

# Miller Park Community School

Working together to strengthen our community  
through our Community School

## Spring 2009 Programs, Services and Events

**Rob McFaul**  
Principal  
604-936-4208

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Community Schools Coordinator  
604-230-1233, 604-936-4295

### Pre- and Out of School Care

#### WHITE SWAN MONTESSORI PRE-SCHOOL

Located at 800 Egmont Avenue (off Robinson) at Miller Park Community School. For ages 2 1/2 to and including Kindergarten. Full Montessori Program includes Science - Music - Practical Life - Math - English Language - Arts/ Crafts - Indoor & Outdoor Activities - & much more. Qualified, caring staff in a warm, nurturing environment.

2, 3 or 5 days per week.

**To register or for more information please call: 604-931-SWAN (7926).**

#### MILLER PARK CHILD CARE CENTRE

Miller Park Child Care Centre is a licensed, privately owned, before and after school care centre, located in Miller Park Community School. We offer out of school care for children ages 5 to 11 years. Our Centre offers Kindergarten and out of school care from 7:30am – 9:00am & 11:30am - 6:00pm every school day and most Professional Development Days. Games, crafts, puzzles, computers, movies and much more! Very reasonable rates!

For more information please contact the Miller Park Child Care Centre at 604 936-0245.

#### BURQUITLAM CHILDCARE CENTRE

Burquitlam Childcare Centre provides inclusive quality childcare for children from kindergarten to grade 7. Transportation is provided to and from Miller Park and Glenayre Schools.

Located in Lyndhurst Elementary.

**Monday to Friday 7am-6pm**  
For more information please call 604-421-2919.

### Evening Programs

#### RED CROSS BABYSITTER TRAINING 11-15 YRS

This program is taught by a Red Cross certified instructor. An official completion certificate is issued to participants who successfully pass a final exam and meet Red Cross standards. To qualify students must be 11 years or older by the end of the program. This course will teach skills necessary for the proper care of children. Topics include: safety and emergencies, child development, care and feeding, games and more. The 8 hour program is offered in 4 classes

of two hours with a short break.

**Wednesdays 6:30 – 8:30pm**  
**April 1, 8, 15, + 22**

**Thursdays 6:30 - 8:30pm**  
**May 7, 14, 21 + 28**

**\$45.00 (Includes a manual, CD and all course materials)**

**For information or to register please contact the Instructor, Colin, at (web) <http://members.shaw.ca/comckay> or (email) [comckay@shaw.ca](mailto:comckay@shaw.ca) or call:**

**604 723-4082**

**All classes will take place at Miller Park Community School in the Library**

#### TOPS (Take off Pounds Sensibly)

TOPS is a support group for weight loss and we meet **every Tuesday** until June between 6 and 8 pm in the Library. Weigh-in is between 6 and 7pm and the meeting takes place between 7 and 8pm. It is open to men, women and teenagers. All are welcome. For further information please refer to [www.tops.org](http://www.tops.org) or contact Gail at 604-941-8699. For a day time group (Thursday mornings at Seaview), please contact Faye Brown: 604-469-0527 or [fayebrown@shaw.ca](mailto:fayebrown@shaw.ca)

### After School Programs

**Parents and guardians please note:** at Miller Park Community School all students who are staying at school for after school activities must meet in the gym from 3:00 – 3:15 pm for attendance. If a student is staying for a 4:20 – 5:20pm program they must attend an earlier program or be supervised by their parent. To ensure student safety students can not remain at the school unsupervised. All programs, unless otherwise noted, are 1 hour long: Session 1 - 3:15 - 4:15pm and Session 2 - 4:20 - 5:20pm. **If you require after school care for your child or children please contact the Miller Park Child Care Centre at: 604-936-0245 or [mpchildcarecentre@shaw.ca](mailto:mpchildcarecentre@shaw.ca)**

