



Daily Health Check – Students

(February 16, 2021)

Important Information – Please Translate

這是一份重要資訊 — 請找人為您翻譯 這是一份重要信息 — 請找人為您翻譯

Mahalagang Impormasyon - Paki salin sa sariling wika

Thông tin quan trọng - Xin tìm phiên dịch

ਮਹੱਤਵਪੂਰਨ ਜਾਣਕਾਰੀ-ਮਿਹਰਬਾਨੀ ਕਰਕੇ ਅਨੁਵਾਦ ਕਰੋ/ਕਰਵਾਓ

महत्वपूर्ण जानकारी - कृपया अनुवाद करें 중요한 정보 - 번역 부탁드립니다

Información importante - Por favor traducir معلومات مهمة - الرجاء الترجمة

重要な情報-翻訳してください اطلاعات مهم - لطفا ترجمه کنید

Dear Parents,

The Ministry Daily Health Check for students can also be accessed on-line or through the Ministry App. These are listed on the district and school websites under Covid-19 Pandemic Response banner.

If your child has any of the symptoms listed below, follow the instructions.

SYMPTOMS	WHAT TO DO
<ul style="list-style-type: none"> Fever (above 38° C) Chills Cough Loss of sense of smell or taste Difficulty breathing 	<p>1 or more of these symptoms:</p> <ul style="list-style-type: none"> Stay home. Contact health care provider or 8-1-1 about your symptoms and next steps.
<ul style="list-style-type: none"> Sore throat Loss of appetite Headache Body aches Extreme fatigue or tiredness Nausea or vomiting Diarrhea 	<p>If you have 1 symptom:</p> <ul style="list-style-type: none"> Stay home until you feel better. If you have concerns or questions about your health, please contact 8-1-1 at any time. <p>If you have 2 or more of these symptoms:</p> <ul style="list-style-type: none"> Stay home and wait 24 hrs. to see if you feel better. If symptoms don't get better or get worse, get a health assessment; contact a health care provider or 8-1-1 about your symptoms and next steps.
<p>Close Contact</p> <p>If you are a close contact of someone who has COVID-19 and have any of the symptoms listed above.</p> <ul style="list-style-type: none"> Get tested and stay home. You will know this is the case, as you would have been contacted by Public Health. For more information on close contacts, go to http://www.bccdc.ca/covid19closecontacts. If you are unsure, please contact 8-1-1. 	
<p>International Travel</p> <p>Have you returned from travel outside Canada in the last 14 days?</p> <ul style="list-style-type: none"> All students and staff who have travelled outside of Canada are required to self-quarantine for 14 days after arrival under both provincial and federal orders. 	
<p>If your child develops severe symptoms, such as difficulty breathing (eg. struggling to breathe or speaking in single words) or chest pain, call 9-1-1 or go to the nearest Emergency Department.</p>	