

# THIS WEEK AT KILMER

February 4, 2022

## IMPORTANT DATES ON OUR CALENDAR

<b>February 4-9</b> -Cross Catchment Process ( <a href="#">online</a> )
<b>Monday, February 7th</b> -KPAC Zoom Meeting 7pm
<b>Wednesday, February 9</b> -Annual Hearing Screening #2
<b>Sunday, February 13</b> - <b>Munch-a-Lunch orders due</b>
<b>Monday, February 14</b> -Spirit Day- Valentine's Day <small>Red &amp; White</small>
<b>Friday, February 18</b> - KPAC Munch-a-Lunch -KPAC Coffee Fundraiser Due
<b>Monday, February 21</b> - BC Family Day- No School
<b>Wednesday, February 23</b> - Pink Shirt Day
<b>Friday, February 25</b> - District Pro-D Day- no school
<b>Wednesday, March 9</b> - Spirit Day: Dress like a book character
<b>Thursday, March 10</b> - Report Cards go home
<b>March 12-27</b> - Spring Break



### CROSS CATCHMENT

Any student currently in grades K-5 who wish to attend another school in SD43 for the 2022-23 school year will need to apply for a cross catchment request. The online cross catchment process begins **TODAY** Friday, February 4th at 9am and ends on Wednesday, February 9th at 4pm. The parent/guardian must apply for a cross-catchment placement through the School District web site ([www.sd43.bc.ca](http://www.sd43.bc.ca)). Your student's PEN number is required to apply for cross catchment- you can locate your student's PEN on the top of their last report card. Check your catchment by visiting the [School Locator Tool](#).

### IF YOU HAVE COVID-19- updated Jan 24/21

Learn how to care for yourself if you have symptoms of COVID-19 or tested positive for COVID-19.

- [What to do if you have mild symptoms and testing is not recommended](#)
- [What to do if you test positive for COVID-19](#)
- [Managing your symptoms](#)
- [Vaccination after infection](#)
- [Caring for someone with COVID-19](#)

The BC CDC updated their guidance around Close contacts and contact tracing on January 26<sup>th</sup>. [Please visit their website for more information.](#)

- [Instructions for close contacts](#) updated Jan 26/21

### Self-isolation and ending isolation

*Self-isolation essentially means keeping away from others to help stop the spread of COVID-19.*

- [Learn how to self-isolate](#)
- [Ending isolation if you are fully vaccinated OR less than 18 years of age](#)
- [Ending isolation if you are 18 years of age or older AND not fully vaccinated](#)
- [If you still have symptoms](#)
- [Ending isolation if you required hospitalization or if you are immunocompromised](#)
- [Ending isolation if you are a traveler](#)

### DAILY HEALTH CHECK

Please ensure you perform a [Daily Health Check](#) on your child before they arrive at school.

As the cases in our community rise, it is important that we all follow the directions from Public Health. The BC CDC updated their guidance around close contacts and contract tracing. [Please visit their website for more information.](#) All parents are encouraged to review the [BC Ministry of Education's COVID-19 safe schools](#) plan.



## QUICK LINKS

- [Kilmer Website](#)
- [Online Absence Report](#)
- [School Cash Online/KEV](#)
- [munch A lunch](#)
- [Parent EForms](#)
- [Daily Health Check](#)
- [Behaviour Matrix](#)
- [BC Gov - Safe Schools](#)
- [BC CDC K-12 Schools & COVID 19](#)
- [Microsoft Teams Instructions](#)
- [SD43 K-12 Health & Safety Protocols](#) \*\*updated Jan 24
- [SD43 Maintaining a Healthy School Environment](#)

CITY OF PORT COQUITLAM

## DO YOUR DOO DILIGENCE!



Thanks for leashing your dog and cleaning up after it.

