

Community Emergency Preparedness Seminars

HEROS PROGRAM

The City of Coquitlam offers the following emergency preparedness seminars to help residents and businesses become better prepared for a major emergency.



Personal, Family & Community Emergency Preparedness

This session uses an earthquake scenario to help you become better prepared at home. The session topics include, typical earthquake damage/hazards, how to protect yourself inside and outside of your home or place of business, family communication and reunification, assembling emergency supplies and community preparedness.

Disaster Preparedness & Basic First Aid for Pets

Learn how to prepare your pets in times of emergencies or disasters. The session includes a demonstration & quick lesson on basic pet first aid presented by a Registered Animal Health Technician of the Canadian Veterinary Assistance Team. \$10 fee covers the cost of a pet first aid starter kit.

HEROS Winter Training 2017

Date	Course	Location	Cost	Barcode #
January 27 10 a.m. – noon	Personal, Family & Community Emergency Preparedness	Glen Pine Pavilion 1200 Glen Pine Court, Coquitlam	FREE	585705
January 30 6:45 – 8:45 p.m.	Personal, Family & Community Emergency Preparedness	Poirier Library - Nancy Bennett Room 575 Poirier St. Coquitlam, BC	FREE	589830
February 21 6:45 – 8:45 p.m.	Personal, Family & Community Emergency Preparedness	Glen Pine Pavilion 1200 Glen Pine Court, Coquitlam	FREE	585654
February 27 6:45 – 8:45 p.m.	Disaster Pet Care & Basic First Aid (includes a starter first aid kit for pets)	Poirier Library - Nancy Bennett Room 575 Poirier St. Coquitlam, BC	\$10.00	589859
March 20 10 a.m. - noon	Personal, Family & Community Emergency Preparedness	Dogwood Pavilion 1655 Winslow Ave, Coquitlam	FREE	585656

Advance registration is requested

Register to reserve your space by using one of the following methods and quoting course number:

1. coquitlam.ca/signmeup
2. In person at any Parks, Recreation and Culture facility
3. Staff assisted phone-in registration 604-927-4386. This service is available Mon. through Fri. 8:30 a.m. - 7 p.m.

For more information on future session dates or to request a course for your community group, please contact the HEROS Program Office at 604-927-6434 or visit coquitlam.ca/preparedness