



"Once a Talon...Always a Talon!"

**GLENEAGLE TALON TALK
DAY 2 – Friday, March 13, 2026**

THE EAGLE'S NEST WILL BE OPEN

Friday, March 13, 2026

LUNCH MENU

Soup Mr. Turpin's country corn chowder

Entree Chicken parmigiana with yam fries

Dessert Chef's selection

**Student Bell Schedule
2025-2026**

Monday	Tuesday	Wednesday	Thursday	Friday
REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE
BLOCK	REGULAR (80 minutes)	EARLY DISMISSAL (60 minutes)		Assembly Schedule (60 minutes) These dates will be announced as assemblies occur
X	7:36 – 8:56	7:55 – 8:55		7:55 – 8:55
1	9:00 - 10:20	9:00 - 10:00		9:00 – 10:00
2	10:25 – 11:50	10:05 – 11:10		10:05 – 11:05
Assembly				11:05 – 12:25
LUNCH	11:50 - 12:30	11:10 - 11:50		12:25 – 1:05
3	12:35 – 1:55	11:55 - 12:55		1:10 – 2:10
4	2:00 - 3:20	1:00 – 2:00		2:15 – 3:15
5	3:25 – 4:45	2:05 – 3:05		3:20 – 4:20

ATTENTION: ALL STUDENTS

WELCOME TO:

Ms. Seminoff, Ms. Choi, Ms. Nigah, Ms. Konur, Mr. Lebourdais, Ms. Baginova, Ms. Ko, Ms. Ho, Ms. Cruz, Ms. Langlois

QUEST FOR QUESTS

Do you want to build skills and support your communities? Are you interested in local initiatives? Are you looking for volunteer hours? Then mark your calendars for April 2, the Thursday after Spring Break! Con X will be hosting the Quest for Quests: a VOLUNTEER FAIR with organizations from Evergreen Cultural Centre to Access Youth! Check it out on April 2nd during lunchtime to explore how to get involved and inspired.

LOCKER COMBINATION

Reminder to save your locker combination somewhere so you don't forget it over the break.

DAYS OF DONATION

Hey talons! On Saturday March 14, the districts Student Leadership Council is hosting its annual Days of Donation! It will be at Lincoln and Lafarge station from 10am to 4pm. Their mission is to gain donations to raise money for care packages that go towards the 3030 Gordon Project homeless shelters. It is a great opportunity to give back to your community and contribute any donation you can. Every dollar is appreciated! We hope to see you there!

LOST & FOUND

Please look for any of your lost items on the table in the foyer. **Any unclaimed items will be donated after today.**

CLOTHING SWAP

Do you find yourself with too many clothes in your closet, still not knowing what to wear? Well, pick out some clothes over Spring Break and bring them to Green Team's donation box in the foyer after Spring Break! The clothing donations from this box will go towards a big Clothing Swap at Pinetree Secondary on April 18, a chance to give your clothes a second life and recycle extra clothing. You can donate at the foyer between March 30th-April 17th, and if you want to be involved in the clothing swap, remember to come to Pinetree Secondary on April 18th!

SPRING BREAK READING

Before heading home today, all staff and students are invited to drop by the library and grab a book (or five!!) to read over the break. Your new favourite book is waiting for you to sign it out!

ATTENTION ALL GRADE 11 STUDENTS

In the next day or two you will notice that you will have been added to a TEAMS called CLC 11. The teacher that adds you to the TEAMS will be your contact for this year with regards to Career Life Connections 11. You will be provided with two assignments that you will be required to complete in order to give yourself a head start on the course for next year. Be sure to check your TEAMS for more information and details that will be coming.

2026 GRAD SLEEPOVER

Hey grads! Are you excited for the 2026 Grad Sleepover? The 2026 Grad Sleepover will take place on April 17-18th from 6pm to 9am. It's going to be a night full of food, snacks, fun activities, and a big surprise – a dance floor with our own senior DJ, Kaelopz!

This event is in support of the Share Food Bank, and we would greatly appreciate any non-perishable food donations from our awesome grads to help make an impact in our community. All donations will go directly to the Share Food Bank. Get your tickets now for \$25 on School Cash Online! We can't wait to see you there, so don't miss out on this amazing night! For more updates follow us on @glengradsleepover26.

CALLING ALL INTERNATIONAL STUDENTS!!

TICKETS for the Gleneagle Easter Party are now selling in the foyer at lunch for ONLY \$5.00 from Wednesday to Friday! Make sure to get yours to enjoy awesome performances, tasty food, and tons of interactive activities!!

LOCKER CLEANUP

Before leaving the school for Spring Break, please ensure you have thoroughly cleaned your locker, especially remove & discard any food items & garbage.

SPORTS

CLUBS

Attention all students who had artwork in Emerging Talent. Please come and pick up your artwork from Ms. Croft in the art room 106 any time today.

POST-SECONDARY & CAREER RESOURCES

POST SECONDARY AND CAREER ADVISOR

Grade 11 and 12 students are invited to join my TEAMS page. Look for important information regarding University, College, and technical school presentations, admission deadlines and program updates. Important upcoming scholarship information is posted as well as volunteer and work opportunities.

For an appointment, please email Mrs. Milde cmilde@sd43.bc.ca



STAY GOLDEN GLENEAGLE!

Week of March 9-13th, 2026

1. Theatre Society Legacy Fund (TSLF) Arts Education Bursary

Deadline to apply: March 31, 2026

Sponsored by the [Port Coquitlam Community Foundation](#), the **TSLF Bursary** offers awards of up to **\$2,000** to students who are graduating this year and plan to pursue studies in an **arts-related program**.

This bursary supports students enrolled in a **CRA-recognized post-secondary institution**, either in Canada or internationally. "Arts" is broadly defined to include creative disciplines such as visual arts, digital art, photography, performance art, dance, music, poetry, prose, theatre, and culinary arts.

Online applications and additional details are available on the Foundation's website.
Pocofoundation.com

2. Dream It Be It Career Fair

The **Tri-Cities Soroptimist Club** is hosting a women's career event on:

Saturday, March 14th, 2026 from 2-5:30pm. Mabbett Hall, POCO

Soroptimist International of the Tri Cities is part of a global organization focused on the social and economic empowerment of women, girls and is inclusive of gender nonconforming youth and individuals who identify as female.

This gives students the chance to meet a wide variety of inspiring women — tradespeople, entrepreneurs, business owners, professionals, creatives, and leaders from every imaginable field and can speak with them and ask about any questions they might have.

Sign up here:



3. Fraser Youth Parliament

Our annual session will take place the weekend of March 27th-29th, 2026 at Coquitlam City Hall. Email for more information: fyp@bcyp.org. Please note the application deadline for this year is March 21st, 2026.

Students from all backgrounds, even with more limited experience in civic engagement, politics or community service, are invited to apply. There is something for everyone at FYP – it is a very beginner friendly experience. Members with all sorts of educational interests and backgrounds are able to thrive here and our strength is in a variety of perspectives!