

BELL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Block 1 8:00-9:12				
Block 2				
9:16-10:28	9:16-10:28	9:16-10:28	9:16-10:28	9:16-10:28
FLEX	FLEX	FLEX	FLEX	FLEX
10:28-10:57	10:28-10:57	10:28-10:57	10:28-10:57	10:28-10:57
Block 3				
11:01-12:13	11:01-12:13	11:01-12:13	11:01-12:13	11:01-12:13
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
12:13-12:53	12:13-12:53	12:13-12:53	12:13-12:53	12:13-12:53
Block 4				
12:57-2:09	12:57-2:09	12:57-2:09	12:57-2:09	12:57-2:09
Block 5				
2:13-3:25	2:13-3:25	2:13-3:25	2:13-3:25	2:13-3:25





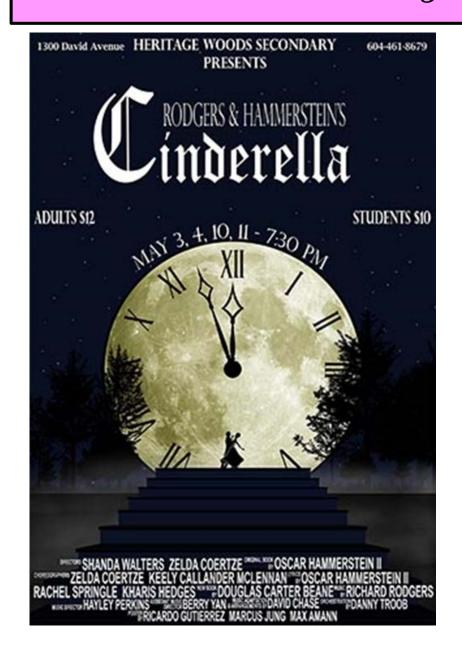
Start your day in a relaxing way.

Come to Room 231 Monday to Friday
8:30 am - 9:15 am.

Coffee! Tea! Food!

Come listen to music and relax before class.

CINDERELLA – Coming soon to the HWSS Theatre



Evening Shows:

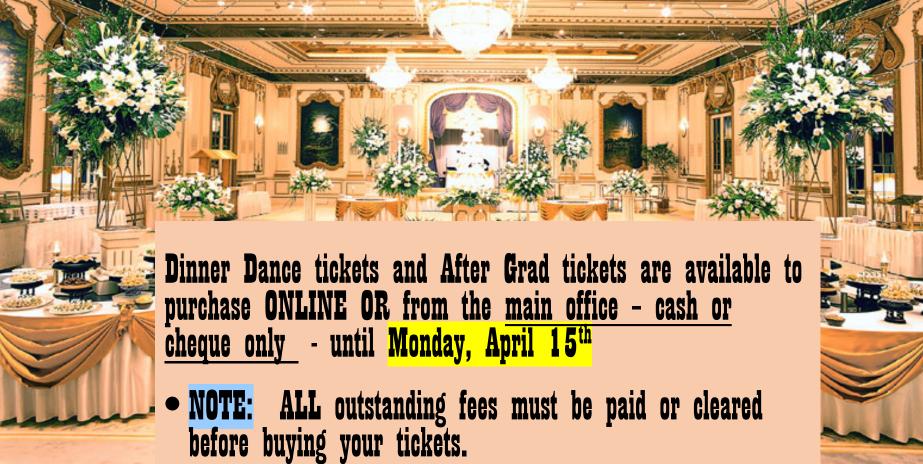
TICKETS:

Available at the main office and from cast members.

Adults \$12.00 Students/Seniors \$10.00

Friday, May 3rd
Saturday, May 4th
Friday, May 10th
Saturday, May 11th





VALEDICTORIAN VOTE

VALEDICTORIAN VOTE

•Valedictorian Stump Speeches will be presented on April 24 during FLEX in the theatre. All six nominated candidates will be given an opportunity to speak and grade 12's will be voting after the assembly.

All grade 12's must attend.

