



*"Once a Talon...Always a Talon!"*

**GLENEAGLE TALON TALK**  
**Day 1 - Wednesday, May 27, 2026**

**THE EAGLE'S NEST WILL BE OPEN**

*Wednesday, May 27, 2026*

**LUNCH MENU**

**Soup** Beef vegetable

**Entree** Roast turkey on sourdough with golden fries

**Dessert** Tiramisu

**Student Bell Schedule**  
**2025-2026**

Monday	Tuesday	Wednesday	Thursday	Friday
EARLY DISMISSAL BELL SCHEDULE	REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE	PRO-D DAY SCHOOL NOT IN SESSION
BLOCK	REGULAR (80 minutes)	EARLY DISMISSAL (60 minutes)		Assembly Schedule (60 minutes) These dates will be announced as assemblies occur
X	7:36 – 8:56	7:55 – 8:55		7:55 – 8:55
1	9:00 - 10:20	9:00 - 10:00		9:00 – 10:00
2	10:25 – 11:50	10:05 – 11:10		10:05 – 11:05
ASSEMBLY				11:05 – 12:25
LUNCH	11:50 - 12:30	11:10 - 11:50		12:25 – 1:05
3	12:35 – 1:55	11:55 - 12:55		1:10 – 2:10
4	2:00 - 3:20	1:00 – 2:00		2:15 – 3:15
5	3:25 – 4:45	2:05 – 3:05		3:20 – 4:20

**ATTENTION: ALL STUDENTS**

**WELCOME TO:**

Ms. Cheung, Ms. Carruthers, Ms. Foster, Mr. Morris, Ms. Osborne, Ms. Ko

**PRO-D DAY – FRIDAY, MAY 29<sup>TH</sup> (NO SCHOOL FOR STUDENTS)**

A reminder that Friday, May 29<sup>th</sup> is a school-based Pro-D day. Students should not be on school property on that day.

**LITERARY ARTS SHOWCASE**

Do you know a writer, poet, lyricist or creative? Attend Gleneagle's first Literary Arts Showcase today after school from 4pm – 6pm in the library! Creative writing club and Poem and Lyric club has created an opportunity for students to familiarize themselves with what creative projects students have worked on! Come over to the school library to find connection, gather inspiration and listen to wonderful live music and poetry readings!

**INDIGENOUS HERITAGE WEEK**

Come celebrate Indigenous Heritage Week next week! The Big City Bannock Food Truck will be in front of the school on Monday, June 1<sup>st</sup>, then activities at lunch in the library for the rest of the week!

## POKEMON TRADE DAY

It's that time again Pokémon collectors! **TOMORROW, Thursday, May 28-** Mr. Liao is hosting a Pokémon trade day. Looking for a vintage Charizard or rare illustration art? Bring your binders and graded slabs and trade with other students **after school in Room 205!**

## SPORTS

### ATTENTION STUDENT-ATHLETES AND SPORT COACHES!

Hey Gleneagle Student-Athletes and Sports Coaches!

Registration for the 2025/2026 Athletic Banquet on June 15<sup>th</sup> is now LIVE!

If you participated on or coached any of our Athletics teams in the Fall, Winter or Spring seasons, you're invited to our Tropical Vibes celebration of everything Talons Athletics has accomplished this school years.

There'll be plenty of awards, a delicious dinner buffet catered by our very own culinary program led by Chef Frank and Roberto, and prizes, prizes, PRIZES!

Act now, Talons, and **confirm your name by June 11<sup>th</sup> via the QR Code located around the school on the posted advertisements!**

Let's make this a memorable evening, Gleneagle! GO TALONS!

## POST-SECONDARY & CAREER RESOURCES

### POST SECONDARY AND CAREER ADVISOR

Grade 11 and 12 students are invited to join my TEAMS page. Look for important information regarding University, College, and technical school presentations, admission deadlines and program updates. Important upcoming scholarship information is posted as well as volunteer and work opportunities.

For an appointment, please email Mrs. Milde [cmilde@sd43.bc.ca](mailto:cmilde@sd43.bc.ca)



**STAY GOLDEN GLENEAGLE!**

**Week of May 27<sup>th</sup>- June 5<sup>th</sup>, 2026**

## **TRADES EXPO**

Wednesday, June 3<sup>rd</sup>

Centennial High School, 5-7pm

570 Poirier Street, Coquitlam

- ✓ Meet with Trades employers
- ✓ Discover post-secondary trades programs
- ✓ Find job opportunities

SCAN FOR LIST OF THE 51 participants

Or go to [43Careers.com](https://43careers.com) and click 'READ more'



### **2. LAST MINUTE VOLUNTEER OPPORTUNITY: MAY 30 & 31st**

- Track meet at PERCY PERRY STADIUM for the Coquitlam Cheetahs
- Volunteer letter or signature for students who need one.
- Go to Career Centre Teams page, Volunteering and Work Opportunities page and sign up.

### **3. GOLDEN SPIKE DAYS volunteer OPPORTUNITY June 27-28.**

Start earning volunteer hours right in your neighbourhood!!!!

June 27 and 28th, Various duties available. Scan QR code in poster to sign up! See QR code where people can sign up to help.