REQUIRED BY BYLAW | FINES WILL APPLY

[portcoquitlam.ca/bylaws](http://portcoquitlam.ca/bylaws)



### READING ROCKS- JANUARY

Congratulations to our January Reading Rocks winners. Each winner chose two books as a prize for reaching their monthly reading goals. Winners are: *Yuna, Levko, Joel, Ryan, Jacob & Malika*

### DOGS ON SCHOOL PROPERTY

There has been an increase of dog poo being left in the areas where your students play. Please report unleashed dogs and/or irresponsible owners to the City of Port Coquitlam Bylaw

### Bylaw Enforcement

Tel 604.927.5440

Email: [bylawservices@portcoquitlam.ca](mailto:bylawservices@portcoquitlam.ca)

**At all times during student drop off and pick up, all dogs on District property must be:**

- Licensed;
- Cleaned up after and have their waste removed;
- Leashed and under adult control (assistance dogs exempt); and
- Kept away from building entrances and play areas

## KPAC MUNCH-A-LUNCH



**Friday, Feb 18 will be pizza day** – ordering is now open on Munch-a-Lunch to order your student Dominos pizza **orders due Sunday, Feb 13!**

Please contact the PAC if you have any questions at [031-pac@sd43.bc.ca](mailto:031-pac@sd43.bc.ca)

if you have an account...  
[Login Here](#)

if you need an account...  
[Register Here](#)

[Forgot password?](#)

## KILMER IS FUNDRAISING!

Please contact the PAC if you have any questions at [031-pac@sd43.bc.ca](mailto:031-pac@sd43.bc.ca) or view their Facebook Page for up to date information [www.facebook.com/KilmerPAC](http://www.facebook.com/KilmerPAC)



mabel's labels

Consider purchasing **Mabel's Labels** to help identify your child's belongings. Visit [https://mabelslabels.ca/en\\_CA/fundraising/support/](https://mabelslabels.ca/en_CA/fundraising/support/) and search for "Kilmer Elementary" to support our school.



**Return It Express Fundraiser!**  
École Kilmer Elementary School is registered with Return It Express Recycling in BC. Our return it code is: **604-941-3401**



École Kilmer Elementary PAC is excited to announce a new fundraiser that will be sure to "wake" us up this New Year!

**Orders due Friday, February 18<sup>th</sup>**

<https://globalcoffeefundraising.ca/kilmer/>

## COMING SOON!

Purdy's Easter Fundraiser  
Order online February 28-March 28

**Pick Up- Monday, April 11th**  
**Tell your friends!**



## VANDAL WATCH- HELP REDUCE VANDALISM ON SCHOOL PROPERTY

Our school is being regularly hit by graffiti. If you see vandalism or other suspicious activity, call the tip line below. When you provide a tip, security personnel will be dispatched to investigate and if necessary, involve the police. Please call as soon as you suspect there might be a problem. Do not get in a confrontation yourself. **Tip Line: 604-927-7600** **The Tip Line is available 24 hours a day.**

## DAILY REMINDERS FOR STUDENTS & PARENTS



A reminder to please send your child with a mask each day. If possible, having additional clean masks available in their back should they need to change. Thank you for your assistance.



School routines are in full swing both at home and at school and we know that on occasion supplies such as; cutlery and other essentials will be left out of the lunch box. We have had quite a number of students asking for water bottles, forks and spoons. The water bottle filling station located near the library is accessible to students throughout the day. We ask that you try to provide all the needed items your child will require to eat their lunch and snack.



At Kilmer, we practice west coast recess and lunch breaks which means, we go outside rain or shine every day. We all need a break with fresh air and the chance to run around, this helps our focus and ability to learn. We need students to come to school with clothing and footwear appropriate to the climate so that we can enjoy our breaks outside. We request each student to have an extra change of clothing hanging in their cloakroom or in their backpack.



## OFFICE HOURS

### Kilmer Elementary

1575 Knappen St  
Port Coquitlam, BC V3C 2P8  
604-941-3401  
kilmer@sd43.b.ca  
[www.sd43.bc.ca/school/kilmer](http://www.sd43.bc.ca/school/kilmer)

**The doors to the school remain locked, please call the office at 604-941-3401 between 8:15-3:15 if you require assistance or email the school at [Kilmer@sd43.bc.ca](mailto:Kilmer@sd43.bc.ca)**

*If your child is going to be away, you're running late or they require an early dismissal please submit a Daily Absence Report Online If your child (ren) will be late or absent for the day, please contact the school online or by email [Kilmer@sd43.bc.ca](mailto:Kilmer@sd43.bc.ca) by phone 604-941-3401 (answering machine on 24/7). If you child is late or being picked up early, please call the office first to sign them in or out. If you are picking up, we will notify the classroom teacher and they will be ready at their exterior door for pickup. These procedures are very important for us to follow for student security.*

[Report your Student's Absence Online](#)