AP EXAMS

AP EXAMS

•Students who have paid for the <u>AP</u>
<u>Calculus</u> or <u>AP Psychology</u> exam need to come to an exam registration session on one of the following dates/times:

- April 16 @ 3:30pm in the library
- April 17 @ 8:20am in the library



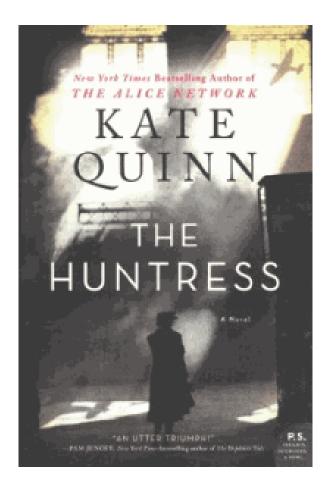
HWSS BOOK CLUBINTRODUCTORY MEETING

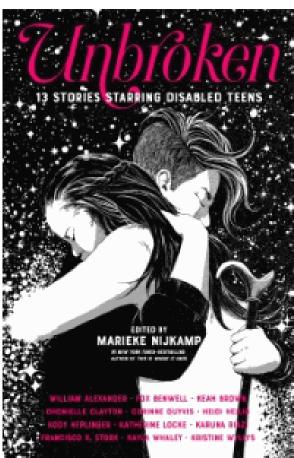
• When: Friday, April 12th at Flex

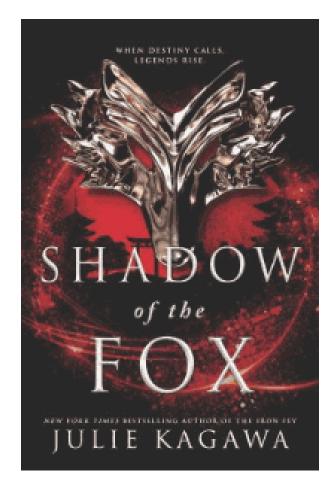
Location: Library

• For more information, please e-mail 127-rhall@sd43.bc.ca

tuestions? Contact 127-rhall@sd43.bc.ca or ask at the library







New Library Books

INVENT THE FUTURE

AI SCHOLARS PROGRAM

July 15 - 26, 2019

Simon Fraser University, British Columbia

Application Deadline: APRIL 24, 2019

- Tuition Cost: \$350
- · Bursaries available



Invent the Future is a 2-week summer program for Canadian young women in Grade 10/11 interested in artificial intelligence. Gain hands-on experience with computer science + artificial intelligence, explore tech careers, and meet tech leaders in your community. No prior experience required!

WHAT IS AI USED FOR?

- ROBOTICS
- MEDICINE & HEALTHCARE
- SIRI & ALEXA
- SELF-DRIVING CARS

LEARN MORE AND APPLY: WWW.SFU.CA/COMPUTING/INVENTTHEFUTURE

EMAIL QUESTIONS TO: ai_scholars@sfu.ca
TWITTER: @AI_Scholars_SFU | INSTAGRAM: @ai4all_sfu





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DECODEWorkshop Series

WORKSHOP DATES

May 4 - Intro To Programming With Python

May 11 - Construction Of Robot With Lego Mindstorms

May 18 - Design, Build, Program Robot

May 24 - Final Competition

COST

\$150 For All Four Weeks

LOCATION

SFU Burnaby

Why Decode?

Want to learn the currently most in-demand programming language? Want to design, build, and program a robot and compete with your peers robots? Our workshop series will give you hands-on experience in STEM so you learn gain practical and tangible skills!



Scan here for more details

or go to

decodeworkshop.eventbrite.com

KODIAK ATHLETICS



HWSS TRACK & FIELD

Team meeting on Tuesday at lunch room 240 and you MUST bring your \$100 jersey deposit.

You cannot compete without a jersey.



When: Monday/Wednesday After School
Stay till 5pm (Not mandatory, leave whenever you want)

Go to Room 234 Thursday during flex in order to sign up!

