

THIS WEEK AT KILMER

March 4, 2022

IMPORTANT DATES ON OUR CALENDAR

Monday, March 7 - KPAC Meeting- via zoom
Wednesday, March 9 - Spirit Day: Dress like a book character
Thursday, March 10 - Report Cards go home
Friday, March 11 - Last day before Spring Break
March 12-27 - Spring Break
Monday, March 28 -School ReOpens -KPAC Purdy's Orders Due
Wednesday, April 6 -Class Photo Day tentative*
Monday, April 11 -KPAC Purdy's Pickup
Friday, April 15 -Good Friday NO SCHOOL
Monday, April 18 -Easter Monday NO SCHOOL
Friday, April 22 - District Pro-D Day- no school
Friday, April 29 - Spirit Day: Backwards Day

QUICK LINKS

- [Kilmer Website](#)
- [Online Absence Report](#)
- [School Cash Online/KEV](#)
- [munch A lunch](#)
- [Parent EForms](#)
- [Daily Health Check](#)
- [Behaviour Matrix](#)
- [BC Gov - Safe Schools](#)
updated Feb 18/22
- [BC CDC K-12 Schools & COVID 19](#)
- [Microsoft Teams Instructions](#)
- [SD43 K-12 Health & Safety Protocols](#)
- [SD43 Maintaining a Healthy School](#)

If your child has COVID-19

If your child tested positive and are managing their illness at home, you can end isolation when all three of these conditions are met:

1. At least 5 days have passed since your symptoms started, or from test date if you did not have symptoms.
2. Fever has resolved without the use of fever-reducing medication, such as acetaminophen or ibuprofen.
3. Symptoms have improved.

If they still have symptoms

They must continue to isolate for longer if they have a fever or are not feeling better. Presence of mild symptoms does not necessarily mean that you are contagious after 5 days. Most people recover within two weeks. Some people with more severe symptoms can take up to 12 weeks or more to feel entirely better.

If you are unsure or concerned, connect with your health care provider, call 8-1-1, or go to an Urgent and Primary Care Centre to be assessed.

Please visit [BC CDC website for more information.](#)

PRINCIPALS MESSAGE

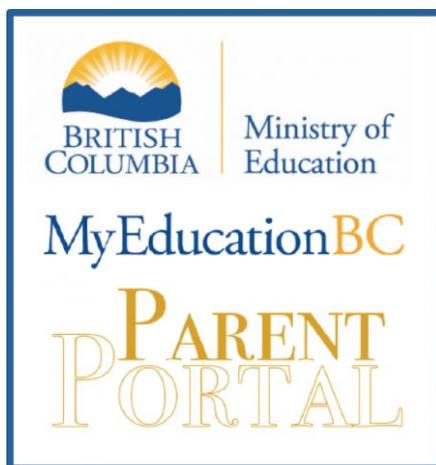
During the months of January to April, School District 43 is participating in the 2022 Ministry of Education Electronic Anonymous Student Learning Survey Project, in cooperation with all other school districts throughout the province. Kilmer Parents & Guardians of Grade 4 students can complete the online Anonymous Student Learning Surveys any time before 11:59 pm April 29th, 2022, providing immediate results to the school and the district. Grade 4 Kilmer parents will be receiving a separate email with a link to the survey and log in information.

RAPID TESTS FOR STUDENTS

On Thursday, February 24 each Kilmer student was sent home with a Covid-19 Rapid Test Kit. Each student received a box containing 5 tests. These tests are intended for students in K-12 schools. They should only be used when the student has **symptoms of COVID-19**. Please see the attached information from the Provincial government providing information on the use of these test kits [here](#). **If you child has been absent and you have not received their test kit, please see the classroom teacher.**

PARENT PORTAL

School District 43 launched the Family Portal during the 2019-20 school year for Highschool students and will soon be available to Elementary Schools.



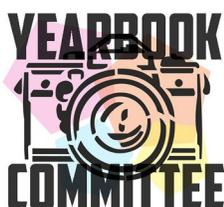
This will allow parents to view student contacts, report cards, schedules, attendance and more, specific to your son/daughter.

