



School District No. 43 (Coquitlam)
Heritage Mountain Elementary School
 125 Ravine Dr., Port Moody, B.C. V3H 4Z1 ☎604-469-6407 📠604-937-8017
www.sd43.bc.ca/school/heritagemountain

We acknowledge we are on the unceded traditional territory of the Kwikwetlem First Nation, which lies within the shared territories of the Tsleil-Waututh, Katzie, Musqueam, Qayqayt, Squamish, and Sto':lo Nations.

NOVEMBER 2023

October 27, 2023

Monday	Tuesday	Wednesday	Thursday	Friday
30	31 Hallowe'en Parade! 1:30	1 PJ & Story Day	2 Gr 5 Volleyball @ Glen	3
6	7 Subway Hot Lunch	8	9 Remembrance Day Assembly 10:45am	10 School Closure Day No school
13 No School Stat holiday for Remembrance Day	14 Scholastic Book Fair	15 Scholastic Book Fair Gr 5 Volleyball @home	16 Scholastic Book Fair PAC meeting 7pm	17
20 Coyote Shirt Day Body Science Parent Info Night 6:30pm	21 White Spot Hot Lunch	22 Gr 5 Volleyball @ home Body Science Student Workshop	23 Body Science Student Workshop	24 Gr 5 Volleyball jamboree@ Gleneagle
27 Art Starts Performance 1:30pm	28	29	30	Dec 1



PRINCIPAL'S PERSPECTIVE

October 27, 2023



Hello HME Families,

October has come and gone so quickly it seems, but the change in the weather is very noticeable. We still had some sunny days, but mixed with more rainy days, and now the cold is about to hit us! "Brace yourselves!" Just as a reminder, that we expect students to wear proper weather gear for rainy and cold days. I have noticed that some students have come out wearing only a t-shirt and shorts. Please also have a chat with your child at home about being responsible and safe while at school for Recess and Lunch, and this includes proper clothing and footwear for warmth and wet.

When the rain and snow finally come, it's important to remember that the drop off lane needs to be for quick drop off and pick up only. DO NOT leave your vehicle to walk your child down to their class. If there are not any available spots to stop, please continue driving through the drive through lane. I have noticed that some parents are stopping in the middle of the drive through lane double parked. This is very unsafe and has caused congestion out onto Ravine Drive. If you notice someone is double parked in front of you in the drive through lane, please honk your horn just like you would in the middle of a street where someone is stopped where they should not be.

In the last parent news, I shared on October 13th, there were reminders about Hallowe'en, Remembrance Day, and PJ Day. Please take a look for those details. Tonight, Friday, October 27 there is also the PAC Hallowe'en movie & groovy night starting at 6:30pm. It's a \$2.00 cash charge at the door. So, there are lots of events coming up where you have an opportunity to come into the building.

A reminder that the Body Science workshops that are being sponsored by the PAC are coming up. You were sent an email about this on October 19th. There is a parent info session on zoom on Monday, November 20th at 6:30pm, and student workshops on November 22 & 23 during class time. A reminder parents may choose to have their children OPT OUT of the Body Science workshops, please connect with your child's teacher if this is the case or if you have any questions.

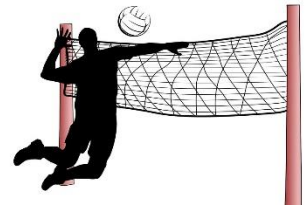
Sincerely,
Mr. Sclater

AT HME WE ARE ALL CONNECTED AND WE ALL BELONG

WHAT'S HAPPENING AT H.M.E.

Grade 5 Volleyball

Thank you to Mrs. Lauridsen and Mrs. Borsbey for coordinating our grade 5 volleyball team! Our team is playing in 3 games against other local schools and participating in the "Jamboree".



Library Corner **Scholastic Book Fair is Coming!**

The Book Fair is our favourite time of year indeed! Do you recall the books, posters, pencils, and erasers?

Funds raised during the Scholastic Book Fair go back into our Library Learning Commons and towards building "book collections" for classroom use. You may also contribute to your child's classroom library through our "Classroom Wish List".

A Walk Through will be offered during school time for classes to view to get the lay of the land; however, purchases will be made during fair hours.

GRANDE OPENING: Tuesday, November 14th 2:55-4:15

Day Two: Wednesday, November 15th 8:10-8:45 / 2:55-4:15 / 6:30-8:00

Day Three: Thursday, Nov 16th 2:55-4:15

VOLUNTEERS NEEDED! We cannot run the fair without your generous support of time and energy. Interested in helping? Please contact Sherry Bot at sherrylbot@gmail.com

Any questions about the Fair can be directed to Mrs. Khan at rkhan@sd43.bc.ca or Mrs. Bot at sherrylbot@gmail.com.

Friday November 10th -School Closure Day

There is no school for students or staff on Friday November 10th

Thursday Nov 9th Remembrance Day Assembly

Parents are welcome to attend our Remembrance Day Assembly on November 9th. We ask that you arrive by 10:30 to get your seats. Entry and exit for this event will be at the exterior gym doors. Chairs will be set up at the back of the gym. Please do not come through the main entrance/office area. Students will be called down for our assembly after returning from Recess and we will start promptly at 10:45am.

