





School District No. 43 (Coquitlam)
Heritage Mountain Elementary School
 125 Ravine Dr., Port Moody, B.C. V3H 4Z1 ☎604-469-6407 📠 604-937-8017
www.sd43.bc.ca/school/heritagemountain

We acknowledge we are on the unceded traditional territory of the Kwikwetlem First Nation, which lies within the shared territories of the Tsleil-Waututh, Katzie, Musqueam, Qayqayt, Squamish, and Sto':lo Nations.

MARCH 2025

Newsletter #8

February 27, 2025

Monday	Tuesday	Wednesday	Thursday	Friday
March 3 Midnight Deadline for Neufeld Farms orders	4	5 Timbit sale After school	6 PAC meeting 7pm	7
10 Pick up Neufeld Farms orders 5:30pm	11 Hot Lunch	12 Follow up hearing screening	13 Report Cards published	14 Performing Artist Frog Belly Rat Bone 9am
17 	18	19	20	21
24 	25	26	27	28
31 BACK TO SCHOOL!	1	2	3 PAC Meeting 7pm	4



Important Information

Pro-D Day - Friday February 28

No school for students

Keeping Kids Safe Online - Thursday April 3rd 6:30-7:30 HME Library

Keeping Kids Safe Online is an important goal for parents and caregivers in today's world.

On Thursday, April 3rd from 6:30-7:30pm in the HME Library, the HME PAC is pleased to host an in-person, 60 minute presentation to teach parents and caregivers how to help kids stay safe while they are online.

Please see the attached flyer for more details about the presentation.

We hope you can join us and bring a friend.

Report Cards & Parent Portal



IMPORTANT

Report cards will be available to be viewed through your MyEd account on **MARCH 13th in the afternoon.**

PLEASE ENSURE you have logged into your myed account PRIOR to March 11th to update

your password. Passwords expire every 90 days – if you do not update your password you will NOT be able to access your child's report card. If you have forgotten your password use the "I forgot my password" option so that you don't get locked out of your account.

Students arriving LATE

The number of students arriving late has skyrocketed in the past few months. We routinely have 20+ students daily arriving late – and some students are late nearly every day.

The beginning of each day in all classes is spent going over the agenda for the day, listening to class announcements and engaging in morning activities that give students time to be creative and time to connect with others. This time in the morning helps set kids up for success for the day. Please make every effort to have your child on time for school.

What's Happening at Heritage Mountain Elementary

Timbit Sale - Grade 5 Fundraiser- Weds March 5th

Timbits will be on sale \$2 for 3 Timbits. This is a grade 5 fundraiser. Cash only!

There will be Timbit tables on the upper and lower blacktop AFTER school on Wednesday March 5th



Gym Sense

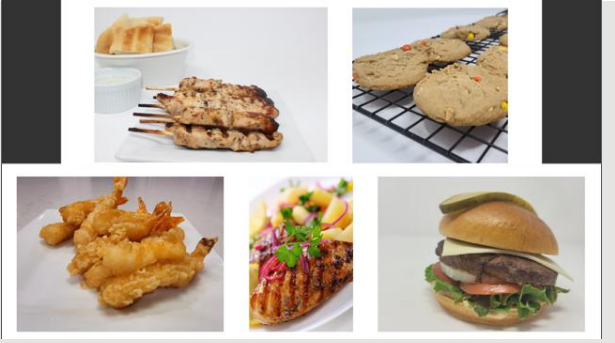
Thank you again to the PAC for sponsoring Gym Sense for all students. The sessions end on March 12th. Please check with your child's teacher about "parent viewing" in the final week of Gym sense.



Neufeld Farms

It's been awhile since the last Neufeld's fundraiser so freezers must be in need of a restock! One of our most popular fundraisers is now open for online ordering (no credit card fees).

- ordering closes March 3 (midnight)
- order pick up date: Monday, March 10th at 530pm at the HME drop off loop (stay warm in your car & pick up your order drive thru style)



Heritage Mountain Elementary
app.neufeldfarms.ca

The Card PROJECT



Our spring fundraiser is open!

See *your child's art* online

and browse the beautiful products made with your child's art.