CHESS CLUB 2018

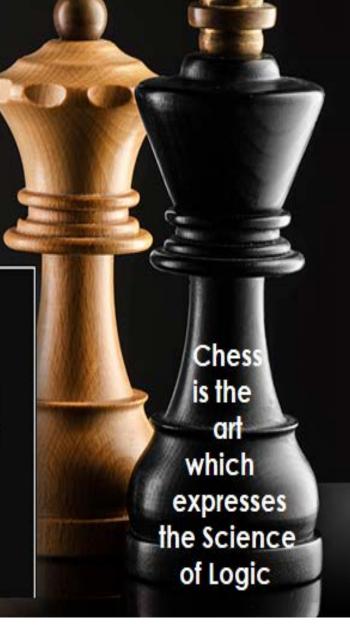
All levels welcome! (Beginners and Seniors)

- Drop in @ lunch to play every day
- Room 308
- Compete, Play, and Learn.
- You're welcome to come and just watch



Some people think that if their opponent plays a beautiful game, it's OK to lose. I don't. You have to be merciless.

— Magnus Carlsen —



HWSS Smile Club

Meetings are in room 309 on Thursdays at lunch. Help raise awareness for people suffering from cleft lip and cleft palate.





CAREER CENTER



IODE BC Art Awards



IODE BC Art Awards are given each year, in competition, to help a student of the Arts (Visual or Performing). The Terms of Reference state the winner must show great promise in his/her chosen arts field. Applicants must be a resident of BC. There are two awards — Junior \$500 for ages 13-16 inclusive and Senior \$800 for students 17-18 inclusive.

- Applications are available in the career centre or online.
- •Deadline for applications to reach the local chapter is Monday April 29, 2019.

Future Science Leaders Program





Applications are now open for September 2019!

- In weekly meetings, students learn essential skills, meet top experts and innovators and apply their new knowledge and skills. We have modelled the program after excellence programs in high performance sports, such as *Own the Podium* and the farm system in hockey. There is a progression where students are increasingly supported and challenged. With the extra support of this program, students will be expected to excel in national and international science, technology, engineering and math challenges.
- We have 2 sites for Future Science Leaders.
- Vancouver: Science World at TELUS World of Science, Tuesdays (4pm-6pm and 6:30pm-8:30pm)
- Surrey: Health and Technology Innovation Hub, Wednesdays (4:30pm-6:30pm)
- All applicants fill out the same application and indicate their site within the application.
- <u>Application deadline for Sept 2019 is April 26, 2019</u>. Applicants must be grade 10 or 11 students in September 2019.
- https://www.scienceworld.ca/futurescienceleaders
- https://www.futurescienceleaders.com/



Grade 10 and 11 students are invited to discover everything the University of Alberta has to offer! Explore your options

— right in your city!

We'll be in Vancouver for the University of Alberta Info Night on Wednesday, April 17.

Students will have the chance to:

- Explore program options at faculty booths
- •Get their admissions questions answered
- Enjoy food and beverages
- •Win prizes and more!

Date: Wednesday, April 17 at 7 p.m.

Location: Four Seasons Hotel Vancouver, Arbutus Room, (791 W Georgia Street)

Friends and family are welcome.

Students can RSVP at uab.ca/van



SFU Entrance Awards and Bursaries

Entrance Award and Bursary applications are still open!

The deadline to apply is April 30. See our website for more information. We encourage all students to apply, especially if you have demonstrated financial need and are involved in the school or greater community.

Winners will be contacted by June 15.

ROTARY CLUB OF PORT MOODY

The **Rotary Club of Port Moody** has been awarded a District Grant to hold a Socratic Weekend. Selected students from the Tri-cities will participate June 1 and 2nd in a Port Moody based event in which professionals from a variety of disciplines and roles will come in to engage with the students and discuss a wide range of topics. We will explore Technology and Society, Governance, Mathematics and the science, Conservation and Economic Development, Education and Leadership, Global Markets and the Economy. These experts will be using a Socratic approach to engage with the students, and as such these will not be lectures but rather dynamic participation discussions. The intent of this weekend is to focus on Key themes such as Society, Economy, Environment, Education, Science, Governance, Civil Society (NGOs), etc., and how these all come together/or not, in our current world. The intent is to stimulate, challenge, illuminate and give the students a chance to meet some leaders in their fields. One speaker supplied cameras for the two latest Martian Satellites. This is a fun event, but it will be challenging, and will provide some great insight as to careers and educational paths.