**KPAC Meeting Agenda**  
**Monday, February 7<sup>th</sup>, 2022 – 7:00 pm via ZOOM**

**7:00 - 7:15 p.m.**

1. Call to Order
2. Approval of Agenda
3. Approval of December 2021 and January 2022 minutes
4. Executive Reports
  - Vice President - Lynn Bradshaw
  - Treasurer – Fatima Benlarhzal
  - DPAC Representative - Jeremy Bauman

**7:15 – 7:30 p.m.**

5. Committee volunteers
  - Grade 5 committee update
  - Fundraising updates
  - Continue to need a volunteer with food safe to assist Dipti with the fruit and veggie program and take it over next year
  - Looking for volunteers to put together the yearbook
  - Purdy's Easter fundraiser to open February 28<sup>th</sup> and close March 28<sup>th</sup>. Pickup will be at the school on April 11<sup>th</sup>.

**7:30 – 7:45 p.m.**

6. Administration Report - Principal, Laurie Birnie

**7:45 – 8:00 p.m.**

7. Discussion on school grounds enhancements with fundraising proceeds
8. Saleema Noon – dates confirmed: Thurs May 19<sup>th</sup> 6:45pm parent session (via Zoom), Wed May 25<sup>th</sup> & Fri May 27<sup>th</sup> student workshops (in-person TBC)
9. New Business
10. Open Forum

Adjournment: **Next meeting Monday, March 7<sup>th</sup>, 2022 via ZOOM**



# WESTCOAST PARENT BUZZ

February 2022  BUILDING BLOCKS FOR BETTER LIVES  
Westcoast Family Centres

FOLLOW  
US



@Westcoastfamctr



@WestcoastFamilyCentres



@Westcoastfamctr



**Goodbye January, hello February!**

**Check out our new WFC workshops and groups coming up for both parents and little ones! Don't forget to try out some at-home baking ideas on Family Day or get creative with some unique Valentine's Day crafts.**



**ONLINE &  
IN-PERSON GROUPS**



**FAMILY DAY  
BAKING IDEAS**



**VALENTINE'S DAY  
ARTS & CRAFTS**



**CALENDAR OF EVENTS**

[www.westcoastfamily.org/events](http://www.westcoastfamily.org/events)

To register for our new programs head to our Calendar of Events

# FEBRUARY 2022

# FREE GROUPS & WORKSHOPS

## Farsi Groups & Workshops

### Farsi Parenting: Ages 0-12



**Farsi Parenting Group**  
جلسات فرزند پروری به زبان فارسی  
For parents with children 0-12 years old

Every Tuesday  
Starting Feb 1, 2022  
10:30 AM - 12:30 PM

Online using Zoom

Register Today [www.westcoastfamily.org/events](http://www.westcoastfamily.org/events)

**Tuesdays**

Starting February 1, 2022  
10:30 - 12:30 PM

[Register here](#)

### Farsi Parenting: Ages 13-19



**Farsi Parenting Group**  
جلسات فرزند پروری به زبان فارسی  
For parents with children 13-19 years old

Every Thursday  
Starting Feb 3, 2022  
10:30 AM - 12:30 PM

Online using Zoom

Register Today [www.westcoastfamily.org/events](http://www.westcoastfamily.org/events)

**Thursdays**

Starting February 3, 2022  
10:30 - 12:30 PM

[Register here](#)

### Mother Goose in Farsi



**Mother Goose**  
مادر غاز به زبان فارسی  
In Farsi

For parents with children 0-6 years old

Come join us on Tuesday afternoons with your little ones to hear fun songs, rhymes, and stories in Farsi!

Tuesdays  
February 8 - March 29, 2022  
3:30 - 4:30 PM

Register using our event calendar!

[www.westcoastfamily.org/events](http://www.westcoastfamily.org/events)

**Tuesdays**

February 8 - March 29, 2022  
3:30 - 4:30 PM

[Register here](#)

## New Programs for Parents

### Neurodiverse Parenting



**Neurodiverse Parenting**  
Parenting can be full of uncertainty and challenges.

Join our ongoing support & education group for parents with neurodiverse children (ADHD, ASD, FASD, etc.) to learn more about neurodiversity and practical parenting strategies.

