## "HOW TO TALK TO YOUR YOUTH ABOUT SUBSTANCE USE"



Join SHARE's Youth Substance
Use Services Program
in a virtual presentation around
supporting youth on the topic of
substances and substance use.

## OCTOBER 25TH 6:30-8:00 VIRTUAL ON ZOOM

RSVP via link or QR code here:

https://forms.office.com/r/RQGbsg37b2

## <u>Topics will include:</u>

- -Adolescent brain development
- -Adolescence and substance use
- -Adolescence and mental health
- -Continuum of use and parenting at various stages
  - -Tips for your approach
    - -Self-Care
    - -Time for Q&A
  - -Resources for further support and learning





Visit our <u>website</u> for more resources