

# Minnekhada Middle Community School

*working together to strengthen our community*

## SPRING 2019



**Registration Dates: March 8, 2019—April 2, 2019**

**Program Dates: April 8, 2019—June 7, 2019**

Community Development Facilitator

Laura McKinley

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T. 604-209-1424

# MONDAY'S

## Modern Art Explorers

*in partnership with Place des Arts*



Unleash your imagination and create original 2D and 3D projects inspired by the artwork of the Modern Art masters. Experiment with a variety of materials and techniques, including soft and oil pastels, water-based paints, collage and mixed media to create your modern masterpieces!

Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
Gr. 6-8	Mon	3:00PM-4:00PM	Cafeteria	April 8—May 27	6	\$40

No program on April 22 and May 20    Minimum: 6    Maximum: 12

**Reduced rate for Spring 2019: This program is made possible through funding provided by the Government of British Columbia and support from the BC Recreation and Parks Association (BCRPA)**

# TUESDAY'S

## Special Effects Make Up



Get creative and do something fun and interesting! Explore and learn about Special Effects Makeup and tools used in the prestigious world of film industry. Through demonstration and hands-on instruction, students will have the chance to create realistic quality special effects.

Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
Gr. 6-8	Tues	3:00PM-5:00PM	Cafeteria	April 9—May 28	8	\$110

Minimum: 6    Maximum: 12

**Reduced rate for Spring 2019: This program is made possible through funding provided by the Government of British Columbia and support from the BC Recreation and Parks Association (BCRPA)**

# WEDNESDAY'S

## Crossfit



Each session is one hour long and incorporates foundational movements, techniques for weight lifting (squatting, pressing, lifting), and GPP (General Physical Preparedness). We also work on mental preparation and a positive athletic mindset, which are essential not only for game day but in life. Our goal is to make every child as strong and prepared as possible.

Our family of coaches have an extensive body of knowledge—each having a deep understanding of different aspects of fitness.

Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
Gr. 6-8	Wed	3:00PM-4:00PM	MPR	April 10—May 15	6	\$65

Minimum: 8    Maximum: 15

# WEDNESDAY'S

## DRAMA!

### "Brave"



Merida the impetuous but courageous daughter of Scottish King Fergus and Queen Elinor, is a skilled archer who wants to carve out her own path in life. Her defiance of an age-old tradition angers the Highland lords and leads to chaos in the kingdom. Merida seeks help from an eccentric witch, who grants her an ill-fated wish. Now, Merida must discover the true meaning of courage and undo a beastly curse before it's too late. This show is filled with so many fun characters!

Join P.L.A.Y as we bring this show to the stage!

Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
Gr. 6-8	Wed	3:00PM-4:30PM	Drama Rm.	April 10—May 29	8	\$40

Minimum: 6 Maximum: 12

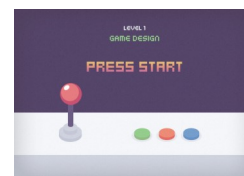
*Final performance on May 30 at approx. 4:00pm—all welcome!*

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# THURSDAY'S

## Game Design

*In partnership with UME Academy*



Create your own video game with UME Academy! Students will learn creative problem solving and computational thinking through the game design process while employing the tools and technology that power top games. Each class is rooted in a STEM (Science, Technology, Engineering and Math) topic and includes time to create, play and analyze games.

Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
Gr. 6-8	Thurs	3:00pm—4:30pm	TBA	April 11—May 30	8	\$100

Minimum: 8 Maximum: 14

**Reduced rate for Spring 2019: This program is made possible through funding provided by the Government of British Columbia and support from the BC Recreation and Parks Association (BCRPA)**

## Functional Physics through Brazilian Jiu Jitsu

Each week your student receives both an introduction to Brazilian Jiu-jitsu and academic concepts of Anatomy and Physics.

**Brazilian Jiu-jitsu(BJJ)** is a grappling based form of Self-Defense, focusing on the skill of controlling one's opponent through techniques that force him or her to submit. These skill sets incorporate physical concepts such as leverage, momentum, levers, and wedges.

Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
Gr. 6-8	Thurs	3:00pm—4:00pm	MPR	April 11—May 30	8	\$65

Minimum: 12 Maximum: 24

# FRIDAY'S



## Futsal

You will find that the experience with VanCity Pro - SEFA Academy Futsal program is a time of growth and maturity for your child. Not only does our Futsal program provide premier coaching to all players of different ability groups, but it also offers the opportunity to prepare the players to compete at a higher level of football than when they began their sessions. Our training philosophy, is for players to become technically competent with the ball, work to develop the required physical components before going on to excel in game situations

We are not looking for “soccer superstars”, however, we are looking for players with an athletic ability to be challenged for the duration of each session and an attitude of drive with good attention and listening skills. These attributes will only enable the players to get the most from this program.

Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
Gr. 6-8	Fri	3:00PM-4:15PM	Gym	April 12—June 7	6	\$125

**Minimum: 12    Maximum: 20**

# *Moresports*

## Youth Leadership Program

*Be a key player in your community*

Through volunteering and working with **Moresports**, you can become a Youth Leader—a skilled role model in your neighbourhood!

**Sign up and discover your strengths!**

**Next orientation dates are:**

Friday, April 12, 2019 3:00PM—4:30PM

Friday, May 3, 2019 3:00PM—4:30PM

See the attached poster for more information!  
We hope to see you there!

# How to Register

Our **Community School After School Programs Registration** is online and will accept payment using **Visa; MasterCard or Interac/Debit** from most major banks.

You will require an email address in order to receive your confirmation number and to be able print out a receipt for your payment.

To access the registration website please **visit the Minnekhada Middle Community School website and click on the “Community Programs” button on the homepage.**

If you do not wish to register online there is still an option to register by filling out the paper registration forms. They are located on the Minnekhada Community School website on the Community Programs Page or can be picked up at the Minnekhada Community School Office.

Please return completed forms and payments to the Minnekhada Community School Office. You have the option to pay by cash or cheque made payable to **School District 43 Community Programs**

**Refund/Cancellation Policy:** We will gladly refund your account, for any reason, within the registration period. Refunds will be pro-rated and subject to a \$5.00 administration fee for cancellation after the start of programs. No refunds will be given on the day of the second class or later.

**All registrations are on first come, first serve basis.**

**Should you have any questions, please contact Laura McKinley**

**P. 604-209-1424**

**E. lmckinley@sd43.bc.ca**