

COAST

COAST is a life-changing, outdoor education experience for Grade 10 students in semester two. The program integrates academics, leadership, and outdoor trips with an emphasis on character development, where students develop skills in resilience, perseverance, collaboration, self-confidence, and humility. As a result, COAST students gain appreciation and respect for nature. Upon leaving the program, students can expect to have learned the value of making informed and responsible decisions, initiating action, and taking personal responsibility for who they become.

Timetable:

Semester 1 Math 10, Science 10, two electives (often one is a second language)
Semester 2 COAST: Social Studies 10, English 10, Leadership 11, Physical and Health Education 10,
Career Life Education 10 (Online), and Outdoor Education 11

Certifications Received:

- St. John's Emergency First Aid
- CPR 'A' Ticket
- The Recreational Canoeing Association of BC – Flat-Water Level One
- Climbing Belay

Overnight Outings:

- February Back Country Trip (snowshoeing, cross country skiing, and camping)
- Indoor Rock Climbing
- March Bike Trip
- April Hiking Trip
- Ocean Kayaking Trip
- May Canoe Trip
- June Camp Counselor Leadership Experience

Application Procedure:

Current Grade 9 Gleneagle students are applying for the COAST 2024 Program in Jan/Feb of 2023. Current Grade 8 students wishing to apply for COAST 2025 will be eligible to **apply in their Grade 9 year at Gleneagle**. Application information will be available to Gleneagle Grade 9 students in January 2024, and all applicants will be interviewed in February 2024.

Suitable candidates will be evaluated by a committee on the following criteria:

- commitment to co-operation and respect for others
- level of motivation and initiative-taking
- interest in the program
- responsibility towards academics
- reasonable time management and organizational skills

Funding:

Equipment and travel expenses are covered by fundraising initiatives and a current course fee of \$1150. Students who are selected will be contacted and required to pay a \$250 deposit in February, with the remaining \$900 due in September. The cost of the program covers travel, equipment, certifications, and instruction. Students must provide their own sleeping bag, hiking boots, clothing, and food. (more information currently being updated here: <https://www.gleneaglecoast.com/index.php>) or contact Ms. Bogen at kbogen@sd43.bc.ca