



"Once a Talon...Always a Talon!"

GLENÉAGLE TALON TALK
DAY 1 – Friday, February 6, 2026

THE EAGLE'S NEST WILL BE OPEN

Friday, February 6, 2026

LUNCH MENU

Soup Tomato chicken vegetable

Entree Breaded chicken cutlet with poutine

Dessert Chef's selection

Student Bell Schedule
2025-2026

Monday		Tuesday	Wednesday	Thursday	Friday
EARLY DISMISSAL BELL SCHEDULE		REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE
BLOCK	REGULAR (80 minutes)	EARLY DISMISSAL (60 minutes)			Assembly Schedule (60 minutes)
X	7:36 – 8:56	7:55 – 8:55			7:55 – 8:55
1	9:00 – 10:20	9:00 – 10:00			9:00 – 10:00
2	10:25 – 11:50	10:05 – 11:10			10:05 – 11:05
Assembly					11:05 – 12:25
LUNCH	11:50 – 12:30	11:10 – 11:50			12:25 – 1:05
3	12:35 – 1:55	11:55 – 12:55			1:10 – 2:10
4	2:00 – 3:20	1:00 – 2:00			2:15 – 3:15
5	3:25 – 4:45	2:05 – 3:05			3:20 – 4:20

ATTENTION: ALL STUDENTS

WELCOME TO:

Ms. Mao, Ms. Mattu, Mr. Hamilton, Ms. Ho

COURSE SELECTION FOR NEXT YEAR

Grade 9, 10 and 11 students are reminded to get their course selection for next year completed in MyEd by midnight TONIGHT. The PowerPoint from last week's assembly is posted on the school website under Quick Links ->Course Planning, along with the Course Planning Booklet and a MyEd Planning Worksheet for the grade you will be in next year. If you are not able to log into MyEd, please see a secretary for a password re-set as counsellors are not able to assist with this. If you are logged into MyEd and having trouble with the course selection portal, see your counsellor at lunch or before/after school.

CLUBS

PRESENTATION - UBC'S FACULTY OF PHARMACEUTICAL SCIENCES

Come to room 205 today (February 6th) at lunch, where the Health Sciences Club is hosting 2 guest speakers from UBC Pharmaceutical Sciences. Come find out about their experiences and get insights into the program. That's **today at lunch in room 205**.

SPORTS

DISTRICT MOUNTAIN BIKING TEAM ANNOUNCEMENT!

The district team is now accepting registrations for the upcoming Spring riding season.

Practices and meets are coordinated by a group of coaches from different schools.

Prior experience and owning your own bike and equipment are essential to be a part of this opportunity.

if you have any questions, please see Mr. Comeau during non-teaching times or email the coaches:

Jeff Stromgren - jstromgren@sd43.bc.ca

Derek Wintermans - dwintermans@sd43.bc.ca

GIRLS SOCCER

All those interested in playing girls soccer this Spring, please come to a **meeting at lunch TODAY** in room 117. This meeting is open to all grades.

POST-SECONDARY & CAREER RESOURCES

POST SECONDARY AND CAREER ADVISOR

Grade 11 and 12 students are invited to join my TEAMS page. Look for important information regarding University, College, and technical school presentations, admission deadlines and program updates. Important upcoming scholarship information is posted as well as volunteer and work opportunities.

For an appointment, please email Mrs. Milde cmilde@sd43.bc.ca



STAY GOLDEN GLENEAGLE!