Once the parent portal is available to Kilmer families, we will no longer be sending home paper copies of report cards.

To prepare your family for the transition to the parent portal you must ensure that each guardian is using their own unique email as each contact will have their own unique username and password.

We are unable to use @sd43.bc.ca email addresses.

If you have any questions about the Family portal or need to update your email contact information, please email kilmer@sd43.bc.ca for assistance.



YEARBOOK COMMITTEE

We are still looking for an interested Kilmer parent or parents who would be willing to help organize and create the 2021/22 Kilmer Yearbook. **Please contact Ms Birnie @ lbirnie@sd43.bc.ca if you can help!**

DOGS ON SCHOOL GROUNDS

There has been an increase of dog poo being left in the areas where your students play. Please report unleashed dogs and/or irresponsible owners to the City of Port Coquitlam Bylaw



Bylaw Enforcement Tel 604.927.5440

Email: bylawservices@portcoquitlam.ca

At all times during student drop off and pick up, all dogs on District property must be:

- a. Licensed;
- b. Cleaned up after and have their waste removed;
- c. Leashed and under adult control (assistance dogs exempt) and
- d. Kept away from building entrances and play areas

DAILY HEALTH CHECK

Please ensure you perform a [Daily Health Check](#) on your child before they arrive at school.

As the cases in our community rise, it is important that we all follow the directions from Public Health. The BC CDC updated their guidance around close contacts and contract tracing. [Please visit their website for more information.](#) All parents are encouraged to review the [BC Ministry of Education's COVID-19 safe schools plan.](#)

Children must be 24 hours free of vomiting, diarrhea, or fever before returning to school



VANDAL WATCH- HELP REDUCE VANDALISM ON SCHOOL PROPERTY

Our school is being regularly hit by graffiti. If you see vandalism or other suspicious activity, call the tip line below. When you provide a tip, security personnel will be dispatched to investigate and if necessary, involve the police. Please call as soon as you suspect there might be a problem. Do not get in a confrontation yourself.

KILMER IS FUNDRAISING!

Please contact the PAC if you have any questions at 031-pac@sd43.bc.ca or view their Facebook Page for up to date information www.facebook.com/KilmerPAC



Consider purchasing **Mabel's Labels** to help identify your child's belongings. Visit the website and search for "Kilmer Elementary" to support our school.

https://mabelslabels.ca/en_CA/fundraising/support/

Return It Express Fundraiser!
École Kilmer Elementary School is registered with Return It Express Recycling
Our return it code is:
604-941-3401



Purdy's Easter Fundraiser

Order online February 28-March 28

<https://fundraising.purdys.com/join.aspx/1364293-92795>

Pick Up- Monday, April 11th

Tell your friends!



DAILY REMINDERS FOR STUDENTS & PARENTS



A reminder to please send your child with a mask each day. If possible, having additional clean masks available in their back should they need to change. Thank you for your assistance.



School routines are in full swing both at home and at school and we know that on occasion supplies such as; cutlery and other essentials will be left out of the lunch box. We have had quite several students asking for water bottles, forks, and spoons. The water bottle filling station located near the library is accessible to students throughout the day. We ask that you try to provide all the needed items your child will require to eat their lunch and snack.



At Kilmer, we practice west coast recess and lunch breaks which means, we go outside rain or shine every day. We all need a break with fresh air and the chance to run around, this helps our focus and ability to learn. We need students to come to school with clothing and footwear appropriate to the climate so that we can enjoy our breaks outside. We request each student to have an extra change of clothing hanging in their cloakroom or in their backpack.



OFFICE HOURS

Kilmer Elementary
1575 Knappen St
Port Coquitlam, BC V3C 2P8
604-941-3401
kilmer@sd43.b.ca
www.sd43.bc.ca/school/kilmer

The doors to the school remain locked, please call the office at 604-941-3401 between 8:15-3:15 if you require assistance or email the school at Kilmer@sd43.bc.ca

If your child is going to be away, you're running late or they require an early dismissal please submit a Daily Absence Report Online. If your child (ren) will be late or absent for the day, please contact the school online or by email Kilmer@sd43.bc.ca by phone 604-941-3401 (answering machine on 24/7). If you child is late or being picked up early, please call the office first to sign them in or out. If you are picking up, we will notify the classroom teacher and they will be ready at their exterior door for pickup.

