



"Once a Talon...Always a Talon!"

GLENEAGLE TALON TALK
DAY 2 – Tuesday, February 24, 2026

THE EAGLE'S NEST WILL BE OPEN

Tuesday, February 24, 2026

LUNCH MENU

Soup Crispy bacon, potato & leek

Entree Mushroom Swiss burger with lemon peppered fries

Dessert NY cheesecake

Student Bell Schedule
2025-2026

Monday	Tuesday	Wednesday	Thursday	Friday
EARLY DISMISSAL BELL SCHEDULE	REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE	PRO-D DAY SCHOOL CLOSED
BLOCK	REGULAR (80 minutes)	EARLY DISMISSAL (60 minutes)		Assembly Schedule (60 minutes) <small>These dates will be announced as assemblies occur</small>
X	7:36 – 8:56	7:55 – 8:55		7:55 – 8:55
1	9:00 - 10:20	9:00 - 10:00		9:00 – 10:00
2	10:25 – 11:50	10:05 – 11:10		10:05 – 11:05
Assembly				11:05 – 12:25
LUNCH	11:50 - 12:30	11:10 - 11:50		12:25 – 1:05
3	12:35 – 1:55	11:55 - 12:55		1:10 – 2:10
4	2:00 - 3:20	1:00 – 2:00		2:15 – 3:15
5	3:25 – 4:45	2:05 – 3:05		3:20 – 4:20

ATTENTION: ALL STUDENTS

WELCOME TO:

Ms. O'Neill, Mr. Sullivan, Ms. Duarte, Mr. Simmons, Ms. Nalwa, Mr. De Balinhard, Ms. Salvador

KINDNESS DECAL

TALONS, in collaboration with the library, is offering for FREE a permanent kindness decal that students will place on your pre-owned clothing for pink shirt day. If you are interested, please bring in a clothing item, a t-shirt, sweater, sweatpants, or even a hat (no spandex or silk), and drop it off at the booth in the lobby today and tomorrow in the morning or at lunch, and we will have your Kindness logo placed for you. This offer extends to all members of the Gleneagle school community.



PINK SHIRT DAY

This Wednesday February 25th is "pink shirt day". The Mental Health Club invites you to get a polaroid picture with Terry the Talon on Wednesday morning in the **main foyer before school**. There will also be a BLOOKET at lunch in the MPR with a prize for the winner! **Follow @talonsmentalhealth for more info!**

ATTENTION GRADE 9'S!

A new episode of "On the DL" was released yesterday! Remember to check the Digital Literacy team and work on your assignments.

KRISPY KREME FUNDRAISER

Hey Talons, a Krispy Kreme fundraiser to support the Glen grad sleepover is happening **TODAY, February 24th**! Sale times will be **before school in the foyer, during lunch in the kiosk & after school in the foyer**. Each box of a dozen is **\$15, cash only!** There will be a limited supply of donuts so be sure to buy them as soon as possible.

PIZZA PIETRA WEEKEND PIZZA NIGHT

Enjoy delicious pizza and help After Grad! Order pizza on Friday, February 27 to Sunday, March 1, mention Gleneagle Aftergrad and Pizza Pietra will donate 20% back to Gleneagle After Grad! Valid for take out, dine in or delivery.

Phone # 604-474-4992

Menu and Online Order: <https://pizzapietra.ca/>

Address: 2637 Shaughnessy St Port Coquitlam

SLEEP-OUT

Are you interested in participating in our 10th sleep-out where we learn more about youth homelessness? Do you want to help raise funds for Covenant House? If you are, **sign up for the sleep-out with the QR codes posted around the school. Forms will close next Monday.**

WIZARD TERRY TALON QUEST

Wizard Terry Talon thanks to every adventurer who partook in last week's rock-painting quest! He was amazed by your creativity and skill. This week's quest is to leave a nice tale for Gleneagle! For example, write an encouraging message or funny story on a sticky note and put it on a wall. **Sign it with #terrysidequests and send it to Wizard Terry Talon for the cafeteria voucher draw.** This week's quest is partnered with Freshslice Pizza, so you can show them your student ID to get 20% off! This quest was also created with love and kindness in mind. So, take it to heart, check out Wizard Terry Talon's Instagram page, and stay posted, kind, and inspired, adventurers!

YOGA RAVE

GEP presents Yoga Rave! On **Monday, March 2nd from 5pm-7pm**, the MPR is transforming into Yoga Rave 2026, where yoga meets EDM with a live DJ set by our own senior DJ Kaela Lopez, glow sticks for everyone, and a high-energy experience you won't get in class. Stretch, move, jump, and flow in a fully lit, music-driven session. We're also excited to share that refreshments are proudly provided by Thrifty Foods. **Admission is by donation (cash only)**, with all proceeds supporting KidSport Tri-Cities to help local kids access sports and recreation. Early dismissal on March 2nd - bring your friends, bring the energy, and don't miss it. **More info on Instagram @gleneagleeventsproduction.**

SPORTS

BADMINTON INTRAMURALS

A reminder that badminton intramurals are running **Monday, Tuesday, and Thursdays in the gym during lunch**, which includes today! If you are a player, please be ready with your racket and gym strip!

POST-SECONDARY & CAREER RESOURCES

POST SECONDARY AND CAREER ADVISOR

Grade 11 and 12 students are invited to join my TEAMS page. Look for important information regarding University, College, and technical school presentations, admission deadlines and program updates. Important upcoming scholarship information is posted as well as volunteer and work opportunities.

For an appointment, please email Mrs. Milde cmilde@sd43.bc.ca



STAY GOLDEN GLENEAGLE!