



**Tuesday**  
**May 20<sup>th</sup>, 2025**

**Heritage Woods**  
**Secondary**

**“WE ARE KODIAKS”**



# Bell Schedule

Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
<b>LUNCH</b>	<b>12:13 – 12:53</b>
Block 4	12:57 – 2:09
Block 5	2:13 – 3:25



# My Weekly Planner Flex Booking System

Follow the link  
below (also found  
on HWSS) website

Log in with your  
student number  
and password

Enter numbers  
only for your  
student number

Your default  
password is your  
student number

Set new password  
on first log in

Instructions to  
book your flex  
space were  
emailed to you

<https://hwss.myweeklyplanner.net>

# FLEXpectations



- Attend one of your 4 classes
- The Grand Hall is for Grade 12's only
- The Library is a place for quiet work and is for Grade 11's & 12's only
- Flex is less than 30 minutes, and you are to remain in one class
- Flex is instructional time = Cell phones stored



# Fragrance Free

Reminder to all that *SD43 is Scent Aware*, and as such the district is asking for cooperation towards a scent reduced environment.

All staff, students and visitors are strongly encouraged to avoid or reduce the use of fragranced products, and to replace them with unscented alternatives.

Thank you for your cooperation!



Please be respectful  
and refrain from  
parking in the  
handicap spots  
located at the back  
of the school.  
Unauthorized  
vehicles may be  
towed at the owner's  
expense.



# ALL GRADE 11 CLC FLEX MEETINGS

AITKEN: Thurs. May 15th Room 240

FERRER: Wed. May 14<sup>th</sup> Library

GAY: Wed. May 14<sup>th</sup> Room 104

JARVIS: Wed. May 14th LIBRARY

JOHAL: Tues. May 13<sup>th</sup> Gym

LEE: Tues. May 20<sup>th</sup> Room 244

PAISLEY: Wed. May 14<sup>th</sup> Room 232

ROSS: Wed. May 14<sup>th</sup> Room 238

SALOUSTROS: Thurs. May 15th

\*\*LIBRARY

SMITH: Please watch for an email

TING: Thurs. May 15<sup>st</sup> Room 214

WIEBE: Tues. May 13th Room 305

**\*\* If you are unable to make this meeting, please contact your CLC teacher.**

HYDRATING & REFRESHING



JOIN US IN THE GRANDHALL ON  
MAY 20 AT LUNCH AND IN FRONT  
OF HWSS AFTER SCHOOL



OUR TIKTOK:

**ONLY \$4!**  
15% of profits go to ...



OUR INSTAGRAM:

May 20

# CLUBS



Get your tickets here!



Come watch the  
HWSS Garbage  
Fashion Show  
May 23<sup>rd</sup> at 6pm



Proudly Supporting  
**DAVID SUZUKI  
FOUNDATION**  
davidsuzuki.org

# KODIAK ATHLETICS

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# SAVE THE DATE

- **Athletic Banquet is Thursday, June 12, 2025.**
- **Purchase tickets on SchoolCash online, sales will close on June 1<sup>st</sup>.**



# SIGNING DAY

Anyone who is planning or wanting a staff member to organize a "Signing Day", please e-mail Ms. Rampuri with your name, school and sport.

We will be doing a one-day event at the end of next week for all grade 12 students who need this done.

# CONGRATULATIONS TO OUR SENIOR GIRLS RUGBY 7S TEAM

FOUR TIMES REIGNING FRASER NORTH CHAMPIONS!!!

TOURNAMENT ALL STARS: Laura M. and Safia N. | MVP: ABBY M.



Next up...  
provincials!!!



# CAREER CENTER



# 2025 Grads - Have you received a scholarship?

- We want to know if you have been offered any scholarships so we can recognize your accomplishments in the commencement brochure.
- But you need to tell us!
- This form can be found on Career Ctr Finances & Awards page at the top
- <https://www.sd43.bc.ca/school/heritagewoods/ProgramsServices/career/Pages/FinancialAid.aspx#/=>
- Hand in completed form to Ms. Butler no later than June 01, 2025.



