Grade 7 Boys Basketball

Short meeting for any grade 7 boys interested in basketball this year. Meet in Mr. Sclater's room #154 after the lunch bell at 12:20pm.

Choirs

Just a reminder to both choirs of your rehearsal tomorrow morning at 7:45 in the drama room. Please be on time.

Wrestling Team

Reminder to all students taking part in the Hillcrest Wrestling Team that our first practice is right after school today in the MPR. Please bring your forms if you have done so already.

Canned Food Drive

Keep those cans coming until Friday. Help us meet our goal of 2000 cans to help those in our community.

Cypress Ski and Snowboard Club

Reminder to have your payment into Mr. Dalmann by Friday would be much appreciated.

Field Trips

Remember a field trip is an extension of the school day and the school rules apply- we have to remember to be respectful to those hosting us and be good guests to those we encounter.

Gym Expectations

It is expected that all students bring the appropriate gym strip for PE. It is important that you keep the volume of your voices down in the change rooms and change promptly and be respectful of the change room area- please don't spray body sprays. Teachers will support you by supervising outside the change rooms and making sure the change rooms are locked when not in use.

Habit #3 Put First Things First

If you open a relationship with another person, you can not close it. That's why when you run into friends after many years, it seems you pick up where you left off. It is also why sometimes we hold onto grudges for so long.