



“Once a Talon...Always a Talon!”

GLENEAGLE TALON TALK
DAY 1 – Wednesday, December 3, 2025

THE EAGLE’S NEST WILL BE OPEN

Wednesday, December 3, 2025

LUNCH MENU

Soup Tortellini chicken vegetable
Entree Sweet & sour pork with egg fried rice
Dessert Tiramisu

Student Bell Schedule
2025-2026

Monday	Tuesday	Wednesday	Thursday	Friday
EARLY DISMISSAL BELL SCHEDULE	REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE	ASSEMBLY BELL SCHEDULE
BLOCK	REGULAR (80 minutes)	EARLY DISMISSAL (60 minutes)	Assembly Schedule (60 minutes) These dates will be announced as assemblies occur	
X	7:36 – 8:56	7:55 – 8:55	7:55 – 8:55	
1	9:00 - 10:20	9:00 - 10:00	9:00 – 10:00	
2	10:25 – 11:50	10:05 – 11:10	10:05 – 11:05	
Assembly			11:05 – 12:25	
LUNCH	11:50 - 12:30	11:10 - 11:50	12:25 – 1:05	
3	12:35 – 1:55	11:55 - 12:55	1:10 – 2:10	
4	2:00 - 3:20	1:00 – 2:00	2:15 – 3:15	
5	3:25 – 4:45	2:05 – 3:05	3:20 – 4:20	

ATTENTION: ALL STUDENTS

WELCOME

Ms. Rafei, Ms. Adya, Mr. Gosling, Ms. Foster, Ms. Sun, Mr. Chambers

WINTER FORMAL

Tomorrow is the last day to buy your winter formal tickets. I repeat, **tomorrow is the LAST DAY!** Do not miss out on the games, music, food, and fun, and come on down to the foyer and buy your ticket now for \$20 each, cash or card!

ATTENTION ALL GRADE 9's

You are all invited to attend the **COAST information meeting at lunch TODAY, Wednesday, December 3rd in the COAST Room (104).** Application forms and brochures are now available in room 104. A short video and ex-Coast students will be available to answer questions at the meeting next week.

ATTENTION ALL ATHLETES!

If you’re interested in improving your speed, agility, coordination and quickness as well as work on your strength in the weight room, come to the gym **WEDNESDAY AND FRIDAY MORNINGS 8:00 AM.** Mr. Quinto and special guests from in and around the community will help you achieve your athletic goals!

PROJECT ANGEL

From today until December 12th, our senior leadership class is proud to bring back Project Angel. In the foyer, you'll find a decorated Christmas tree filled with angel shaped ornaments, but these aren't just any ornaments- each one represents a local child, and their Christmas wishes this year. Project Angel is a schoolwide toy drive. Bring new, unwrapped gifts to support your local children in need. Use the tape beside the tree to attach a filled-out angel to your gift and place it under the tree. PLUS, the class that brings in the most gifts by December 12th will win a PIZZA PARTY on the December 17th, so swing by the foyer, choose a wish and donate a toy!

SPIRIT WEEK

Monday- Formal Day: Have an elegant look by wearing Semi-formal suits, (full suit is recommended), Dresses, ties, etc.
Tuesday- Dress up as your favourite childhood character: Teletubbies, Teen Titans, Dora, etc!
Wednesday- Performative Day: Button up shirts, jeans, matcha, tote bags, wired earbuds, labubus, etc!
Thursday- Dress up as your favourite meme: twin with someone wearing 6 and 7 t-shirts, or any viral trend!

FRIDAY - GRADE COLOURS

Gr.9 -Red, Gr.10 -Black, Gr. 11 -Blue, Gr. 12- White, Staff - Grey

PLEASE AVOID WEARING OR USING SCENTED PRODUCTS WHILE ON CAMPUS

A reminder to all students to please avoid wearing or using scented products while on campus. Fragrances can cause allergic reactions or health issues for some members of our community. Thank you for helping us maintain a safe and inclusive environment.

POST-SECONDARY & CAREER RESOURCES

POST SECONDARY AND CAREER ADVISOR

Grade 11 and 12 students are invited to join my TEAMS page. Look for important information regarding University, College, and technical school presentations, admission deadlines and program updates. Important upcoming scholarship information is posted as well as volunteer and work opportunities.

For an appointment, please email Mrs. Milde cmilde@sd43.bc.ca



STAY GOLDEN GLENEAGLE!

Week of December 1st-5th, 2025**New Westminster Student Police Academy**

Interested in a career in policing? Here is an opportunity to volunteer and find out if it is right for you!

Deadline to apply: January 7th, 2026

Open to grades 10-12, between the ages of 16-18, and takes place March 16-20, 2026

Eligibility:

- Must be a Canadian Citizen or Permanent Resident, have a desire to learn about a career in policing and you want to expand your knowledge around law enforcement. You must be committed to attend between Mar16-20th..

What we can offer you

- An exciting and challenging one-week program
- An opportunity to expand your knowledge and experience in policing
- Insightful and educational sessions
- Physical fitness training
- Experience live demonstrations, simulations, and equipment displays to understand the tools of the trade
- Develop leadership skills and foster a sense of camaraderie through team-building activities
- Receive a Certificate of Completion to showcase your participation and commitment to the program

BLACK FUTURES EVENT AT UBC

Black Futures is an opportunity for Black identifying students from across Greater Vancouver to learn about post-secondary options and career possibilities.

Deadline to apply: December 18th, 2025

The Black Futures program is a unique opportunity for Gr. 11 and 12 Black students from across Greater Vancouver to be introduced to post-secondary options and discussions about higher education. The program consists of four in-person meetings at UBC. High school students will meet with UBC students, as well as a variety of faculty and other professionals. Free to attend and transportation to and from UBC will be provided and chaperoned by SD43 teachers.

If you are interested, please email Mrs. Milde by December 18th, to be included in the application to participate. Decisions are made by an SD43 organizer, maximum 10 spots available.