<b>After School Program Schedule</b>			<b>April 14 - June 3, 2009</b>		
		<b>Refridger</b>	<b>Door Copy</b>		
<b>Days/ Weeks</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Ap 6 - 10	Karate	<b>No Programs</b>	<b>No Programs</b>	Open Gym Sports	<b>Good Friday</b>
<b>Week 1</b> Ap 13 - 17	<b>Easter Monday</b>	Gymnastics Science Allve Library	Scouts About Library	Open Gym Sports Kids Kitchen Library	<b>Pro D Day</b> <b>No Programs</b>
<b>Week 2</b> Ap 20 - 24	Karate Variety Hour Library	Gymnastics Science Allve Library	Scouts About Library	Open Gym Sports Play & Popcorn Kids Kitchen Library	4 Sports Crafts Kids Kitchen Library
<b>Week 3</b> Ap 27- May 1	Karate Variety Hour Library	Gymnastics Science Allve Library	Scouts About Library	Open Gym Sports Play & Popcorn Kids Kitchen Library	4 Sports Crafts Kids Kitchen Library
<b>Week 4</b> May 4 - 8	Karate Variety Hour Library	Gymnastics Science Allve Library	Karate Scouts About Library	Open Gym Sports Play & Popcorn Kids Kitchen Library	4 Sports Crafts Kids Kitchen Library
<b>Week 5</b> May 11 -15	Karate Variety Hour Library	<b>Election Day</b> <b>May 12</b> <b>No Programs</b>	Karate Scouts About Library	Open Gym Sports Play & Popcorn Kids Kitchen Library	4 Sports Crafts Kids Kitchen Library
<b>Week 6</b> May 18 - 22	<b>Victoria Day</b> <b>No Programs</b>	Gymnastics Science Allve Library	Karate Scouts About Library	Open Gym Sports Play & Popcorn Kids Kitchen Library	4 Sports Crafts Kids Kitchen Library
<b>Week 7</b> May 25 - 29	Karate Variety Hour Library	Gymnastics Science Allve Library	Karate Scouts About Library	Open Gym Sports Play & Popcorn Kids Kitchen Library	4 Sports Crafts Kids Kitchen Library
<b>Week 8</b> June 1 - 5	Karate Variety Hour Library	Gymnastics Science Allve Library	Karate Scouts About Library End of Program	<b>Fun Fair</b> <b>No Programs</b>	<b>Pro D Day</b> <b>No Programs</b>
June 8 - 12	Karate	<b>No Programs</b>	Karate	<b>No Programs</b>	<b>No Programs</b>
June 15 -19	Karate	<b>No Programs</b>	Karate	<b>No Programs</b>	<b>No Programs</b>
June 22 - 26	<b>No Programs</b>	<b>No Programs</b>	<b>No Programs</b>	<b>Last Day of School</b>	<b>Administration Day</b>
July 6 - August 14	<b>SUMMER CAMP</b>	<b>SUMMER CAMP</b>	<b>SUMMER CAMP</b>	<b>SUMMER CAMP</b>	<b>SUMMER CAMP</b>

**Information: 604 230-1233 or [www.sd43.bc.ca/millerpark](http://www.sd43.bc.ca/millerpark)**

## Important Dates

**Friday April 10, Good Friday**

**Monday April 13, Easter Monday**

**Tuesday April 14,**

**Spring Programs Begin**

**Friday April 17, Pro D Day**

**Tuesday May 12, BC Election Day**

**No Programs - Please Vote**

**Monday May 18, Victoria Holiday**

**No Programs**

**Wednesday June 3,**

**End of Spring Program**

**Thursday June 4,**

**Miller Park Fun Fair**

**Friday June 5, Pro D Day**

**Friday June 12, Karate Year End**

**Demo in the Gym 6:30 - 9:00pm**

**Thursday June 25,**

**Last day of Classes**

**Monday July 6,**

**Summer Camp Begins**

**Friday August 14, Camp Ends**

**Open Gym Wednesdays - July 6**

**- August 24 9:30 - 11:30am**

# After School Programs

## KARATE

K-5

**Please Note: Special Registration procedure required.**

This excellent program has been offered at Miller Park Community School for many years. Participants have the opportunity to advance through many skill levels. Each Spring they will have the opportunity to demonstrate their skill at a multi school special event that takes place at Miller Park Community School. Karate builds skills, self discipline and confidence as well as being a great and fun fitness activity.

Please Note: This program runs from September to June each year. Registration can be done at any time directly with the Instructor on the days listed below.

