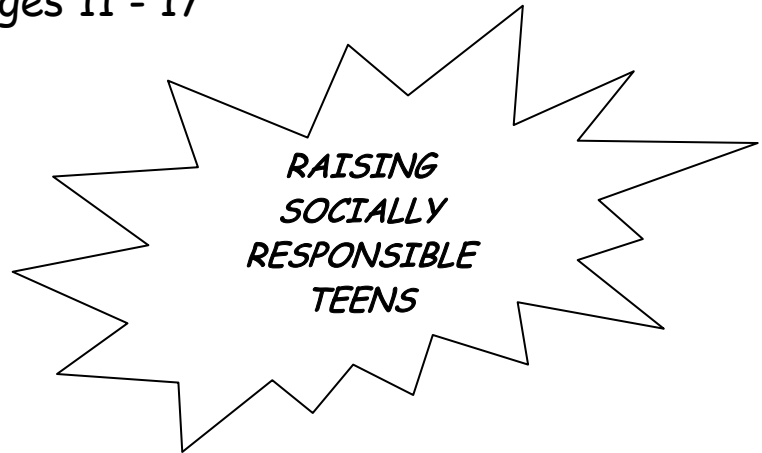


Fine Tune Your Parenting Skills With *STEPS TO EFFECTIVE PARENTING*

For Parents of teens... ages 11 - 17



STEP offers a down-to-earth and practical way to meet the challenges of raising teenagers today. It's a group discussion program that paves the way to improved parent-teen relationships; more responsible teenage behaviour in home, school and community; and teenage self-esteem and self-reliance.

Place: Eagle Mountain Middle School

Time: 7p.m. - 9p.m.

Dates: Thurs. Oct. 13, 20, 27 Nov. 3, 10, 17, 24 and Dec. 1, 2016

[this is an eight week program]

Facilitated by: Marilyn Abram, Certified Parent Facilitator

To register: E-mail: mabram@sd43.bc.ca [preferred]

Phone: 604-469-1133

Register by October 3rd, 2016

Class is limited to 20 participants.

The only cost is \$25.00 for the parent workbook!