These procedures are very important for us to follow for student security.

[Report your Student's Absence Online](#)



EVERY
CHILD
MATTERS

Are your child's immunizations up-to-date?

Vaccination is the best way to protect your child against a number of serious and sometimes deadly diseases. Routine childhood vaccines are free in B.C.

Getting children vaccinated:

- Helps protect them from severe illness and hospitalization
- Protects family members who may be at increased risk of getting very sick if infected
- Reduces the spread of viruses in the community

Childhood immunizations (other than COVID-19)

For the best protection, your child should get vaccinated on time following the recommended childhood immunization schedule as closely as possible.

For school-aged kids, vaccinations should be done upon entry to Kindergarten, grade six and grade nine.

To view immunization schedules for children, visit healthlinkbc.ca/bc-immunization-schedules

How to check if your child's vaccines are up-to-date?

To check if your child's vaccines are up-to-date, use the online Vaccination Status Indicator Tool: immunizebc.ca/vaccination-status-indicator

Book your child's immunization appointment online

Starting this month, in addition to COVID-19 vaccine, several of our COVID-19 immunization clinics will offer childhood immunizations. This will provide an easy opportunity for **all** school-aged children to get up-to-date on their immunizations.

To view locations and book an appointment visit: <https://childhood-imms.myhealthinfo.ca/index.php>

COVID-19 pediatric vaccine

COVID-19 vaccination is recommended for children five years of age and older and is available for free in B.C. The COVID-19 vaccine can be received at the same time or any time before or after other vaccines.

If your child is five years of age or older, you may request the COVID-19 vaccine during their routine childhood immunization appointment. Alternatively, you may register them on the [Get Vaccinated provincial system](#) to be notified of when to book an appointment.

For more information visit fraserhealth.ca/immunizations



WESTCOAST PARENT BUZZ

March 2022



FOLLOW
US



@Westcoastfamctr



@WestcoastFamilyCentres



@Westcoastfamctr



Get Ready to March into Spring!

With Spring Break right around the corner, now is the perfect time to register for our new interactive groups and education workshops, including outdoor Spring Break groups for kids! Be sure to also check out exciting virtual activities and arts & crafts to keep your little ones busy throughout March.

ONLINE & IN-PERSON GROUPS



VIRTUAL SPRING BREAK ACTIVITIES



SPRING ARTS & CRAFTS



CALENDAR OF EVENTS

www.westcoastfamily.org/events

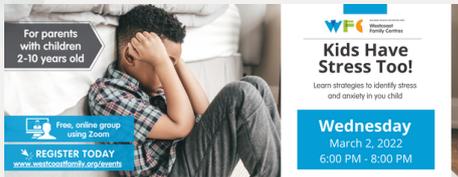
To register for our new programs head to our Calendar of Events



MARCH 2022

FREE VIRTUAL WORKSHOPS AND GROUPS

Kids Have Stress Too!



For parents with children 2-10 years old

Free, online group using Zoom

REGISTER TODAY www.westcoastfamily.org/events

WFC Westcoast Family Centres

Kids Have Stress Too!

Learn strategies to identify stress and anxiety in your child

Wednesday
March 2, 2022
6:00 PM - 8:00 PM

Wednesday
March 2, 2022
6:00 PM - 8:00 PM

[Register here](#)

Kids Have Stress Too! in Spanish



For parents with children 2-10 years old

OFFERED IN SPANISH

Free, online group using Zoom

REGISTER TODAY www.westcoastfamily.org/events

WFC Westcoast Family Centres

Kids Have Stress Too!