Students applying need to write an essay in Word, maximum 500 words, and submit electronically. The essay to focus on:

- 1)What is the Socratic Method?
- 2)Five key things we need to focus on to ensure the survival of our society?

We will be reviewing the essays for effective writing, content, and will do a word count and check for plagiarism. Please email your application essay, no later than 3:30pm April 26th to Dr. Paul Mitchell-Banks, paulmitchellbanks@gmail.com and in the subject line put 'Socratic Weekend'. Essays that exceed the word limit, or involve plagiarism will be rejected. Winners will be contacted Monday April 29th.

 \rightarrow This event is open to applicants in grades 9 – 12.

Did you apply to The University of Calgary? Have you received an offer or are you still waiting to hear from them? Are you considering if this is the place for you?



Please come and visit Ms. **Butler in the Career Centre** as she just got back from a visit to U of Calgary and might be able to answer your questions and help with decision making. You can either drop in during flex or lunch or email to make an appointment dbutler@sd43.bc.ca



Once you have been admitted to UBC/UBCO check out these events for future students:

UBCO:

Destination UBC (May 10–12) is a full-weekend program for high school students who have been admitted to the Okanagan campus. Participants will connect with the UBC community and start preparing for life as a UBC student. Students travelling from outside the Okanagan Valley are eligible for a travel reimbursement.

- Admitted high school students who self-identify as First nations, Metis or Inuit are also invited to the Indigenous Welcome (May 9).
- UBC Vancouver:
- <u>UBC Welcomes You</u> (April 27) is a half-day informational event designed for all students who have been admitted to the Vancouver campus. Students will connect with the UBC community and start preparing for life as a UBC student. Travel reimbursements are not available for this program, but any admitted students who will be in Vancouver that weekend are welcome to attend.
- High school students who have been admitted to the Vancouver campus and who self-identify as First Nations, Metis or Inuit are invited to the <u>Destination UBC Aboriginal Student Welcome</u> (April 26–28) and are eligible for a travel reimbursement.

Click on the link to register:

 https://you.ubc.ca/tours-info-sessions/campus-tours-events/on-campusevents/?utm_campaign=UBC%20Updates%3A%20March%202019%20-%20BC&utm_medium=email&utm_source=Eloqua#welcome

Headstart In Art

Who: Grade 11 or 12

pursuing a career in art

What: *First year University Art course

*1st year university credit

When: Sept. 10 - Dec. 10 Tuesday evenings 6 - 9

Where: Gleneagle Secondary

<u>How:</u> See Ms. Tompkins in April or go to ECU online for the Head Start application. Due in May.

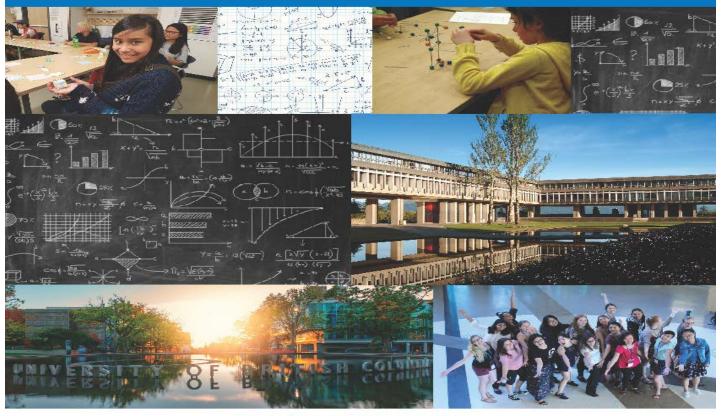




REPEAT NOTICES



2019 PIMS Diversity in Mathematics Summer School



22 July - 2 August 2019
The University of British Columbia & SFU Burnaby

Challenge Yourself! http://www.pims.math.ca/2019Diversityinmath











2019 Diversity in Mathematics

Are you a girl in grade 10, 11 or 12? Do you find math stimulating and fun? Do you want learn more math but are not sure how to? Do you wonder if and how math would be helpful for a future career? Do you want to meet undergraduates in science majors studying in universities nationwide and learn about their journey from high school to university? If the answer is yes, then this camp could be for you!