## Have you received a Scholarship?

PLEASE PRINT CLEARLY

Last Name: \_\_\_\_\_

First Name: \_\_\_\_\_

HWSS Student # \_\_\_\_\_

Many students have been actively applying for scholarships on their own time. In order for your accomplishments to be recognized, please complete this form and return it to the Career Centre by **June 1**, Please remember to write a letter thanking any or all scholarship/bursary/award donors.

Award Name: \_\_\_\_\_

Donor: \_\_\_\_\_

Amount: \_\_\_\_\_

Note: \_\_\_\_\_

Award Name: \_\_\_\_\_

Donor: \_\_\_\_\_

Amount: \_\_\_\_\_

Note: \_\_\_\_\_

Award Name: \_\_\_\_\_

Donor: \_\_\_\_\_

# Sasamat Volunteer Firefighters Assoc Award Applications on HW website. Deadline June 18

## Sasamat Volunteer Firefighters Association



2025 Award Application Form  
Due: June 18, 2025



Student's Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Postal Code: \_\_\_\_\_ Phone: \_\_\_\_\_

Graduating Year: \_\_\_\_\_ Grade: \_\_\_\_\_

Post Secondary Plan: \_\_\_\_\_  
( a brief description of what field you plan to study )  
\_\_\_\_\_  
\_\_\_\_\_

Planning to enroll at: \_\_\_\_\_  
\_\_\_\_\_

Accepted at: \_\_\_\_\_

**CHECKLIST:** (include all documents in one package)

- Resident of Anmore or Belcarra – Graduating from Grade 12 this school year
  - 750–1000 word essay on the topic “Why Volunteering is Important in My Community?”
  - Volunteer Hours documented – include details of volunteer service in the essay
  - Proof of acceptance at a post-secondary and/or enrollment within one year
  - Two Reference Letters - from non-family members
  - Reference letters to include contact details and verification of volunteer hours
  - Application Form attached – Attach this form to the front of supporting materials
- Return completed application by June 18, 2025 to:**
- Heritage Woods Career Centre, OR your local Village Hall (Anmore or Belcarra )

## Sasamat Volunteer Firefighters Association



SVFA  
2025 Award Details  
Due: June 18, 2025



ATTENTION: Anmore & Belcarra Grade 12 Students  
Amount of Award: \$750

**Criteria:**

- Must be a Grade 12 student and resident of Anmore or Belcarra.
- Available to graduating students entering a post-secondary education program in one of the following fields: Fire, Police, Public Safety, Medical, Healthcare, Dental, Military, Social Services.
- Students must provide Proof of Enrollment in a post-secondary program within one year.
- 750–1,000 word essay on the topic: “**Why Volunteering is Important in My Community?**”
- Include details of volunteer service in the essay.
- 2 Letters of Reference from non-family members, verifying volunteer work hours completed.
- Include contact details of References (e.g. email, phone number)

**Essay Prompt: “Why is Volunteering Important in My Community?”**

- By “community,” we mean where you live (e.g. Anmore or Belcarra), your school community, faith community, team/club community and/or other communities to which you belong.
- Describe “your community” in your essay.

**Possible prompts to help elaborate your response:**

- What was your role in the volunteer work? What specific volunteer service did you provide?
- What were your responsibilities? What did you accomplish? How many hours did you serve?
- Upon reflection, what did you learn from your experience? How has this experience influenced your future direction?
- What program are you planning to study? How will your community service assist you in this path?
- Feel free to add any additional information to complete your answer.

Applications are due June 18<sup>th</sup>, 2025, and can be submitted to either Heritage Woods Career Centre or to your local Village Hall (Anmore or Belcarra ).

Questions? Contact SVFA at: <reply2svfa@gmail.com>

Curious about a career in the skilled trades?  
Want to get started?



