



"Once a Talon...Always a Talon!"

GLENEAGLE TALON TALK
Day 1 - Wednesday, June 3, 2026

THE EAGLE'S NEST WILL BE OPEN

Wednesday, June 3, 2026

LUNCH MENU

Soup Ratatouille

Entree Teriyaki chicken with Asian veggies & sushi rice

Dessert Exotic crème brûlée with caramelized fruits

Student Bell Schedule
2025-2026

	Monday	Tuesday	Wednesday	Thursday	Friday
	EARLY DISMISSAL BELL SCHEDULE	REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE	ASSEMBLY BELL SCHEDULE	REGULAR BELL SCHEDULE
BLOCK		REGULAR (80 minutes)	EARLY DISMISSAL (60 minutes)		Assembly Schedule (60 minutes) <small>These dates will be announced as assemblies occur</small>
X		7:36 – 8:56	7:55 – 8:55		7:55 – 8:55
1		9:00 – 10:20	9:00 – 10:00		9:00 – 10:00
2		10:25 – 11:50	10:05 – 11:10		10:05 – 11:05
ASSEMBLY					11:05 – 12:25
LUNCH		11:50 – 12:30	11:10 – 11:50		12:25 – 1:05
3		12:35 – 1:55	11:55 – 12:55		1:10 – 2:10
4		2:00 – 3:20	1:00 – 2:00		2:15 – 3:15
5		3:25 – 4:45	2:05 – 3:05		3:20 – 4:20

ATTENTION: ALL STUDENTS

WELCOME TO:

Ms. Tsamkiranis, Ms. Cheung, Mr. Rogula, Ms. Spence, Ms. Cecchini, Ms. Seemann

NO STUDENT PARKING JUNE 4 DURING SPRING CARNIVAL

A reminder that there will be no student parking available in front of the MPR this Thursday, June 4 due to Spring Carnival. Please park in the far parking lot behind the school.

MENTAL HEALTH CLUB - DOG THERAPY EVENT

If you need a break from stress, come hang out with therapy dogs at lunch in Gym C on June 10. Scan the QR code around the school to sign up as there is limited entry. For more information follow @TalonsMentalHealth on Instagram.

LOST & FOUND

This week, LOST & FOUND items will be placed on tables in the foyer. If any items are yours, please take them as **unclaimed items will be donated at the end of June.**

INDIGENOUS HERITAGE WEEK

WEDNESDAY

Paddle design and lesson today in the library at lunch! Come celebrate Indigenous Heritage Week and learn about the significance of paddles and design and start to make your own free paddle design to take home!

SPRING CARNIVAL

TOMORROW, Thursday, June 4th, the student council is bringing back the spring carnival! Skip the long lines and pre-purchase your carnival tickets in the foyer today! See you there, Gleneagle!

GRAD INFORMATION

GRAD HOODIES FOR SALE!

The Aftergrad Committee is selling grad hoodies! If your grad would like to order one, please e-transfer \$56 to gleneaglepac@gmail.com and put the name of your grad and grad hoodie size in the note. These are unisex adult sized hoodies in Small, Medium, Large, XL or 2XL. **Deadline to order is June 11** so we can get them before the end of school. We will provide pick up details when we confirm delivery.

COMMENCEMENT ASSEMBLY/CAP & GOWN DISTRIBUTION BLOCK 4 JUNE 15

Please note the following information for grads on Monday, June 15 (Block 4):

1. Grad Assembly #4 – Commencement Assembly / Cap and Gown Distribution
2. At the end of period 3 students will be called down to the MPR for the Commencement assembly. Students will miss all of block 4.
3. Cap and gown distribution will follow the assembly. **All school fees need to have been paid, CLC needs to have been completed & library books need to have been returned in order to be eligible to pick up your grad cap & gown.**

SPORTS

ATTENTION STUDENT-ATHLETES AND SPORT COACHES!

Registration for the 2025/2026 Athletic Banquet on June 15th is now LIVE!

If you participated on or coached any of our Athletics teams in the Fall, Winter or Spring seasons, you're invited to our Tropical Vibes celebration of everything Talons Athletics has accomplished this school years.

There'll be plenty of awards, a delicious dinner buffet catered by our very own culinary program led by Chef Frank and Roberto, and prizes, prizes, PRIZES!

Act now, Talons, and confirm your name by June 5th via the QR Code located around the school on the posted advertisements! Let's make this a memorable evening, Gleneagle! GO TALONS!

POST-SECONDARY & CAREER RESOURCES

POST SECONDARY AND CAREER ADVISOR

Grade 11 and 12 students are invited to join my TEAMS page. Look for important information regarding University, College, and technical school presentations, admission deadlines and program updates. Important upcoming scholarship information is posted as well as volunteer and work opportunities.

For an appointment, please email Mrs. Milde cmilde@sd43.bc.ca



STAY GOLDEN GLENEAGLE!

Week of June 2-5th, 2026

TRADES EXPO

Wednesday, June 3rd

Centennial High School, 5-7pm

570 Poirier Street, Coquitlam

- ✓ Meet with Trades employers
- ✓ Discover post-secondary trades programs
- ✓ Find job opportunities

SCAN FOR LIST OF THE 51 participants

Or go to [43Careers.com](https://43careers.com) and click 'READ more'



2. GOLDEN SPIKE DAYS volunteer OPPORTUNITY June 27-28.

Start earning volunteer hours right in your neighbourhood!!!!

June 27 and 28th, Various duties available. Scan QR code in poster to sign up! See QR code where people can sign up to help.



3. More Volunteer Opportunities.

- Rainforest Adventure Camps: [Rainforest Adventure camps volunteer info](#)
- Science World's Junior Camp Leader program: [Volunteer Link here](#). Deadline to apply to Placements 3, 4 & 5 is June 28th.

See Career Centre TEAMS page for details and more information: Code ueojcub