



"Once a Talon...Always a Talon!"

GLENEAGLE TALON TALK
Day 1 - Monday, June 1, 2026

THE EAGLE'S NEST WILL BE OPEN

Monday, June 1, 2026

LUNCH MENU

- Soup** Cauliflower & melted artisan cheese
- Entree** Fettucine with grilled bratwurst sausage in a rosé sauce with toasted garlic bread
- Dessert** Blueberry & peach crumble with a silky icing

Student Bell Schedule
2025-2026

Monday	Tuesday	Wednesday	Thursday	Friday
EARLY DISMISSAL BELL SCHEDULE	REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE
BLOCK	REGULAR (80 minutes)	EARLY DISMISSAL (60 minutes)		Assembly Schedule (60 minutes) <small>These dates will be announced as assemblies occur</small>
X	7:36 – 8:56	7:55 – 8:55		7:55 – 8:55
1	9:00 - 10:20	9:00 - 10:00		9:00 – 10:00
2	10:25 – 11:50	10:05 – 11:10		10:05 – 11:05
ASSEMBLY				11:05 – 12:25
LUNCH	11:50 - 12:30	11:10 - 11:50		12:25 – 1:05
3	12:35 – 1:55	11:55 - 12:55		1:10 – 2:10
4	2:00 - 3:20	1:00 – 2:00		2:15 – 3:15
5	3:25 – 4:45	2:05 – 3:05		3:20 – 4:20

ATTENTION: ALL STUDENTS

WELCOME TO:

Ms. Cao, Ms. Cheung, Ms. Pham, Ms. Estabrooks, Ms. Spence, Ms. Rolleston Fuentes, Ms. Cecchini

ATTENTION GRADE 9'S

The last On the DL for the school year is being released today! If you have overdue DL assignments, now is the time to get them in! Check the Grades tab in Teams to make sure all your work is complete.

Mr. Gilbar and Ms. Roberts would like to thank all of you for participating in Digital Literacy this year. We will continue to be available in the Nest to support you with technology.

SPRING CARNIVAL

On Thursday, June 4th, the student council is bringing back the spring carnival! Skip the long lines and pre-purchase your carnival tickets in the foyer today! See you there, Gleneagle!

INDIGENOUS HERITAGE WEEK

Monday

Big City Bannock Food Truck out front of our school today!!!! Come celebrate Indigenous Heritage Week and buy yourself a treat!!

Tuesday

Beading in the library at lunch today! Come celebrate Indigenous Heritage Week by making a free key chain to take home!

Wednesday

Paddle design and lesson today in the library at lunch! Come celebrate Indigenous Heritage Week and learn about the significance of paddles and design and start to make your own free paddle design to take home!

Thursday

Continuation of paddle design in the library at lunch today! Come celebrate Indigenous Heritage Week by continuing to work on your free paddle and design to take home!

Friday

Smudging and medicine bags in the library at lunch today! Come celebrate our last day of Indigenous Heritage Week and learning about smudging then make your own free medicine bag to take home!

GRAD INFORMATION

COMMENCEMENT ASSEMBLY/CAP & GOWN DISTRIBUTION BLOCK 4 JUNE 15

Please note the following information for grads on Monday, June 15 (Block 4):

1. Grad Assembly #4 – Commencement Assembly / Cap and Gown Distribution
2. At the end of period 3 students will be called down to the MPR for the Commencement assembly. **Students will miss all of block 4.**
3. **Cap and gown distribution will follow the assembly. All school fees need to have been paid, CLC needs to have been completed & library books need to have been returned in order to be eligible to pick up your grad cap & gown.**

SPORTS

CONGRATULATIONS TO GIRLS RUGBY

Congrats to the girls rugby team as they walked away from the BC Championships as the Challenger Cup Winners defeating Lord Tweedsmuir 24-7. They played their best game at the end with grade 11, Riley, dominating the lineouts, making big tackles and scoring the game winning try. Grade 11, Penelope, gets the Commissioner's XV jersey as the top player in the tourney award. We also want to thank all of the graduating players for their commitment and leadership to the team. See you all again at the Rugby Banquet on Monday, June 8th.

ATTENTION STUDENT-ATHLETES AND SPORT COACHES!

Hey Gleneagle Student-Athletes and Sports Coaches!

Registration for the 2025/2026 Athletic Banquet on June 15th is now LIVE!

If you participated on or coached any of our Athletics teams in the Fall, Winter or Spring seasons, you're invited to our Tropical Vibes celebration of everything Talons Athletics has accomplished this school year.

There'll be plenty of awards, a delicious dinner buffet catered by our very own culinary program led by Chef Frank and Roberto, and prizes, prizes, PRIZES!

Act now, Talons, and **confirm your name by June 11th via the QR Code located around the school on the posted advertisements!** Let's make this a memorable evening, Gleneagle! GO TALONS!

CLUBSS

HELPING HEARTS CLUB

Hey talons, want to learn more about life after high school? Gleneagle's Helping Hearts club is hosting an SFU info session in the library on Tuesday after school.

POST-SECONDARY & CAREER RESOURCES

POST SECONDARY AND CAREER ADVISOR

Grade 11 and 12 students are invited to join my TEAMS page. Look for important information regarding University, College, and technical school presentations, admission deadlines and program updates. Important upcoming scholarship information is posted as well as volunteer and work opportunities.

For an appointment, please email Mrs. Milde cmilde@sd43.bc.ca

Week of May 27th- June 5th, 2026

TRADES EXPO

Wednesday, June 3rd

Centennial High School, 5-7pm

570 Poirier Street, Coquitlam

- ✓ Meet with Trades employers
- ✓ Discover post-secondary trades programs
- ✓ Find job opportunities

SCAN FOR LIST OF THE 51 participants

Or go to [43Careers.com](https://43careers.com) and click 'READ more'



2. LAST MINUTE VOLUNTEER OPPORTUNITY: MAY 30 & 31st

- Track meet at PERCY PERRY STADIUM for the Coquitlam Cheetahs
- Volunteer letter or signature for students who need one.
- Go to Career Centre Teams page, Volunteering and Work Opportunities page and sign up.

3. GOLDEN SPIKE DAYS volunteer OPPORTUNITY June 27-28.

Start earning volunteer hours right in your neighbourhood!!!!

June 27 and 28th, Various duties available. Scan QR code in poster to sign up! See QR code where people can sign up to help.