- The main goal of the camp is to provide an opportunity to a group of high school students with diverse backgrounds to explore their talents and further develop their mathematical skills in a collaborative and encouraging environment. For more information visit the link below.
- http://www.pims.math.ca/2019Diversityinmath?utm_campaign=UBC%20Updates %3A%20April%202019&utm_medium=email&utm_source=Eloqua



The MS Society needs volunteers for the TriCities MS Walk on May 26th at Rocky Point Park.

Volunteers are at the heart of our success and crucial to this meaningful fundraising event. Meet great people, have fun and make a difference! There is a variety of volunteer opportunities to suite everyone and various start times.

To volunteer, register on our volunteer platform and sign up for a shift of your choice! Click here to register: http://bttr.im/bnq65.

For more information please contact Joel Cheung, Joel.Cheung@mssociety.ca

We are always looking for new volunteers to join our team!



Joel Cheung Coordinator, Volunteer Engagement MS Society of Canada 1103 Metrotower II - 4720 Kingsway, Burnaby, BC V5H 4N2 604-689-3144 ext. 7257 joel.cheung@mssociety.ca



Heritage Woods Secondary Presents...





PET FESTIVAL 2019!



WANT THE OPPORTUNITY TO SHOWCASE YOUR PET FOR A
CHANCE TO WIN PRIZES?

IF SO, COME AND PARTICIPATE OR SUPPORT THE PET FESTIVAL, THURSDAY, MAY 9th @3:45-6:00PM FOR \$5 ADMISSION! THE EVENT WILL HAVE FACE PAINTING, BAKED GOODS, AND DOG TREATS! TO SIGN UP EMAIL US @ 127-abohnen@sd43.bc.ca OR TEXT US @ (778) 883-5440.



May 1-7 is Youth Week

HERE'S HOW YOU CAN GET INVOLVED IN PORT MOODY!

Recreation Leader Training - Westhill Youth Centre

Learn the ins and outs of what it takes to be a Recreation Leader in Port Moody. Understand the role of volunteers, learn to lesson plan and practice facilitating activities.

Wednesday, May 1 4-8pm

Minute to Win It - Rec. Complex, Youth Lounge

Compete against your friends in a variety of Minute to Win It style games. Prizes and snacks will be provided.

Thursday, May 2 4-8pm

Westhill Workout - Westhill Youth Centre

Bring your friends for a workout challenge led by a certified BSc. Kinesiologist. Healthy snacks will be provided.

Thursday, May 2 4-8pm

Dodgeball Competition and Pizza Making -

Rec. Complex, Youth Lounge

Challenge your friends in this high energy, team-oriented game. Teams of 5 can register together or individuals can join a team upon arrival. Prizes will be awarded to winning team(s). Pizza making to follow.

Friday, May 3 Registration: 6-6:30pm /

Competition: 6:30-8:30pm / Pizza Making 8:30-9:30pm

Sushi Making - Westhill Youth Centre

Learn how to make your own sushi and enjoy eating your creations. Please advise leaders of any allergies upon arrival.

Friday, May 3 6-10pm

Movie Night - Rec. Complex, Multipurpose Rm 2

Enjoy a new release movie (title tbd) and film trivia with your friends. Popcorn and punch will be provided.

Saturday, May 4 6-10pm

Port Moody Recreation Complex

300 loco Road, Port Moody | 604.469.4556 | www.portmoody.ca

PORT MOODY

FREE EVENTS FOR YOUTH

GRADES 6-12!



In search of hair models for training

Our stylist are former Heritage woods allumni Sarah Mueckel and Dana Schoenhals