

Minnekhada Middle School

working together to strengthen our community

After School Programs Winter 2022



Registration Dates: December 3, 2021—January 3, 2022

Program Dates: January 10, 2022—March 4, 2022

Community Development Facilitator

Shannon Brundrett

E. sbrundrett@sd43.bc.ca

T. 604-209-1424

SPECIAL EFFECTS MAKEUP PROGRAM

Explore and learn through special effects makeup and tools used in the prestigious world of the film industry. Through demonstration and hands on instruction, students will have the chance to create realistic quality special effects injuries such as: Broken nose/bruising; 1st, 2nd and 3rd degree burns; deep cuts; severed finger; broken glass through hand injury; zombie bites and ripped off finger nail.



Day	Grades	Time	Dates	# of Sessions	Price	Rm.
Wednesdays	6—8	3:00—5:00pm	January 12—March 2	8	\$130	MPR

MPOWER YOUR INNER WARRIOR

This empowerment program aims to benefit your child emotionally, mentally, and physically through jujitsu martial arts. The values of martial arts such as respect and self-defense will be discussed in a welcoming environment, but confidence, self-awareness and proper goal setting approaches will also be incorporated in the discussion as these are important lessons that help students mature. The student will learn practical self-defense skills through technical drills, workouts, and games. These skills will focus on both grappling and striking techniques. Come prepared to find your "Inner Warrior"!



'My experience with Shaheen was fun to do jujitsu with. He made the hard work of training easy, helpful and fun. He has so many qualities like working hard, not stopping to believe in himself and us too. He will not give up on something he sets his mind too. I do not have much to say but I have believed that the smaller things make a big difference in the world.' - student

Day	Grades	Time	Dates	# of Sessions	Price	Rm.
Thursdays	6—8	3:00—4:00pm	January 13—March 3	8	\$95	MPR

Registration

Our Community School After School Programs Registration is online and will accept payment using Visa; MasterCard or Interac/Debit from most major banks. You will require an email address in order to receive your confirmation number and to be able print out a receipt for your payment.

To access the registration website please visit the [Minnekhada School website](https://www.karelo.com/register.php?BID=549&BT=10&Ev=20108) and click on “Programs & Services” “Community Programs” then “After School Programs” from the homepage or go to <https://www.karelo.com/register.php?BID=549&BT=10&Ev=20108>

If you do not wish to register online there is still an option to register by filling out the paper registration forms. They can be picked up at the Minnekhada Main Office. If registering by paper form, please return completed forms and payments to the Minnekhada Main Office. You have the option to pay by cash or cheque made payable to **School District 43 Community Programs**.

Refund/Cancellation Policy: Refunds will only be available, for any reason, within the registration period. No refunds will be processed after the registration period ends.

*Programs could be cancelled due to low registration.
All registrations are on first come, first serve basis.*

Should you have any questions, please contact Shannon Brundrett

P. 604-209-1424

E. sbrundrett@sd43.bc.ca

Thank you!