The **deadline for orders is Sunday, March 9**

with delivery in the week of April 7-11

Go online to

www.TheCardProject.ca

Our school's access code is **HM62**

If you have any questions, please contact Marcelle at Marcelle@TheCardProject.ca

Como Lake Relays- Grade 4&5

Our school is getting excited about Como Lake Relays, a district event taking place at Como Lake on Thursday April 17. Interested grade 4 & 5 students are invited to meet with staff on Thursday, March 6 to learn more about this event. At this time, students will take home a notice with all the details about training and the relays. Students will begin training on Monday, March 10 at 8:10am. If you have any questions please reach out to Mr. McCausland.



Kilometer Club

Kilometer Club training begins after Spring Break!

Thank you to our PAC for providing incentive ribbons again this year!

School District No. 43 (Coquitlam) Heritage Mountain Elementary School School Calendar 2024-2025

Designation	Date(s)
Pro D Day -District	Friday, Feb 28
Schools close for Spring vacation (last day in session)	Friday, Mar 14
Spring vacation period	Monday, Mar 17 –Friday, Mar 28
Schools re-open after Spring Break	Monday, Mar 31
Good Friday	Friday, Apr 18
Easter Monday	Monday, Apr 21
Pro D Day -District	Friday, Apr 25
Victoria Day	Monday, May 19
Pro D Day – School Based	Monday June 2
Last day of school for all students	Thursday, Jun 26
Administrative day	Friday, June 27

Early dismissals one hour earlier than normal dismissal:

Monday April 14 1:50

Thursday May 29 1:50

Bell Schedule:

