

Minnekhada Middle Community School

working together to strengthen our community

FALL 2019



Registration Dates: September 9, 2019—September 20, 2019

Program Dates: September 30, 2019—November 22, 2019

Community Development Facilitator

Laura McKinley

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MONDAY'S

Le Petit Gourmet Cooking

Through demonstration and hands-on instruction, participants will have the chance to create tasty recipes using naturally grown, locally grown and organic ingredients.

Week 1-Strawberries and Cream Muffins Week 2-Pepperoni Pizza Sticks *vegetarian option available*

Week 3- Three Cheese Spaghetti Bowl Week 4—Cheddar Cheese Scones

Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
Gr. 6-8	Mon	3:00PM-4:30PM	FOODS RM	Sept. 30—Oct. 28	4	\$65

No program on October 14

Minimum: 6 Maximum: 14

TUESDAY'S

Special Effects Make Up



Get creative and do something fun and interesting! Explore and learn about Special Effects Makeup and tools used in the prestigious world of film industry. Through demonstration and hands-on instruction, students will have the chance to create realistic quality special effects. Student will learn the following techniques: skin disease bumps, witch nose, zombie mouth and eye blood, horns, exposed finger muscles, glass through the hand, burns and a severed finger.

Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
Gr. 6-8	Tues	3:00PM-5:00PM	CAFETERIA	Oct. 1—Nov. 19	8	\$110

Minimum: 6 Maximum: 12

Hand-Drawn Animation



You can do a lot with just using just a pencil, paper and your imagination! Come and learn the basic techniques of classical animation while creating your very own animations.

Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
Gr. 6-8	Wed	3:00PM-4:15PM	TBD	Oct. 2—Nov. 26	8	\$100

No class October 22

Minimum: 6 Maximum: 12

WEDNESDAY'S

Crossfit



Each session is one hour long and incorporates foundational movements, techniques for weight lifting (squatting, pressing, lifting), and GPP (General Physical Preparedness). We also work on mental preparation and a positive athletic mindset, which are essential not only for game day but in life. Our goal is to make every participant as strong and prepared as possible.

Our family of coaches have an extensive body of knowledge—each having a deep understanding of different aspects of fitness.

Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
Gr. 6-8	Wed	3:00PM-4:00PM	MPR	Oct. 2—Nov. 6	6	\$70

Minimum: 8 Maximum: 15

P.L.A.Y.—The Lion King



“The Lion King” is a classic story that you should all be familiar with! Join us as we re-tell this story with all its lovable characters such as Simba, Timon, Pumba, and of course the hyenas. Learn the basics of theatre including acting, vocal presentation, and character work, with optional musical theatre components. You will learn valuable skills such as teamwork, public speaking, communication, and self-expression in an inclusive environment that fosters creativity.

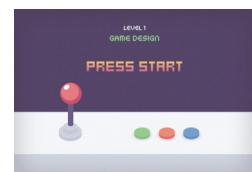
Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
Gr. 6-8	Wed	3:00PM-4:30PM	DRAMA RM	Oct. 2—Nov. 20	8	\$100

Minimum: 6 Maximum: 12

THURSDAY'S

Game Design

In partnership with UME Academy



Create your own video game with UME Academy! Students will learn creative problem solving and computational thinking through the game design process while employing the tools and technology that power top games. Each class is rooted in a STEM (Science, Technology, Engineering and Math) topic and includes time to create, play and analyze games.

Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
Gr. 6-8	Thurs	3:00pm—4:30pm	TBD	Oct. 3—Nov.21	8	\$100

Minimum: 8 Maximum: 14

FRIDAY'S



Futsal

You will find that the experience with VanCity Pro - SEFA Academy Futsal program is a time of growth and maturity for your child. Not only does our Futsal program provide premier coaching to all players of different ability groups, but it also offers the opportunity to prepare the players to compete at a higher level of football than when they began their sessions. Our training philosophy, is for players to become technically competent with the ball, work to develop the required physical components before going on to excel in game situations

We are not looking for “soccer superstars”, however, we are looking for players with an athletic ability to be challenged for the duration of each session and an attitude of drive with good attention and listening skills. These attributes will only enable the players to get the most from this program.

Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
Gr. 6-8	Fri	3:00PM-4:15PM	GYM	Oct. 4—Nov. 22	6	\$125

No program October 11 and October 25

Minimum: 12 Maximum: 20

Babysitter Training Course

Want to learn about the business of babysitting? This fun, scenario based 7 hour course covers information on caring for babies and toddlers, risk management, emergencies, first aid, feeding, sleeping, games, problem solving, and communication. KidProof certification is provided upon successful completion of the tested material.

****Textbook included in cost.**

Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
Gr. 6-8	Fri	9:00AM-4:00PM	CAFETERIA	October 25, 2019—Pro D	1	\$70

Minimum: 12 Maximum: 20

How to Register

Our **Community School After School Programs Registration** is online and will accept payment using **Visa; MasterCard or Interac/Debit** from most major banks. You will require an email address in order to receive your confirmation number and to be able print out a receipt for your payment.

To access the registration website please **visit the Minnekhada Middle Community School website and click on the “Community Programs” button on the homepage.**

If you do not wish to register online there is still an option to register by filling out the paper registration forms. They are located on the Minnekhada Community School website on the Community Programs Page or can be picked up at the Minnekhada Community School Office.

Please return completed forms and payments to the Minnekhada Community School Office. You have the option to pay by cash or cheque made payable to **School District 43 Community Programs**

Refund/Cancellation Policy: Refunds will be only available, for any reason, within the registration period. No refunds will be processed after the registration period ends.

All registrations are on first come, first serve basis.

Should you have any questions, please contact Laura McKinley

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