All students will receive a poppy. We will collect donations on behalf of the Royal Canadian Legion to support veterans. Please send a donation with your child on November 9- suggested amount would be a loonie or toonie if possible. Thank you.

Families with Veterans: Do you have a veteran in your family? If so, and you have a photo to share, please send the name of your child, the name of the veteran with the photo to Mrs. Khan at rkhan@sd43.bc.ca before November 6th. If you could, please also share how they served, for which country they served, and how they are related to your kiddo, this will help in assembling a memorable sharing for our school community. *Learning is real when children can make personal connections.*

Please note, if you have sent photos in previous years no need to send again this year.

Special Request for Thursday, Nov 9: If your child is currently a Brownie, Girl Guide, Girl Scout, Boy Scout, Cadet, etc, we invite your child to wear their uniform on the day of our assembly.



Lest We Forget.

Monday, Nov 13th - Remembrance Day Statutory Holiday

There is no school on Monday November 13th as it is a federal statutory holiday.

Important Information

Lost & Found



The "Lost and Found" cart is just inside the main doors of the school by the office. Parents, please come and look to see if any of your child's belongings are here! There is so much stuff waiting to be claimed. Labelling your child's water bottles, umbrellas, jackets, coats, etc is very helpful in reuniting these items with your child.

Winter Weather Ahead!

Schools are not routinely closed due to snow or other inclement weather conditions. All schools in School District 43 (Coquitlam) will remain OPEN, if possible, during winter weather, including snowfall.

However, on occasion, a district-wide or partial-district closure is required due to extreme weather. Partial-district closures affecting individual schools may occur due to the very different geography within our school district. If there is a partial-district closure, affected schools will be identified.

The decision on schools remaining open or needing to be closed because of extreme weather occurs **before 6:30 a.m.**, so that families can plan and make alternate arrangements.

Any district-wide or partial-district closure will be decided and communicated by 6:30 a.m. via the School District 43 website www.sd43.bc.ca and CKNW AM 980 radio, CKWX 1130 radio and CBC (690) radio.

Extreme weather can also impact transit. Transit schedules may face significant changes or cancellations due to the weather conditions. Parents seeking information on transit schedules need to consult the Translink website: <http://www.translink.ca/>

We encourage families to continuously check the School District 43 website for updates and changes: www.sd43.bc.ca While the District tries to make the best decision with the information available, the weather does change quickly. Therefore, when schools remain open, decisions to stay at home during challenging weather conditions should be made by each family.

Learn more about SD43's process for emergency and inclement weather status updates at: <http://www.sd43.bc.ca/NewsEvents/Pages/EmergencyInformation.aspx>

We want to be Vandalism Free!

Please help Heritage Mountain Elementary stay "vandalism free", especially with Hallowe'en approaching. Please do not hesitate to call the Port Moody Police if you live close by or happen to drive by and see or hear suspicious behaviour.

Drop Off/ Pick Up Zone

Please also help to keep our kids safe in the drop off/ pick up zone. In order to have enough safe space for parents to pick up waiting children in this zone, we need to keep this area free from parked cars. If your child is not waiting for you in this zone when you arrive, please keep your car moving forward to the next available spot. **Please do not abandon your vehicle.** We need your help to keep this zone safe for all children and keep traffic moving in this area.

Dressing for the Weather

Another friendly reminder to please dress your child for the weather and/or send extra clothes when the weather is wet (or snowy). Kids are getting outdoor time every day and they have much more fun if they are dressed for the rainy, snowy, cold conditions!



Protect children from respiratory illnesses this winter

Respiratory illnesses tend to increase as we spend more time indoors. Common colds, the flu and COVID-19 spread through tiny droplets as people who are sick breathe, talk, cough or sneeze. When other people touch these droplets and then their eyes, mouth or nose before washing their hands they may become sick.

There are a handful of steps both children and adults can take to protect themselves and limit the spread of respiratory illnesses:

- Wash your hands often with soap and water. Use alcohol-based sanitizer if soap and water is not available.
- Avoid touching your face, especially your eyes, mouth and nose.
- Cough and sneeze into your elbow.
- If you have symptoms, stay home and stay away from people at higher risk of serious illness.

Flu and COVID-19 vaccinations

The best way to protect others and reduce the risk of getting sick with the flu and COVID-19 is to [get immunized](#). The flu and COVID-19 vaccines are safe, effective, and available for free to anyone aged six months and older.

It is much safer to get the vaccines than to get the illnesses. Register your children with the Get Vaccinated system so that you can be invited to book their vaccinations when they are due.

Learn more here: <https://ow.ly/5WWe50PYIYC>





Chess and Table Tennis

Come and try out this new program starting in January! You will learn basic instruction and strategies of chess and table tennis with the opportunity to exercise new skills with other participants. Table tennis racquet provided.

For children 8-10 years 3:30-5:30pm

For youth 11-15 years 5:45-7:45pm

Thursday, November 16

Kyle Centre | Activity Room

Visit portmoody.ca/signmeup to register today

portmoody.ca | 604.469.4556