Los niños también tienen estrés

Aprenda estrategias para ayudar a identificar el estrés en su hijo

Saturday
March 12, 2022
9:30 AM - 11:30 AM

Saturday
March 12, 2022
9:30 AM - 11:30 AM

[Register here](#)

For Parents: Legal Education Family Law



FREE Info Session for Parents and Caregivers using Zoom

Legal Education in Family Law

Tuesday
March 8, 2022
6:00 - 7:30 PM
Online using Zoom

Register Today: www.westcoastfamily.org/events

Various topics will be presented by Pro Bono Students Canada

WFC Westcoast Family Centres

Tuesdays
March 8, 2022
6:00 PM - 7:30 PM

[Register here](#)

For Professionals: Legal Education Family Law



Free Info Session for Professionals (Social workers, educators, community workers) using Zoom

Legal Education in Family Law

Thursday
March 10, 2022
6:00 - 7:30 PM
Online using Zoom

Register Today: www.westcoastfamily.org/events

Various topics will be presented by Pro Bono Students Canada

WFC Westcoast Family Centres

Tuesdays
March 10, 2022
6:00 PM - 7:30 PM

[Register here](#)

S.P.A.R.K



S.P.A.R.K Supporting Parents Along the Road to Kindergarten!

FREE RESOURCE PACKAGE AND GIFT FOR THE CRISIS FAMILY

Come together with other families who have children the same age to exchange ideas and celebrate learning and growth.

DATES BY AGE GROUP

AGES 0-1 YEARS OLD	AGES 2-3 YEARS OLD
March 9, 2022	March 23, 2022
AGES 1-2 YEARS OLD	AGES 3-4 YEARS OLD
March 16, 2022	March 30, 2022

COME JOIN US ONLINE

WEDNESDAYS
8:00 PM - 9:00 PM

*Registration by age group

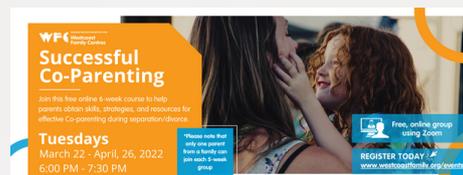
REGISTER TODAY www.westcoastfamily.org/events

WFC Westcoast Family Centres

Wednesdays
Dates by age group
8:00 PM - 9:00 PM

[Register here](#)

Successful Co-Parenting



WFC Westcoast Family Centres

Successful Co-Parenting

Join this free online 6-week course to help parents obtain skills, strategies, and resources for effective co-parenting during separation/divorce.

Tuesdays
March 22 - April 26, 2022
6:00 PM - 7:30 PM

Free, online group using Zoom

REGISTER TODAY www.westcoastfamily.org/events

*Please note that this online course is only for parents who are in a co-parenting relationship.

Tuesdays
March 22 - April 26, 2022
6:00 PM - 7:30 PM

[Register here](#)

Spring Break Happenings!



WFC Westcoast Family Centres

SPRING BREAK HAPPENINGS!

MARCH 14th-25th, 2022

Learn more: www.westcoastfamily.org/events

MONDAY
Puddle Jumpers
Pop-Up at Madson Park
1046 Brunette Ave. Coquitlam
10:00 AM - 12:00 PM

TUESDAY
Story Time in the Park at Seltzer Park
1250 Confederation Dr., Port Coquitlam
1:00 PM - 2:00 PM

WEDNESDAY
Puddle Jumpers
Pop-Up at Sunnyside
802 Edgemoor Ave. Coquitlam
10:00 AM - 12:00 PM

THURSDAY & FRIDAY
Story Time in the Park at Seltzer Park
1250 Confederation Dr., Port Coquitlam
1:00 PM - 2:00 PM

No Registration Required*

*DROPP-IN ONLY
FIRST COME, FIRST SERVED
Pre-packaged snacks provided!

In-Person Group!

Monday - Friday
March 14 - March 25, 2022
Time by groups
Drop-in outdoor groups

[Learn more](#)

Register today at: www.westcoastfamily.org/events

Spring Break Activities



Google Earth Tours



Visit fascinating wonders of the world from your own computer screen!

[Learn More](#)



Click on the images!



Famous Art Museum Tours



Visual field trips, tours, resources all around the world!

[Learn More](#)



Click on the images!



TISSUE PAPER BUTTERFLIES

Learn how to make these beautiful yet easy tissue paper butterflies with your little ones at home!

[Click here to learn](#)



ROCK PAINTING FOR KIDS

Check out these colourful rock painting ideas that you kids are going have fun with!

[Click here to learn](#)