

COVID-19

Daily Health Check Questionnaire as of September 21, 2020 All visitors/employees must review this important information

All individuals are required to perform a daily health check at home prior to attending/visiting this facility. The BC Centre for Disease Control has updated its recommendations in regard to the daily health check requirements. Please review the updated requirements below and use them to assess your health daily.

1. **Symptoms of Illness:** Are you experiencing any of following symptoms?

<input type="checkbox"/> Fever >38.0° C	<input type="checkbox"/> Loss of sense of smell or taste
<input type="checkbox"/> Chills	<input type="checkbox"/> Nausea or vomiting
<input type="checkbox"/> Cough or worsening of chronic cough	<input type="checkbox"/> Diarrhea
<input type="checkbox"/> Shortness of breath/difficulty breathing	
2. **International Travel:** Have you returned from travel outside of Canada in the last 14 days?
3. **Confirmed Contact:** Are you a confirmed contact of a person confirmed to have COVID-19?
4. **Self-Isolation:** You or anyone in your household been told to be in self-isolation now?
5. **Tested positive for COVID-19 (< 14 days) or currently being investigated for COVID-19?**

If you answered “YES” to questions 2 or 3, use the [COVID-19 Self-Assessment Tool](https://www.thrive.health/bc-self-assessment-tool) (<https://www.thrive.health/bc-self-assessment-tool>) to determine if you should seek testing for COVID-19.

According to the COVID-19 guidelines, if you answered YES to any of the questions above, you must not be here and must LEAVE THE SITE IMMEDIATELY. Refer to medical practitioner or contact HealthLinkBC at 811.

COVID-19 DISTRICT PROTOCOLS



Please follow all COVID-19 protocols: Wash your hands, keep your distance, and wear a face mask when physical distancing cannot be maintained.

Note to Employees: Employees should review the Daily Health Check List located on the school/district website or located on the BC Centre for Disease control web page for further directions on next steps.

If you develop COVID-19 like symptoms during your workday follow the following steps:

1. Alert the site Administrator AND your Department Manager immediately – by text or phone
2. Go home and self isolate
3. Monitor your symptoms
4. Get assessed by your healthcare provider. Testing for COVID-19 is recommended, even if mild symptoms of COVID-19
5. Contact HealthandWellness@sd43.bc.ca if COVID-9 is confirmed.