**Mondays September–June15**

**Wednesdays May 5 – June 17**

**Session 1 3:15pm (K-2)**

**Session 2 4:20pm (3-5)**

**In the Gym. Fees for Karate** are \$37 per month or \$170 for 5 months (1/2 school year) plus a once a year association/membership fee of \$42. Uniforms are available from the instructor for \$37. All fees include GST and they will be receipted. **All fee and payment arrangements are to be done with the Instructor.**

**Special Note: There are no scheduled Karate classes until Wednesday May 5th.**

## THE MILLER PARK VARIETY HOUR

K-5

Being active, creative, social and having fun doing it is the object of this activity. Much of the focus will involve in and outdoor active games. Participants will be encouraged to suggest activities that everyone can participate in. There will also be opportunities to learn new games as well as sing a few old and new songs and to do some arts and crafts.

**Mondays with Alexa and Jennifer - Music Room**

**Mondays 3:15pm (3-5)**

**Mondays 4:20pm (K-2) \$18**

**- 6 Weeks -Music Rm**

## LIBRARY ACTIVITIES K-5

The Library program is offered at two separate times after school each day. Each time of each day

must be registered individually. For example, if you sign up for the Library Program on Mondays from 3:15 – 4:15pm that would be one session running from April 14 to June 3. If you also signed up for library on Mondays from 4:20 to 5:20pm that would actually be two separate sessions to be registered and paid for individually.

Students attending the library program will have a variety of activities to choose from, including; completing homework and assignments; board and card games; arts and crafts activities and more.

**Daily April 14 - June 3**

**Session 1: 3:15 - 4:15pm**

**Session 2: 4:20 - 5:20pm \$23**

**for one and \$40 for both**

## RHYTHMIC GYMNASTICS K-5

Rhythmic Gymnastics is an elegant sport both in physique and performance. It involves the use of body movement with apparatus by throwing and catching the apparatus (rope, hoop, ball, ribbon, clubs). The different skills will be combined into choreographed routines with music.

**Tuesdays 3:15pm (K-2)**

**Tuesdays 4:20pm (3-5)**

**\$21 - 7 Weeks - Gym with**

**Linda**

## SCIENCE ALIVE from Simon Fraser University K-5

These hands-on one hour science programs are themed around various areas of science and include such topics as rocketry, magnets, polymers and even the science of toys. Children engage in exciting hands-on activities, watch spectacular demonstrations, participate in inquiry-based discussions and take home things they have made themselves. Join Anne and see just how exciting science can be!

**Tuesdays 3:15pm (3-5)**

**Tuesdays 4:20pm (K-2) \$35 -**

**7 Weeks - Music Room**

## SCOUTS ABOUT K-5

The Scouts About Program is a new and exciting program at Miller Park Community School and it is open to both boys and girls. The focus is fun and includes age appropriate activities and games that will support the development of social, leadership and decision making skills. Scouts Canada has a "learn by doing" philosophy and puts the

participant in situations where they can be both challenged and successful. This program is offered in partnership with Scouts Canada with support from the United Way of the Lower Mainland. Membership in Scouts Canada is included. **Parents must complete a separate Scouts Canada registration form as well.** Uniforms will not be required. For information on other Scouting programs call 604 939-0017 or 939-9381.

**Wednesdays 3:15pm (3-5)**

**Wednesdays 4:20pm (K-2) \$15**

**- 7 Weeks Gym - Music Room & Out Doors**

## OPEN GYM SPORTS K-5

This is a program offered by the Recreation Department of the City of Coquitlam. The program will offer a variety of sports and active games. It will be an ongoing program to June. It is offered as a drop-in for \$2 per session. You may register with the Community School and pay in advance for all 8 sessions April 2 to May 29. You may also choose to drop-in but there is a limited number of spots.

**Thursdays 3:15 - 5:30 (K-5)**

**\$2 per session or \$16 for 8**

**Weeks (April 2 - May 29) in the Gym (No Program June 4)**

## KIDS IN THE KITCHEN K-5

With our most popular Chef, Sean, participants will have fun learning to prepare simple snacks. Sean will discuss basic cooking science and have students participate hands on. Once all hands are washed Sean will have the children use different preparation techniques and procedures to prepare their creations. While the oven does its part games and activities are also on the menu. Perfect every time – when they are finished participants eat and, if you are lucky, share their projects.

