



*"Once a Talon...Always a Talon!"*

**GLENEAGLE TALON TALK  
DAY 1 – Friday, March 6, 2026**

**THE EAGLE'S NEST WILL BE OPEN  
Friday, March 6, 2026  
LUNCH MENU**

**Soup** Manhattan clam chowder

**Entree** Fish & chips with homemade tartar sauce & fresh coleslaw salad

**Dessert** Chef's selection

**Student Bell Schedule  
2025-2026**

Monday	Tuesday	Wednesday	Thursday	Friday
EARLY DISMISSAL BELL SCHEDULE	REGULAR BELL SCHEDULE	EARLY DISMISSAL BELL SCHEDULE	REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE
<b>BLOCK</b>	<b>REGULAR (80 minutes)</b>	<b>EARLY DISMISSAL (60 minutes)</b>		<b>Assembly Schedule (60 minutes)</b> These dates will be announced as assemblies occur
X	7:36 – 8:56	7:55 – 8:55		7:55 – 8:55
1	9:00 - 10:20	9:00 - 10:00		9:00 – 10:00
2	10:25 – 11:50	10:05 – 11:10		10:05 – 11:05
Assembly				11:05 – 12:25
LUNCH	11:50 - 12:30	11:10 - 11:50		12:25 – 1:05
3	12:35 – 1:55	11:55 - 12:55		1:10 – 2:10
4	2:00 - 3:20	1:00 – 2:00		2:15 – 3:15
5	3:25 – 4:45	2:05 – 3:05		3:20 – 4:20

**ATTENTION: ALL STUDENTS**

**WELCOME TO:**

Ms. Rolleston Fuentes, Ms. Mao, Ms. Cecchini, Ms. Langlois, Ms. Foster, Ms. Duarte, Ms. Osborne, Ms. Asheer, Ms. Zimmerman

**LOST & FOUND**

Please look for any of your lost items on the table in the foyer. Any unclaimed items will be donated on March 13.

**LOCKER CLEANUP**

Before leaving the school for Spring Break, please ensure you have thoroughly cleaned your locker, especially remove & discard any food items & garbage.

**LOCKER COMBINATION**

Reminder to save your locker combination somewhere so you don't forget it over the break.

## SPIRIT WEEK - MARCH 9<sup>th</sup> TO 13<sup>th</sup>

Hey talons, next week is spirit week! Check out the student councils Instagram page or the posters around the school to keep track of what awesome outfit you should wear on each day next week! Show your school spirit and dress up for your last week of school before spring break!

### Monday- Jersey Day

- Wear Jerseys of your favourite athlete to show off sport spirit!

### Tuesday – Twin Day

- Match outfits with someone else to become their twin!

### Wednesday – Dress Up as Teacher Day

- Teachers and Staff are given two options for flexibility:
- They could either dress up as another teacher they know in the district or dress up as a student. (Student fashion being baggy clothing / hoodies).

### Thursday – 2000's Day

- Show off your 2000's swag by dressing up in shiny suits, skinny jeans, and

### Friday – PJ Day

- Show your readiness to go to spring break by wearing PJs of all types and colours!

## WIZARD TERRY TALON QUEST

Wizard Terry Talon would like to thank those adventurers who have completed his quest this week - to take a photo of a body of water! This could be Lafarge Lake, Coquitlam River, Scott Creek, you name it. The submissions he has seen are beautiful! Complete the quest to enter the cafeteria voucher draw and visit MILAAP INDIAN KITCHEN with your student ID to get 20% off! Wizard Terry Talon hopes that this quest will increase your appreciation for the amazing natural environment that we are lucky to have in Coquitlam. So, check out Wizard Terry Talon's Instagram page and stay posted, adventurous, and inspired!

## POST-SECONDARY & CAREER RESOURCES

### POST SECONDARY AND CAREER ADVISOR

Grade 11 and 12 students are invited to join my TEAMS page. Look for important information regarding University, College, and technical school presentations, admission deadlines and program updates. Important upcoming scholarship information is posted as well as volunteer and work opportunities.

For an appointment, please email Mrs. Milde [cmilde@sd43.bc.ca](mailto:cmilde@sd43.bc.ca)



**STAY GOLDEN GLENEAGLE!**

**Week of March 2-6<sup>th</sup>, 2026**

1. **REMINDER OF Scholarships coming up! Review the GSS website and check out the Career Centre under QUICK LINKS and find all the upcoming Scholarships available by month under FINANCES & AWARDS.**
2. BCPVPA Student Scholarships: 8 @ \$1,000. Deadline 3/16
3. Skills For Hope Foundation: up to 15 @ \$1,500. Deadline 3/22
4. BC School Superintendents Association: 7 @\$ 1,500. Deadline 3/31
5. BC Hydro Power Pioneers: 20 @ \$500. Deadline 3/31
6. Douglas College Entrance Awards: up to \$20,000 over 4 years. Deadline 3/31
7. Eagle Ridge Hospital Auxiliary Bursary Award: 2 @ \$2,500. Deadline 3/31

**PLUS 20 more listed on the website for March ONLY!!!**

**50 more scholarships are listed from April to June !!!!!**

**2. University of Calgary** is at our school: Info booth after school in the Main Entrance on **Monday, March 9<sup>th</sup> at 3:20**. Come and chat with Claire, the recruiter and ask questions about studying in Alberta.

**3. Now is the time** to ask your teacher for a reference and send them the link to the **TEACHER REFERENCE FORM** to request they complete it and forward it to [cmilde@sd43.bc.ca](mailto:cmilde@sd43.bc.ca) with your name in the subject line.



**2025-26**  
**GLENEAGLE TEACHER REFERENCE FORM**  
To be completed by a GSS teacher or staff member  
Email to: Gleneagle Scholarships

*Instructions for APPLICANT:* Fill in your name and student number, and ask a Gleneagle Secondary School teacher, counsellor, administrator, or staff member to complete this form. It is your responsibility to ensure that your referee has submitted this form on time.

Student name: \_\_\_\_\_  
E-mail (personal): \_\_\_\_\_

*Instructions for REFEREES:* Complete this Reference Form and return it to Gleneagle Scholarships. Please remember to confirm to the applicant that you have submitted the form as well.

**4. The Career Centre will be closed during Spring Break and reopen with school on March 30<sup>th</sup>, 2026. School based scholarships (Group 1) are due April 2<sup>nd</sup>.**