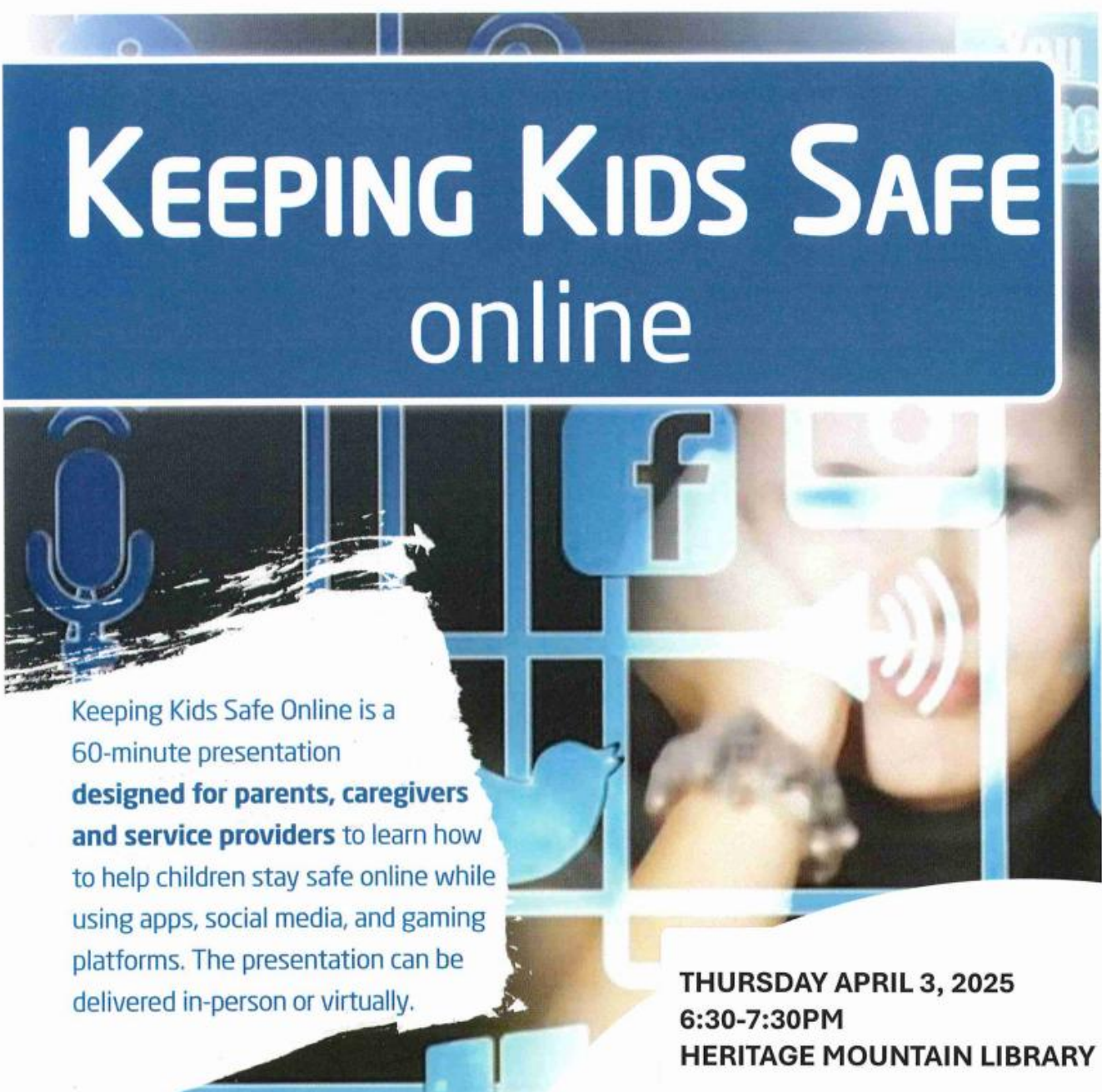
School Starts 8:52am

Recess 10:25-10:40

Lunch 12:10-1:00

Dismissal 2:50

KEEPING KIDS SAFE online



Keeping Kids Safe Online is a 60-minute presentation **designed for parents, caregivers and service providers** to learn how to help children stay safe online while using apps, social media, and gaming platforms. The presentation can be delivered in-person or virtually.

**THURSDAY APRIL 3, 2025
6:30-7:30PM
HERITAGE MOUNTAIN LIBRARY**

Part 1: Overview – discusses and defines different forms of online sexual exploitation, including sextortion and intimate image sharing, as well as red flags of luring and grooming.

Part 2: App Literacy – a review of today's most popular apps used by children and youth.

Part 3: Practical Conversations - how to talk children and youth about online safety and sexual exploitation.



Children of the Street

childrenofthestreet.ca



COQUITLAM Summer LEARNING 2025



ELEMENTARY

July 8 – July 26, 9:00am - 12:00pm

8 LOCATIONS

Courses: K to 1 transition, English for Beginners, Visual & Performing Arts, French Immersion, Integrated Studies, Math, Reading & Writing, Coding (Info tech), Outdoor Science, STEAM, and more!

Free to all BC residents, SD43 Residency requirements apply.

**04
MAR**

Registration
6:00am

Registration
6:00am

**07
MAR**

MIDDLE

July 8 – July 26, 8:45am - 11:45am

3 LOCATIONS

Courses: Band, Guitar, Creative Writing, Drama/Improv, English for Beginners, Guitar, Home Ec/Culinary, Integrated Studies, English and French Immersion Language Arts, Mathematics, PE/Leadership, Coding (Info Tech), Outdoor Science, STEAM, Tech Ed, Visual & Performing Arts, and more!

Free to all BC residents, SD43 Residency requirements apply.

SECONDARY SKILL BUILDING

July 8 – July 26, 8:30am - 11:30am OR 12:00 - 3:00pm

2 LOCATIONS

Courses: English, English for Beginners, IB Math & Science, Jazz & Concert Band, Science, Home Ec, Sewing, 2D Animation, Metal and Wood Tech Ed, Math, Coding (Info Tech), Skills for Success. These non-credit courses may be taken to review previously covered course content OR preview a course. Academic Completion 9/10 for Science and Math is only available by school referral.

Free to all BC residents, SD43 Residency requirements apply.

**07
MAR**

Registration
6:00am

Registration
6:00am

**06
MAY**

SECONDARY FULL CREDIT

July 3 – August 8 (6 weeks)

8:00am – 11:30am OR 12:00pm – 3:30pm

2 LOCATIONS

Face-to-Face or Online Blended Fast Track

Courses: Life Science 11, Anatomy & Physiology 12; Career Life Education 10; Chemistry 11,12; EAL 10,11; English 10,11,12; English First Peoples 11,12; Mathematics 10,11,12; Physics 11,12; PHE 10; Socials 10,11, Science 10.

Free to all BC residents, SD43 Residency requirements apply.



www.sd43SummerLearning.ca/Phone 604-936-4261

KidSport

So **ALL** Kids Can Play!

**Saturday
March 8
10am–1pm**

USED EQUIPMENT SALE



RIVERSIDE SECONDARY Admission by
2215 REEVE STREET donation or non-perishable
PORT COQUITLAM item to the **SHARE Food Bank**

SAVE on your family's sports equipment!