**Thursdays 4:20pm (Only)(K-2)**

**Fridays 4:20pm (Only) (3-5)**

**Thursdays \$35 - 7 Weeks**

**Fridays \$30 - 6 Weeks**

**PAC Kitchen/Gym Hallway (includes the cost of food)**

## PLAY AND POP K-5

This activity provides supervised games outdoors during good weather and a movie... (next page)

# After School Programs Continued

## PLAY AND POPCORN (CONTINUED)

.....with popcorn on rainy days.  
This is always a popular activity.

**Thursdays 3:15 - 4:15 ONLY**  
**Outside with Alexa & Jennifer**  
**\$18 - 6 Weeks - Music Room**

**4-SPORTS K-5** This activity will allow students to participate in 4 different sports during the program arranged by the Leader. Students may do 2 weeks

each of soccer, badminton, floor hockey, basketball or other games arranged according to age, interests and abilities. Keeping fit and having fun too with Sarah & Alissa.

**Fridays 3:15pm (K-2)**  
**Fridays 4:20pm (3-5)**  
**\$18 - 6 Weeks - Gym**

**KIDS & CRAFTS K-5**  
Sue and her team will give partici-

pants an opportunity to explore and complete a number of different craft projects. Seasonal ideas will be mixed with the purely artistic and the practical. Participants will be encouraged to develop their tactile and visual skills. **All materials included.**

**Fridays 3:15pm (3-5)**  
**Fridays 4:20pm (K-2) \$18**  
**for 6 Weeks - Library**

## Behaviour Policy

Please ensure that your child *wants* to attend the program that they are registered for. These programs are not designed or staffed to deal with behaviour issues. A single child's negative behaviour can seriously impact an entire program and impact

the enjoyment for all other participants. For the benefit of everyone if a child's behaviour interferes with the program, he/she will receive notice that their behaviour is unacceptable. Should a second incident occur the child will be given a time out. A third

incident will sideline the child for the remainder of the session and it will be recorded as one of three chances before the child is removed from the program. Parents will be contacted regarding behaviour issues and if a child is removed the remaining fees will be reimbursed.

## Adult and Community Programs

### ENGLISH PRACTICE GROUP

#### Free Drop-In - A conversation group for adults

Miller Park Community School in partnership with SHARE and Coquitlam Public Library and other partner groups will be hosting an English Practice Group for local residents. The conversation group is open to parents and community residents who are interested in English conversation practice, making social connections and learning more about community resources and Canadian culture. This program is facilitated by volunteers from the community.

For more information please

contact Share at 604-936-3900 (local 185) or  
[Julie. Bond@sharesociety.ca](mailto:Julie.Bond@sharesociety.ca)

**Tuesdays 9:15 – 10:45am in the Day Care Room. This program is ongoing when school is in session. New participants are always welcome.**

### The Burquitlam Community Association

This Association of interested neighbours is an advocacy group for residents in this area. If you have ideas or suggestions regarding improvements, or issues concerning our neighbourhood, please plan to attend our meetings on the first Thursday of each month at Miller Park Com-

munity School. For more information please contact Graham at 604 937-7458 or  
[hill7458@shaw.ca](mailto:hill7458@shaw.ca)

**Monthly - First Thursday 7:00pm in the Music Room**

### The Coquitlam Camera Club

The Coquitlam Camera Club meets monthly to share information, techniques and ideas to help improve and expand your photography experience. There are photographic presentations and information about various topics and competitions. For information please contact Mr. Roberts at 604 464-1853.

**Monthly - Second Wednesday 7pm in the Music Room**

## Would you like to hold an event at Miller Park Community School?

If you or your group would like to use the Miller Park Community School library, music room or gymnasium for meetings or events, please contact the Community School office at 604-230-1233 or messages 604 936-4295 for information on rental rates.

### PLEASE NOTE:

**A PARTICIPANT WILL NOT BE DENIED ACCESS TO A COMMUNITY SCHOOL PROGRAM DUE TO COST. FOR MORE INFORMATION, PLEASE CONTACT:**

**ROB MCFAUL AT: 604-936-4208 or STEVE BROWN-JOHN AT 604-230-1233.**

**THANK YOU FOR SUPPORTING YOUR COMMUNITY SCHOOL**