FREE ONLINE GROUP

**Mondays**  
February 7 - April 11, 2022\*  
12:00 - 1:30 PM

\*Excluding Feb 21, Mar 14 & Mar 21

REGISTER HERE:  
[www.westcoastfamily.org/events](http://www.westcoastfamily.org/events)

Online using Zoom

**Mondays**

February 7 - April 11, 2022  
12:00 - 1:30 PM

[Register here](#)

### My Tween and Me



**My Tween and Me**

Tuesdays, February 15 - March 22, 2022  
6:30 - 8:00 PM

WHO:  
For Parents/Caregivers and Tween (7-12 years of age)

LOCATION:  
Port Coquitlam  
Community Center  
2150 Wilson Avenue,  
Port Coquitlam

This parenting program is for both parents/caregivers and their "tween" (7-12 years of age). Join us as we learn and engage in fun activities together to strengthen and promote positive parent-child relationships and communication.

Register using our event calendar!  
[www.westcoastfamily.org/events](http://www.westcoastfamily.org/events)

**Tuesdays**

February 15 - March 22, 2022  
6:30 - 8:00 PM

[Register here](#)

### Parenting Teens with Concurrent Disorders



**IS YOUR TEEN EXPERIENCING MENTAL HEALTH AND ADDICTION CHALLENGES?**

You are not alone. Learn strategies to help yourself and your child while also gaining support from peers alike.

**Parenting Teens with Concurrent Disorders**

REGISTER USING OUR EVENT CALENDAR  
[www.westcoastfamily.org/events](http://www.westcoastfamily.org/events)

**WEDNESDAYS**  
February 9 - April 13, 2022\*  
12:00 PM - 1:00 PM

\*Excluding Mar 16 & Mar 23

Join our free, online support group

WFC Westcoast Family Centres

**Wednesdays**

February 9 - April 13, 2022  
12:00 - 1:00 PM

[Register here](#)

### Domestic & Relationship Violence Women's Support Group



**Domestic & Relationship Violence Women's Support Group**

For women who have experienced abuse, left the relationship, and are now rebuilding their lives.

Free, 8-week online group

**Tuesdays**  
February 8 - April 12, 2022\*  
12:00 PM - 2:00 PM

\*Excluding Mar 15 & Mar 22

REGISTER HERE:  
[www.westcoastfamily.org/events](http://www.westcoastfamily.org/events)

WFC Westcoast Family Centres

**Tuesdays**

February 8 - April 12, 2022  
12:00 - 2:00 PM

[Register here](#)

Registration required at [www.westcoastfamily.org/events](http://www.westcoastfamily.org/events)



To register for upcoming groups and programs, head to [www.westcoastfamily.org/events](http://www.westcoastfamily.org/events)

# Family Day

## Baking Recipes

Planning on staying home with your little ones during Family Day? Try out these easy and fun baking recipes to make your day extra sweet.

### TIPS ON COOKING WITH KIDS

- Choose the Right Time
- Choose the Right Tasks
- Stress Safety
- Loosen Up

[Learn more](#)

### PANCAKE ANIMALS

Make breakfast with your kids by assembling these adorable animals with your favourite pancake recipe!

[Click here to learn](#)

### FROZEN BANANA ANIMAL POPS

Learn how to make these fun frozen banana animal pops that are a perfect healthy alternative for sweets!

[Click here to learn](#)

### PEANUT BUTTER ICE CREAM

Perfect dessert recipe for any peanut butter and banana lovers!

[Click here for recipe](#)

### NUT-FREE BISCUITS

Learn to make nut-free biscuits to make with your little ones!

[Click here for recipe](#)

### NO-COOK RECIPES

Fruity, sweet, and savoury snacks that you need to try with your kids!

[Click here for recipe](#)



# Valentine's Day

## Arts & Crafts ♡

Check out these simple and fun at-home Valentine's Day craft ideas to make and enjoy with your little ones!



### POTATO STAMP CRAFTS

Learn to make homemade Valentine's Day cards that are kid-friendly and eco-friendly!

[Click here to learn](#)



### WATERCOLOUR VALENTINE CARDS

Check out two fun options of watercoloring techniques for your little ones to try!

[Click here to learn](#)



### GRATITUDE NOTES

Show your love and kindness to your family and friends through heartwarming gratitude notes.

[Click here to learn](#)

## More Valentine's Day Activities

### Free Colouring Pages

Download and print these fun colouring pages for your little ones!

[Crayola.com](https://www.crayola.com)

[Homemadegiftsmadeeasy.com](https://www.homemadegiftsmadeeasy.com)

[Hallmark.com](https://www.hallmark.com)



### Valentine Toonie Skate

Bring your family skating for \$2 a person! Free for children three years and under.