The KidSport Used Equipment Sale has everything from bikes and hockey gear to fitness equipment, wetsuits, and more!

equipment for **ALL** kids and adults!

Outfit a child for lacrosse or hockey, including helmet, stick, and/or skates for approximately \$100!

GIVE back! Donate your gently used* equipment

From *February 22 – March 7*, donate your used equipment at the following locations:

- Port Moody Recreation Complex (main lobby)
- Poirier Sport & Leisure Complex (main lobby)
- Port Coquitlam Community Centre (lower arena lobby) www.kidsporttricity.ca

***gently used**
equipment is:

- less than 6 years old
- in good condition
- wearable for league sports



Children's Spring Programs

Programs begin the week of April 7

NEW! Dance Mix

NEW! Cheer

Pro-D Day Events Friday, April 25

- Pro-D Day Camp
- Junior Life Skills

Birthday Parties

Gymnastics

Sports and Games

Performing Arts

For ages
5-11
years

Visit portmoody.ca/signmeup to register today!

TRI-CITY EAGLES



FIELD HOCKEY

Join the
Tri-City Eagles
Field Hockey
Club

FOLLOW US



@tcefieldhockey

Registration
Remains Open

WWW.TCFIELDHOCKEY.COM

Mites / Mini (U10)

EARLY BIRD PRICING ENDS FEB 15

INFORMATION

Junior (U11-U18)

EARLY BIRD PRICING ENDS FEB 1

INFORMATION

Register Now

2025

Early Bird Pricing Open Until:
February 1st for Juniors

~~February 15th for Mites/Minis~~

PORT MOODY SOCCER CLUB Spring Soccer Registration is Now Open!



SPRING REGISTRATION NOW OPEN 2025

PORT MOODY SC

SPRING SOCCER

U2 U18

One Club
One Community
One Town

Offering:
Recreational Teams
Development
High Performance

FULL PLAYER PATHWAY INCLUDING BC SPL & ADULTS

Play Spring Soccer 2025 at Port Moody Soccer Club

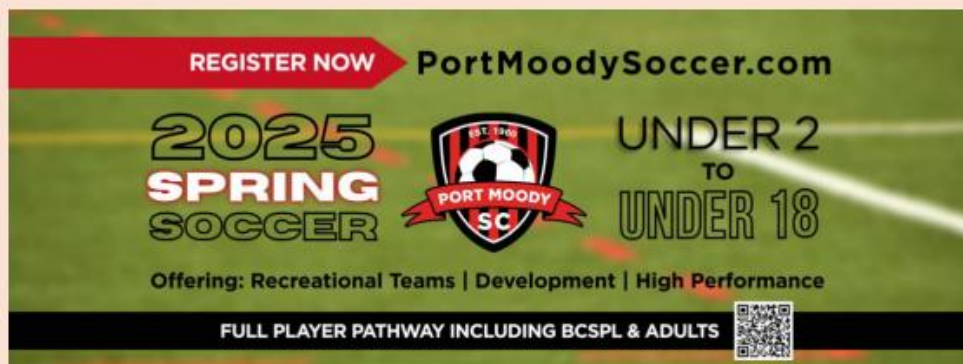
PortMoodySoccer.com

Kick off the season with **Port Moody Soccer Club (PMSC)**—one of Canada's top youth soccer organizations! As a proud holder of the **Canada Soccer National Youth Club Licence**, PMSC is recognized for excellence in administration, governance, infrastructure, and technical development. This prestigious designation ensures our players receive top-tier coaching, access to the **Canada Soccer Player Development Program**, and the potential for **MLS Home Grown Player** benefits.

Whether you're a beginner or an aspiring elite player, our **Spring Soccer Program** offers a fun and engaging environment led by **knowledgeable and experienced coaches**. Join us on the field, develop your skills, and be part of a club that prioritizes both **player growth and enjoyment**.

Register now and experience why we are More Than A Soccer Club!

Click Here to Register: <https://portmoodysoccer.powerupsports.com>



REGISTER NOW PortMoodySoccer.com

2025 SPRING SOCCER

PORT MOODY SC

UNDER 2 TO UNDER 18

Offering: Recreational Teams | Development | High Performance

FULL PLAYER PATHWAY INCLUDING BC SPL & ADULTS

