

James Park Community School

working together to strengthen our community



Registration Dates: March 4—27, 2022

Program Dates: April 4—June 6, 2022

Community Development Facilitator

E.

T. 604-209-1424

MPOWER YOUR INNER WARRIOR No one is you, that is your power

This mpowerment program aims to benefit your child emotionally, mentally, and physically through jujitsu martial arts. The values of martial arts such as respect and self-defense will be discussed in a welcoming environment, but confidence, self-awareness and proper goal setting approaches will also be incorporated in the discussion as these are important lessons that help students mature. The student will learn practical self-defense skills through technical drills, workouts, and games. These skills will focus on both grappling and striking techniques. Come prepared to find your "Inner Warrior"!

***No classes on April 18 (Easter) & May 23 (Holiday)**

Day	Grades	Time	Dates	# of Sessions	Price	Rm.
Mondays	K—5	3:00—4:00pm	April 4—June 6	8	\$99	GYM

DRAWING & PAINTING

Drawing and painting helps develop life skills and encourages self-expression and creativity. This class is a fun way to learn and develop different art techniques and be introduced to mediums like acrylic paint, watercolor, drawing, ink and mixed media.



No class on April 15 & 22—Good Friday & Pro-d Day

Day	Grades	Time	Dates	# of Sessions	Price	Rm.
Friday	K—5	3:00—4:00	April 8—June 3	7	\$79	GYM

Registration

Our Community School After School Programs Registration is online and will accept payment using Visa; MasterCard or Interac/Debit from most major banks. You will require an email address in order to receive your confirmation number and to be able print out a receipt for your payment.

To access the registration website please visit the [James Park School website](https://www.karelo.com/register.php?BID=610&BT=10&Ev=20215) or click on the direct link here: <https://www.karelo.com/register.php?BID=610&BT=10&Ev=20215>

If you do not wish to register online there is still an option to register by filling out the paper registration forms. They can be picked up at the James Park School Office. If registering by paper, please return completed forms and payments to the James Park School Office. You have the option to pay by cash or cheque made payable to **School District 43 Community Programs**

Refund/Cancellation Policy: Refunds will only be available, for any reason, within the registration period. No refunds will be processed after the registration period ends.

Programs could be cancelled due to low registration.

All registrations are on first come, first serve basis.

Should you have any questions, please contact James Park at
P. 604-942-6658 and ask for the Community Development Facilitator

Thank you!