

Hillcrest Middle School

PAC Meeting Minutes

January 18th, 2021

Attendees

Melissa Niska, Rob McFaul, Dawn Jette, Judy Yang, Joanne Gaska, David White, Naomi Andrusiw, Elaine Foo, Minjun Kim

Agenda

- Approval of agenda
- Approval of minutes of November 16th, 2020 meeting
- Executive Reports
- Fundraising Report
- Administrator's Report
- New Business

Approval of Prior Minutes and Current Night's Agenda

Welcome by chair Melissa.

Motion to approve agenda made by David; seconded by Naomi. CARRIED.

Motion to approve minutes of meeting of November 16th, 2020 made by Judy; seconded by Naomi. CARRIED.

Melissa mentioned Drama Mamas, and yearbooks. The yearbook will not be like before.

Treasurer's Report – Judy Yang

Judy said there was little to report: parent donations amounted to \$2665.00, less than half compared to last year. Payments received for poinsettia sales and Purdys. No movement in Gaming Account. Leanne is working on wish list items.

Fundraising Report – Joanne Gaska

Joanne reported a \$230.00 profit on poinsettias, and an \$800.00 profit on Purdys orders. As \$750.00 was the budgeted profit for Purdys, we exceeded the budget. Purdys are ready for Easter orders.

Plant sale may be going on, for which Joanne needs help. Discussion where to hold the sale.

DPAC Report – Naomi Andrusiw

Naomi filed a detailed report, of which the following is a short synopsis:

Rachel French, the positive mental health coordinator, presented on the district indicatives to deal with mental health issues students are dealing with. Schools embed mindfulness and healthy lifestyles curriculum in daily routines, and each school has counsellors on site to help support students with more significant diagnoses such as anxiety, depression, ADHD and conduct disorders.

Programs such as EASE and Open Parachute are used to teach everyday strategies to deal with anxiety.

Dr Melani Badali was brought in as an expert speaker as she volunteers with Anxiety Canada to help students and parents deal with anxiety that presents around the pandemic. She presented on a 7-strategy program to help parents work with their kids around stress and concerns about COVID-19.

The website **Anxietycanada.com** provides many other resources including a few anxiety strategy apps, most which are free for use. One example is found on the Hillcrest newsletter, Mindshift CBT.

The next DPAC meeting is Wednesday, January 27th, at 7:00 p.m.

Administrator's Report – Rob McFaul

Last 10 days have been pretty chaotic. Not all teachers are comfortable discussing incidents such as the one at a Mission school.

Regarding Covid, we cannot let our guard down yet. No change is expected until next fall. Outdoor sink use will be cut down while weather is cold.

The cleaning staff did a good job coping with the extra work during the power outage.

Three more classrooms have been equipped with the "Covid Barriers". These are working very well; some other schools want them.

For cross catchment, special information is available on the school website and the district website. A lottery was necessary for this last year and will be for this year.

Dawn thanked the PAC for gift certificates for the Christmas Hamper. We helped 11 families with grocery gift cards.

Discussion regarding letter grades vs. proficiency report. Some parents still favour letter grades in school reports.

New Business

Hillcrest School's new principal will be starting in February.

Next Meeting

The next PAC meeting is set for February 22nd, at 7:00 p.m. via Zoom.

Joanne motioned to adjourn; seconded by Melissa. Finish time: 8:19 p.m.