage container returns! Bag up your empty pop, juice, milk and alcohol containers and take them to any Return-It Express. Put in the school's phone number (604-939-7367) to print labels, and we get credited for all your deposit returns.

A reminder that your PAC is here to support parents and students. If you have any questions, suggestions or requests for help, please reach out to us!



Thank you to the PAC and all the families that support the PAC, for generously funding a huge supply of outside sports equipment for every class. Each class has a bag of equipment in addition to badminton racquets, and spike balls games. The equipment makes a huge difference for our students at break times.

District News

New After school program through DO WHAT U LUV at Monty register online.

Montgomery (Wed) Video Sensing Coding Game Creation

STEM Coding Digital Literacy



REGISTER SHARE I'M INTERESTED

CA\$160

City: Coquitlam, Tri-Cities, Ecole montgomery middle school
Location: Montgomery Middle School
Place Name: Montgomery Middle School
Street Address: 1900 Edgewood Ave, Coquitlam, BC V3K 2Y1
Room: Media/Computer Lab
Capacity: 13 (7 seats remaining) | Total Sessions: 8

Regular Dates:
Apr 12, 2023
Apr 19, 2023
Apr 19, 2023

Kids Innovative

NEW do what u luv

Montgomery: Afterschool Programs (Spring 2023)

Click the links below for details - Register on DWUL.

[Montgomery Middle \(Wed\) Coding Game Creation: Ping Pong](#) - 3:15-4:15 pm

[Montgomery \(Thurs\) Power UP! Powered By Moresports](#) - 3:00-4:00 pm

PAID NOON HOUR SUPERVISORS FOR ECOLE MONTGOMERY MIDDLE

Ecole Montgomery Middle needs a temporary Noon Hour Assistant to supervise students indoors and outdoors during lunch break (one hour per day) within an assigned area. Previous experience working with groups of children is an asset and training and support for the job is provided. This is a great way to get insight into the day to day lives of middle schoolers.

Please submit your resume by email to Kristy Kozak, Human Resources Advisor, @ kkozak@sd43.bc.ca if you are interested in becoming a Noon Hour Assistant for the school.



Summer Learning

2023

Eight locations, Tuesday July 11 - Friday July 28 9:00am-12:00pm. K to 1 transition, English for Beginners, Visual & Performing Arts, French Immersion, Integrated studies, Math, Reading & Writing, Coding (Info Tech), Outdoor Science, STEAM, and more!
Free to all BC residents*.

Elementary

Three locations, Tuesday July 11 - Friday July 28 8:45-11:45am. Band, Guitar, Creative Writing, Drama/Improv, English for Beginners, Guitar, Home Ec/Culinary, Integrated studies, English and French Immersion Language Arts, Mathematics, PE/Leadership, Coding (Info Tech), Outdoor Science, STEAM, Tech Ed, Visual & Performing Arts, and more! Free to all BC residents*.

Middle

Two locations, Tuesday July 11 - Friday July 28 8:30-11:30am OR 12:00-3:00pm. English, English for Beginners, IB Math & Science, Jazz & Concert Band, Science, Home Ec, Sewing, 2D Animation, Metal and Wood Tech Ed, Math, Coding (Info Tech), Skills for Success. Free to all BC residents*. These non-credit courses may be taken to review previously covered course content OR preview a course. Academic Completion 9/10 (earn a passing mark) also available, by referral.

Secondary Skill Building

Two locations, Wednesday July 5 - Thursday August 10 8:00-11:30am OR 12:00-3:30pm. Biology 11,12; Career Life Education 10; Chemistry 11,12; EAL 10,11; English 10,11,12; English First Peoples 11,12; Mathematics 10,11,12; Physics 11,12; PHE 10; Socials 10,11.

Secondary Blended Fast Track Credit OR Online Blended Fast Track Credit

Registration begins at 8:00am for ...
- Elementary: Tuesday May 2
- Middle & Secondary Skill Building: Friday May 5
- Secondary Full Credit: Wed. May 10
Phone 604-936-4261 for assistance.
*SD43 Residency requirements apply

To Register

WWW.SD43SUMMERLEARNING.CA / Phone 604-936-4261

Courses and locations listed above are subject to change

