



"Once a Talon...Always a Talon!"

GLENEAGLE TALON TALK
Day 1 - Thursday, May 21, 2026

THE EAGLE'S NEST WILL BE OPEN

Thursday, May 21, 2026

LUNCH MENU

- Soup** Mamma Demonte's bacon, potato & cheddar
- Entree** Pork adobo with Chinese greens & steamed jasmine rice
- Dessert** Mr. Quinto's carrot cake with cream cheese icing

Student Bell Schedule
2025-2026

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------------------|--------------------------|---------------------------------|--------------------------|--|
| VICTORIA DAY NO SCHOOL | REGULAR BELL SCHEDULE | REGULAR BELL SCHEDULE | REGULAR BELL SCHEDULE | REGULAR BELL SCHEDULE |
| BLOCK | REGULAR (80 minutes) | EARLY DISMISSAL (60 minutes) | | Assembly Schedule (60 minutes) <small>These dates will be announced as assemblies occur</small> |
| X | 7:36 – 8:56 | 7:55 – 8:55 | | 7:55 – 8:55 |
| 1 | 9:00 - 10:20 | 9:00 - 10:00 | | 9:00 – 10:00 |
| 2 | 10:25 – 11:50 | 10:05 – 11:10 | | 10:05 – 11:05 |
| ASSEMBLY | | | | 11:05 – 12:25 |
| LUNCH | 11:50 - 12:30 | 11:10 - 11:50 | | 12:25 – 1:05 |
| 3 | 12:35 – 1:55 | 11:55 - 12:55 | | 1:10 – 2:10 |
| 4 | 2:00 - 3:20 | 1:00 – 2:00 | | 2:15 – 3:15 |
| 5 | 3:25 – 4:45 | 2:05 – 3:05 | | 3:20 – 4:20 |

ATTENTION: ALL STUDENTS

WELCOME TO:

Ms. Tsamkiranis, Ms. Bath, Ms. Cheung, Ms. Kapitza, Ms. Osborne, Mr. Rogula, Mr. Kong, Ms. Ko, Ms. Priestly

ATTENTION ALL RECYCLING VOLUNTEERS- GO DIRECTLY TO ROOM 103 IMMEDIATELY AFTER SCHOOL TODAY.

COLLECTION FOR HOPE

Reminder Talons, don't forget to donate your old prescription glasses for our Collection for Hope event this week. **Drop them off in the foyer during lunch** for a chance to win AirPods Pro 3.

POKEMON TRADE DAY

It's that time again Pokémon collectors! **Next Thursday, May 28-** Mr. Liao is hosting a Pokémon trade day. Looking for a vintage Charizard or rare illustration art? Bring your binders and graded slabs and trade with other students **after school** in Room 205!

GLENEAGLE BOOK EXCHANGE

The Gleneagle Book Exchange is taking place TOMORROW, Friday May 22nd, in the library during lunch and after school. Please make sure to stop by with your ticket and check out the collection if you participated! **For further details, read the information posted on social media and the posters around the school.**

GLENEAGLE'S FIRST LITERARY ARTS SHOWCASE

Are you a writer, poet, lyricist or creative? Show off your proudest works at Gleneagle's first Literary Arts Showcase right now! This event will take place **May 27th from 4pm – 6pm and submissions will be accepted through MS forms which closes May 18th!** **Those who submitted please attend Creative Writing's meeting at room 110 during lunch!** Hope to see you there!

SPORTS

GRADS VS TEACHERS!

Yesterday, the teachers took a win in dodgeball, tying the score up to 1:1. Today, there will be an epic dance battle in the gym, so be sure to come down at lunch and check out which team will have the better moves!

ATTENTION STUDENT-ATHLETES AND SPORT COACHES!

Hey Gleneagle Student-Athletes and Sports Coaches!

Registration for the 2025/2026 Athletic Banquet on June 15th is now LIVE!

If you participated on or coached any of our Athletics teams in the Fall, Winter or Spring seasons, you're invited to our Tropical Vibes celebration of everything Talons Athletics has accomplished this school years.

There'll be plenty of awards, a delicious dinner buffet catered by our very own culinary program led by Chef Frank and Roberto, and prizes, prizes, PRIZES!

Act now, Talons, and **confirm your name by June 11th via the QR Code located around the school on the posted advertisements!**

Let's make this a memorable evening, Gleneagle! GO TALONS!

POST-SECONDARY & CAREER RESOURCES

POST SECONDARY AND CAREER ADVISOR

Grade 11 and 12 students are invited to join my TEAMS page. Look for important information regarding University, College, and technical school presentations, admission deadlines and program updates. Important upcoming scholarship information is posted as well as volunteer and work opportunities.

For an appointment, please email Mrs. Milde cmilde@sd43.bc.ca



STAY GOLDEN GLENEAGLE!