

Hillcrest Highlanders

Daily Announcements

Date: Wednesday, May 04, 2016,

Good Morning	I'm _____, I'm _____, and I'm _____, and these are the morning announcements:
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[Grade 6
badminton](#) NEW

Today at lunch! in the gym! Our in-house tournament starts next week!

[Choir](#)

All Choir students are reminded to come to school in dress uniform tomorrow. Girls are still rehearsing at 7:45am Boys can arrive any time after 8pm. Please make sure permission forms are to Mrs. Gallelo today!

[Meditation
Course](#) NEW

Have you ever wanted a tool to help improve your focus and concentration? How about a technique to help you deal with the fears, anxieties, and pressures of being an adolescent? Maybe you just want more insight into how your mind works, or a way to become a calmer person? If you are interested in participating in a one day meditation course please make your way to Mr. Wiskar's room at nut break today for more information. That's Mr. Wiskar's room (number 162) at the beginning of Red Team hallway at nut break today.

[Have a good day!](#) ☺