"Once a Talon...Always a Talon!"

GLENEAGLE TALON TALK
DAY 1 – Tuesday, March 10, 2026

THE EAGLE'S NEST WILL BE OPEN

Tuesday, March 10, 2026

LUNCH MENU

Soup Roasted tomato

Entree Pork rib sandwich with wedge fries

Dessert Peanut butter cheesecake

Student Bell Schedule 2025-2026

Monday	Tuesday	Wednesday	Thursday	Friday
REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE

BLOCK	REGULAR (80 minutes)	EARLY DISMISSAL (60 minutes)	Assembly Schedule (60 minutes) These dates will be announced as assemblies occur
X	7:36 – 8:56	7:55 – 8:55	7:55 – 8:55
1	9:00 - 10:20	9:00 - 10:00	9:00 – 10:00
2	10:25 – 11:50	10:05 – 11:10	10:05 – 11:05
Assembly			11:05 – 12:25
LUNCH	11:50 - 12:30	11:10 - 11:50	12:25 – 1:05
3	12:35 – 1:55	11:55 - 12:55	1:10 – 2:10
4	2:00 - 3:20	1:00 – 2:00	2:15 – 3:15
5	3:25 – 4:45	2:05 – 3:05	3:20 – 4:20

ATTENTION: ALL STUDENTS

WELCOME TO:

Ms. Osborne, Ms. Choi, Ms. Wuttunee, Mr. Hamilton

COURSE REQUESTS FOR NEXT YEAR

If you have changed your mind about any of your **course requests for the upcoming 2026-27 school year, please see the MS Form on your counsellor's Team to submit your changes.** This Form was posted last Friday afternoon, and it will close at 4:00pm this Thursday. **Once this Form closes, we will not be making any further changes while admin work on the master timetable to create your schedules in June, so be sure to act now!**

WIZARD TERRY TALON QUEST

Wizard Terry Talon thanks those who partook in last week's Water Exploration Quest! It's important to appreciate the natural world. This week's quest will not be recorded or rewarded. It is to hang out with friends at a 3rd space - anywhere that is not school or home! For example, GRIT CAFE is amazingly decorated for a cozy, lively hangout. Show Grit Cafe your student ID to get 20% off! This 3rd Space Quest is for you to reconnect with your friends before the Spring Break! Although it won't be rewarded, you're still encouraged to send this to Wizard Terry for a final collage! So, check out Wizard Terry Talon's Instagram page and stay posted, adventurous, and inspired!

SPIRIT WEEK - MARCH 9th TO 13th

Thank you to all who participated in Twin Day today. I swear, I've been seeing double! Don't forget that tomorrow is dress up as a teacher day, so show your school spirit and dress up!

LUNCH MUSIC PROGRAM

This is a reminder to submit a song from your culture or language to hear it played this Friday at lunch! **Scan the QR code around the school or on our instagram: @gleneagleeventsproduction to submit your song.**

LOCKER CLEANUP

Before leaving the school for Spring Break, please **ensure you have thoroughly cleaned your locker, especially remove & discard any food items & garbage.**

LOST & FOUND

Please look for any of your lost items on the table in the foyer. **Any unclaimed items will be donated on March 13.**

LOCKER COMBINATION

Reminder to save your locker combination somewhere so you don't forget it over the break.

SPORTS

BADMINTON INTRAMURALS

A reminder that there are badminton intramurals today in the gym during lunch! If you are a player, please be ready with your racket and gym strip!

CLUBS

TO ALL SKI AND BOARD CLUB MEMBERS GOING TO WHISTLER FRIDAY

There will be a **brief but important meeting Thursday at lunch in Mr. Poka's room.** Please be there if you haven't gone on a Whistler trip yet this year.

POST-SECONDARY & CAREER RESOURCES

POST SECONDARY AND CAREER ADVISOR

Grade 11 and 12 students are invited to join my TEAMS page. Look for important information regarding University, College, and technical school presentations, admission deadlines and program updates. Important upcoming scholarship information is posted as well as volunteer and work opportunities.
For an appointment, please email Mrs. Milde cmilde@sd43.bc.ca

STAY GOLDEN GLENEAGLE!

POST SECONDARY EVENTS, LEARNING OPPORTUNITIES AND SCHOLARSHIPS

Week of March 9-13th, 2026

1. Theatre Society Legacy Fund (TSLF) Arts Education Bursary

Deadline to apply: March 31, 2026

Sponsored by the Port Coquitlam Community Foundation, the **TSLF Bursary** offers awards of up to **$2,000** to students who are graduating this year and plan to pursue studies in an **arts-related program**.

This bursary supports students enrolled in a **CRA-recognized post-secondary institution**, either in Canada or internationally. "Arts" is broadly defined to include creative disciplines such as visual arts, digital art, photography, performance art, dance, music, poetry, prose, theatre, and culinary arts.

Online applications and additional details are available on the Foundation's website. Pocofoundation.com

2. Dream It Be It Career Fair

The Tri-Cities Soroptimist Club is hosting a women's career event on**:**

Saturday, March 14th, 2026 from 2-5:30pm. Mabbett Hall, POCO

Soroptimist International of the Tri Cities is part of a global organization focused on the social and economic empowerment of women, girls and is inclusive of gender nonconforming youth and individuals who identify as female.

This gives students the chance to meet a wide variety of inspiring women — tradespeople, entrepreneurs, business owners, professionals, creatives, and leaders from every imaginable field and can speak with them and ask about any questions they might have.

Sign up here:

3. Fraser Youth Parliament

Our annual session will take place the weekend of March 27th-29th, 2026 at Coquitlam City Hall. Email for more information: fyp@bcyp.org. Please note the application deadline for this year is March 21st, 2026.

Students from all backgrounds, even with more limited experience in civic engagement, politics or community service, are invited to apply. There is something for everyone at FYP – it is a very beginner friendly experience. Members with all sorts of educational interests and backgrounds are able to thrive here and our strength is in a variety of perspectives!