

‘intheknow’

information + support

Substance Use: Relationship over Responsibility

Join us for a Video Presentation

Being a parent of a young person with substances use challenges is hard. What do I do? what can I say? how can I make them stop? These are all things that many parents ask themselves. This ItK is a facilitated discussion to help share some practical ways to move through the challenges.

Topic Presenters:

Judith Bertholm, Mother with lived experience

Dan Reist, Grandfather, Father, Associate Director, CISUR

Keli Anderson, President/CEO of FamilySmart[®], Moderator

March 13th, 2019

6:30pm – 8:30pm

**Room 136 Coquitlam Public Library
City Centre Branch
1169 Pinetree Way, Coquitlam
(free parking on second floor of parkade)**

FREE OF CHARGE

Please RSVP by email:

moira.hazlehurst@familysmart.ca



‘intheknow’ provides expert speakers on topics important to families and/or to those working to support the mental health of children and youth.

Viewing is available:

Online at:

www.familysmart.ca/in-the-know

In person at community sites:

www.familysmart.ca/events/

The in person viewing also provides an opportunity for supported conversations.