[Learn more](#)





## **CITY OF PORT COQUITLAM CELEBRATES MAY DAYS 2022**

**April 29 – May 7, 2022**

Planning has begun for the 99<sup>th</sup> May Days festivities, and on behalf of both the May Days Committee and the City of Port Coquitlam, we are excited to share information regarding this year's festival!

Traditionally, the invitation for children to participate in the **Maypole Dances** or to apply to be in the May Days **Royal Party**, was distributed through the schools; however, due to the pandemic and Public Health Order (PHO) guidelines, May Days will look a little different this year.

In 2022, to simplify the process and support Port Coquitlam schools, the City will outreach to the community and offer online registration for the Maypole Dance and an online application process for the Royal Party.

**Maypole Dances:** This year, the Maypole Dances will be offered through a new Community Maypole Dance Program at the Port Coquitlam Community Centre. In order to participate, the City will open online registration [www.portcoquitlam.ca/register](http://www.portcoquitlam.ca/register) (activity #64840) February 1<sup>st</sup>. Space is limited to 24 participants in Grades 3 to 5 who will attend Tues/Thur practices starting March 29<sup>th</sup> at the Port Coquitlam Community Centre. The Community Maypole Dance will be performed during at the May Days Opening Ceremonies on April 29, 2022.

**Royal Party:** The Royal Party, which provides opportunities for children to perform in a dance performance at the Opening Ceremonies and develop community leadership skills, will continue with Flower Girls and Junior Lancers from Grades 1 and 2, and Princesses and Lancers from Grades 4 and 5. Members of the Royal Party will be randomly selected from interested applicants. The selected participants will be required to attend dance practices twice per week, leading up to the Opening Ceremonies on Friday, April 29, 2022. A more detailed list of Royal Party responsibilities will be provided upon selection of interested participants.

For more information, please visit our May Days webpage at [portcoquitlam.ca/maydays](http://portcoquitlam.ca/maydays).

We look forward to an exciting May Days event!

### **Special Events**

T: 604.927.5333 | E: [specialevents@portcoquitlam.ca](mailto:specialevents@portcoquitlam.ca)

#200 -2253 Leigh Square | Port Coquitlam, BC | V3C 3B8

[portcoquitlam.ca/maydays](http://portcoquitlam.ca/maydays) | [Twitter](#) | [Facebook](#)





SHARE *the Love this  
coming Valentine's*

# Food Drive

Saturday, February 12

10am ~ 3pm

*Walmart, Port Coquitlam*

IN SUPPORT OF SHARE FAMILY & COMMUNITY SERVICES



Making a Difference in  
the Community and  
Around the World



# GLOBAL COFFEE FUNDRAISING



## Morning Bell - LIGHT ROAST \$17.50

This lighter blend will give you a bold flavor that wakes you up, and a smooth flavor that will make you happy you didn't hit that snooze button.

## SPRING FEVER Blend - MEDIUM ROAST \$17.50

Limited Edition Spring Blend! A bright, smooth, medium roasted coffee, blended to perfection for those sunny spring mornings!

## Kilmer Brew - MEDIUM ROAST \$17.50

A carefully crafted blend of beans designed just for Kilmer Elementary, specially roasted to create a rich, sweet coffee. A favorite ALL DAY Coffee!

## Teachers Blend - DARK ROAST \$17.50

This is not your average joe. This four bean blend is roasted to perfection and will have you chugging your mug and begging for more.

## Jitterless Java! - SWP DECAF \$17.50

All the flavor of real coffee without the jitter! This decaf offers a traditional rich, bold cup of coffee, using the 100% chemical-free "Swiss Water Process" of decaffeination.

## NEW! Cocoa! - HOT CHOCOLATE \$17.50

The kids need something fun! Stock up with a 454 gram bag of specialty gourmet hot chocolate.

Help Support  
**Kilmer  
Elementary**  
by purchasing  
fresh roasted  
coffee!



Fresh Roasted  
in Maple  
Ridge, BC



ORDER YOUR COFFEE ONLINE AT  
[WWW.GLOBALCOFFEEFUNDRAISING.CA/KILMER](http://WWW.GLOBALCOFFEEFUNDRAISING.CA/KILMER)

Organic & ethically sourced coffees available in whole bean or ground. Packaged in 1lb (16oz) re-sealable bags with valves.

Global Coffee Fundraising • [www.globalcoffeefundraising.ca](http://www.globalcoffeefundraising.ca) • phone: 604.618.6085