# SD43 TRADES HIRING FAIR

Wednesday  
June 4th, 2025

5 - 7 PM  
bring your resume



AT CENTENNIAL  
SECONDARY

570 POIRIER ST.  
COQUITLAM

[43careers.com](http://43careers.com)

[careerprograms@sd43.bc.ca](mailto:careerprograms@sd43.bc.ca)

# Ivey at Western University Summer Leadership Program

- **SLP is a four-day immersive experience for high school students, currently in Grades 9 to 11, passionate about business, leadership, and innovation.**
- **From August 5–8, 2025, students will stay on campus at Western University and take part in case-based learning, interactive workshops, and real-world problem-solving at Ivey Business School.**
- <https://www.ivey.uwo.ca/summerleadership/>
- June 16, 8:59PM PT application deadline

**Application Requirements :** We are seeking motivated, passionate, and dedicated students currently in grades 9-11, eager to embrace the challenges of a fast-evolving business world. Applicants will be evaluated based on:

- Leadership & Extracurricular Involvement – Active participation in extracurricular activities, showcasing your ability to lead and make an impact in your community or school.
- Statement of Interest – An opportunity to share why you're passionate about leadership, business, and innovation, and how you hope to apply what you learn at SLP.

**Program Fee:** There is a **\$350 participant fee** to attend the program, which covers the cost of your accommodation, meals, and program materials. Financial assistance may be available; please contact us for more details if needed.



# COMMUNITY



# Canada Youth Climate Change Summer Contest

**Take the Challenge & Win \$1,000**

Practical ways to reduce your carbon footprint.

ENTER CONTEST



One Task



Two Generations



Three Challenges

**19 Winners**

**\$1,000 Prize**

**Ages 11 to 21**

Our youngest social generations weigh in  
on responsible consumption.

Visit [CarbonRewind.org](https://CarbonRewind.org) for details

**I-SPARC**  
Move | Play | Compete

Indigenous Sport,  
Physical Activity &  
Recreation Council

**VANCOUVER  
BANDITS  
BASKETBALL  
CAMP**

- Camp will feature skill development for the beginner and more advanced player
- Open to self-identifying Indigenous youth of all genders, between the ages of 12 - 17 years
- Please bring water bottle, indoor shoes, dress to play
- Game ticket for youth and family member, and a \$10.00 food/beverage voucher for that night's game
- Maximum of 40 participants per time frame
- Game: doors open at 3:30pm

**Register Here:**

**Event Inquiries:**

**Jenn Forlin**  
Sport & Physical Activity  
Coordinator,  
Fraser Region  
jforln@isparc.ca  
250-856-0854

**Pete Natrall**  
Sport & Physical Activity  
Coordinator,  
Vancouver Coastal Region  
pnatrall@isparc.ca

12:30pm - 1:45pm  
or  
1:45pm - 3pm  
**SUNDAY**  
**JUNE 1ST**  
Langley Events Centre  
7888 200 St, Langley,  
V2Y 3J4

**FREE OF CHARGE**

# Indigenous Basketball Camp

June 1<sup>st</sup>

FREE OF CHARGE

**Register Here:**

# Freedom & Peace Concert

Saturday, May 31st, 2025 at 7:00 pm  
Pacific Academy (10238 168 St, Surrey, BC V4N 1Z4)

## The Program Highlights

W.A.Mozart The Marriage of Figaro Overture / The Phantom of Opera / dear friend / You raise me up /  
pining of Mt gungang / song of wind / O Sole mio / Le temps des cathedrales



An invitation performance by Korea's classical vocal group, UANGEL VOICE.



## Port Moody Youth Symphony Orchestra

### Soloists



Conductor /  
Artistic Director  
Stella (Hyeajung) Park



Flutist  
Ji Woo Ahn



Violinist  
Ji Won Kim



Soprano  
Angelina Park



K Children's Choir

Ticket Prices : R: \$100 S: \$70 A: \$50 B: \$30 (Tickets are available at the door.)  
Inquiry : PMYSO Assistant Manager Monica Cho 604-209-0569

50% discount for seniors, disabled and students

Tickets are available at the Anvely Center. (9912 Lougheed Hwy Burnaby)



SCAN ME

Need a ticket?  
Scan here for 30% off

\*\* We are looking for talented and enthusiastic musicians. Join Us! \*\* We accept applications throughout the year.  
Please send a performance video & an application via email. [portmoodyyso@gmail.com](mailto:portmoodyyso@gmail.com)