

2025-2026 WINTER SPORTS PRACTICE SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday
Before School			Grade 7/8 Girls	Grade 8 Boys	
Lunch	Intramurals	Wiffleball	Intramurals	Grade 6	Grade 6
After School	Grade 7 Boys	-Wrestling (Monty) (Gr 7 Boys-GAMES TBD)	Gr 7/8 Girls-GAMES (Gr 8 Boys-GAMES TBD)	-Grade 8 Boys -Wrestling (Monty)	Grade 7/8 Girls

Grade 8 Boys Basketball – Ms. Kristy (kmanagh@sd43.bc.ca) & Robin (rsutherland@sd43.bc.ca)

Grade 7 Boys Basketball – Ms. Kristy (kmanagh@sd43.bc.ca)

Grade 7/8 Girls Basketball – Mr. Gallant (angallant@sd43.bc.ca)

Grade 6 Boys/Girls Basketball – Mr. Roos (sroos@sd43.bc.ca)

Wiffleball - All Grades – Mr. Vanderby (jovanderby@sd43.bc.ca)

Wrestling – All Grades - Ms. Perry (pperry@sd43.bc.ca- @Monty Middle) & Mr. Gallant (angallant@sd43.bc.ca)

Athletic Director – Mr. Gallant (angallant@sd43.bc.ca)