



"Once a Talon...Always a Talon!"

GLENEAGLE TALON TALK
DAY 1 – Wednesday, March 4, 2026

THE EAGLE'S NEST WILL BE OPEN
Wednesday, March 4, 2026
LUNCH MENU

Soup Hearty beef stew
Entree Shepherd's pie with green salad
Dessert Oreo cheesecake

Student Bell Schedule
2025-2026

Monday	Tuesday	Wednesday	Thursday	Friday
EARLY DISMISSAL BELL SCHEDULE	REGULAR BELL SCHEDULE	EARLY DISMISSAL BELL SCHEDULE	REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE
BLOCK	REGULAR (80 minutes)	EARLY DISMISSAL (60 minutes)	Assembly Schedule (60 minutes) <small>These dates will be announced as assemblies occur</small>	
X	7:36 – 8:56	7:55 – 8:55	7:55 – 8:55	
1	9:00 - 10:20	9:00 - 10:00	9:00 – 10:00	
2	10:25 – 11:50	10:05 – 11:10	10:05 – 11:05	
Assembly			11:05 – 12:25	
LUNCH	11:50 - 12:30	11:10 - 11:50	12:25 – 1:05	
3	12:35 – 1:55	11:55 - 12:55	1:10 – 2:10	
4	2:00 - 3:20	1:00 – 2:00	2:15 – 3:15	
5	3:25 – 4:45	2:05 – 3:05	3:20 – 4:20	

ATTENTION: ALL STUDENTS

WELCOME TO:

Ms. Asheer, Ms. Cheung, Ms. Tan, Ms. Spence, Mr. Dong

LOST & FOUND

Please look for any of your lost items on the table in the foyer. **Any unclaimed items will be donated on March 13.**

LOCKER CLEANUP

Before leaving the school for Spring Break, please ensure you have thoroughly cleaned your locker, especially remove & discard any food items & garbage.

LOCKER COMBINATION

Reminder to save your locker combination somewhere so you don't forget it over the break.

SPIRIT WEEK - MARCH 9th TO 13th

Monday- Jersey Day

- Wear Jerseys of your favourite athlete to show off sport spirit!

Tuesday – Twin Day

- Match outfits with someone else to become their twin!

Wednesday – Dress Up as Teacher Day

- Teachers and Staff are given two options for flexibility:
- They could either dress up as another teacher they know in the district or dress up as a student. (Student fashion being baggy clothing / hoodies).

Thursday – 2000s Day

- Show off your 2000s swag by dressing up in shiny suits, skinny jeans, and more!

Friday – PJ Day

- Show your readiness to go to spring break by wearing PJs of all types and colours!

WIZARD TERRY TALON QUEST

Wizard Terry Talon's 4th quest is to take a photo of a body of water! This could be Lafarge Lake, Coquitlam River, Scott Creek, you name it! Put the photo on your story and tag Wizard Terry Talon to complete the quest and enter the cafeteria voucher draw. This week's quest is partnered with MILAAP INDIAN KITCHEN. Show them your student ID to get 20% off! This quest was also created with the goal of exploration and appreciation for nature. So, check out Wizard Terry Talon's Instagram page and stay posted, adventurous, and inspired!

SPORTS

GIRLS SOCCER

Meeting **TOMORROW (THURSDAY)** at lunch in room 117 for the girls soccer team. Uniforms will be distributed. Please be on time.

BADMINTON INTRAMURALS

A reminder that badminton intramurals are running Monday, Tuesday, and Thursdays in the gym during lunch, which includes today! If you are a player, please be ready with your racket and gym strip!

POST-SECONDARY & CAREER RESOURCES

POST SECONDARY AND CAREER ADVISOR

Grade 11 and 12 students are invited to join my TEAMS page. Look for important information regarding University, College, and technical school presentations, admission deadlines and program updates. Important upcoming scholarship information is posted as well as volunteer and work opportunities.

For an appointment, please email Mrs. Milde cmilde@sd43.bc.ca



STAY GOLDEN GLENEAGLE!

Week of March 2-6th, 2026

1. **REMINDER OF Scholarships coming up! Review the GSS website and check out the Career Centre under QUICK LINKS and find all the upcoming Scholarships available by month under FINANCES & AWARDS.**
2. BCPVPA Student Scholarships: 8 @ \$1,000. Deadline 3/16
3. Skills For Hope Foundation: up to 15 @ \$1,500. Deadline 3/22
4. BC School Superintendents Association: 7 @\$ 1,500. Deadline 3/31
5. BC Hydro Power Pioneers: 20 @ \$500. Deadline 3/31
6. Douglas College Entrance Awards: up to \$20,000 over 4 years. Deadline 3/31
7. Eagle Ridge Hospital Auxiliary Bursary Award: 2 @ \$2,500. Deadline 3/31

PLUS 20 more listed on the website for March ONLY!!!

50 more scholarships are listed from April to June !!!!!

2. University of Calgary is at our school: Info booth after school in the Main Entrance on **Monday, March 9th at 3:20**. Come and chat with Claire, the recruiter and ask questions about studying in Alberta.

3. Now is the time to ask your teacher for a reference and send them the link to the **TEACHER REFERENCE FORM** to request they complete it and forward it to cmilde@sd43.bc.ca with your name in the subject line.

	2025-26 GLENEAGLE TEACHER REFERENCE FORM To be completed by a GSS teacher or staff member Email to: Gleneagle Scholarships
<i>Instructions for APPLICANT:</i> Fill in your name and student number, and ask a Gleneagle Secondary School teacher, counsellor, administrator, or staff member to complete this form. It is your responsibility to ensure that your referee has submitted this form on time.	
Student name: _____ E-mail (personal): _____	
<i>Instructions for REFEREES:</i> Complete this Reference Form and return it to Gleneagle Scholarships. Please remember to confirm to the applicant that you have submitted the form as well.	

4. The Career Centre will be closed during Spring Break and reopen with school on March 30th, 2026. School based scholarships (Group 1) are due April 2nd.